

Tue, May 01, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Americas Now Counterfeit Money/Americas Now Goes to Venezuela "Counterfeit Money" - This episode leads with a report from Dan Collyns in Lima Peru. Collyns discovers that Lima is the fake money capital of South America. Despite efforts to wipe it out, a robust business continues - churning out US dollars. Next, Americas Now goes to Venezuela. Stephen Gibbs travels to the state of Tachira in the West of the country to explore a water shortage which is having an unusual side effect. Whole villages - once submerged in flooded valleys - are re-emerging. Finally from Taxco Mexico, a video essay on the city where there are more classic Volkswagen Beetles than any other place in the World	NETA	(S)	(CC)	N/A	#102H
00:30:00	The Open Mind	NETA		(CC)	N/A	#3841H
01:00:00	The Kate Jarrod Spector and Kelli Barrett The Broadway stars share a love story in song. Jarrod Spector (Jersey Boys, Beautiful) and his wife Kelli Barrett (Wicked, Doctor Zhivago) make audiences fall in love with them as they relay how they fell in love, with songs including the Eddy Arnold hit "You Don't Know Me," Billy Joel's "Tell Her About It," and Peter Gabriel's "In Your Eyes."	APTEX	(S)	(CC)	N/A	#304H
02:00:00	Backstage Pass Chris Canas Band Detroit-based Chris Canas brings the blues with a homestyle feel to a new generation. Highlights: "Little Bluebird," with guest "Frog" Forgey and the title track of the new album "Would Ya Mind." In the band with Canas are Angela Cottingham, vocals; Kevin Schoepke, bass; Michael Scott, drums; and Chris Nordman, keyboards. Recorded at Michigan BluesFest 2015 in Lansing's historic Old Town district.	NETA	(S)	(CC)	N/A	#705H
02:30:00	Backstage Pass Thornetta Davis Detroit native Thornetta Davis, Detroit's "Queen of the Blues," brings her strong vocals and wide range of musical influence to the stage during Michigan BluesFest 2015. In this episode, Davis features her new single "I Gotta Sang the Blues," along with other favorites "Further On Up The Road," and "Please Send Me Someone to Love." Recorded live at Michigan BluesFest 2015.	NETA	(S)	(CC)	N/A	#715H
03:00:00	Ecosense for Living Solar Justice As the price of solar energy technology drops, people are finding creative ways to tap into one of our most abundant resources. Just how much of our energy can come from solar and will it truly be accessible for all? We'll visit a "solar sheep farm" in eastern North Carolina that's boosting renewable energy and grass-fed lamb production. In Atlanta, Georgia, Interfaith Power & Light works with congregations that feel a moral obligation to clean up the planet. And we check out creative applications of solar, from solarized stadium car parks to community solar for all.	NETA	(S)	(CC)	N/A	#205H
03:30:00	Ecosense for Living Environmental Body Makeover In this episode, we explore makeovers that matter: getting rid of toxins in and on our bodies. Bestselling author, Dr. Andrew Weil, tells us how to keep healthy by making smart diet & nutrition choices and knowing what food labels really say. Director of Environmental Working Group, Ken Cook, shares some surprising tidbits about chemicals in everyday body products. A boy with Autism makes amazing progress with help from Shauna K. Young, PhD, through a manganese-free diet and elimination of food additives. Environmentalist Laurie David gives us her take on how the overuse of antibiotics on farm animals makes us more susceptible to disease and sickness, and what we can do about it.	NETA	(S)	(CC)	N/A	#105H
04:00:00	Kaneko's Monumental Risk KANEKO'S MONUMENTAL RISK explores the life and work of Japanese-American sculptor and artist Jun Kaneko. Kaneko is known for building the largest ceramic art pieces in the world, with some towering more than 13 feet without any interior support. Over the course of his 50 year career, Kaneko has created massive public art installations in plazas, gardens, airports, city parks and convention centers. KANEKO'S MONUMENTAL RISK follows Kaneko working around the world in places like San Francisco, Kyoto, New York, Nagoya, Chicago, Puerto Vallarta, and his adopted hometown of Omaha. It also looks at the evolution of his work from painting in a realism style to his abstract sculptures and his risky undertaking of opera design with the San Francisco Opera's production of The Magic Flute. The program concludes with a look at the multi-million dollar creativity center he built in Omaha to encourage us all to unleash our risk-taking and creative sides.	APTEX	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#585
08:00:00	Wunderkind Little Amadeus The Secret of Ybbs Princess Antoinette persuades Amadeus to uncover the secret of Ybbs, a nearby monastery. Amadeus convinces his parents to visit Ybbs on their way back home to Salzburg, where he immediately starts looking for the secret. Devilius and his gang get lost in a heavy snowfall and also end up at the monastery. They quietly creep around and cause confusion among the monks. The secret is finally revealed as a beautiful organ hidden behind a wall. Amadeus presents a small concert on the organ and Devilius, Monti and Mario flee from the monks in a mad rush - on the backs of two pigs! The Music: "Violin Sonata in A" K. 526; "Symphony No. 40 in G Minor" K. 550; "The Abduction from the Seraglio" K. 384; et al. Additional Content: Monti, with Pumperl's help, explains the difference between a piano and organ, and describes the sounds pipes and bellows create on a typical organ. An inside construction drawing shows this connection and how it works.	APTEX	(S)	(CC)	DVI	#118

Daily Program Listing II

43.1

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	1001 Nights Abu Hassim's Smelly Shoes/The Bandits of Basra "Abu Hassim's Smelly Shoes" - A grouchy old man inherits a pair of smelly shoes. No matter how hard he tries, he is unable to get rid of them. "The Bandits of Basra" - Mujab and Sameer pretend to be lawmen in order to land jobs as sheriffs in a small town. What they don't realize is that they have to arrest the most vicious bandit in the territory.	NETA	(S)	(CC)	DVI	#115H
09:00:00	Functional Fitness with Suzanne Andrews Headache Prevention	ACCES		(CC)	N/A	#122H
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss Workout	APTEX	(S)	(CC)	DVI	#717Z
10:00:00	Sit and Be Fit Releasing Muscle Tightness Mary Ann uses a small ball, a towel and large ball to release some of the restrictions that build up in the connective tissue that runs throughout the body.	NETA	(S)	(CC)	N/A	#1315H
10:30:00	Sewing with Nancy The Best of Sewing with Nancy's Super-Sized Quilts, Part 2 Create quilt blocks with impact. Nancy shares some new as well as time-tested tips and techniques that make difficult to piece blocks-like Drunkard's Path, and Hearts and Gizzards-assemble quickly and more easily.	NETA	(S)	(CC)	N/A	#3006H
11:00:00	Knit and Crochet Now! Slip Into Slippers Everybody's got feet, and when it gets cold, those feet get chilly! Today Lena Skvagerson shows Deborah Norville how to stitch up the Walk of Fame textured unisex slippers with a wrap around cuff and Rohn Strong shows us how to crochet the Fireside Slippers, which are moccasin style slippers for both men and women. Lena's in the stitch corner with the Knit Blackberry Stitch.	APTEX	(S)	(CC)	DVI	#702H
11:30:00	Fons & Porter's Love of Quilting Quilting with An Accent: Embellishment Techniques Quilt tops can be seen as a canvas. Our patchwork can be enhanced and accented, becoming a new creation. Mary and her guest Jerry discuss sewing machine needles, threads and techniques for generating a secondary layer - quilting that adds dimension and interest to our patchwork.	NETA	(S)	(CC)	N/A	#2810H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7197H
13:00:00	Julie Taboulie's Lebanese Kitchen Lebanese Sweets for the Holiday Season Special seasonal sweets straight from Lebanon and the Middle East always signify the holiday season for Julie as she warmly welcomes you into her home for the holiday season. Ever since Julie was a little girl she grew up to the sights, sounds and smells of fragrant orange blossom water, floral rose water and the warm aroma of baklava baking away by her beautiful mother. Today's show Julie is masterfully making and baking some of the most famous sweets and some of her personal favorites for the holiday season. First up is Julie's blissful Baklava, a decadent phyllo dough and walnut diamond-cut dessert that is deliciously delightful. Followed by her homemade phyllo dough cups called baklava b ashta filled with a luscious Lebanese cream and tasty toppings then finished off with her orange blossom syrup called ater b mazaher. Last, but certainly, not least is the queen sweet of Lebanon and the Middle East, a special treat simply called knefeh. Deliciously decadent and absolutely divine, Julie's Lebanese signature sweets are sure to be a special treat for your family and friends this holiday season straight from Julie's Lebanese kitchen to yours.	APTEX	(S)	(CC)	DVI	#113H
13:30:00	Taste of Louisiana with Chef John Folse & Company: Hooks, Lies & Alibis Crabs - Louisa, La John visits St. Mary's Seafood & Marina. He makes fried soft-shelled crab po boys with Frank Randol of Lafayette, owner of Randol's Restaurant. John and Chris Lusk, executive chef from Cafe Revolution in New Orleans, make ultimate crab cakes and French fried frog legs. Plus John mixes a drink called the Havana cooler.	APTEX	(S)	(CC)	N/A	#1301H
14:00:00	Taste of History James K. Polk: The Dark Horse President Chef Walter Staib demystifies the "Dark Horse," James K. Polk, known as "the most important President that you know the least about." In Polk's kitchen, Chef Staib showcases the farm-to-table Southern fare that was dear to Polk's heart: Fried Chicken and Chess Pie.	NETA	(S)	(CC)	N/A	#707H

Tue, May 01, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Christopher Kimball's Milk Street Television Simply Spanish Host Christopher Kimball travels to Washington, D.C. to cook with Jose Andres. Back at Milk Street, Jose's love of great food made with simple ingredients and techniques is translated into everyday cooking as Milk Street Cook Matthew Card makes garlic soup (sopa de ajo). Milk Street Cook Rayna Jhaveri shows how to make Spanish spice-crusted pork tenderloin bites (pinchos morunos). The show ends with Milk Street Cook Lynn Clark showing Chris how to make a vibrant kale salad. Massaging the leaves to keep them from being tough-a technique borrowed from Japanese cooking.	APTEX	(S)	(CC)	N/A	#108H
15:00:00	Beads, Baubles and Jewels Hourglass Shapes Shape the story with wirework. Sandra Lupo, an inventor and designer, creates hourglass cone shapes using a variety of wire types and colors for fabulous effects with beads and crystals. Jill McKay introduces Katie to die-cut leather jewelry in the Beading Lesson.	NETA	(S)	(CC)	N/A	#2306H
15:30:00	Make It Artsy Grand Opening - Proper Attire Once it's built, it's time for the grand opening! Dress up with wood and clay jewelry holder from Candie Cooper. Jen Cushman stamps an on-trend metal bracelet. Rae Missigman makes a cute purse from recycled products. Mary Hettmansperger has safety tips for working in your studio.	NETA	(S)	(CC)	N/A	#313H
16:00:00	Biz Kid\$ Are You Financially Literate? Understanding how to manage your money before you get to high school will make you even more successful when you head to college or move out on your own. Explore the skills of goal setting, budgeting, saving, and money management that make you financially literate!	APTEX	(S)	(CC)	DVI	#301H
16:30:00	Hands On Crafts for Kids Creatures With some paper and a little creativity, we'll make a silly, slithery creature. Candie Cooper recreates impressionist art and Katie Hacker makes glittery slime. Jenny Barnett-Rohrs makes creepy eyeballs and silly spiders for Halloween fun from blogger Morena Hockley.	NETA	(S)	(CC)	DVI	#1810H
17:00:00	P. Allen Smith's Garden Home Young Farmers The number of young people entering farming continues to decline. P. Allen Smith uncovers the opportunities that exist within this vocation and beginners who will soon be leading the way.	APTEX	(S)	(CC)	N/A	#1712H
17:30:00	Growing A Greener World Talking Trash-Dealing with Plastic Pots, Packaging and More Each year, millions of plastic plant containers and tons of other horticultural debris never make it to the recycling bin. Instead, they clog our solid waste stream in a growing but avoidable problem. The good news is that many companies are working hard to fix this problem. In this episode we explore some of the latest innovations in the horticultural world today and how they can help eliminate this problem, one pot at a time. And in the kitchen, Chef Nathan uses a pot of his own. Recycling works in the kitchen too and he lets nothing go to waste to show us how to make homemade chicken stock.	APTEX	(S)	(CC)	N/A	#720H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15087H
18:30:00	America's Heartland Saddle up for a rodeo riding school in Montana. Visit a California farm community pulling together to save pollinating honeybees. Meet an Arkansas rancher as he rounds up a large and growing herd of buffalo.	APTEX	(S)	(CC)	N/A	#1205H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#9022
19:30:00	Euromaxx	WNVN	(S)	(CC)	N/A	#1418H
20:00:00	Sun Studio Sessions Chuck Mead & His Grassy Knoll Boys Chuck Mead is a quintessential "Americana" artist. Many will remember Mead from his work with BR549, which garnered three Grammy Award nominations. Chuck also served as musical director for the smash Broadway hit "Million Dollar Quartet", inspired by the legendary jam session at Sun Studio in Memphis. In this episode, Chuck and his band dazzle through several numbers, including "I'm not the Man for the Job" and "Little Ivy."	NETA	(S)	(CC)	N/A	#908H

Tue, May 01, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:30:00	Jammin at Hippie Jack's Willie Sugarcapps 2	NETA	(S)	(CC)	N/A	#1014H
	Willie Sugarcapps once again work their blend of musical magic to conjure a celestial celebration of authentic, heartfelt and soulful songs. Its comforting to know that music in the hands of these five artists still happens for no other reason than purely for the sake of the music itself.					
21:00:00	Infinity Hall Live Snarky Puppy	APTEX	(S)	(CC)	N/A	#603H
	Bassist and composer Michael League's improvisational pop musician collective defies categorization but never disappoints an audience, as eight of its members bring an evening of music exploration and massive jams to Infinity Hall Live. From fan favorites like "Shofukan" to "Grown Folks" from their latest Grammy-winning album Culcha Vulcha, the performance provides viewers with an immersive experience enhanced by handheld cameras on the stage capturing the woo hoo-worthy solos of this self-described "pop band without vocals."					
22:00:00	Quilted Conscience	NETA	(S)	(CC)	N/A	#0H
	THE QUILTED CONSCIENCE documents the beautiful and important story of a group of sixteen Sudanese-American girls - refugees from the genocide in their troubled homeland - who are thrust into a new life in Grand Island, Nebraska. It's a story of a quilters' guild of local white women, some of whom have had little previous contact with ethnic or racial minorities. It's a story of a famed African-American quilt maker who travels a thousand miles to help "stitch" the groups together by means of a culture-blend fabric-art project. Finally, it's a story about the making of a lovely wall-sized mural, composed of dozens of dramatic "Dreams & Memories" story panels created by the Sudanese girls with the help of the local women.					
23:00:00	IQ: Smartparent Technology - Health & Fitness	APTEX	(S)	(CC)	N/A	#504H
	Learn all about fitness - with a digital twist. Experts reveal the newest technologies that support and promote health and fitness. Discover the latest news trend of "exer-gaming"; find out how to choose the best fitness apps for kids; and learn all about the revised national standards for physical education in school, incorporating everything from video games to virtual reality. Build healthy habits for the 21st century on this episode of iQsmartparent.					
23:30:00	Battleground Everglades Dangerous Seas	APTEX	(S)	(CC)	N/A	#104H
	Sea level rise has been a world-wide threat, with South Florida at the epicenter. The effects on the delicate Everglades ecosystems include an impact on drinking water supplies and the physical coastline itself.					

Wed, May 02, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	America's Heartland Saddle up for a rodeo riding school in Montana. Visit a California farm community pulling together to save pollinating honeybees. Meet an Arkansas rancher as he rounds up a large and growing herd of buffalo.	APTEX	(S)	(CC)	N/A	#1205H
00:30:00	Overheard with Evan Smith Yamiche Alcindor, Journalist Yamiche Alcindor is the White House Correspondent for PBS NewsHour, a political contributor for NBC News and MSNBC, and a former national reporter at The New York Times. Since joining The Times in 2015, she has covered the presidential campaigns of Donald Trump and Bernie Sanders, Congress, and the intersection of race and politics in the US. Alcindor received her bachelor's at Georgetown University and a master's at New York University.	NETA	(S)	(CC)	N/A	#817H
01:00:00	Sun Studio Sessions Chuck Mead & His Grassy Knoll Boys Chuck Mead is a quintessential "Americana" artist. Many will remember Mead from his work with BR549, which garnered three Grammy Award nominations. Chuck also served as musical director for the smash Broadway hit "Million Dollar Quartet", inspired by the legendary jam session at Sun Studio in Memphis. In this episode, Chuck and his band dazzle through several numbers, including "I'm not the Man for the Job" and "Little Ivy."	NETA	(S)	(CC)	N/A	#908H
01:30:00	Jammin at Hippie Jack's Willie Sugarcapps 2 Willie Sugarcapps once again work their blend of musical magic to conjure a celestial celebration of authentic, heartfelt and soulful songs. Its comforting to know that music in the hands of these five artists still happens for no other reason than purely for the sake of the music itself.	NETA	(S)	(CC)	N/A	#1014H
02:00:00	Infinity Hall Live Snarky Puppy Bassist and composer Michael League's improvisational pop musician collective defies categorization but never disappoints an audience, as eight of its members bring an evening of music exploration and massive jams to Infinity Hall Live. From fan favorites like "Shofukan" to "Grown Folks" from their latest Grammy-winning album Culcha Vulcha, the performance provides viewers with an immersive experience enhanced by handheld cameras on the stage capturing the woo hoo-worthy solos of this self-described "pop band without vocals."	APTEX	(S)	(CC)	N/A	#603H
03:00:00	Quilted Conscience THE QUILTED CONSCIENCE documents the beautiful and important story of a group of sixteen Sudanese-American girls - refugees from the genocide in their troubled homeland - who are thrust into a new life in Grand Island, Nebraska. It's a story of a quilters' guild of local white women, some of whom have had little previous contact with ethnic or racial minorities. It's a story of a famed African-American quilt maker who travels a thousand miles to help "stitch" the groups together by means of a culture-blend fabric-art project. Finally, it's a story about the making of a lovely wall-sized mural, composed of dozens of dramatic "Dreams & Memories" story panels created by the Sudanese girls with the help of the local women.	NETA	(S)	(CC)	N/A	#0H
04:00:00	IQ: Smartparent Technology - Health & Fitness Learn all about fitness - with a digital twist. Experts reveal the newest technologies that support and promote health and fitness. Discover the latest news trend of "exer-gaming"; find out how to choose the best fitness apps for kids; and learn all about the revised national standards for physical education in school, incorporating everything from video games to virtual reality. Build healthy habits for the 21st century on this episode of IQsmartparent.	APTEX	(S)	(CC)	N/A	#504H
04:30:00	Battleground Everglades Dangerous Seas Sea level rise has been a world-wide threat, with South Florida at the epicenter. The effects on the delicate Everglades ecosystems include an impact on drinking water supplies and the physical coastline itself.	APTEX	(S)	(CC)	N/A	#104H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#586
08:00:00	Wunderkind Little Amadeus The Green Drops Devilius believes Amadeus' musical talent stems from the green miracle drops his mother gives him. Devilius wants to get his hands on this special mixture, so he can give it to Mario and turn him into a real opponent to the child prodigy. Will the ever-devilous Devilius pull it off? And, are the drops really what they seem? The Music: "Piano Concerto No. 9 in E Flat Major" K. 271; et al. Additional Content: Leopold the conductor is responsible for the correct and melodious playing of his orchestra. Monti refers viewers to the Web site where children can explore - to the music of Beethoven's 9th symphony - the composition and complexity of a big orchestra. On the Web site, children may play of the instrument groups individually and in various combinations with others.	APTEX	(S)	(CC)	DVI	#119

Wed, May 02, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	1001 Nights The Genie, The Fish, The Wolf and the Witch/The Forbidden City of Shenzhen "The Genie, The Fish, The Wolf and The Witch" - When Shahryar can't sleep, Shahrzad tells a series of stories within stories that become fascinatingly intertwined. "The Forbidden City of Shenzhen" - Ahn-Ming climbs to the other side of the forbidden wall to learn that everything he's been taught about his evil neighbors is wrong.	NETA	(S)	(CC)	DVI	#116H
09:00:00	Functional Fitness with Suzanne Andrews Interval Training	ACCES		(CC)	N/A	#123H
09:30:00	Classical Stretch: The Esmonde Technique Slenderize Your Legs	APTEX	(S)	(CC)	DVI	#728Z
10:00:00	Sit and Be Fit Myofacial Relief & Gait Mary Ann uses the large ball in this workout to loosen up the fascia around the scapula. Later in the program she focuses on exercises to improve gait.	NETA	(S)	(CC)	N/A	#1316H
10:30:00	Sewing with Nancy 10-20-30 Minutes to Recycle Jeans, Part 1 Don't junk those old jeans! Nancy shows you how to use deconstructed denim jeans in a variety of new ways to decorate your kitchen. See how durable potholders, pretty placemats, a stylish casserole carrier, and darling bibs are all constructed using the 10-20-30 Minutes to Sew philosophy.	NETA	(S)	(CC)	N/A	#3007H
11:00:00	Knit and Crochet Now! Vested Interest Today we are feeling funky! Deborah Norville is joined by Robyn Chachula and Kristin Nicholas who are here with two Boho inspired long vests. First up is Robyn with a crochet fringed vest, the Boho Vest, and then Kristin will go over how to knit the Ashbury Vest, featuring a garter stitch stripe and fair isle. Then we'll take a trip to the stitch corner where Ellen will show how to do the Crochet Crocodile Stitch.	APTEX	(S)	(CC)	DVI	#703H
11:30:00	Fons & Porter's Love of Quilting String Me Along Quilter's always have leftover fabric. Here is the perfect way to use up everything. Patrick and his quest Dodi Poulsen will teach you how to get organized and build blocks that "jump" off the design wall. By selecting a strong focus fabric your foundation pieces your blocks come to life, one strip at a time. This relaxing method, frees you from the exacting math of traditional patchwork.	NETA	(S)	(CC)	N/A	#2811H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7198H
13:00:00	Lidia's Kitchen My Favorite Braises Braising is a preferred technique in Lidia's kitchen and today she prepares one rich braised meat dish, along with two braised vegetable choices for the home cook. Recipes include: beef braised in barolo; a braised kale with bacon; and finally braised cauliflower.	APTEX	(S)	(CC)	N/A	#419H
13:30:00	Annabel Langbein: The Free Range Cook A French Country Table Annabel Langbein visits her neighbor's hazelnut orchard in New Zealand's Central Otago for the fall harvest, cooking up a rib-sticking pea and ham soup and a spiced apple cake for lunch. On the menu that night are artichokes fresh from the garden, chicken and leek gratin, and individual pear and hazelnut tarts. Recipes from this episode: rib-sticking pea and ham soup, one-pot spiced apple cake, artichokes with vinaigrette, Provencal crust, chicken and leek gratin, garlicky vegetable toss, hazelnut butter, individual pear and hazelnut tarts.	APTEX	(S)	(CC)	N/A	#109H
14:00:00	Simply Ming Barbara Lynch This week on Simply Ming, two-time James Beard Award-winner, author, and restaurateur Chef Barbara Lynch is joining Ming in the kitchen. Barbara, the creator of seven different restaurants, cooks up a ricotta ravioli with black olive croutons and a simple tomato pan sauce. Ming follows with an Asian-inspired ginger edamame ravioli with a Chinese vinegar and brown butter sauce.	APTEX	(S)	(CC)	N/A	#1504H
14:30:00	Cook's Country Southern Discoveries Test cook Bryan Roof shows Julia Collin Davison how to make an authentic version of South Carolina smoked fresh ham. Tasting expert Jack Bishop challenges Julia to a tasting of spiral sliced bone-in ham. Equipment expert Adam Ried reveals his top pick for potato mashers. Test cook Christie Morrison shows Bridget Lancaster how to make the best smashed potato salad.	APTEX	(S)	(CC)	N/A	#1009H

Wed, May 02, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	Beads, Baubles and Jewels Die-Cutting Leather	NETA	(S)	(CC)	N/A	#2307H
	Die-cut shapes open new possibilities for jewelry-making. Inventor and jewelry-maker Jill McKay cuts leather in various sizes to create colorful stacking shapes. Katie use aurora borealis beads to accent a beaded fringe pendant for a rich, sparkly look.					
15:30:00	Make It Artsy Books	NETA	(S)	(CC)	N/A	#101H
	Books are not just for reading! Tool expert Joe Rotella cuts a niche in a book to create a planter. Craft metal book hinges with designer Mary Hettmansperger and Mou Saha makes vintage books into colorful art journals. Host Julie Fei Fan Balzer has a tip for creating a charming little book necklace.					
16:00:00	Biz Kid\$ Wheel of Misfortune	APTEX	(S)	(CC)	DVI	#302H
	Find out how to avoid common money mistakes and learn the importance of following a financial plan. Explore both short- and long-term goals.					
16:30:00	Hands On Crafts for Kids Music	NETA	(S)	(CC)	DVI	#1811H
	Music inspires creativity and adds to the fun. To keep the beat, Jenny Barnett-Rohrs makes a drum. Katie Hacker makes a jingly bell bracelet and Franz Spohn illustrates great musical works. Jenny has a wonderful gift idea for a sports fan from blogger Morena Hockley.					
17:00:00	P. Allen Smith's Garden Home Designing Gardens	APTEX	(S)	(CC)	N/A	#1713H
	Nobody knows garden design like P. Allen Smith, so dive on in as we explore tips and tricks of the trade that you can apply in your own garden.					
17:30:00	Growing A Greener World The Waterwise Home & Garden (Los Angeles, Ca)	APTEX	(S)	(CC)	N/A	#721H
	At the height of our nation's industrial revolution over 100 years ago, wealthy businessman Henry Phipps built the Phipps Conservatory as a gift to the city of Pittsburgh. Today Phipps has become a model for public gardens and conservatories around the world for its sustainable building practices, energy conservation and eco friendly methods. In the process they've earned the distinction of being "America's Greenest Garden" and the greenest conservatory in the world. Taking his cue from the chocolate tree featured at the conservatory, Chef Nathan creates a molten chocolate cake that melts in the mouth.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15088H
18:30:00	Great Decisions In Foreign Policy China: The New Silk Road	NETA	(S)	(CC)	N/A	#903H
	China is the second largest economy in the world, and it's expected to bump the U.S. out of the top rank in less than a decade. Beijing is increasingly looking beyond China's borders, toward investment in Asia and across the world. What does China's massive One Belt One Road initiative mean for America?					
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#9023
19:30:00	In Good Shape - The Health Show	WNVC	(S)	(CC)	N/A	#517H
20:00:00	The Lowertown Line. The Lowertown Line: Haley Bonar	APTEX	(S)	(CC)	N/A	#105H
	Singer/songwriter Haley Bonar performs in front of a live audience at the Twin Cities Public Television studios. Bonar discusses keytar, her creative process, and the South Dakota punk scene with host Dessa. Songs performed: Kill The Fun, No Sensitive Man, Heaven's Made For Two, Last War, Bad Reputation.					

Wed, May 02, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:30:00	Songs at the Center	APTEX	(S)	(CC)	N/A	#305H
<p>Artists: Elena Aiello, Dominique Ruiz & Andrea Crisalli (Dixie Jade), Andrew Salgado, and hosted by songwriter Eric Gnezda. Artist Bio: Elena Aiello has played classical piano since the age of nine, when her love of music began. Having later discovered guitar, she launched her songwriting journey in her mid-20s. Since then, she has played with bands whose styles range from bluegrass to rock & roll. When she's not performing solo, she fronts a band with her sister Andrea Harvey, Forcynthia, which was named in honor of their mother. Elena sings "One Shot." Artist Bio: Dixie Jade is the Nashville-based duo of Andrea Crisalli and Dominique Ruiz, who share their life experiences through their own evocative brand of strong, soulful country. Andrea and Dominique moved to Nashville after attending the University of Southern California, and re-connected one fateful night at Nashville's Bluebird Cafe. Their single "Grit and Amazing Grace," which they perform on this episode, has had spins across the country. They also sing "Can't Remember Why I Loved You." Artist Bio: Andrew Salgado collaborated with Brian Wilson and Kacey Musgraves on their duet "Guess You Had to Be There." The song is featured on Wilson's album, No Pier Pressure, which made it to No. 1 on Amazon. Andrew has opened for Carrie Underwood, Clint Black, and Toby Keith. His latest album, Absolutely Everything, released in May, was written with Grammy Award winning songwriter Jim "Moose" Brown, Jim Peterik of acclaimed bands the "Ides of March" and "Survivor," as well as Don Sampson and Darryl Worley. He performs "My Family."</p>						
21:00:00	Live from the Artists Den Young The Giant	APTEX	(S)	(CC)	N/A	#1102H
<p>The celebrated El Rey Theatre in the Miracle Mile neighborhood of Los Angeles hosted an intimate hometown show by alt-rockers Young the Giant. Five hundred and fifty of the band's lucky fans filled the former movie theater turned music venue originally built in 1936. The band opened their delightful 15-song set with their exhilarating new single "Something to Believe In," currently ascending to the Top 10 at Alternative radio. Fans were thrilled to hear older favorites such as "My Body," "Cough Syrup," and "Mind Over Matter." The crowd was also treated to two more songs, "Jungle Youth" and "Titus Was Born"- both being played for the first time live - from Young the Giant's new album Home of the Strange, which debuted at #6 on Billboard's Top Albums chart upon its release last month.</p>						
22:00:00	Mystery of the Mountain: Hidden In Plain View	APTEX	(S)	(CC)	N/A	#0H
<p>Narrated by actor Memo Saucedo, MYSTERY OF THE MOUNTAIN: HIDDEN IN PLAIN VIEW chronicles a most intriguing and remarkable story, and explores the question: what if one of the world's largest pyramids is waiting to be unearthed in Mexico? For centuries, a rugged and venerated hilltop in Mexico has borne witness to the rise and fall of pre-Columbian societies, and to the creation and destruction of temples and pyramids. It is also the focal point of a most unlikely mystery, and a possible sacred structure lost to history. The program investigates one of the few clues that remains today: a 430-year-old map that was carefully redrawn and passed down from generation to generation. The map depicts what would be one of the largest step pyramid structures in known history.</p>						
23:00:00	Canadian Rockies By Rail	NETA	(S)	(CC)	N/A	#0H
<p>Canadian Rockies by Rail takes viewers along for a trip through the Pacific Northwest and the Canadian Rockies, exploring some of the most stunning scenery in the world. The rail journey will be aboard the renowned Rocky Mountaineer, known as one of the best rail journeys in the world. The journey begins in Seattle, Wash. with stops in Vancouver, Kamloops, Banff, Jasper, and other memorable places. During the journey the program will explore the rich history and culture of the region, the history of the railroad and its importance to Canada, discover the local cuisine, meet the people of the region, and offer views of the endless natural beauty of the Canadian Rockies.</p>						

Thu, May 03, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Great Decisions In Foreign Policy China: The New Silk Road	NETA	(S)	(CC)	N/A	#903H
	China is the second largest economy in the world, and it's expected to bump the U.S. out of the top rank in less than a decade. Beijing is increasingly looking beyond China's borders, toward investment in Asia and across the world. What does China's massive One Belt One Road initiative mean for America?					
00:30:00	In Good Shape - The Health Show	WNVC	(S)	(CC)	N/A	#517H
01:00:00	The Lowertown Line. The Lowertown Line: Haley Bonar	APTEX	(S)	(CC)	N/A	#105H
	Singer/songwriter Haley Bonar performs in front of a live audience at the Twin Cities Public Television studios. Bonar discusses keytar, her creative process, and the South Dakota punk scene with host Dessa. Songs performed: Kill The Fun, No Sensitive Man, Heaven's Made For Two, Last War, Bad Reputation.					
01:30:00	Songs at the Center	APTEX	(S)	(CC)	N/A	#305H
	Artists: Elena Aiello, Dominique Ruiz & Andrea Crisalli (Dixie Jade), Andrew Salgado, and hosted by songwriter Eric Gnezda. Artist Bio: Elena Aiello has played classical piano since the age of nine, when her love of music began. Having later discovered guitar, she launched her songwriting journey in her mid-20s. Since then, she has played with bands whose styles range from bluegrass to rock & roll. When she's not performing solo, she fronts a band with her sister Andrea Harvey, Forcynthia, which was named in honor of their mother. Elena sings "One Shot." Artist Bio: Dixie Jade is the Nashville-based duo of Andrea Crisalli and Dominique Ruiz, who share their life experiences through their own evocative brand of strong, soulful country. Andrea and Dominique moved to Nashville after attending the University of Southern California, and re-connected one fateful night at Nashville's Bluebird Cafe. Their single "Grit and Amazing Grace," which they perform on this episode, has had spins across the country. They also sing "Can't Remember Why I Loved You." Artist Bio: Andrew Salgado collaborated with Brian Wilson and Kacey Musgraves on their duet "Guess You Had to Be There." The song is featured on Wilson's album, No Pier Pressure, which made it to No. 1 on Amazon. Andrew has opened for Carrie Underwood, Clint Black, and Toby Keith. His latest album, Absolutely Everything, released in May, was written with Grammy Award winning songwriter Jim "Moose" Brown, Jim Peterik of acclaimed bands the "Ides of March" and "Survivor," as well as Don Sampson and Darryl Worley. He performs "My Family."					
02:00:00	Live from the Artists Den Young The Giant	APTEX	(S)	(CC)	N/A	#1102H
	The celebrated El Rey Theatre in the Miracle Mile neighborhood of Los Angeles hosted an intimate hometown show by alt-rockers Young the Giant. Five hundred and fifty of the band's lucky fans filled the former movie theater turned music venue originally built in 1936. The band opened their delightful 15-song set with their exhilarating new single "Something to Believe In," currently ascending to the Top 10 at Alternative radio. Fans were thrilled to hear older favorites such as "My Body," "Cough Syrup," and "Mind Over Matter." The crowd was also treated to two more songs, "Jungle Youth" and "Titus Was Born" - both being played for the first time live - from Young the Giant's new album Home of the Strange, which debuted at #6 on Billboard's Top Albums chart upon its release last month.					
03:00:00	Mystery of the Mountain: Hidden In Plain View	APTEX	(S)	(CC)	N/A	#0H
	Narrated by actor Memo Saucedo, MYSTERY OF THE MOUNTAIN: HIDDEN IN PLAIN VIEW chronicles a most intriguing and remarkable story, and explores the question: what if one of the world's largest pyramids is waiting to be unearthed in Mexico? For centuries, a rugged and venerated hilltop in Mexico has borne witness to the rise and fall of pre-Columbian societies, and to the creation and destruction of temples and pyramids. It is also the focal point of a most unlikely mystery, and a possible sacred structure lost to history. The program investigates one of the few clues that remains today: a 430-year-old map that was carefully redrawn and passed down from generation to generation. The map depicts what would be one of the largest step pyramid structures in known history.					
04:00:00	Canadian Rockies By Rail	NETA	(S)	(CC)	N/A	#0H
	Canadian Rockies by Rail takes viewers along for a trip through the Pacific Northwest and the Canadian Rockies, exploring some of the most stunning scenery in the world. The rail journey will be aboard the renowned Rocky Mountaineer, known as one of the best rail journeys in the world. The journey begins in Seattle, Wash. with stops in Vancouver, Kamloops, Banff, Jasper, and other memorable places. During the journey the program will explore the rich history and culture of the region, the history of the railroad and its importance to Canada, discover the local cuisine, meet the people of the region, and offer views of the endless natural beauty of the Canadian Rockies.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#587
08:00:00	Wunderkind Little Amadeus Shooting Stars	APTEX	(S)	(CC)	DVI	#120
	The children want to sled next to the river on a snowy winter day in Salzburg. Pumperl hops onto a piece of floating ice and drifts away. A dramatic rescue operation ensues with help from Mario and a few unpopular boys from the neighborhood. They eventually locate Pumperl with a telescope, which the Bishop later intends to use to view hundreds of shooting stars. The weather doesn't cooperate, but Amadeus once again enchants the assembled company with his music. The Music: "Piano Sonata in D" (Duernitz) K. 284; "Divertimento in D" K. 136; "Qui tollis" from the "C Minor Mass" K. 427; et al. Additional Content: Amadeus named three symphonies after his hometown. This segment highlights the famous "Salzburg Symphonies" using scenes from the series in which they appear. Monti explains why this music fit well within the scenes.					

Thu, May 03, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	1001 Nights The Broken Jewel/The Boy Who Became A Genie "The Broken Jewel" - Two servants accidentally break a jewel from the king's crown. In order to avoid getting caught, they must find another one at the top of Asir Mountain. "The Boy Who Became a Genie" - Dissatisfied with his life, Harif trades places with a genie, only to discover that his boring life wasn't so bad after all.	NETA	(S)	(CC)	DVI	#117H
09:00:00	Functional Fitness with Suzanne Andrews Couples Workout with the Ball	ACCES		(CC)	N/A	#124H
09:30:00	Classical Stretch: The Esmonde Technique Aches and Pains	APTEX	(S)	(CC)	DVI	#729Z
10:00:00	Sit and Be Fit Keep The Fun In Functional Fitness In this episode Mary Ann focuses on the fun side of exercise through the use of novelty music and imaginative choreography.	NETA	(S)	(CC)	N/A	#1317H
10:30:00	Sewing with Nancy 10-20-30 Minutes to Recycle Jeans, Part 2 What's old is new again! Restyle your old jeans into useful and decorative home accessories. Nancy applies her 10-20-30 Minutes to Sew philosophy to create Soft-sided Bins, the Double Duty Mat for sewing and pressing, the Crossbody Jeans Bag, and the Two-for-One Apron.	NETA	(S)	(CC)	N/A	#3008H
11:00:00	Knit and Crochet Now! Mosaic Stitch Scarves Everybody loves scarves and this week Host Deborah Norville joins Lena Skvagerson who will show you how to knit the Slip That Stich Scarf and magically make two colors appear in the same row without carrying the yarn. Ellen will show us her interpretation of a crochet mosaic scarf with the Nascha Crochet Scarf and then back to Lena in the stitch corner with her very own Knit Crocodile Stitch.	APTEX	(S)	(CC)	DVI	#704H
11:30:00	Fons & Porter's Love of Quilting Shattered Dresden One of the most popular quilt designs of the 1920's and 30's-the Dresden Plate pattern takes on a modern flavor in this medallion-style quilt. Patrick is joined by Dodi Poulsen in this episode as they teach techniques for making the perfect Dresden block, the applique choices and design options for making this quilt.	NETA	(S)	(CC)	N/A	#2812H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7199H
13:00:00	The Jazzy Vegetarian Easy Paella Dinner Host Laura Theodore prepares "Easy Vegan Paella," a Spanish inspired rice-dish combined with a variety of jazzy vegetables like onions, peas, artichoke hearts and tomatoes. A festive array of "Tasty Tapas" starts the meal with pizzazz. For dessert, Laura bakes moist "Pineapple-Pecan Cake," made with sweet fresh pineapple and crunchy pecans.	NETA	(S)	(CC)	DVI	#203H
13:30:00	Sara's Weeknight Meals Pestopalooza Summer means more of everything and if you have extra herbs, this is the show for you. We start with a traditional basil pesto, string bean and potato pasta from guest chef Giuseppe Fanelli. On Ask Sara, tips on growing your own windowsill herb garden and how to cook with herb. Sara also creates her phenomenal brown and wild rice with broccoli pesto.	APTEX	(S)	(CC)	N/A	#517H
14:00:00	Joanne Weir Gets Fresh Citrus Three Ways Joanne has always wanted to do a cooking show where you don't cook. And fresh citrus is the key! She'll start by going to her restaurant Copita, and then to a citrus orchard in Yountville, California. With her student Kit, they'll make pomegranate kumquat and blood orange ceviche, followed by a citrus salsa. She's going to cheat a little bit by grilling some shrimp, and then oven-roasting quinoa. And for dessert: a refreshing citrus sorbet. Get ready to pucker up and get fresh.	APTEX	(S)	(CC)	N/A	#208H
14:30:00	New Scandinavian Cooking Popular Sausage Sausages serve a special function in Norway, both as an everyday meal and as festive food. In this episode, Andreas discovers the culture and history behind a well-made sausage. He bakes potato pancakes and makes homemade mustard, essential companions for the three types of tasty sausages he prepares.	APTEX	(S)	(CC)	N/A	#302H

Thu, May 03, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	Beads, Baubles and Jewels Make It Sparkle	NETA	(S)	(CC)	N/A	#2308H
	Create your color story, then change it. With special wire-shaping techniques, author and crystal superfan Diane Whiting creates strands of beads and crystals that are interchangeable. In the Beading Lesson, Katie creates leather and bead bracelets that can be stacked or worn alone.					
15:30:00	Make It Artsy Assemblage	NETA	(S)	(CC)	N/A	#102H
	Add an artsy flair to ordinary objects. Urban artist Seth Apter wraps everyday objects with wire, fibers and beads. Julie Fei Fan Balzer personalizes wooden nesting dolls. Author Laurie Mika fashions clay with stamps, charms and beads to make mini-shrines. In the tip, maker Roxanne Coble adds dimension and texture to journals.					
16:00:00	Biz Kid\$ More Bang for Your Buck	APTEX	(S)	(CC)	DVI	#303H
	Whether you're facing good times or tough times, it's important to know how to get the best value for your money. Discover tips for stretching your dollars.					
16:30:00	Hands On Crafts for Kids Me!	NETA	(S)	(CC)	DVI	#1812H
	Let's turn toward ourselves for creative ideas. When she makes a lighted mirror, Jenny Barnett-Rohrs makes you a star. Katie Hacker makes personal paper dolls and Franz Spohn draws a 3D self-portrait. Jenny celebrates Thanksgiving with Pilgrim-style table decorations.					
17:00:00	P. Allen Smith's Garden Home Homesteaders USA	APTEX	(S)	(CC)	N/A	#1501H
	Allen Smith breaks down the basics of homesteading for beginners. From kitchen to bath, the experts have you covered for your journey to being self-sufficient.					
17:30:00	Growing A Greener World Epic Tomatoes (Raleigh, Nc and Atlanta, Ga)	APTEX	(S)	(CC)	N/A	#722H
	With severe water shortages and drought grabbing an ever growing piece of our daily news, it only stands to reason, conserving this precious resource is more important than ever. Gardeners and weekend warriors typically waste over 50% of what water they use for outdoor irrigation. In this episode we meet author and waterwise expert, Nan Sterman in her own backyard to learn how to use less and still have a beautiful garden and landscape, no matter where you live. Then it's back to the GGW Garden Farm to see the installation of an ultra-efficient irrigation system for the lawn and garden.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15089H
18:30:00	Consuelo Mack Wealthtrack	APTEX	(S)	(CC)	N/A	#1445H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#9024
19:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1312H
20:00:00	Backstage Pass Tony Monaco & The Fareed Haque Trio Featuring Randy Gelispie	NETA	(S)	(CC)	N/A	#709H
	The Fareed Haque & Tony Monaco Trio featuring Randy Gelispie includes some of the most innovative musicians in jazz today. Haque showcases a unique twist on jazz guitar, while Monaco's organ playing takes each song for a ride. The trio is rounded out with drummer Gelispie. Songs featured include "Furry Slippers," and "My One and Only Love." Recorded at Lansing JazzFest 2015.					
20:30:00	Music Voyager Eleuthera	APTEX	(S)	(CC)	N/A	#705H
	The longest islands of The Bahamas, steeped in history culture and beauty, from the famous visual Glass Window Bridge between the Caribbean and the Atlantic Ocean to historic Spanish Wells and quaint Harbor Island. In this episode, travel the length of the island with Mirissa Neff and learn that while it seems like different worlds between Eleuthera, Harbor Islands and Spanish Wells, it's the people that collectively have one voice and are connected in the island's culture.					
21:00:00	Live at the Charleston Music Hall Toad The Wet Sprocket	NETA	(S)	(CC)	N/A	#106H
	In 1986, four California teens adopted the Monty Python moniker as a joke for their first gig. And, it stuck! A new dawn has risen for this band, as they continue to write, play and tour together. This episodes reveals the depth of earlier songs and how the band has come full circle.					

Thu, May 03, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
21:30:00	New Tanglewood Tales: Life On Stage and Off	APTEX	(S)	(CC)	N/A	#105H
22:00:00	Of Race and Reconciliation	NETA	(S)	(CC)	N/A	#0H
	<p>Of Race and Reconciliation chronicles the Chinese experience in America around the year 1885. That was the year the Chinese residents of Tacoma were forcefully expelled from the city against the backdrop of increasingly alarming and even violent tensions between American citizens caught in an economic downturn and Chinese immigrants seeking opportunity in "Gum San," or the Land of the Golden Mountains they had heard about in America. Of Race and Reconciliation producer Forrest Burger traveled through six states to take an unflinching look at this period in time, but also document how the tensions between American citizens and immigrant populations provide relevant lessons in today's political climate, and in Tacoma's case, how far efforts toward reconciliation have come.</p>					
23:00:00	Reel South 120 Days	NETA	(S)	(CC)	N/A	#208H
	<p>By Ted Roach. Due to his immigration status, family man Miguel Cortes must make a tough choice. After an unexpected traffic stop, a North Carolina judge has offered Miguel 120 days to get his affairs in order and self-deport to Mexico - leaving his wife and two daughters. Will he leave for Mexico or disappear into the shadows in his adopted homeland?</p>					

Fri, May 04, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Well Read Mark Shriver Pilgrimage Since his 2013 election, Pope Francis has captivated the world. In Pilgrimage, Mark Shriver, nephew of President Kennedy, retraces Francis's personal journey, revealing the origins of his open and unpretentious style... in so doing Shriver reveals his personal reconnection to his own religious commitments.	APTEX	(S)	(CC)	N/A	#616H
00:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1312H
01:00:00	Backstage Pass Tony Monaco & The Fareed Haque Trio Featuring Randy Gelispie The Fareed Haque & Tony Monaco Trio featuring Randy Gelispie includes some of the most innovative musicians in jazz today. Haque showcases a unique twist on jazz guitar, while Monaco's organ playing takes each song for a ride. The trio is rounded out with drummer Gelispie. Songs featured include "Furry Slippers," and "My One and Only Love." Recorded at Lansing JazzFest 2015.	NETA	(S)	(CC)	N/A	#709H
01:30:00	Music Voyager Eleuthera The longest islands of The Bahamas, steeped in history culture and beauty, from the famous visual Glass Window Bridge between the Caribbean and the Atlantic Ocean to historic Spanish Wells and quaint Harbor Island. In this episode, travel the length of the island with Mirissa Neff and learn that while it seems like different worlds between Eleuthera, Harbor Islands and Spanish Wells, it's the people that collectively have one voice and are connected in the island's culture.	APTEX	(S)	(CC)	N/A	#705H
02:00:00	Live at the Charleston Music Hall Toad The Wet Sprocket In 1986, four California teens adopted the Monty Python moniker as a joke for their first gig. And, it stuck! A new dawn has risen for this band, as they continue to write, play and tour together. This episodes reveals the depth of earlier songs and how the band has come full circle.	NETA	(S)	(CC)	N/A	#106H
02:30:00	New Tanglewood Tales: Backstage with Rising Artists New Tanglewood Tales: Backstage with Rising Artists features members of the Boston Symphony Orchestra, including flutist Elizabeth Rowe; concertmaster Malcolm Lowe; percussionist Dan Bauch, and members of the bass section and trumpet section working with the fellows. Tension is involved in preparing for The Festival of Contemporary Music. The fellows blow off steam at a big dance party.	APTEX	(S)	(CC)	N/A	#104H
03:00:00	Of Race and Reconciliation Of Race and Reconciliation chronicles the Chinese experience in America around the year 1885. That was the year the Chinese residents of Tacoma were forcefully expelled from the city against the backdrop of increasingly alarming and even violent tensions between American citizens caught in an economic downturn and Chinese immigrants seeking opportunity in "Gum San," or the Land of the Golden Mountains they had heard about in America. Of Race and Reconciliation producer Forrest Burger traveled through six states to take an unflinching look at this period in time, but also document how the tensions between American citizens and immigrant populations provide relevant lessons in today's political climate, and in Tacoma's case, how far efforts toward reconciliation have come.	NETA	(S)	(CC)	N/A	#0H
04:00:00	Reel South 120 Days By Ted Roach. Due to his immigration status, family man Miguel Cortes must make a tough choice. After an unexpected traffic stop, a North Carolina judge has offered Miguel 120 days to get his affairs in order and self-deport to Mexico - leaving his wife and two daughters. Will he leave for Mexico or disappear into the shadows in his adopted homeland?	NETA	(S)	(CC)	N/A	#208H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#588
08:00:00	Wunderkind Little Amadeus The Choir of the Silent Sisters The "Silent Sisters" cancel the Salzburg orphan boys choir performance at the annual harvest festival in the convent when a storm partially destroys the monastery. Amadeus and Nannerl plan to perform instead. Devilius, Mario and Monti turn up and put Amadeus out of action with a nasty trick so Mario can perform instead. In the end, Amadeus saves the convent from closure by forming a fantastic choir with the nuns, who break their vow of silence to sing along. The Music: "Missa brevis in C" (Sparrows' Mass) K. 257; et al. Additional Content: Monti explains how children can create their own music video on the Web site by combining and editing 10-15 scenes from the series and setting it to the series' theme song.	APTEX	(S)	(CC)	DVI	#121
08:30:00	1001 Nights The Tale of the Mountain and the Valley/Three Tales of a Daydreaming Boy "The Tale of the Mountain and The Valley" - A silly rumor spreads like wildfire through two communities, causing them to go to war with each other. "Three Tales of a Daydreaming Boy" - A set of three shorts about two artists who compete for the same customers, a thirsty bird who struggles to drink the water at the bottom of a bottle, and two kids who accidentally release a mischievous genie.	NETA	(S)	(CC)	DVI	#118H

Fri, May 04, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Functional Fitness with Suzanne Andrews Couples Workout	ACCES		(CC)	N/A	#125H
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss Workout	APTEX	(S)	(CC)	DVI	#730Z
10:00:00	Sit and Be Fit Variety, The Spice of Life Mary Ann combines a variety of exercises that improve function including a new exercise that uses the fingers and breath to control abdominal muscles.	NETA	(S)	(CC)	N/A	#1318H
10:30:00	Sewing with Nancy Trusty Triangles - A Row-By-Row Sampler Quilt, Part 1 Nancy explains how to arrange simple half-square triangles into beautiful row-by-row designs. Learn how to make half-square triangles, and assemble three rows of a six row sampler quilt. Designs include - Opposing Arrows, Teetering Triangles, and Twirling Triangles.	NETA	(S)	(CC)	N/A	#3009H
11:00:00	Knit and Crochet Now! Artsy Afghans Host Deborah Norville believes nothing says you're special like a handmade afghan, it's like a perpetual hug from the person who stitched it. Ellen is first up with the Geometric Crochet Afghan, which features a lace border, and then Kristin shows how to stitch up the Windowpane Afghan, which is knit in the round, then cutting it to make it flat! In the stitch corner Ellen teaches how to Crochet a Cable.	APTEX	(S)	(CC)	DVI	#705H
11:30:00	Fons & Porter's Love of Quilting Free Motion Designs with Patchwork Roots Decisions for free motion quilting can be daunting. Mary and Angela Huffman help us find inspiration within our traditional pieced quilt top. Isolating a block, designing a quilting motif and then modifying it for a smooth quilt path-all information you don't want to miss. Embellish your next "simple" patchwork, creating a "simply" fabulous quilt.	NETA	(S)	(CC)	N/A	#2813H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7200H
13:00:00	Mike Colameco's Real Food Dinnertable / Ggs Two local East Village spots just a few blocks apart that speak to the quality vs., price debate going on these days. At both restaurants the food is lovely, the portions generous and the prices are really reasonable.	NETA	(S)	(CC)	N/A	#1505H
13:30:00	Cooking with Nick Stellino Elegant Veal Chops & A Delectable Cheesecake Cooking the perfect chop and preparing the ultimate sauce with port and Gorgonzola is as easy as 1-2-3! Making the perfect dessert is even easier. Nick visits the cheese monger and the butcher and prepares Veal Chops with Port & Gorgonzola and a Ricotta Cheesecake with Coffee & Chocolate.	APTEX	(S)	(CC)	N/A	#109H
14:00:00	Chef Paul Prudhomme's Always Cooking! Slow Cooking Basile Brisket Barbecue, Western Chili, Veal Shanks with Okra and Tomato.	APTEX	(S)	(CC)	DVI	#101
14:30:00	Jacques Pepin: Heart & Soul Chef In Training A basket of fresh bread is a staple on Jacques' dining table, so he begins the show with an easy fast fougasse. Then using seafood for a unique twist, he makes salmon rillettes to top the fougasse with a tasty bite. While working at the Russian Tea Room in New York, Jacques recalls serving a spice-rubbed poussins a la russe, now a favorite dish of his granddaughter Shorey. He prepares it today as the main course, accompanied by broiled maple sweet potatoes coated with sugary goodness. To close, Shorey arrives for a tutorial from her grandfather on how to make her favorite breakfast food, crepes with Nutella, lemon or jam.	APTEX	(S)	(CC)	N/A	#105H
15:00:00	Beads, Baubles and Jewels Add Movement to the Story Make movement part of the story. Author and artist Candie Cooper uses a tassel-maker to create tassels in a variety of tones and textures. Then, Katie makes gorgeous crystal earrings using the same settings used by high-end costume jewelry manufacturers.	NETA	(S)	(CC)	N/A	#2309H

Fri, May 04, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:30:00	Make It Artsy Layering	NETA	(S)	(CC)	N/A	#103H
	Peel back the layers to discover more artistic possibilities. Mixed media maker Roxanne Coble alters postcards with blobs, patterns and drips. Collage artist Rebekah Meier sews circles to make mandalas. Tool expert, Joe Rotella, molds and casts accessories and embellishments. Crafter Kathy Cano-Murillo has a tip for layering scraps to make a new surface.					
16:00:00	Biz Kid\$ Where Is My Allowance?	APTEX	(S)	(CC)	DVI	#304H
	Discover how different families work out "allowances." Even basic financial planning starts now-learn how to manage your monthly income and expenses for vacations, education, and more.					
16:30:00	Hands On Crafts for Kids Make Believe	NETA	(S)	(CC)	DVI	#1813H
	Anything can happen in the world of make-believe. Jenny Barnett-Rohrs turns into a scary monster with a fun headband. Katie Hacker makes a fantasy tent and then whips up a never-ending cherry pie. Jenny shows how to create a show with puppets you make yourself from blogger Mom Carolina Moore.					
17:00:00	P. Allen Smith's Garden Home Charming Charleston	APTEX	(S)	(CC)	N/A	#1502H
	P. Allen Smith explores the food and fellowship of one of America's oldest cities, Charleston, South Carolina; a true Southern gem.					
17:30:00	Growing A Greener World Natural Pest and Disease Control - Greener Solutions to Common Gardening	APTEX	(S)	(CC)	N/A	#723H
	Beyond the popular beneficial lady beetle, lies a host of not so well known insects and organic products that are surprisingly efficient at keeping pest populations and plant diseases in check. This episode looks at using natural predators and insects to keep pests in check. We'll also explore natural remedies for dealing with some common plant diseases in the home garden.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15090H
18:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1418H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#9025
19:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#1018H
20:00:00	Song of the Mountains Blue Mafia / Ralph Stanley II & The Clinch Mountain Boys	NETA	(S)	(CC)	N/A	#1216H
21:00:00	Woodsongs Roger Mcguinn and John Lomax III	NETA	(S)	(CC)	N/A	#2005H
	ROGER McGUIINN gained fame for his work with the Limelighters, the Chad Mitchell Trio and ultimately as the founding member of The Bryds. He was inducted into the Rock'n'Roll Hall of Fame because of massive global hits like "Turn, Turn Turn" and "Mr. Tambourine Man". In the mid-1990's, Roger pioneered one of the first streaming websites called FolkDen. To this day it is one of the most extensive archives of America's folk legacy. JOHN LOMAX III is a legacy descendant of the folk archivist pioneers, the Lomax Family. They are responsible for seeking out and cataloging America's folk and mountain music, later absorbed by the Smithsonian Institute. John and Alan Lomax are responsible for discovering and promoting many of the icons of America's musical history including Woody Guthrie, Leadbelly and Pete Seeger.					
22:00:00	Film School Shorts Coming Home	NETA	(S)	(CC)	N/A	#503H
	Three young women experience difficult homecomings as they grapple with the pain and complexity of growing up: AWOL by Deb Shoal, When We Were Young by Gabrielle Capili, and Bookends by Dominic Villarrubia.					
22:30:00	On Story Norman Lear - A Retrospective	NETA	(S)	(CC)	N/A	#602H
	Perhaps one of the most influential contributors to the landscape of situational comedies and progressive writing in Hollywood, Norman Lear transformed a genre known for play-it-safe humor into a platform for how Americans experience social issues. In this week's On Story, Lear remembers a few of his favorite episodes and how he created some of the most beloved characters in the history of television.					

Daily Program Listing II
43.1

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Fri, May 04, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
23:00:00	Science Goes to the Movies John Coltrane, and Albert Einstein Guest: Stephon Alexander. Music of: John Coltrane. Stephon Alexander, cosmologist and author of The Jazz of Physics, talks math and music, John Coltrane and Einstein.	EPS	(S)	(CC)	N/A	#405H
23:30:00	Theater Talk	EPS	(S)	(CC)	N/A	#1123H

Sat, May 05, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Second Opinion High Risk Pregnancy Patient Story: Many women choose to wait until after the age of 40 to start a family. Lucy Sun shares her very personal story of how she realized that making the decision to wait to conceive brought with it other complicated choices. Myth or Medicine: Do your chances of having twins increase after the age of 40? Second Opinion 5: Five things to call your doctor about in late pregnancy.	APTEX	(S)	(CC)	N/A	#1006H
00:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#1018H
01:00:00	Song of the Mountains Blue Mafia / Ralph Stanley II & The Clinch Mountain Boys	NETA	(S)	(CC)	N/A	#1216H
02:00:00	Woodsongs Roger Mcguinn and John Lomax III ROGER McGUIINN gained fame for his work with the Limelighters, the Chad Mitchell Trio and ultimately as the founding member of The Bryds. He was inducted into the Rock'n'Roll Hall of Fame because of massive global hits like "Turn, Turn Turn" and "Mr. Tambourine Man". In the mid-1990's, Roger pioneered one of the first streaming websites called FolkDen. To this day it is one of the most extensive archives of America's folk legacy. JOHN LOMAX III is a legacy descendant of the folk archivist pioneers, the Lomax Family. They are responsible for seeking out and cataloging America's folk and mountain music, later absorbed by the Smithsonian Institute. John and Alan Lomax are responsible for discovering and promoting many of the icons of America's musical history including Woody Guthrie, Leadbelly and Pete Seeger.	NETA	(S)	(CC)	N/A	#2005H
03:00:00	Film School Shorts Coming Home Three young women experience difficult homecomings as they grapple with the pain and complexity of growing up: AWOL by Deb Shoal, When We Were Young by Gabrielle Capili, and Bookends by Dominic Villarrubia.	NETA	(S)	(CC)	N/A	#503H
03:30:00	On Story Norman Lear - A Retrospective Perhaps one of the most influential contributors to the landscape of situational comedies and progressive writing in Hollywood, Norman Lear transformed a genre known for play-it-safe humor into a platform for how Americans experience social issues. In this week's On Story, Lear remembers a few of his favorite episodes and how he created some of the most beloved characters in the history of television.	NETA	(S)	(CC)	N/A	#602H
04:00:00	Science Goes to the Movies John Coltrane, and Albert Einstein Guest: Stephon Alexander. Music of: John Coltrane. Stephon Alexander, cosmologist and author of The Jazz of Physics, talks math and music, John Coltrane and Einstein.	EPS	(S)	(CC)	N/A	#405H
04:30:00	Theater Talk	EPS	(S)	(CC)	N/A	#1123H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#589
08:00:00	Beauty of Oil Painting with Gary and Kathwren Jenkins Shimmering Pond A white heron flying up from a moonlit pond highlights Gary's creation of this beautiful, fairytale painting design. In the background, Gary paints a dusky glowing atmosphere and luminous stars to complete his composition.	APTEX	(S)	(CC)	N/A	#505H
08:30:00	Painting with Wilson Bickford Whitetail Fawn, Part 2 On Part 2, Wilson enhances the details to the background, paints the finishing touches on the fawn, and inserts in the low-hanging branch and leaves.	NETA	(S)	(CC)	N/A	#310H
09:00:00	Landscapes Through Time with David Dunlop Francesco Guardi's Venice David travels to many magical locations in Venice that were painted by the great 18th century Venetian landscape painter, Francesco Guardi (1712-1783). David creates a pen and ink drawing and wash of the beautiful baroque church, Santa Maria della Salute, discussing Francesco Guardi's use and understanding of perspective. He then travels to Guardi's home district of the Cannaregio and paints an oil demonstration of the same canal scene painted by Guardi and the famous painter, Canaletto, exploring Guardi's spirited brushstrokes and expressive skies.	NETA	(S)	(CC)	DVI	#202H
09:30:00	Classical Stretch: The Esmonde Technique Stretch All 600 Muscles	APTEX	(S)	(CC)	DVI	#801Z

Sat, May 05, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
10:00:00	Sit and Be Fit Finger Dexterity This episode combines fun music of the Charleston and Cha-cha to demonstrate finger exercises using a pencil, sit to stand exercises and vestibular work.	NETA	(S)	(CC)	N/A	#1319H
10:30:00	Functional Fitness with Suzanne Andrews 30 Day Bladder Fix Pelvic Floor Strengthening	ACCES	(S)	(CC)	N/A	#307H
11:00:00	Delicious TV's Vegan Mashup Cooking for Teens Encouraging your kids to eat healthier meals just got easier when our chefs pull out all the stops on these fun and easy recipes. Tempeh Chorizo Soft Tacos/Citrus Salad/Tofu BLT/No Queso Quesadilla.	NETA	(S)	(CC)	DVI	#105H
11:30:00	Mexico -- One Plate at a Time with Rick Bayless Cooking Like A Local Hartwood, one of Mexico's most in-demand restaurants, sits nestled between the crystalline beaches and dense jungle in Tulum. Here, chef Eric Werner explains the fascinating farm-to-table supply chain that brings ingredients into Hartwood's unique live-fire kitchen. The rustic simplicity inspires Rick to shop for produce and chiles in Playa del Carmen's laid-back markets. Back in the funky kitchen of a Playa condo rental, Rick prepares poblanos rellenos with tatume squash and longaniza sausage, a beautiful grilled fish with avocado salsa and coconut bread pudding for dessert.	APTEX	(S)	(CC)	N/A	#1105H
12:00:00	Lidia's Kitchen Italian American Favorites Italian American food: Is it Italian, American or a piece of Americana with Italian roots? Today Lidia pays homage to the cooking of Italian American immigrants. Recipes include: caesar salad; a luscious baked eggplant stuffed with meat and vegetables; and finally stuffed mushrooms, a true crowd pleaser.	APTEX	(S)	(CC)	N/A	#410H
12:30:00	Moveable Feast with Fine Cooking Dijon, France Join host Pete Evans for the most opulent feast Moveable Feast with Fine Cooking has thrown. At the Ch	APTEX	(S)	(CC)	N/A	#501H
13:00:00	Expeditions with Patrick Mcmillan Colorado's Rocky Mountains - The Rooftop of America Life in the alpine is existing on the fringe. It's hard to believe that life could persist here, let alone flourish. From beautiful alpine flowers to mountain goats and the shy pika, life is abundant. Join Patrick as he explores just how life thrives in the Colorado Rockies, the rooftop of America.	APTEX	(S)	(CC)	N/A	#305H
13:30:00	Weekends with Yankee Fall Color Yankee editor Mel Allen calls foliage season "New England's Mardi Gras." In this episode, we search out the most autumn vivid colors imaginable as we travel along New Hampshire's famed Kancamagus Highway, one of our region's most scenic drives. Then we head over to Vermont, where we visit with Allison Hooper, a successful and pioneering New England cheesemaker. We wrap things up with a look at Kent, Connecticut, which Yankee magazine has named the best foliage town in New England.	APTEX	(S)	(CC)	N/A	#112H
14:00:00	Rick Steves' Europe Copenhagen Denmark's capital is the most fun-loving in Scandinavia. As we get to know Copenhagen, we'll discover reminders of its Viking history and symbols of its proudly independent ways today. We'll stroll through Europe's first great pedestrian zone, ogle crown jewels in the palace and take a bike ride through a famous hippie squatter community, finishing at Copenhagen's full-time carnival, Tivoli Gardens.	APTEX	(S)	(CC)	N/A	#510H
14:30:00	Born to Explore with Richard Wiese Tanzania: Summit On Mt. Kilimanjaro Join Richard Wiese as he journeys to Tanzania to climb the highest mountain on the African continent - Mount Kilimanjaro. With friends and family, Richard sets out on a seven-day climb to the summit at over 19,000 feet. He follows the same path he took with his father at age 11, more than 40 years ago. This is his 14th ascent up Kilimanjaro-only this time, Richard encounters the worst weather he's ever faced on the mountain.	APTEX	(S)	(CC)	N/A	#108H
15:00:00	Garden Smart Trees can often be an unknown. How do we select the best tree for our site, how should we care for it, and what about pest control? All good questions. GardenSMART visits a tree expert who has great ideas. We found it informative, think you will too. Be sure to tune in.	NETA	(S)	(CC)	N/A	#5008H

Sat, May 05, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:30:00	For Your Home Take The Plunge	APTEX	(S)	(CC)	N/A	#3101H
	Who could resist the drawn of a refreshing swimming pool on a hot summer afternoon. How complicated is it to have a pool built in your backyard? This season on FYH host Vicki Payne shares step by step the process of installing a backyard pool and spa.					
16:00:00	Drexel Interview Jacob Bender	NETA		(CC)	N/A	#403H
	In this episode of The Drexel InterView, Host Paula Marantz Cohen interviews Jacob Bender, the controversial Executive Director of the Philadelphia Chapter of the Council on American-Islamic Relations (CAIR Philadelphia). Bender is Jewish-and the first non-Muslim-to lead a CAIR chapter. Raised in a liberal family with a penchant for social activism, Bender recounts his lifelong interest in the intersection of Jewish and Islamic history. He addresses the religious and ethnic conflict of the Middle East in the face of humanitarian ideals, and confronts the scrutiny of his critics. Recorded at The Academy of Natural Sciences of Drexel University, this episode features an intriguing discussion between Jacob Bender and Program Host Paula Marantz Cohen.					
16:30:00	Overheard with Evan Smith Sean Penn, Actor/Author	NETA	(S)	(CC)	N/A	#826H
	Sean Penn is an actor, producer, director and writer. He is best known for his roles in Mystic River, I Am Sam and Milk. Penn has worked on over 100 theater and film productions and has been nominated for five Academy Awards, a Directors Guild and Writers Guild Award, and won two Oscars. His written work has been featured in The Washington Post, The New York Times and The San Francisco Chronicle. His first novel is titled Bob Honey Who Just Do Stuff: A Novel.					
17:00:00	Pen TV Program TBA Place Holder for TBA Program		(S)	(N)	N/A	#0H
17:30:00	Craftsman's Legacy The Clockmaker	APTEX	(S)	(CC)	N/A	#201H
	Welcome to the magical world of a clockmaker, where the gears are lovingly handmade and time truly does stand still as host Eric Gorges and young clock maker Nate Bowers create a beautiful exposed gear clock.					
18:00:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3618H
18:30:00	The Open Mind A Pro and Antibiotic Future	NETA		(CC)	N/A	#3840H
	Guest: Jessica Snyder Sachs. "Good Germs, Bad Germs" author Jessica Snyder Sachs talks about the rise of drug resistant microbes.					
19:00:00	Closer to Truth Speculating About God?	EPS	(S)	(CC)	N/A	#1505H
	In searching, striving to know God-if there is a God-we discover contrasting ways that God could be. It is good to wonder about God, see a landscape of possibilities, get the big picture of what God may be like.					
19:30:00	American Forum The Last Real Republican?	NETA	(S)	(CC)	N/A	#323H
	Historian WILL HITCHCOCK on his new biography of President Dwight Eisenhower, and the state of the GOP today.					
20:00:00	Speakeasy Seal and Amy Thomson	APTEX	(S)	(CC)	N/A	#306H
	Three-time Brit Award and four-time Grammy Award winner Seal is joined by his manager, Amy Thomson, in the season finale of Speakeasy. Over the course of his career Seal has sold more than 30 million records worldwide and is known for his international hits including "Kiss from a Rose." As a songwriter Seal has received two consecutive Ivor Novello Awards from the British Academy for Best Song Musically and Lyrically for "Killer" and "Crazy." The pair have an intimate and frank discussion detailing Seal's early career and his experience recording his new album Standards.					
21:00:00	Front and Center Cma Songwriters Series Presents: Clint Black	APTEX	(S)	(CC)	N/A	#809H
	Country music icon Clint Black is joined by John Rich for a performance packed with behind-the-scenes stories and some of Black's greatest hits.					

Sat, May 05, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Globe Trekker Tough Trains: India's Independence Railroads	APTEX	(S)	(CC)	N/A	#1623H
	In this episode of Tough Trains, Zay Harding takes on an epic journey across one of the world's biggest railway networks. These railways were built during the 19th century by the British to move troops and raw materials across the land, and ultimately played a role in the independence of the country a century later. The railway tracks are some of the oldest and longest you'll find anywhere in the world, and train travel doesn't get any tougher than this in a country with a population of over 1.2 billion. Indian Railways operations cover 29 states and seven union territories. It's now the world's fourth largest railway network, comprising 71,000 miles of track over a route of 40,000 miles.					
23:00:00	Arts In Context Migrant Kids	NETA	(S)	(CC)	N/A	#805H
	Named in honor of their migrant worker parents, Migrant Kids represent a new face of indie rock. Extended: "With the music we listened to growing up, there was no Hispanic Arcade Fire or Radiohead, so the bands you liked didn't look like you. When we are touring now, we see people in the audience that look like us, and we realize we get to be that group for them," says Miguel Ojeda. Ojeda, along with his cousin John Zakoor, named their band Migrant Kids in honor of their migrant worker parents. Faced with the unique challenge of having a name that occasionally sparks controversy, Ojeda and Zakoor must reckon with a culture clash that most indie bands never have to think about.					
23:30:00	Articulate with Jim Cotter Feminist Fatale	APTEX	(S)	(CC)	N/A	#112H
	Carsie Blanton is using an old school musical form- jazz- to help change the way women are perceived today. Matthew Neenan - From a very young age, life has been a dance for choreographer Matthew Neenan. Modigliani - Amedeo Modigliani died a broken man. His art, especially sculptures, have endured. Luis Cruz Azaceta - Since the 1970s, the paintings and drawings of the Cuban American artist Luis Cruz Azaceta, have reflected on some of society's great modern tragedies.					

Sun, May 06, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Closer to Truth Speculating About God? In searching, striving to know God-if there is a God-we discover contrasting ways that God could be. It is good to wonder about God, see a landscape of possibilities, get the big picture of what God may be like.	EPS	(S)	(CC)	N/A	#1505H
00:30:00	American Forum The Last Real Republican? Historian WILL HITCHCOCK on his new biography of President Dwight Eisenhower, and the state of the GOP today.	NETA	(S)	(CC)	N/A	#323H
01:00:00	Speakeasy Seal and Amy Thomson Three-time Brit Award and four-time Grammy Award winner Seal is joined by his manager, Amy Thomson, in the season finale of Speakeasy. Over the course of his career Seal has sold more than 30 million records worldwide and is known for his international hits including "Kiss from a Rose." As a songwriter Seal has received two consecutive Ivor Novello Awards from the British Academy for Best Song Musically and Lyrically for "Killer" and "Crazy." The pair have an intimate and frank discussion detailing Seal's early career and his experience recording his new album Standards.	APTEX	(S)	(CC)	N/A	#306H
02:00:00	Front and Center Cma Songwriters Series Presents: Clint Black Country music icon Clint Black is joined by John Rich for a performance packed with behind-the-scenes stories and some of Black's greatest hits.	APTEX	(S)	(CC)	N/A	#809H
03:00:00	Globe Trekker Tough Trains: India's Independence Railroads In this episode of Tough Trains, Zay Harding takes on an epic journey across one of the world's biggest railway networks. These railways were built during the 19th century by the British to move troops and raw materials across the land, and ultimately played a role in the independence of the country a century later. The railway tracks are some of the oldest and longest you'll find anywhere in the world, and train travel doesn't get any tougher than this in a country with a population of over 1.2 billion. Indian Railways operations cover 29 states and seven union territories. It's now the world's fourth largest railway network, comprising 71,000 miles of track over a route of 40,000 miles.	APTEX	(S)	(CC)	N/A	#1623H
04:00:00	Arts In Context Migrant Kids Named in honor of their migrant worker parents, Migrant Kids represent a new face of indie rock. Extended: "With the music we listened to growing up, there was no Hispanic Arcade Fire or Radiohead, so the bands you liked didn't look like you. When we are touring now, we see people in the audience that look like us, and we realize we get to be that group for them," says Miguel Ojeda. Ojeda, along with his cousin John Zakoor, named their band Migrant Kids in honor of their migrant worker parents. Faced with the unique challenge of having a name that occasionally sparks controversy, Ojeda and Zakoor must reckon with a culture clash that most indie bands never have to think about.	NETA	(S)	(CC)	N/A	#805H
04:30:00	Articulate with Jim Cotter Feminist Fatale Carsie Blanton is using an old school musical form- jazz- to help change the way women are perceived today. Matthew Neenan - From a very young age, life has been a dance for choreographer Matthew Neenan. Modigliani - Amedeo Modigliani died a broken man. His art, especially sculptures, have endured. Luis Cruz Azaceta - Since the 1970s, the paintings and drawings of the Cuban American artist Luis Cruz Azaceta, have reflected on some of society's great modern tragedies.	APTEX	(S)	(CC)	N/A	#112H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#590
08:00:00	Painting and Travel with Roger & Sarah Bansemer Wooden Boat School Sarah and Roger are invited to the famous Wooden Boat School in Brooklin, Maine where the director takes us inside the classroom to see boatbuilding and design up-close. Roger sets up his easel to capture an early morning beachscape.	NETA	(S)	(CC)	N/A	#311H
08:30:00	Painting with Paulson Afternoon Power Part I	NETA	(S)	(CC)	N/A	#1511H

Sun, May 06, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Wyland's Art Studio Blue Moon Seascape	APTEX		(CC)	N/A	#612H
	<p>Art Lesson: Composition. Elements of composition are used to organize the components of an artwork in a pleasing manner. Used effectively, these elements provide a structure that leads the viewer's eye in a particular way for a variety of different effects. Examples of extraordinary composition may include the "Mona Lisa" by Leonardo da Vinci or "Starry Night" by Vincent van Gogh. Important components of good composition include: unity, balance and movement. All compositions begin by identifying a focal point. A range of artistic decisions proceeds from there, ranging from contrasts between light and dark to finding a rhythm that paces the eye of the viewer. The parts of the composition may feel as if they belong together. Or they may be purposely disjointed. A symmetrical arrangement may add a sense of calm; whereas an asymmetrical arrangement may create a sense of unease. By adjusting the arrangement of the objects, the artist can create a sense of motion or still life. Patterns establish an underlying structure of basic lines and shapes. Proportion is the way in which things fit together, big and small, nearby and distant. Each of these components may be used in varying degrees to create the intended effect.</p>					
09:30:00	Classical Stretch: The Esmonde Technique Increase Your Energy	APTEX	(S)	(CC)	DVI	#802Z
10:00:00	Sit and Be Fit Happy Feet, Healthy Body	NETA	(S)	(CC)	N/A	#1320H
	<p>Mary Ann stresses the importance of foot health. Using a small ball she shares foot exercises and massage techniques to improve circulation, range of motion and strength in the foot.</p>					
10:30:00	Power Yoga: Mind and Body	APTEX	(S)	(CC)	N/A	#205
11:00:00	Yan Can Cook: Spice Kingdom	APTEX	(S)	(CC)	N/A	#101H
11:30:00	New Orleans Cooking with Kevin Belton Potatoes	APTEX	(S)	(CC)	N/A	#123H
	<p>Sweet potato gnocchi, sweet potato pecan casserole, bacon potatoes au gratin.</p>					
12:00:00	Ciao Italia Wedding Cake - Torta Nunziale	NETA	(S)	(CC)	N/A	#2503H
	<p>Mary Ann and her friends, Donna, Ruth, and Connie, race against the clock to create an Italian wedding "cookie cake" as a gift to celebrate the marriage of two good friends. Dozens of biscotti piled high and topped with ribbons, ready just before the wedding bells ring. Some of the cookies include Miniature Cream-Filled Tarts.</p>					
12:30:00	Mike Colameco's Real Food Ny 2014 Deli/Jewish Cooking	NETA	(S)	(CC)	N/A	#1402H
	<p>A brand new youth driven Deli scene is taking hold in NYC. We'll visit Baz bagels on Grand St., Black Seed Bagels on Elizabeth, Montreal Style Mile End Deli, the new Russ & Daughters Cafe on Orchard St., plus we'll meet the team behind Gefilteria that make artisanal gefilte fish and pickles.</p>					
13:00:00	Travels with Darley New York's Southern Finger Lakes	NETA	(S)	(CC)	N/A	#501H
	<p>Combine hands-on art with adrenaline pumping adventures throughout New York's Southern Finger Lakes, soaring above Mark Twain Country, learning glass blowing in Corning, walking amid waterfalls in Watkins Glen State Park, and enjoying stand up paddle boarding in Hammondsport. Travelers join Darley and local experts to explore history, wine and culture in the Finger Lakes.</p>					
13:30:00	Travel Detective with Peter Greenberg Hidden Gems of Jordan	NETA	(S)	(CC)	N/A	#405H
	<p>CBS News Travel Editor Peter Greenberg takes you to the Middle East, to a country full of ancient archaeological and religious ruins. However, Jordan is more modern and westernized than you might imagine. And despite what you might think, now is the perfect time to visit. Plus, it's the capital of Wales, a port city filled with Medieval history. Greenberg shows you how to live like a local, in Cardiff. And, The Buccaneer Hotel on the island of St. Croix has its own compelling history, dating back to the Colonial era. Find out why it's a true hotel with a past.</p>					
14:00:00	Wild Photo Adventures Walrus and Brown Bears	NETA	(S)	(CC)	DVI	#208H
	<p>Host and professional wildlife photographer Doug Gardner and bush pilot Glenn Alsworth Jr. battle bad weather and hundreds of miles by bush plane to photograph Walrus along the Alaskan coast.</p>					

Sun, May 06, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	In The Americas with David Yetman Havana: Inside The City In 2016, the U.S. government made it easier to visit Cuba. Now, a Cuban cultural expert shows us Havana once off limits to us. Hidden among its fine old buildings David finds a village created by artists, an African-Cuban cultural center, a canalside restaurant, a school for women boxers, a women's bicycling cooperative, and a street dedicated to live African-Cuban music.	APTEX	(S)	(CC)	N/A	#601H
15:00:00	Woodsmith Shop Details of Craftsmanship The Woodsmith editors begin their Details of Craftsmanship series to help you become a better woodworker.	NETA	(S)	(CC)	N/A	#901H
15:30:00	American Woodshop Ultimate Outdoor Chair A strip quarter-sawn white oak and "Domino" sculptured gem.	NETA	(S)	(CC)	N/A	#2210H
16:00:00	Happy Yoga with Sarah Starr Luminous Waves Allow the luminous water energy to recharge your body as we enjoy a dynamic flowing warrior series using a chair for support, focusing on strengthening the legs while opening to more space and flexibility in the hips, shoulders and upper back.	NETA	(S)	(CC)	N/A	#201H
16:30:00	Second Opinion Controlling Hypertension Patient Story: Connie Bentley thought she was doing everything right-she ate well and exercised every day. But like many Americans, her hypertension went untreated-and she almost paid the ultimate price. Myth or Medicine: Does eating salt cause hypertension? Second Opinion 5: Five ways to keep your hypertension in check.	APTEX	(S)	(CC)	N/A	#1007H
17:00:00	Healthy Body Healthy Mind Learning About Food Allergies One in every thirteen children under the age of eighteen has food allergies, 6-8% of children under age three, and approximately 3% of adults - up to 15 million Americans altogether. Food allergies occur because the immune system falsely senses certain foods as harmful, and then releases chemicals like histamines into the bloodstream to fight this mistaken intruder, causing reactions. Food allergies should be considered dangerous, as they can cause frightening symptoms, such as irritation of the tongue, lips, and mouth; digestive problems, hives, and in some cases, a swelling of the breathing airways. For some, it can cause a suffocating, life-threatening reaction. In this edition of Healthy Body Healthy Mind we will explore the ongoing challenges of food allergies and what medical science recommends for it management. We'll also talk with patients and parents to learn how they address these challenges.	EPS	(S)	(CC)	N/A	#3503H
17:30:00	Well Read Katie Kitamura, A Separation From critic and novelist, Katie Kitamura - a searing, suspenseful story of intimacy and infidelity, A Separation lays bare the guilt that divides us from the inner lives of others. Named one of the most anticipated books of 2017 by the New York Times, Entertainment Weekly, Vulture, Huffington Post, and The Millions	APTEX	(S)	(CC)	N/A	#617H
18:00:00	California's Gold Sequoia Black History Huell joins the centennial celebration of Colonel Charles Young's tenure as superintendent at Sequoia National Park. Young led his "Buffalo Soldiers" during a historic summer working in the second national park ever created in the United States. Young discovered and named a majestic Giant Sequoia after an individual that inspired and influenced his life, Booker T. Washington. After nearly 100 years, this tree has been rediscovered and stands as a monument to both Colonel Charles Young and Booker T. Washington.	KCET		(CC)	N/A	#6002
18:30:00	Joseph Rosendo's Travelscope A San Antonio Christmas San Antonio is a festival town and Christmas is a most festive time of year. Joseph joins the locals and visitors to celebrate the season along San Antonio's famous river walk surrounded by songs, decorations and plenty of holiday cheer. Yet San Antonio is more than the River Walk, and Christmas in San Antonio means more than twinkling lights. In San Antonio, faith is real and "Feliz Navidad" is heard more often than "Merry Christmas." So, Joseph explores the city's spiritual roots at festive events like Mission San Jose's Mirachi Mass, as well as Christmas and Chanukah events held at the historic La Villita in the Arneson River Theater. The real meaning of Christmas is most evident when he gathers with San Antonio families in their homes to honor their heritage and practice their customs in traditional ceremonies such as the Tamalada - holiday tamale making - and in the city's San Fernando Cathedral at the midnight Serenada for the Virgin of Guadalupe.	APTEX	(S)	(CC)	DVI	#711H
19:00:00	Blackademics Television Ulmer / Wests / Smiths Young entrepreneurs from around the United States inspire with their business successes and community engagement. Young scholars explain the essence of the Juneteenth holiday.	KNME	(S)	(CC)	N/A	#401H

Sun, May 06, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
19:30:00	The Kamla Show Special Amy Guittard	KAMLA	(S)	(CC)	N/A	#138H
20:00:00	Black America Vision and Justice with Sarah Lewis	EPS	(S)	(CC)	N/A	#130H
	Dr. Sarah Lewis, Harvard professor of art history, art historian and author of "The Rise: Creativity, The Gift of Failure and the Search for Mastery" joins Carol Jenkins to discuss how the bestseller explores the importance of a "near win" for those seeking success in any given field. They also talk about her work as guest editor of Aperture magazine for an issue entitled Vision and Justice. Lewis details how photographers like Dowoud Bey are working to cultivate an important visual landscape for black America, and how black leaders like Frederick Douglass and Martin Luther King left a powerful stamp on the black community through their voice, their work, and the photos they appeared in.					
20:30:00	Asian American Life	EPS	(S)	(CC)	N/A	#205H
	We profile Asian American leaders nationwide and locally who are making a difference in their communities. The show was filmed at Asia Society Museum's, Golden Vision of Densatil: A Tibetan Buddhist Monastery exhibit of art and sculptures. Asia Society exhibits the world's finest contemporary and traditional Asian and Asian American Art.					
21:00:00	National Geographic Bee	WMPT	(S)	(CC)	N/A	#2017H
	The annual National Geographic Bee returns for the 29 th consecutive year, with journalist and humorist Mo Rocca serving as host and moderator. The 2017 National Geographic Bee will feature fourth to eighth-graders vying for the Bee crown and the top prize of a \$50,000 college scholarship and lifetime membership in the National Geographic Society. The finalists, all winners of their state-level geographic bees, have triumphed over a field of nearly 4 million students to earn a place in the national championships. They represent the 50 states, District of Columbia, Atlantic Territories, Pacific Territories and Department of Defense Dependents Schools.					
22:00:00	Pacific Heartbeat Poi E: The Story of Our Song	APTEX	(S)	(CC)	N/A	#701H
	Not many songs in the history of the Universe have the power to bridge cultures, save towns, change lives, travel the world, set records and give pride to a culture, a community, a language and a people. "POI E: the story of our song" is the unbelievable true story of a song that did and the man who did it - Dalvanus Prime. "POI E: the story of our song" is a film about the New Zealand entertainer Dalvanus Prime, who returns home to Patea from the cabaret stage of Australia to nurse his dying mother. Upon his return, he discovers that his community is suffering from the closure of the township's main industry, the Freezing Works. Dalvanus Prime teams up with the Maori language expert Ngoi Pcwhairangi and his family of ex-freezing workers, the Patea Maori Club. And together they bring a song to life, which affects the spirit and cultural pride of Maori and New Zealand forever.					
23:00:00	Reaching West: Dreams of China's New Generation	APTEX	(S)	(CC)	DVI	#0H
	The documentary REACHING WEST: DREAMS OF CHINA'S NEW GENERATION follows several of these determined and engaging students through their senior year at one of the private high schools in Beijing that prepares students for study abroad. The program chronicles the rigors of the application process from interviews to writing their personal essays. It also provides a window into the students' daily lives and the challenges they face, from dating to the impact of American pop culture.					

Mon, May 07, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Blackademics Television Ulmer / Wests / Smiths Young entrepreneurs from around the United States inspire with their business successes and community engagement. Young scholars explain the essence of the Juneteenth holiday.	KNME	(S)	(CC)	N/A	#401H
00:30:00	The Kamla Show Special Amy Guittard	KAMLA	(S)	(CC)	N/A	#138H
01:00:00	Black America Vision and Justice with Sarah Lewis Dr. Sarah Lewis, Harvard professor of art history, art historian and author of "The Rise: Creativity, The Gift of Failure and the Search for Mastery" joins Carol Jenkins to discuss how the bestseller explores the importance of a "near win" for those seeking success in any given field. They also talk about her work as guest editor of Aperture magazine for an issue entitled Vision and Justice. Lewis details how photographers like Dowoud Bey are working to cultivate an important visual landscape for black America, and how black leaders like Frederick Douglass and Martin Luther King left a powerful stamp on the black community through their voice, their work, and the photos they appeared in.	EPS	(S)	(CC)	N/A	#130H
01:30:00	Asian American Life We profile Asian American leaders nationwide and locally who are making a difference in their communities. The show was filmed at Asia Society Museum's, Golden Vision of Densatil: A Tibetan Buddhist Monastery exhibit of art and sculptures. Asia Society exhibits the world's finest contemporary and traditional Asian and Asian American Art.	EPS	(S)	(CC)	N/A	#205H
02:00:00	National Geographic Bee The annual National Geographic Bee returns for the 29 th consecutive year, with journalist and humorist Mo Rocca serving as host and moderator. The 2017 National Geographic Bee will feature fourth to eighth-graders vying for the Bee crown and the top prize of a \$50,000 college scholarship and lifetime membership in the National Geographic Society. The finalists, all winners of their state-level geographic bees, have triumphed over a field of nearly 4 million students to earn a place in the national championships. They represent the 50 states, District of Columbia, Atlantic Territories, Pacific Territories and Department of Defense Dependents Schools.	WMPT	(S)	(CC)	N/A	#2017H
03:00:00	Pacific Heartbeat Poi E: The Story of Our Song Not many songs in the history of the Universe have the power to bridge cultures, save towns, change lives, travel the world, set records and give pride to a culture, a community, a language and a people. "POI E: the story of our song" is the unbelievable true story of a song that did and the man who did it - Dalvanus Prime. "POI E: the story of our song" is a film about the New Zealand entertainer Dalvanus Prime, who returns home to Patea from the cabaret stage of Australia to nurse his dying mother. Upon his return, he discovers that his community is suffering from the closure of the township's main industry, the Freezing Works. Dalvanus Prime teams up with the Maori language expert Ngoi Pcwhairangi and his family of ex-freezing workers, the Patea Maori Club. And together they bring a song to life, which affects the spirit and cultural pride of Maori and New Zealand forever.	APTEX	(S)	(CC)	N/A	#701H
04:00:00	Reaching West: Dreams of China's New Generation The documentary REACHING WEST: DREAMS OF CHINA'S NEW GENERATION follows several of these determined and engaging students through their senior year at one of the private high schools in Beijing that prepares students for study abroad. The program chronicles the rigors of the application process from interviews to writing their personal essays. It also provides a window into the students' daily lives and the challenges they face, from dating to the impact of American pop culture.	APTEX	(S)	(CC)	DVI	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#591
08:00:00	Wunderkind Little Amadeus Breakfast Music The cardinal, well-known for his inspection trips that usually end with demotions and transfers, is on his way to visit the Bishop of Salzburg, who is extremely agitated by the impending visit. To make matters worse, the cardinal arrives a day early and nothing is ready. Even the Bishop's choirboys are unprepared to perform. The cardinal mercilessly inspects the palace, terrifying the fearful Bishop. But, thanks to Amadeus' ingenuity, the Bishop stays, and Devilius won't succeed him. The Music: "Regina Coeli" K. 276; "Requiem" K. 625; et al. Additional Content: Singing in a choir forms the fundamental part of this story. Monti presents the canon "Bona nox," which viewers can hear on the Web site.	APTEX	(S)	(CC)	DVI	#122
08:30:00	1001 Nights The Riddle of the Ruined Tomb/The Merchant and the Pickpocket "The Riddle of the Ruined Tomb" - Three witnesses to a crime each give different accounts about what really happened. "The Merchant and The Pickpocket" - A young pickpocket learns that there is not honor among thieves.	NETA	(S)	(CC)	DVI	#119H
09:00:00	Functional Fitness with Suzanne Andrews Energy	ACCES		(CC)	N/A	#101H

Mon, May 07, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique Stress Relieving Workout	APTEX	(S)	(CC)	DVI	#803Z
10:00:00	Sit and Be Fit All Systems Go!	NETA	(S)	(CC)	N/A	#1401H
	This program incorporates exercises for the brain and several body systems including vestibular and lymphatic.					
10:30:00	Sewing with Nancy Trusty Triangles - A Row-By-Row Sampler Quilt, Part 2	NETA	(S)	(CC)	N/A	#3010H
	Half-square triangles serve as the foundation for three stunning row-by-row quilt designs. Nancy demonstrates how to create Perpetual Pinwheels, Star Gazer, and Flying Home. Incorporate these rows into the Trusty Triangles Row-By-Row Sampler Quilt, or use the techniques to create your own work of fiber art.					
11:00:00	Knit and Crochet Now! Dolly Long Legs	APTEX	(S)	(CC)	DVI	#706H
	Lena Skvagerson and Robyn Chachula are going to show how to knit and crochet versions of our Dolly Long Legs...which we have named "Deborah Dolls" in honor of new host Deborah Norville. These are sure to be the special doll that gets dragged everywhere. Ellen is in the stitch corner showing how to crochet the Fishbone Stitch.					
11:30:00	Fons & Porter's Love of Quilting From Sea to Shining Sea	NETA	(S)	(CC)	N/A	#2901H
	Marianne Fons joins host Angela Huffman to look at From Sea to Shining Sea. The clever quilt block, which creates a wave-like pattern, was adapted from an antique quilt. This simple, fat-quarter friendly project makes an ideal Quilt of Valor for a sailor.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7201H
13:00:00	America's Test Kitchen from Cook's Illustrated	APTEX	(S)	(CC)	N/A	#1810H
13:30:00	Pati's Mexican Table Sunday Family Food	APTEX	(S)	(CC)	N/A	#504H
	Sunday in Merida is a day not to miss. It is a joyous weekly celebration of food, dancing, and culture. Pati starts her day like most Meridians, at the market. After touring around and tasting the best lechon torta (slow cooked pork sandwich) in town, she takes in the sights of the Vaqueria dance in the main square. Merida en Domingo is incomplete without a family meal. Luckily, friend and chef Robert Solis of Nectar restaurant in Merida, invites Pati into his home for a traditional Sunday meal with the whole family.					
14:00:00	Steven Raichlen's Project Smoke Asian Smoke	APTEX	(S)	(CC)	N/A	#203H
	Smoking reigns supreme in the Americas and Europe. In Asia, not so much. This show explores a region you don't normally associate with smoking, from Chinese char siu pork and pork belly steamed buns, to smoke-braised lamb shanks and smoky tangerine flan for dessert. Get ready for Asian barbecue with American wood smoke. Char siu pork tenderloin; Pork belly steamed buns; Smoke-braised lamb shanks; Tangerine smoked flans.					
14:30:00	George Hirsch Lifestyle Pantry & Just Picked	APTEX	(S)	(CC)	N/A	#113H
	George concludes the season with a several tasty and quick dishes plucked from the pantry, including gazpacho and panzanella. He tours an apple orchard with a 12th-generation farming family and then prepares his classic tarte tartin using some of the fruit. He also receives a master class in pairing condiments with cheese and wine from an award-winning sommelier. Recipes: - Gazpacho - Panzanella Salad - Tarte Tatin.					
15:00:00	Beads, Baubles and Jewels Close It Up	NETA	(S)	(CC)	N/A	#2310H
	Securely finish your jewelry with flair. Jewelry designer and blogger Molly Schaller returns with techniques using crimps and other findings to secure closures. In the Beading Lesson, Katie makes personalized bangles from 16-gauge wire and crystals that tell your story.					
15:30:00	Make It Artsy Stamping	NETA	(S)	(CC)	N/A	#104H
	No matter how many stamps you have, you need more. Color-happy artist Mou Saha draws and cuts custom stamps. Julie Fei Fan Balzer makes cool wrapping paper from paper bags. Joe Rotella, tool expert, manufactures his own stamps from foam. In the tip, Mou Saha throws her stamping process into reverse to create new looks.					

Mon, May 07, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:00:00	Biz Kid\$ Escape The Box What do you do when opportunity knocks? Learn how to recognize and act on new opportunities in your life and to be creative in problem solving.	APTEX	(S)	(CC)	DVI	#305H
16:30:00	Hands On Crafts for Kids Artist Artists look at the world from fresh perspectives. Host Jenny Barnett-Rohrs draws the geometric patterns she sees looking at the world from high above. Franz Spohn has ideas for all the things artists can do besides creating works for a museum. Candie Cooper introduces us to the art form of Yamamoto to create a collage and Jenny makes a 3-D color wheel.	NETA	(S)	(CC)	DVI	#1901H
17:00:00	P. Allen Smith's Garden Home Oils All Around P. Allen Smith explores the many uses of oils - from the basic to the exotic.	APTEX	(S)	(CC)	N/A	#1503H
17:30:00	Growing A Greener World Getting Your Landscape In Shape with a Personal Garden Coach Just as athletes have trainers, gardeners can have personal coaches to help us confidently achieve the landscape of our dreams. In this episode, we accompany a Seattle based garden coach to learn how she and others in her profession guide, teach and empower us to be better gardeners on any skill level. We also visit with another horticulturalist for some practical design tips we can all us in our own home garden and landscape.	APTEX	(S)	(CC)	N/A	#724H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15091H
18:30:00	Americas Now Brazil - Syrian Refugees Venezuela Brazil - Syrian Refugees Venezuela (Gerry Hadden) - As European countries squabble over how many refugees from the Syrian war to take in, an unlikely and far-away country has already opened its doors: Brazil. "The Giant of the South" has taken in over 2000 Syrians, and has plans for 20-thousand more this year. The country is fast-tracking their visas, making it an easy and safe destination. However, many Syrian refugees know very little of Brazil. Mexico - game Changer Bico Yubo (Lisa Hagen) - Violence has forced "many" in parts of Mexico -- to limit their time outdoors and stay at home. In the southern city of Juchitan...motorcycle taxis are the main means of transportation. They're also used as a tool in committing crimes...like assaults and robberies. But a group of young, indigenous artists...is using the vehicle to carry culture to remote communities. It's the first of its kind in Latin America...a taxi filled with library books, movies and music for people who don't have access to those resources. Meet this week's Game Changer Rodrigo Vasquez. Finally - Americas Now takes viewers in this video essay to Monserrate Mountain, the scenic mountaintop which overlooks Bogota Colombia and is home to a remarkable 377 year old cathedral.	NETA	(S)	(CC)	N/A	#103H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#9026
19:30:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3618H
20:00:00	The Kate Jimmy Webb with Ashley Campbell The legendary Grammy-winning songwriter ("Wichita Lineman," "MacArthur Park," "Up, Up, and Away," "Highwayman") shares his hits and humorous musical stories. In an emotional set, Webb introduces rising country star Ashley Campbell, daughter of his best friend, the late Glen Campbell. The elegant duo is accompanied by guitar and string quartet.	APTEX	(S)	(CC)	N/A	#305H
21:00:00	Backstage Pass Chris Canas Band- Encore Detroit-based Chris Canas brings the blues with a homestyle feel to a new generation. Highlights: "Little Bluebird," with guest "Frog" Forgey and the title track of the new album "Would Ya Mind." In the band with Canas are Angela Cottingham, vocals; Kevin Schoepke, bass; Michael Scott, drums; and Chris Nordman, keyboards. Recorded at Michigan BluesFest 2015 in Lansing's historic Old Town district.	NETA	(S)	(CC)	N/A	#706H
21:30:00	Backstage Pass Thornetta Davis - Encore Detroit native and Detroit's "Queen of the Blues" Thornetta Davis returns with her soulful vibe and strong vocal styling to Michigan BluesFest 2015. Recorded live in Lansing's historic Old Town district, Davis and her talented band feature "Wild Women Never Get The Blues," "Cry," "Take Another Piece Of My Heart," and "Meet Me With Your Black Drawers On."	NETA	(S)	(CC)	N/A	#716H

Daily Program Listing II

43.1

Date: 04/09/2018

05/01/2018 - 05/31/2018

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Mon, May 07, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Ecosense for Living Environmental Justice	NETA	(S)	(CC)	N/A	#206H
	<p>People of color and low wealth communities are often hit hardest by environmental stressors. EcoSense explores the intersection of environmentalism and the social justice movement with representatives from the Partnership for Southern Equity and the NAACP. In Atlanta, the birthplace of Dr. Martin Luther King Jr., we meet members of the West Atlanta Watershed Alliance, a group that works hard to build and maintain a clean and healthy environment within its community.</p>					
22:30:00	Ecosense for Living Environmental Home Makeover	NETA	(S)	(CC)	N/A	#106H
	<p>Many of us think of our homes as safe havens, but you may be surprised to learn how many toxins are hiding in common household products. In this episode of EcoSense for Living, we discover potentially harmful chemical ingredients in and around our homes and do a makeover inside our chemical-laden cabinets. Environmental experts including Dr. Sanjay Gupta, Dr. Andrew Weil, Ken Cook and Laurie David explain why harmful ingredients are in our products, how we can avoid or replace them, and what actions we can take to make sure we have a "Home, Safe Home."</p>					
23:00:00	Quietest Place On Earth	APTEX	(S)	(CC)	N/A	#0H
	<p>The Hawaiian Islands are the most remote major island group on earth. On the second-largest island of Maui, the Haleakala volcano rises 10,000 feet - nearly two miles - into the sky. And the massive crater located at its summit carries the unique distinction of "The Quietest Place on Earth." For some, the exquisite stillness of this stark volcanic landscape can mimic a religious experience, while for others, it simply inspires a deeper awareness of humans' place in nature. THE QUIETEST PLACE ON EARTH, from the producers behind APT Exchange's When the Mountain Calls, explores Maui's geological and spiritual birthplace. THE QUIETEST PLACE ON EARTH, from the producers behind APT Exchange's When the Mountain Calls, explores Maui's geological and spiritual birthplace.</p>					

Tue, May 08, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Americas Now Brazil - Syrian Refugees Venezuela Brazil - Syrian Refugees Venezuela (Gerry Hadden) - As European countries squabble over how many refugees from the Syrian war to take in, an unlikely and far-away country has already opened its doors: Brazil. "The Giant of the South" has taken in over 2000 Syrians, and has plans for 20-thousand more this year. The country is fast-tracking their visas, making it an easy and safe destination. However, many Syrian refugees know very little of Brazil. Mexico - game Changer Bico Yubo (Lisa Hagen) - Violence has forced "many" in parts of Mexico -- to limit their time outdoors and stay at home. In the southern city of Juchitan...motorcycle taxis are the main means of transportation. They're also used as a tool in committing crimes...like assaults and robberies. But a group of young, indigenous artists...is using the vehicle to carry culture to remote communities. It's the first of its kind in Latin America...a taxi filled with library books, movies and music for people who don't have access to those resources. Meet this week's Game Changer Rodrigo Vasquez. Finally - Americas Now takes viewers in this video essay to Monserrate Mountain, the scenic mountaintop which overlooks Bogota Colombia and is home to a remarkable 377 year old cathedral.	NETA	(S)	(CC)	N/A	#103H
00:30:00	The Open Mind	NETA		(CC)	N/A	#3842H
01:00:00	The Kate Jimmy Webb with Ashley Campbell The legendary Grammy-winning songwriter ("Wichita Lineman," "MacArthur Park," "Up, Up, and Away," "Highwayman") shares his hits and humorous musical stories. In an emotional set, Webb introduces rising country star Ashley Campbell, daughter of his best friend, the late Glen Campbell. The elegant duo is accompanied by guitar and string quartet.	APTEX	(S)	(CC)	N/A	#305H
02:00:00	Backstage Pass Chris Canas Band- Encore Detroit-based Chris Canas brings the blues with a homestyle feel to a new generation. Highlights: "Little Bluebird," with guest "Frog" Forgey and the title track of the new album "Would Ya Mind." In the band with Canas are Angela Cottingham, vocals; Kevin Schoepke, bass; Michael Scott, drums; and Chris Nordman, keyboards. Recorded at Michigan BluesFest 2015 in Lansing's historic Old Town district.	NETA	(S)	(CC)	N/A	#706H
02:30:00	Backstage Pass Thornetta Davis - Encore Detroit native and Detroit's "Queen of the Blues" Thornetta Davis returns with her soulful vibe and strong vocal styling to Michigan BluesFest 2015. Recorded live in Lansing's historic Old Town district, Davis and her talented band feature "Wild Women Never Get The Blues," "Cry," "Take Another Piece Of My Heart," and "Meet Me With Your Black Drawers On."	NETA	(S)	(CC)	N/A	#716H
03:00:00	Ecosense for Living Environmental Justice People of color and low wealth communities are often hit hardest by environmental stressors. EcoSense explores the intersection of environmentalism and the social justice movement with representatives from the Partnership for Southern Equity and the NAACP. In Atlanta, the birthplace of Dr. Martin Luther King Jr., we meet members of the West Atlanta Watershed Alliance, a group that works hard to build and maintain a clean and healthy environment within its community.	NETA	(S)	(CC)	N/A	#206H
03:30:00	Ecosense for Living Environmental Home Makeover Many of us think of our homes as safe havens, but you may be surprised to learn how many toxins are hiding in common household products. In this episode of EcoSense for Living, we discover potentially harmful chemical ingredients in and around our homes and do a makeover inside our chemical-laden cabinets. Environmental experts including Dr. Sanjay Gupta, Dr. Andrew Weil, Ken Cook and Laurie David explain why harmful ingredients are in our products, how we can avoid or replace them, and what actions we can take to make sure we have a "Home, Safe Home."	NETA	(S)	(CC)	N/A	#106H
04:00:00	Quietest Place On Earth The Hawaiian Islands are the most remote major island group on earth. On the second-largest island of Maui, the Haleakala volcano rises 10,000 feet - nearly two miles - into the sky. And the massive crater located at its summit carries the unique distinction of "The Quietest Place on Earth." For some, the exquisite stillness of this stark volcanic landscape can mimic a religious experience, while for others, it simply inspires a deeper awareness of humans' place in nature. THE QUIETEST PLACE ON EARTH, from the producers behind APT Exchange's When the Mountain Calls, explores Maui's geological and spiritual birthplace. THE QUIETEST PLACE ON EARTH, from the producers behind APT Exchange's When the Mountain Calls, explores Maui's geological and spiritual birthplace.	APTEX	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#592

Tue, May 08, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:00:00	Wunderkind Little Amadeus Magic In Salzburg	APTEX	(S)	(CC)	DVI	#123
	A great magician impresses Amadeus by making a poodle play the piano. Amadeus wonders if Pumperl is up to the task. Devilius figures out the trick and makes the poodle disappear. The magician asks for Amadeus' help when his second partner, a piano-playing dwarf, also disappears. With the aid of the young prodigy, the musician's performance at the Bishop's palace is a success - and Pumperl gives a piano concert after all! The Music: "Piano Concerto No. 27 in B Major" K. 595; "Piano Sonata in C Minor" K. 459; et al. Additional Content: Monti reveals that no schools existed in the 18th century. Amadeus and his sister Nannerl were lucky to have their father Leopold, who taught them reading, writing, math and the natural sciences.					
08:30:00	1001 Nights Arman The Cheat/Abu Hassan's Legendary Wedding	NETA	(S)	(CC)	DVI	#120H
	"Arman the Cheat" - When a young boy gets away with cheating he decides that crime really does pay. "Abu Hassan's Legendary Wedding" - A wedding goes horribly wrong when the groom appears to have uncontrollable flatulence.					
09:00:00	Functional Fitness with Suzanne Andrews Bone Builder (Osteoporosis)	ACCES		(CC)	N/A	#102H
09:30:00	Classical Stretch: The Esmonde Technique Firm & Strengthen Your Butt	APTEX	(S)	(CC)	DVI	#804Z
10:00:00	Sit and Be Fit Fit from Head to Toe	NETA	(S)	(CC)	N/A	#1402H
	This episode incorporates a variety of exercises ranging from vestibular system to feet and gait.					
10:30:00	Sewing with Nancy Doodle Stitching, Part 1	NETA	(S)	(CC)	N/A	#3011H
	We've all doodled, sketching with short pencil strokes or shapes in the margins of notes or homework. Nancy teaches you to translate those doodles onto fabric with your sewing machine to create small works of fiber art. The sewing is fast, and the end result - satisfying.					
11:00:00	Knit and Crochet Now! Downton Abbey-Inspired Gloves	APTEX	(S)	(CC)	DVI	#707H
	This week designer Rohn Strong joins Deborah Norville with not one but two pairs of fingerless gloves...one knit and one crochet. The knit Unger Mitts feature a cable and the Riviera Crochet Mitts has an elegant filet cuff, both of which would be suitable for a dinner party at Downton Abbey! In the stitch corner Ellen is demonstrating a Crochet Motif.					
11:30:00	Fons & Porter's Love of Quilting Home, State Home	NETA	(S)	(CC)	N/A	#2902H
	Whether you're rooting for Tennessee, or you're a California dreamer, this fresh fun quilt project lets you celebrate your state pride. Lindsay Conner joins host Sara Gallegos to teach a method that allows you to work with any regional shape, and the scrappy, applique patches create a "county" effect. This fun, gift-y project is a great way to use up your scraps. But it's even better in your favorite team's colors!					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7202H
13:00:00	Nigella: at My Table	APTEX	(S)	(CC)	N/A	#101H
13:30:00	Taste of Louisiana with Chef John Folse & Company: Hooks, Lies & Alibis Tilapia - Scott, La	APTEX	(S)	(CC)	N/A	#1302H
	In this episode, John Folse travels to Scott, in south central Louisiana, and learns about all natural aqua farming of tilapia. Brian Gotreaux and his family raise tilapia without the aid of any chemicals which they say gives their product a fresh, natural taste. Utilizing the farm-raised tilapia, John cooks with EBR Diosce Bishop Robert Muench and makes two tasty dishes. In their first recipe together, John shows the Bishop how to steam tilapia with an Asian flavor. And later, the two make storm night soup; a perfect spring evening dish. And, John recounts his trip to Israel and roasting tilapia on the shores of the Sea of Galilee.					
14:00:00	Taste of History George Washington's Tent	NETA	(S)	(CC)	N/A	#708H
	George Washington's tent, his mobile headquarters, survived both the Revolutionary and Civil Wars. Chef Walter Staib serves up A Taste of History, preparing contrasting Army cuisines with the rustic Pot-au-Feu to Whiskey Cake, Washington's indulgence.					

Tue, May 08, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Christopher Kimball's Milk Street Television Not Your Mother's Cake	APTEX	(S)	(CC)	N/A	#109H
	A classic recipe gets a different spin as Milk Street Cook Catherine Smart shows how to make whipped cream biscuits with macerated strawberries with lime. Another dessert staple, pound cake, takes its turn as Milk Street Cook Erika Bruce shows host Christopher Kimball the techniques to transform this often dense dessert into light and tender lemon-buttermilk pound cake. Next, Chris teaches how to prep your pan in Milk Street Cooking School. To end the show, Milk Street Cook Lynn Clark takes us through the steps to create the five-star dessert, pistachio-cardamom loaf cake.					
15:00:00	Beads, Baubles and Jewels Color and Creativity	NETA	(S)	(CC)	N/A	#2311H
	Keep creativity flowing with inspiration from colors. On-line jewelry-making host and crafter Vicki O'Dell makes quick, thoughtful, colorful gifts for everyone. Katie sets crystals into a cup chain cuff and bangle, then adds knotted leather accents for a one-of-a-kind look.					
15:30:00	Make It Artsy Nature	NETA	(S)	(CC)	N/A	#105H
	Just step outside to find artsy inspiration in nature. Calligrapher Janet Takahashi adds floral accents to plain lettering. Metalsmith Mary Hettmansperger adds patinas to copper. Art entrepreneur Jenn Mason captures nature's beauty in monostenciling. Julie Fei Fan Balzer has a tip for printing designs with items from nature.					
16:00:00	Biz Kid\$ What Is A Biz Kid?	APTEX	(S)	(CC)	DVI	#101H
	You'll learn that anybody can be a Biz Kid with effort and the right attitude. Biz Kids identify a need, make a plan, and take action. Join us and you'll meet a skateboard designer, a rap music producer, a boy who started a rock-a-thon to raise money for hospital rocking chairs, and more. You'll also discover the entrepreneur who built a wildly successful garden products business on ... worm poop. All successful. All Biz Kids.					
16:30:00	Hands On Crafts for Kids Old Is New	NETA	(S)	(CC)	DVI	#1902H
	Give a new twist to traditional art forms. Jenny Barnett-Rohrs makes a trinket box inspired by a popular video game. Then, she makes a friendly turtle using the ancient art of mosaic. Candie Cooper creates pop art with polka dots in the style of the artist Kusama, and Jenny coils a rag basket with a touch of denim.					
17:00:00	P. Allen Smith's Garden Home When Kids Takeover	APTEX	(S)	(CC)	N/A	#1504H
	P. Allen Smith asks, how many kids does it take to host a show? Find out as Allen lets the little ones take over for the day.					
17:30:00	Growing A Greener World A Year in the Life of the Garden Farm (Atlanta, Ga)	APTEX	(S)	(CC)	N/A	#725H
	Most of us have never experienced true hunger. Yet for much of the world, the assurance of a next meal can be anything but certain. Fortunately, many are working to change that. One such group is ECHO A Ft. Meyers, Florida based organization empowering students and overseas workers with the agricultural skills to share their resources around the world with those who may be just one failed crop away from starvation. In this episode, we visit ECHO's training grounds which uses simulated garden and farm plots for some of the most challenging conditions in the world to hone their skills and trial new techniques. Their work is empowering, changing and literally saving the lives of thousands of people around the world.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15092H
18:30:00	America's Heartland	APTEX	(S)	(CC)	N/A	#1206H
	Washington farmers deliver a big, sweet, cherry harvest. See how harvesting Georgia watermelons is a BIG deal. We'll find out: are those baby carrots really baby carrots? A Michigan farmer saves energy and the environment growing under glass.					
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#9027
19:30:00	Euromaxx	WNVN	(S)	(CC)	N/A	#1419H
20:00:00	Sun Studio Sessions Lucero	NETA	(S)	(CC)	N/A	#909H
	Lucero are a Memphis band whose high energy live performances have gained them fans from coast to coast with their unique blend of rock, soul and country. In this episode, Lucero performs songs of their latest record "Women and Work" including the title track, as well as fan favorites "Nights Like These" and "On My Way Downtown."					

Daily Program Listing II

43.1

Date: 04/09/2018

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Tue, May 08, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:30:00	Jammin at Hippie Jack's Mountain Heart 2	NETA	(S)	(CC)	N/A	#1015H
	A group of musicians who are so talented we couldn't do them justice with just one show. Mountain Heart's musical virtuosity, unmatched energy, and keen sense of entertainment dynamics have helped them to forge a highly unique sound and stage show, which appeals to an incredibly wide variety of musical tastes.					
21:00:00	Infinity Hall Live Hit Rewind	APTEX	(S)	(CC)	N/A	#604H
	Infinity Hall Live encores some of the best performances from past seasons: Barenaked Ladies - "One Week"; Melissa Etheridge - "Bring Me Some Water"; Rusted Root - "Send Me on My Way"; America - "Horse with No Name"; Cowboy Junkies - "Sweet Jane"; Toad the Wet Sprocket - "All I Want"; Fountains of Wayne - "Stacy's Mom"; Los Lonely Boys - "Heaven"; Joss Stone - "Right to Be Wrong".					
22:00:00	2017 World Dancesport Grand Slam Series	APTEX	(S)	(CC)	N/A	#101H
23:00:00	IQ: Smartparent Tech, Stress, and Depression	APTEX	(S)	(CC)	N/A	#505H
	Statistics show some social media usage contributes to stress and depression in young people - but on this episode of IQsmartparent, discover ways experts are using digital tools to combat mental health issues in young people. Learn about mobile phone apps used to reduce anxiety; ways to use video games to treat depression; and innovations in a type of psychotherapy called digital art therapy, which helps young people use laptops, phones, photographs, and the latest software to express emotions and devise coping strategies.					
23:30:00	Battleground Everglades Survival at Stake	APTEX	(S)	(CC)	N/A	#105H
	Florida's next generation of environmental stewards trek through a cypress swamp. Updates on environmental issues reveal how Everglades restoration has become a "classroom to the world" on saving complex wetlands.					

Wed, May 09, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	America's Heartland Washington farmers deliver a big, sweet, cherry harvest. See how harvesting Georgia watermelons is a BIG deal. We'll find out: are those baby carrots really baby carrots? A Michigan farmer saves energy and the environment growing under glass.	APTEX	(S)	(CC)	N/A	#1206H
00:30:00	Overheard with Evan Smith Nikki Giovanni, Poet/Activist Nikki Giovanni is a poet, writer, activist and educator. Her works cover everything from race and social issues to children's literature. She has received the Langston Hughes Medal, the Rosa Parks Woman of Courage Award, the NAACP Image Award, more than 20 honorary degrees from national colleges and universities and a Grammy nomination. In 2005, Oprah Winfrey named her one of the top 25 Living Legends. Her latest collection of poems is titled A Good Cry.	NETA	(S)	(CC)	N/A	#818H
01:00:00	Sun Studio Sessions Lucero Lucero are a Memphis band whose high energy live performances have gained them fans from coast to coast with their unique blend of rock, soul and country. In this episode, Lucero performs songs of their latest record "Women and Work" including the title track, as well as fan favorites "Nights Like These" and "On My Way Downtown."	NETA	(S)	(CC)	N/A	#909H
01:30:00	Jammin at Hippie Jack's Mountain Heart 2 A group of musicians who are so talented we couldn't do them justice with just one show. Mountain Heart's musical virtuosity, unmatched energy, and keen sense of entertainment dynamics have helped them to forge a highly unique sound and stage show, which appeals to an incredibly wide variety of musical tastes.	NETA	(S)	(CC)	N/A	#1015H
02:00:00	Infinity Hall Live Hit Rewind Infinity Hall Live encores some of the best performances from past seasons: Barenaked Ladies - "One Week"; Melissa Etheridge - "Bring Me Some Water"; Rusted Root - "Send Me on My Way"; America - "Horse with No Name"; Cowboy Junkies - "Sweet Jane"; Toad the Wet Sprocket - "All I Want"; Fountains of Wayne - "Stacy's Mom"; Los Lonely Boys - "Heaven"; Joss Stone - "Right to Be Wrong".	APTEX	(S)	(CC)	N/A	#604H
03:00:00	2017 World Dancesport Grand Slam Series	APTEX	(S)	(CC)	N/A	#101H
04:00:00	IQ: Smartparent Tech, Stress, and Depression Statistics show some social media usage contributes to stress and depression in young people - but on this episode of iQsmartparent, discover ways experts are using digital tools to combat mental health issues in young people. Learn about mobile phone apps used to reduce anxiety; ways to use video games to treat depression; and innovations in a type of psychotherapy called digital art therapy, which helps young people use laptops, phones, photographs, and the latest software to express emotions and devise coping strategies.	APTEX	(S)	(CC)	N/A	#505H
04:30:00	Battleground Everglades Survival at Stake Florida's next generation of environmental stewards trek through a cypress swamp. Updates on environmental issues reveal how Everglades restoration has become a "classroom to the world" on saving complex wetlands.	APTEX	(S)	(CC)	N/A	#105H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#593
08:00:00	Wunderkind Little Amadeus The Muted Trumpet Amadeus can't stand loud trumpet music and wants to prevent a joint concert maliciously arranged by Devilius with the famous trumpeter Schachtner. He and his friend Kajetan try to hide Schachtner's trumpet, but Devilius keeps finding other trumpets for Schachtner to play. Finally, Amadeus devises a solution for the joint concert with Schachtner, so he doesn't have to suffer the sounds of the trumpet. The Music: "Oboe Concerto in C" K. 314; et al. Additional Content: A trumpet serves as the focus of this episode's storyline. Monti illustrates the many different kinds of brass instruments.	APTEX	(S)	(CC)	DVI	#124
08:30:00	1001 Nights The King Who Became A Slave/The Spoon That Ruined Everything "The King Who Became a Slave" - A king learns what happens when he's out of touch with his people. "The Spoon That Ruined Everything" - People in a small community see a spoon for the first time and begin to fight over it .	NETA	(S)	(CC)	DVI	#121H
09:00:00	Functional Fitness with Suzanne Andrews Fat Burning 1	ACCES		(CC)	N/A	#103H

Wed, May 09, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique Balance & Strength	APTEX	(S)	(CC)	DVI	#805Z
10:00:00	Sit and Be Fit Sensory Awareness and Breathing Mary Ann uses fun music to demonstrate breathing techniques and sensory awareness.	NETA	(S)	(CC)	N/A	#1403H
10:30:00	Sewing with Nancy Doodle Stitching, Part 2 Doodling-we've all done it with pen and paper. Now it can easily be replicated on fabric. Let Nancy inspire you to use simple stitches, and odds and ends of fabric to create greeting cards to desktop art from spontaneous Doodle Stitching ideas.	NETA	(S)	(CC)	N/A	#3012H
11:00:00	Knit and Crochet Now! Shaped Cardigans Today we are making cardigans, a versatile staple for any wardrobe. Deborah Norville is joined by Kristin Nicholas with the Cosima Cardigan, that features a lace panel front that also creates a cable. Then on to Robyn Chachula who is showing how to make the textured crochet Twyla Cardigan. The stitch of the week is a new take on Shetland Lace by Rohn Strong.	APTEX	(S)	(CC)	DVI	#708H
11:30:00	Fons & Porter's Love of Quilting Freemotion and Threads with Karen Mctavish Join Angela Huffman and her guest Karen McTavish at the longarm machine to learn how threads-their weight, color and sheen-interact in your quilting design. Build confidence as a quilter in both freemotion and stitch-in-the-ditch longarm quilting, and pick up all kinds of useful tips from two renowned quilting experts!	NETA	(S)	(CC)	N/A	#2903H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7203H
13:00:00	Lidia's Kitchen The Tomato The tomato is not native to Italy, but it made a big impact on Italian cuisine when it arrived centuries ago. From canned to vine ripened, Lidia shares with you several of her favorite tomato dishes including: stuffed tomatoes: stuffed with rice, mozzarella and basil; braised pork ribs with rigatoni: tender to the bone pork ribs and braising sauce with rigatoni; and green beans in chunky tomato sauce: a perfect side of fresh green beans smothered in a fresh chunky tomato sauce.	APTEX	(S)	(CC)	N/A	#420H
13:30:00	Annabel Langbein: The Free Range Cook Fish on the Menu Always up for an adventure, Annabel Langbein wades in boots and all to net for flounder on a Nelson beach at the northern tip of New Zealand's South Island. Her haul is the starting point for a Mediterranean-themed meal featuring a generous platter of tapas, the simplest baked fish and a delicious vanilla citrus terrine. Recipes from this episode: the ultimate chocolate brownie, sunshine carrot dip, roasted bell pepper boats, tapenade, mediterranean baked fish, parsley mashed potatoes, crisp romaine salad, vanilla citrus terrine, honeyed oranges.	APTEX	(S)	(CC)	N/A	#110H
14:00:00	Simply Ming Todd English It's cauliflower two ways this week on Simply Ming. Ming's longtime friend Chef Todd English, known for his landmark restaurant Olives in Charlestown, Massachusetts, as well as his restaurants across the country, shares how to make a cauliflower risotto as only he can do it: Italian style. Ming puts his own spin on this trendy vegetable with his delicious soy-honey-lime beer battered cauliflower.	APTEX	(S)	(CC)	N/A	#1505H
14:30:00	Cook's Country Cast Iron Comforts Bridget Lancaster shows Julia Collin Davison how to make the ultimate skillet pizza Margherita in a cast iron pan. Equipment expert Adam Ried reviews traditional and enameled cast iron skillets. Test cook Ashley Moore uncovers the secrets to making a foolproof chocolate chip skillet cookie.	APTEX	(S)	(CC)	N/A	#1010H
15:00:00	Beads, Baubles and Jewels Colored Gold The rose gold color trend has taken hold. Metal-smith Hilary Halstead Scott introduces a grant program that helps jewelry artists grow their businesses. Then, she shares her design ideas for rose gold jewelry. In the Beading Lesson, Katie combines macrame with chain to create a new look for beaded jewelry.	NETA	(S)	(CC)	N/A	#2312H

Wed, May 09, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:30:00	Make It Artsy Color Color adds impact to your designs. Host Julie Fei Fan Balzer adds color to dark backgrounds. Color explodes from collaged bags from crafty chica Kathy Cano-Murillo. Designer Mou Saha transforms a coloring book page into a watercolor painting. In the tip, mixed media artist Dina Wakley pours onto her journal pages.	NETA	(S)	(CC)	N/A	#106H
16:00:00	Biz Kid\$ A World Without Taxes Explore how taxes impact your life. Find out about the importance of federal, state, and local taxes and learn what they pay for. Meet young business owners who sell lacrosse socks and others who serve as swimming instructors and hear how they handle taxes.	APTEX	(S)	(CC)	DVI	#401H
16:30:00	Hands On Crafts for Kids Stars Look beyond the sky. Jenny Barnett-Rohrs makes a glittery star catcher featuring the constellations. Candie Cooper creates a 3-D board illustrating moon phases. Artist Franz Spohn creates a landscape featuring clouds. Candie Cooper creates a sparkly space galaxy.	NETA	(S)	(CC)	DVI	#1903H
17:00:00	P. Allen Smith's Garden Home Upcycle Your Life P. Allen Smith's unique and clever take on turning trash into treasure. Plus, how to get the most out of your weekly grocery budget.	APTEX	(S)	(CC)	N/A	#1505H
17:30:00	Growing A Greener World The Down and Dirty On Healthy Soil and Compost The foundation of any healthy garden starts with the soil. In fact, the health of everything above ground starts with what's below it. To get a better understanding on the real dirt of healthy soil and compost, this episode goes to the source with a tour of a Soil Testing lab and the U.S. Composting Council so we can all learn how to create the best foundation in our own home garden and landscapes.	APTEX	(S)	(CC)	N/A	#726H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15093H
18:30:00	Great Decisions In Foreign Policy The Media and Foreign Policy The US has thrived on its vibrant and free press since the Founding Fathers first put the concept into law in the Bill of Rights as an important, independent check on power. Now Foreign policy is tweeted from the White House and "fake news" has entered the zeitgeist, while social media is proving to be a double-edged sword. What's next for media and the free press?	NETA	(S)	(CC)	N/A	#904H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#9028
19:30:00	In Good Shape - The Health Show	WNVC	(S)	(CC)	N/A	#518H
20:00:00	The Lowertown Line. The Lowertown Line: Nicholas David A top three finalist on season 3 of NBC's hit television show "The Voice," Nicholas David is a vibrant, soulful and prolific singer-songwriter who incorporates multiple genres, instruments and influences into his music. The artist performs in front a live audience at The Parkway Theater in Minneapolis, and talks about family, life on the road, and lessons he learned on national TV. Songs performed: Monsters Sleep, Lonely, At the Table with passion, Easter and Keeko.	APTEX	(S)	(CC)	N/A	#114H
20:30:00	Songs at the Center Artists: Craig Carothers, Don Henry, Anne E. DeChant, and hosted by songwriter Eric Gnezda. Artist Bio: Craig Carothers, a native of Portland, OR, makes his home in Nashville, TN. He has written songs for Trisha Yearwood, Kathy Mattea, and Peter, Paul & Mary, among others. In addition to being a top-level songwriter, "He has a voice that should be famous," says Patty Larkin. The Birmingham News writes that he performs "smart, memorable material put across with abundant personality," and Performing Songwriter Magazine says Craig has "the right mix of weary-eyed cynicism and helpless hearted romanticism." He performs "Schenectady" and "Guys Like That." Artist Bio: Anne E. DeChant is an award-winning Nashville recording artist originally from Cleveland, Ohio where she was a five-time singer-songwriter of the year. She has shared the stage with Stevie Nicks, Nora Jones, Joan Armatrading, Sheryl Crow and the Indigo Girls. She has played venues ranging from the White House to Nashville's Bluebird Cafe. Her song, "Girls and Airplanes," about women breaking down barriers, has been featured on the soundtrack of the Hollywood film, "The Hot Flashes," starring Brooke Shields, and in the critically acclaimed documentary film "The Vettes: All We Needed." She performs "Swing." Artist Bio: Don Henry is a Grammy award-winning songwriter, and his songs have been recorded by Ray Charles, Blake Shelton, Miranda Lambert, BJ Thomas, Patti Page, Conway Twitty, and many others. The wit and wisdom of Don's songs are widely celebrated. He is best known for his Grammy Award-winning song, "Where've You Been," recorded by Kathy Mattea, and co-written with Jon Vezner. The song also garnered Song of the Year honors from the Academy of Country Music, the Country Music Association, and Nashville Songwriters Association International. "Where've You Been" was the first song in country music history to be awarded all four honors in the same year. Don performs "This For That." donhenry.com	APTEX	(S)	(CC)	N/A	#306H

Wed, May 09, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
21:00:00	Live from the Artists Den Sturgill Simpson	APTEX	(S)	(CC)	N/A	#1103H
	<p>The Broad Street Ballroom, an architectural landmark in New York's Wall Street district, provided the perfect backdrop for a riveting performance by musical visionary Sturgill Simpson. A massive mural depicting the history of seafaring wraps around the entire room, echoing the central concept of Simpson's acclaimed new album A Sailor's Guide to Earth, which he played in full for an ecstatic crowd of 400 winners and invited guests. Backed by a powerful horn section, Sturgill reconfigured the arrangements for songs from his breakthrough album, Metamodern Sounds in Country Music, and even delivered an emotional version of the soul classic "You Don't Miss Your Water" to round out an unforgettable night.</p>					
22:00:00	Counting from Infinity: Yitang Zhang and the Twin Prime Conjecture	APTEX	(S)	(CC)	N/A	#0H
	<p>COUNTING FROM INFINITY: YITANG ZHANG AND THE TWIN PRIME CONJECTURE centers on an exciting string of mathematical discoveries. It began in April 2013 when Yitang "Tom" Zhang, a virtually unknown mathematician working as an adjunct professor at the University of New Hampshire, submitted a paper to the Annals of Mathematics. Zhang had made an important breakthrough in Number Theory by solving the Twin Prime Conjecture (pairs of prime numbers that differ by two). His work, Small Gaps Between Primes, was immediately recognized as an important mathematical breakthrough, and Zhang became an instant celebrity - a role for which he was unprepared. The film documents Zhang's quiet perseverance amidst adversity, and his preference for thinking and working in solitude. Zhang's story is interwoven with a history of the Twin Prime Conjecture as told by several mathematicians, many of whom have wrestled with this challenging problem: Daniel Goldston, Kannan Soundararajan, Andrew Granville, Peter Sarnak, Enrico Bombieri and James Maynard. By chronicling the series of rapid developments around the twin prime problem in 2013, and the many individuals who contributed to it, the film offers a glimpse at how mathematics progresses. A snapshot of a great moment in mathematical history, COUNTING FROM INFINITY is at once a biographical portrait of a unique individual and the exciting story of his discovery.</p>					
23:00:00	Hidden Legacy: Japanese Traditional Performing Arts in the WWII Internment	KNME	(S)	(CC)	N/A	#0H
	<p>Using historical footage and interviews from artists who were interned, this film tells the story of how traditional Japanese cultural arts were maintained at a time when the War Relocation Authority (WRA) emphasized the importance of assimilation and Americanization. Various essays and studies concerning the camps have been published, but have focused on the political and legal aspects of the internment, while hardly mentioning cultural and recreational activities in the camps. When cultural and recreational activities have been documented, they have focused on American culture, such as baseball and swing music. This film will be the first major presentation of the existence of traditional music, dance and drama in the camps. It includes stories of 19 artists in the fields of music (koto, nagauta shamisen, shakuhachi, shigin, biwa), dance (buyo, obon) and drama (kabuki) who were interned at Tule Lake, Manzanar, Amache/Granada, Rohwer, Gila River, and Topaz.</p>					

Thu, May 10, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Great Decisions In Foreign Policy The Media and Foreign Policy	NETA	(S)	(CC)	N/A	#904H
	The US has thrived on its vibrant and free press since the Founding Fathers first put the concept into law in the Bill of Rights as an important, independent check on power. Now Foreign policy is tweeted from the White House and "fake news" has entered the zeitgeist, while social media is proving to be a double-edged sword. What's next for media and the free press?					
00:30:00	In Good Shape - The Health Show	WNVC	(S)	(CC)	N/A	#518H
01:00:00	The Lowertown Line. The Lowertown Line: Nicholas David	APTEX	(S)	(CC)	N/A	#114H
	A top three finalist on season 3 of NBC's hit television show "The Voice," Nicholas David is a vibrant, soulful and prolific singer-songwriter who incorporates multiple genres, instruments and influences into his music. The artist performs in front a live audience at The Parkway Theater in Minneapolis, and talks about family, life on the road, and lessons he learned on national TV. Songs performed: Monsters Sleep, Lonely, At the Table with passion, Easter and Keeko.					
01:30:00	Songs at the Center	APTEX	(S)	(CC)	N/A	#306H
	Artists: Craig Carothers, Don Henry, Anne E. DeChant, and hosted by songwriter Eric Gnezda. Artist Bio: Craig Carothers, a native of Portland, OR, makes his home in Nashville, TN. He has written songs for Trisha Yearwood, Kathy Mattea, and Peter, Paul & Mary, among others. In addition to being a top-level songwriter, "He has a voice that should be famous," says Patty Larkin. The Birmingham News writes that he performs "smart, memorable material put across with abundant personality," and Performing Songwriter Magazine says Craig has "the right mix of weary-eyed cynicism and helpless hearted romanticism." He performs "Schenectady" and "Guys Like That." Artist Bio: Anne E. DeChant is an award-winning Nashville recording artist originally from Cleveland, Ohio where she was a five-time singer-songwriter of the year. She has shared the stage with Stevie Nicks, Nora Jones, Joan Armatrading, Sheryl Crow and the Indigo Girls. She has played venues ranging from the White House to Nashville's Bluebird Cafe. Her song, "Girls and Airplanes," about women breaking down barriers, has been featured on the soundtrack of the Hollywood film, "The Hot Flashes," starring Brooke Shields, and in the critically acclaimed documentary film "The Veters: All We Needed." She performs "Swing." Artist Bio: Don Henry is a Grammy award-winning songwriter, and his songs have been recorded by Ray Charles, Blake Shelton, Miranda Lambert, BJ Thomas, Patti Page, Conway Twitty, and many others. The wit and wisdom of Don's songs are widely celebrated. He is best known for his Grammy Award-winning song, "Where've You Been," recorded by Kathy Mattea, and co-written with Jon Vezner. The song also garnered Song of the Year honors from the Academy of Country Music, the Country Music Association, and Nashville Songwriters Association International. "Where've You Been" was the first song in country music history to be awarded all four honors in the same year. Don performs "This For That." donhenry.com					
02:00:00	Live from the Artists Den Sturgill Simpson	APTEX	(S)	(CC)	N/A	#1103H
	The Broad Street Ballroom, an architectural landmark in New York's Wall Street district, provided the perfect backdrop for a riveting performance by musical visionary Sturgill Simpson. A massive mural depicting the history of seafaring wraps around the entire room, echoing the central concept of Simpson's acclaimed new album A Sailor's Guide to Earth, which he played in full for an ecstatic crowd of 400 winners and invited guests. Backed by a powerful horn section, Sturgill reconfigured the arrangements for songs from his breakthrough album, Metamodern Sounds in Country Music, and even delivered an emotional version of the soul classic "You Don't Miss Your Water" to round out an unforgettable night.					
03:00:00	Counting from Infinity: Yitang Zhang and the Twin Prime Conjecture	APTEX	(S)	(CC)	N/A	#0H
	COUNTING FROM INFINITY: YITANG ZHANG AND THE TWIN PRIME CONJECTURE centers on an exciting string of mathematical discoveries. It began in April 2013 when Yitang "Tom" Zhang, a virtually unknown mathematician working as an adjunct professor at the University of New Hampshire, submitted a paper to the Annals of Mathematics. Zhang had made an important breakthrough in Number Theory by solving the Twin Prime Conjecture (pairs of prime numbers that differ by two). His work, Small Gaps Between Primes, was immediately recognized as an important mathematical break-through, and Zhang became an instant celebrity - a role for which he was unprepared. The film documents Zhang's quiet perseverance amidst adversity, and his preference for thinking and working in solitude. Zhang's story is interwoven with a history of the Twin Prime Conjecture as told by several mathematicians, many of whom have wrestled with this challenging problem: Daniel Goldston, Kannan Soundararajan, Andrew Granville, Peter Sarnak, Enrico Bombieri and James Maynard. By chronicling the series of rapid developments around the twin prime problem in 2013, and the many individuals who contributed to it, the film offers a glimpse at how mathematics progresses. A snapshot of a great moment in mathematical history, COUNTING FROM INFINITY is at once a biographical portrait of a unique individual and the exciting story of his discovery.					
04:00:00	Hidden Legacy: Japanese Traditional Performing Arts in the WWII Internment	KNME	(S)	(CC)	N/A	#0H
	Using historical footage and interviews from artists who were interned, this film tells the story of how traditional Japanese cultural arts were maintained at a time when the War Relocation Authority (WRA) emphasized the importance of assimilation and Americanization. Various essays and studies concerning the camps have been published, but have focused on the political and legal aspects of the internment, while hardly mentioning cultural and recreational activities in the camps. When cultural and recreational activities have been documented, they have focused on American culture, such as baseball and swing music. This film will be the first major presentation of the existence of traditional music, dance and drama in the camps. It includes stories of 19 artists in the fields of music (koto, nagauta shamisen, shakuhachi, shigin, biwa), dance (buyo, obon) and drama (kabuki) who were interned at Tule Lake, Manzanar, Amache/Granada, Rohwer, Gila River, and Topaz.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#594

Thu, May 10, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:00:00	Wunderkind Little Amadeus The Glockenspiel An international company of actors wants to perform in Salzburg - and Devilius wants to stop them. Amadeus knows the actors and prepares a musical number with them, using music he composed on the spur of the moment. Devilius takes drastic measures to prevent the performance. In the end, all of Salzburg cheers and Devilius plays an unexpected leading role on-stage. The Music: Opera "Bastien and Bastienne" K. 50; "Petit Marche Funebre in C" K. 453a; et al. Additional Content: Monti explains how children can research the composition of a real orchestra to the music of "A Little Serenade" on the Web site. There, children can experience the impact of shifting single members of the orchestra on the music and the relation of single instruments to the whole composition.	APTEX	(S)	(CC)	DVI	#125
08:30:00	1001 Nights The King Who Outlawed Laughter/Sinbad and the Black Diamond "The King Who Outlawed Laughter" - A king tries to execute his prisoners but no matter what he does, he is unable to kill them. "Sinbad and The Black Diamond" - Sinbad is off once more on a hilarious adventure. This time he battles the dread pirat Santiago for a mysterious black diamond that possesses strange powers.	NETA	(S)	(CC)	DVI	#122H
09:00:00	Functional Fitness with Suzanne Andrews Fat Burning 2	ACCES		(CC)	N/A	#104H
09:30:00	Classical Stretch: The Esmonde Technique Lose A Pant Size	APTEX	(S)	(CC)	DVI	#806Z
10:00:00	Sit and Be Fit Fun with the Large Ball The large ball is used in many ways from postural alignment to helping with balance in this episode.	NETA	(S)	(CC)	N/A	#1404H
10:30:00	Sewing with Nancy Doodle Stitching, Part 3 Instead of using pen and paper, use your sewing machine and colorful thread as your tools for doodling. There's no right or wrong way to Doodle Stitch. Rather, let the creative process be your guide. Nancy will show you how to create small, artistic projects without a rulebook.	NETA	(S)	(CC)	N/A	#3013H
11:00:00	Knit and Crochet Now! Carry Along Bags Ellen Gormley is here to show Deborah how to stitch up the Rose Messenger Bag, worked in easy crochet with a cross stitch rose. Lena will then show how to knit the Visby Purse which features cables and a linen stitch side panel. Ellen is also in the stitch corner with a crochet Lazy Daisy Stitch.	APTEX	(S)	(CC)	DVI	#709H
11:30:00	Fons & Porter's Love of Quilting Cactus Blooms Emily Bailey's fresh, bright, fat-quarter friendly quilt, Cactus Blooms, is a Fons & Porter staff favorite. Inspired by a little vintage quilt, the design is a wonderful pattern for exploring color placement, and using sashing to create a "floating" effect. Emily and host Sara Gallegos team up to teach some fabulous patchwork techniques.	NETA	(S)	(CC)	N/A	#2904H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7204H
13:00:00	The Jazzy Vegetarian Just Desserts Host Laura Theodore prepares scrumptious sweet desserts featuring "Double-Chocolate Cake with Chocolate Ganache Icing," the perfect indulgence to please any chocolate fan. Then "Luscious Little Carrot Cupcakes" are a 'two-in-one' baked treat that serve as a flavorsome breakfast muffin too. "Almond Oatmeal Cookies with Raisins and Chocolate Chips" are a delightfully crisp and satisfying cookie confection.	NETA	(S)	(CC)	DVI	#204H
13:30:00	Sara's Weeknight Meals One Pan Wonder Using just one pan for dinner makes both the cook and the dishwasher happy, plus it's so easy. We start with guest Ming Tsai and his coconut lemon chicken soup. Then on Ask Sara, tips for using the original pot, the wok. Finally, Sara helps a young bride with an easy one-pot meal - Greek shrimp, farro and greens.	APTEX	(S)	(CC)	N/A	#518H
14:00:00	Joanne Weir Gets Fresh Roots Joanne loves to sit in front of the fire on long, lazy winter afternoons. These are perfect dishes to put in the oven and then curl up with a good book. But first, she's going to a cider manufacturer in Healdsburg, California. Then, with her friend Evan, they're going to make Za'atar-roasted chicken with root vegetable mash, and a mint cider cocktail. This is the perfect kind of comfort food to chase away the winter blues.	APTEX	(S)	(CC)	N/A	#209H

Daily Program Listing II

43.1

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Thu, May 10, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	New Scandinavian Cooking It All Starts with Kids Andreas visits Geitmyra Farm in the middle of Oslo, Norway, the site of his new food culture center for kids. Together with the kids, Andreas makes a cereal breakfast, a tasty chicken soup, a warming lamb stew and a sweet dessert with pumpkin and yogurt.	APTEX	(S)	(CC)	N/A	#303H
15:00:00	Beads, Baubles and Jewels Macrame Makeover Weave a color story with macrame. Designer Sandra Younger creates two contemporary bracelets with hemp cord, silver tubes and beads using traditional macrame techniques. Katie creates home decor by wrapping wire and using beaded chain to embellish a chandelier in her Beading Lesson.	NETA	(S)	(CC)	N/A	#2313H
15:30:00	Make It Artsy Industrial Look toward the gritty, industrial world for inspiration. Using industrial materials, Joe Rotella creates an artsy tray. Illustrator Jenn Mason designs contemporary earrings, then hardens them with heat. Joe Rotella revs up his micro lathe to carve a keepsake pen. Finally, take a road trip to the Columbus Idea Foundry, a center for the growing Maker Movement.	NETA	(S)	(CC)	N/A	#107H
16:00:00	Biz Kid\$ Debt: The Good, The Bad, & The Ugly It's easy to spend more than you make with credit cards. Learn to avoid the pitfalls of overspending by keeping a spending journal, sticking to a budget, and living a cash existence. Meet the owner of a carpet cleaning company and a radio DJ who have both learned how to manage debt.	APTEX	(S)	(CC)	DVI	#402H
16:30:00	Hands On Crafts for Kids Creatures The earth is full of wonderful creatures. Jenny Barnett-Rohrs crafts simple animals that are easily adaptable and molds a robot mouse. Artist Franz Spohn draws creatures that are just like us - or not. Jenny uses glow-in-the-dark clay to craft a spooky-sweet charm for your backpack.	NETA	(S)	(CC)	DVI	#1904H
17:00:00	P. Allen Smith's Garden Home It's Tulip Time P. Allen Smith gets down and Dutch at the annual Tulip Time Festival in scenic Holland, Michigan.	APTEX	(S)	(CC)	N/A	#1506H
17:30:00	Growing A Greener World A Year in the Life of the Garden Farm, Part I (Atlanta, Ga) This season premiere episode documents the first of a two-part series covering an entire year in the working garden set for the television series. Host Joe Lamp'l and gardener-in-residence takes you behind the scenes for the reality of the spring and summer seasons like you've never seen before.	APTEX	(S)	(CC)	N/A	#801H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15094H
18:30:00	Consuelo Mack Wealthtrack	APTEX	(S)	(CC)	N/A	#1446H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#9029
19:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1313H
20:00:00	Backstage Pass Tony Monaco & The Fareed Haque Trio Featuringtony Monaco & The Fareed This encore presentation includes Fareed Haque on guitar, Tony Monaco on organ and featuring drummer Randy Gelispie. Together this trio takes a unique twist on jazz with songs including "Flood in Franklin Park" and "Alio E Olio." Recorded at Lansing JazzFest 2015 in Lansing's historic Old Town district.	NETA	(S)	(CC)	N/A	#710H
20:30:00	Music Voyager Morocco: Gateway to Africa - The North Three friends-Nouamane Lahlou, a rock star and producer of Morocco; Hassan Hakmoun, a master Gnawa musician and Laurent Le Gall, a film director and producer, meet in Casablanca to travel the length of Morocco in search of experiencing it first-hand. Starting in the metropolis of Casablanca the team travels north to Tangier, which is located at the tip of Africa and across from Spain. The music of the Amazir people draws them to the painted city of Chefchaouen, the jewel of the Rif Mountains.	APTEX	(S)	(CC)	N/A	#706H

Thu, May 10, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
21:00:00	Live at the Charleston Music Hall Jake Shimabukuro	NETA	(S)	(CC)	N/A	#107H
	Ukulele virtuoso, Jake Shimabukuro, first played the instrument in his native land, Hawaii, at the age of four. In 2005, Jake became the most watched ukulele player ... ever, when millions tuned in to YouTube to watch his rendition of George Harrison's "While My Guitar Gently Weeps". In this episode, Jake's phenomenal talent and true Aloha Spirit shine brightly.					
21:30:00	New Tanglewood Tales: Backstage with Rising Artists	APTEX	(S)	(CC)	N/A	#101H
	The Boston Symphony's behind the scenes series, New Tanglewood Tales: Backstage with Rising Artists, introduces six extraordinary young musicians who are featured in the series. Viewers will see them at home, share in their arrival and orientation, and have a humorous look at their living situation. A glimpse of their first rehearsals with teachers and colleagues will also be shown.					
22:00:00	Lost Child: Sayon's Journey	APTEX	(S)	(CC)	N/A	#0H
	LOST CHILD: SAYON'S JOURNEY explores the Cambodian genocide (1975-1979) and its lasting impact through the eyes of a former Khmer Rouge child soldier. Narrating in his own voice, Sayon Soeun confronts his haunting childhood experiences during Cambodia's darkest hour - the genocide claimed an estimated 1.7 million people - revealing for the first time the horrors he witnessed and his struggles as he came of age. The Khmer Rouge abducted Sayon at the age of six, robbing him of both family life and an education, and forced him to carry out the brutal dictates of the Pol Pot-led Maoist regime. After four years, Sayon and hundreds of thousands of citizens and fellow soldiers fled west to Thailand, ending up in makeshift refugee camps along the border. From there, he transitioned to an orphanage, where he was adopted by a loving American family from Connecticut. This moving and powerful film, winner of a Cine Golden Eagle Award, follows Sayon's first journey back to his home country in 35 years to find the family he thought he lost forever and to forgive himself for his complicity as a Khmer Rouge soldier. The film builds to a suspenseful conclusion as Sayon receives the results of DNA tests that will confirm or refute his relationship to the people he meets in Cambodia.					
23:00:00	Reel South Private Violence	NETA	(S)	(CC)	N/A	#209H
	By Cynthia Hill. With at least four women murdered each day by abusive (and often, ex) partners, a woman in America is most in danger in her own home. Witness the complex realities of intimate partner violence through the eyes of two survivors: Deanna Walters, a mother seeking justice for her estranged husband's crimes against her, and victims' advocate Kit Gruelle. Executive produced by Gloria Steinem.					

Fri, May 11, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Well Read Katie Kitamura, A Separation From critic and novelist, Katie Kitamura - a searing, suspenseful story of intimacy and infidelity, A Separation lays bare the guilt that divides us from the inner lives of others. Named one of the most anticipated books of 2017 by the New York Times, Entertainment Weekly, Vulture, Huffington Post, and The Millions	APTEX	(S)	(CC)	N/A	#617H
00:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1313H
01:00:00	Backstage Pass Tony Monaco & The Fareed Haque Trio Featuringtony Monaco & The Fareed This encore presentation includes Fareed Haque on guitar, Tony Monaco on organ and featuring drummer Randy Gelispie. Together this trio takes a unique twist on jazz with songs including "Flood in Franklin Park" and "Alio E Olio." Recorded at Lansing JazzFest 2015 in Lansing's historic Old Town district.	NETA	(S)	(CC)	N/A	#710H
01:30:00	Music Voyager Morocco: Gateway to Africa - The North Three friends-Nouamane Lahlou, a rock star and producer of Morocco; Hassan Hakmoun, a master Gnawa musician and Laurent Le Gall, a film director and producer, meet in Casablanca to travel the length of Morocco in search of experiencing it first-hand. Starting in the metropolis of Casablanca the team travels north to Tangier, which is located at the tip of Africa and across from Spain. The music of the Amazir people draws them to the painted city of Chefchaouen, the jewel of the Rif Mountains.	APTEX	(S)	(CC)	N/A	#706H
02:00:00	Live at the Charleston Music Hall Jake Shimabukuro Ukulele virtuoso, Jake Shimabukuro, first played the instrument in his native land, Hawaii, at the age of four. In 2005, Jake became the most watched ukulele player ... ever, when millions tuned in to YouTube to watch his rendition of George Harrison's "While My Guitar Gently Weeps". In this episode, Jake's phenomenal talent and true Aloha Spirit shine brightly.	NETA	(S)	(CC)	N/A	#107H
02:30:00	New Tanglewood Tales: Backstage with Rising Artists The Boston Symphony's behind the scenes series, New Tanglewood Tales: Backstage with Rising Artists, introduces six extraordinary young musicians who are featured in the series. Viewers will see them at home, share in their arrival and orientation, and have a humorous look at their living situation. A glimpse of their first rehearsals with teachers and colleagues will also be shown.	APTEX	(S)	(CC)	N/A	#101H
03:00:00	Lost Child: Sayon's Journey LOST CHILD: SAYON'S JOURNEY explores the Cambodian genocide (1975-1979) and its lasting impact through the eyes of a former Khmer Rouge child soldier. Narrating in his own voice, Sayon Soeun confronts his haunting childhood experiences during Cambodia's darkest hour - the genocide claimed an estimated 1.7 million people - revealing for the first time the horrors he witnessed and his struggles as he came of age. The Khmer Rouge abducted Sayon at the age of six, robbing him of both family life and an education, and forced him to carry out the brutal dictates of the Pol Pot-led Maoist regime. After four years, Sayon and hundreds of thousands of citizens and fellow soldiers fled west to Thailand, ending up in makeshift refugee camps along the border. From there, he transitioned to an orphanage, where he was adopted by a loving American family from Connecticut. This moving and powerful film, winner of a Cine Golden Eagle Award, follows Sayon's first journey back to his home country in 35 years to find the family he thought he lost forever and to forgive himself for his complicity as a Khmer Rouge soldier. The film builds to a suspenseful conclusion as Sayon receives the results of DNA tests that will confirm or refute his relationship to the people he meets in Cambodia.	APTEX	(S)	(CC)	N/A	#0H
04:00:00	Reel South Private Violence By Cynthia Hill. With at least four women murdered each day by abusive (and often, ex) partners, a woman in America is most in danger in her own home. Witness the complex realities of intimate partner violence through the eyes of two survivors: Deanna Walters, a mother seeking justice for her estranged husband's crimes against her, and victims' advocate Kit Gruelle. Executive produced by Gloria Steinem.	NETA	(S)	(CC)	N/A	#209H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#595
08:00:00	Wunderkind Little Amadeus Into The World The Mozarts must give an evening concert at the Bishop's palace. Amadeus' father Leopold hopes this will convince the remaining skeptics to let them play music for the English court, with Joseph Haydn's invitation. The scheming Devilius deletes the planned concert from the Bishop's calendar but Amadeus finds a way to inform the Bishop about the Mozarts' travel plans. The Music: "Piano Trio in G" K. 564; "Horn Conerto in E Flat Major" K. 417; et al. Additional Content: Monti explains chamber music, played by Leopold, Nannerl and Amadeus in this episode.	APTEX	(S)	(CC)	DVI	#126
08:30:00	1001 Nights The Man Who Went Back In Time/The Schoolmaster "The Man Who Went Back in Time" - A man complains his life would have been better if he'd been given his neighbor's luck breaks. When he gets the chance to go back in time and change things, however, he realizes it's not as easy as he imagined. "The Schoolmaster" - A con man lies his way into a job as a Schoolmaster and learns an unexpected lesson about the value of integrity.	NETA	(S)	(CC)	DVI	#123H

Fri, May 11, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Functional Fitness with Suzanne Andrews Arthritis Relief	ACCES		(CC)	N/A	#105H
09:30:00	Classical Stretch: The Esmonde Technique Elongating Your Muscles	APTEX	(S)	(CC)	DVI	#807Z
10:00:00	Sit and Be Fit Footwork and Core	NETA	(S)	(CC)	N/A	#1405H
	We take our feet and core muscles for granted. In this episode Mary Ann uses a variety of new exercises to focus on the importance of your feet.					
10:30:00	Sewing with Nancy Patchwork Patterns Inspired By Antique Quilts, Part 1	NETA	(S)	(CC)	N/A	#3014H
	Learn how to create your own versions of antique quilt designs from a collection of history-rich quilts spanning the late 1800s through the 1930s. Julie Hendricksen, antique-quilt collector, joins Nancy to unlock the secrets of quilts from yesteryear. Vintage patterns such as the Snowball, Postage Stamp, Checkerboard, and 100-Patch are featured.					
11:00:00	Knit and Crochet Now! Itty Bitty Baby Projects	APTEX	(S)	(CC)	DVI	#710H
	Did you know that it's estimated there are four babies born every second...that means someone near you is probably having a baby! Deborah is joined by Kristin Nicholas and Robyn Chachula to show how to knit and crochet the perfect little pair of knit booties and fingerless mitts, Fingers and Toes Knit Booties and Fingerless Mitts and Little Hands & Feet Booties and Fingerless Mitts. In the stitch corner Lena will show how to do Twined Knitting.					
11:30:00	Fons & Porter's Love of Quilting West Point	NETA	(S)	(CC)	N/A	#2905H
	The two quilt blocks in Nancy Mahoney's West Point play wonderfully together to create a timeless pattern. The placement of the blocks creates a directional, almost medallion-like design. The patriotic color scheme makes this perfect for a Quilt of Valor, too!					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7205H
13:00:00	Mike Colameco's Real Food Ivy Stark / Dos Caminos	NETA	(S)	(CC)	N/A	#1506H
	A veteran of NYC kitchens for well over two decades Chef Ivy Stark is really a talent working under the radar. She runs the sprawling operations of the various Dos Caminos spots here and in Vegas and though known for their volume under her stewardship they do a remarkable amount of quality work from scratch.					
13:30:00	Cooking with Nick Stellino A Sicilian Meatloaf & Cake with Rum Sauce	APTEX	(S)	(CC)	N/A	#110H
	Meatloaf when done right can be a work of art, something worthy of the finest restaurant. Chef Stellino re-interprets a fabulous Sicilian recipe from his youth and prepares a Sicilian Stuffed Meatloaf. Then seals the deal with an incredible chocolate butter cake, dripping with the most luscious and buttery rum sauce.... Oh what a life!!!					
14:00:00	Chef Paul Prudhomme's Always Cooking! Frying	APTEX	(S)	(CC)	DVI	#102
	Fried Chicken Fingers, Sesame Crusted Fish, Beef & Peanut Wrap.					
14:30:00	Jacques Pepin: Heart & Soul Autumn Leaves	APTEX	(S)	(CC)	N/A	#106H
	It's easy to fall in love with Jacques' seasonal menu, starting with a fresh, smooth tomato velvet soup - the name speaks for itself! Then, sliced tomato gratin made with ripe, ruby-red tomatoes and coarse rustic bread, is Jacques' go-to late-summer dish. He continues with a tender grilled lamb shasklik that includes easy, make-ahead instructions and a colorful red cabbage, pistachio and cranberry salad with bleu cheese. Jacques goes on to transform pizza dough into an apple galette, baked to crispy perfection!					
15:00:00	Beads, Baubles and Jewels Creating Texture	NETA	(S)	(CC)	N/A	#2401H
	Add texture to a simple design to create extra style. Jewelry-maker Samantha Skelton enamels a pendant, then uses a pencil to add motifs and texture to the design. In Katie's Beading Lesson, designer Candie Cooper joins Katie Hacker to macrame a colorful rainbow bracelet for teens and tweens.					

Fri, May 11, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:30:00	Make It Artsy Paper	NETA	(S)	(CC)	N/A	#108H
	A blank piece of paper challenges every maker. Illustrator Roxanne Coble balances humor and emotional themes in abstract mini-canvases. Lettering artist Janet Takahashi showcases calligraphy with decorative borders. Joe Rotella uses the today's design and cutting technology to create a mosaic box top. In the tip, Dina Wakley creates tags with paint and stamps.					
16:00:00	Biz Kid\$ Your First Big Purchase	APTEX	(S)	(CC)	DVI	#403H
	You'll want to understand the important steps to take before your first big purchase, whether you're buying the latest computer, a new smart phone, or a car. You will learn about budgeting, researching, negotiating, and more. Find out how a teen photographer upgraded his camera and a 15-year-old aviator purchased an old airplane!					
16:30:00	Hands On Crafts for Kids Bloom	NETA	(S)	(CC)	DVI	#1905H
	Flowers make us happy. By mixing bright colors, Jenny Barnett-Rohrs makes a fun floral banner. Candie Cooper makes flowerpots that help you count and add. Artist Franz Spohn draws tulips and daisies in different perspectives. Jenny creates a nightlight inspired by coral that grows in the sea.					
17:00:00	P. Allen Smith's Garden Home Super-Duper	APTEX	(S)	(CC)	N/A	#1507H
	P. Allen Smith highlights great performers in the garden and home that go above and beyond the call of duty.					
17:30:00	Growing A Greener World A Year in the Life of the Garden Farm, Part II (Atlanta, Ga)	APTEX	(S)	(CC)	N/A	#802H
	Part II of this series picks up with the tomato season waning and a brand-new season of cool season edibles ready to plant. Host, Joe Lamp'1 takes you on his gardening journey in the GGW garden set through the fall and into winter, complete with challenges and takeaways anyone can apply.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15095H
18:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1419H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#9030
19:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#1019H
20:00:00	Song of the Mountains Jonathan Buckner & Chosen Road / Flatt Lonesome	NETA	(S)	(CC)	N/A	#1217H
21:00:00	Woodsongs Sam Bush Band	NETA	(S)	(CC)	N/A	#2006H
	SAM BUSH is a Kentucky music hero, a bluegrass music legend and one of the premier masters of the mandolin. Founding member of New Grass Revival and the revered "King of Telluride," Sam has pioneered the mandolin, inspiring an entire new generation to take up the instrument, including Chris Thile. Originally from Bowling Green, Kentucky, Sam is a 4-time IBMA Mandolin Player of the Year, 3-time Grammy Award winner, and has toured all around the world. He comes to WoodSongs with the entire SAM BUSH BAND as we celebrate music from his new album release 'Storyman'.					
22:00:00	Film School Shorts Pet Problems	NETA	(S)	(CC)	N/A	#504H
	Three wayward pets wreak havoc on the lives of their owners, neighbors and even distant acquaintances in these short films: Rosie, Oh by Andy Koeger and Apple Xenus, The Execution by Elise Ahrens, and Cupcake Bob by Olivia Accardo.					
22:30:00	On Story A Conversation with Tony Hale	NETA	(S)	(CC)	N/A	#703H
	From Arrested Development's Buster Bluth to Veep's bag man, actor Tony Hale discusses meeting audience's expectations, getting into character, making out with Liza Minnelli, and the collaborative environment of comedy.					

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Fri, May 11, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
23:00:00	Science Goes to the Movies Astrophysics	EPS	(S)	(CC)	N/A	#406H
	Guests: Moiya McTier and Mike Massimino. Movie: Hidden Figures. Physicist Moiya McTier and astronaut Mike Massimino break down the math and social science in Hidden Figures.					
23:30:00	Theater Talk	EPS	(S)	(CC)	N/A	#1124H

Sat, May 12, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Second Opinion Controlling Hypertension Patient Story: Connie Bentley thought she was doing everything right-she ate well and exercised every day. But like many Americans, her hypertension went untreated-and she almost paid the ultimate price. Myth or Medicine: Does eating salt cause hypertension? Second Opinion 5: Five ways to keep your hypertension in check.	APTEX	(S)	(CC)	N/A	#1007H
00:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#1019H
01:00:00	Song of the Mountains Jonathan Buckner & Chosen Road / Flatt Lonesome	NETA	(S)	(CC)	N/A	#1217H
02:00:00	Woodsongs Sam Bush Band SAM BUSH is a Kentucky music hero, a bluegrass music legend and one of the premier masters of the mandolin. Founding member of New Grass Revival and the revered "King of Telluride," Sam has pioneered the mandolin, inspiring an entire new generation to take up the instrument, including Chris Thile. Originally from Bowling Green, Kentucky, Sam is a 4-time IBMA Mandolin Player of the Year, 3-time Grammy Award winner, and has toured all around the world. He comes to WoodSongs with the entire SAM BUSH BAND as we celebrate music from his new album release 'Storyman'.	NETA	(S)	(CC)	N/A	#2006H
03:00:00	Film School Shorts Pet Problems Three wayward pets wreak havoc on the lives of their owners, neighbors and even distant acquaintances in these short films: Rosie, Oh by Andy Koeger and Apple Xenus, The Execution by Elise Ahrens, and Cupcake Bob by Olivia Accardo.	NETA	(S)	(CC)	N/A	#504H
03:30:00	On Story A Conversation with Tony Hale From Arrested Development's Buster Bluth to Veep's bag man, actor Tony Hale discusses meeting audience's expectations, getting into character, making out with Liza Minnelli, and the collaborative environment of comedy.	NETA	(S)	(CC)	N/A	#703H
04:00:00	Science Goes to the Movies Astrophysics Guests: Moiya McTier and Mike Massimino. Movie: Hidden Figures. Physicist Moiya McTier and astronaut Mike Massimino break down the math and social science in Hidden Figures.	EPS	(S)	(CC)	N/A	#406H
04:30:00	Theater Talk	EPS	(S)	(CC)	N/A	#1124H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#596
08:00:00	Beauty of Oil Painting with Gary and Kathwren Jenkins Songbird of the Tropics A tropical songbird sits on a wild berry bush deep in the rainforest in front of a green acrylic background. Gary goes into detail regarding the necessary techniques he'll need to incorporate to complete this painting.	APTEX	(S)	(CC)	N/A	#506H
08:30:00	Painting with Wilson Bickford Moonlit Beach Wilson uses cool blues and grays to walk down a moonlit beach, as the waves roll softly in and beach grasses sway with the light breeze.	NETA	(S)	(CC)	N/A	#311H
09:00:00	Landscapes Through Time with David Dunlop John Singer Sargent's Venice John Singer Sargent (1856-1925) travels to Venice many times over a 40-year period and paints dazzling plein air watercolor landscapes, turning away from portraiture. David paints a watercolor demonstration at the famous Piazza dei Giovanni e Paolo, the same scene painted by Sargent and centuries of painters, exploring his color theory and painting technique.	NETA	(S)	(CC)	DVI	#203H
09:30:00	Classical Stretch: The Esmonde Technique Slenderize The Waiste & Flatten The Abs	APTEX	(S)	(CC)	DVI	#808Z
10:00:00	Sit and Be Fit Controlled Breathing Mary Ann experiments with several ways to control breathing to efficiently distribute oxygen throughout the body.	NETA	(S)	(CC)	N/A	#1406H

Sat, May 12, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
10:30:00	Functional Fitness with Suzanne Andrews Leg Strengthening Workout	ACCES	(S)	(CC)	N/A	#308H
11:00:00	Delicious TV's Vegan Mashup A Reason to Rise This episode focuses on breakfast packed with punch from a quick & easy raw smoothie to a full breakfast for your hungry friends and family. Raspberry Morning Muffins/Truffled Tofu & Sweet Potato Hash Browns/Quinoa Porridge/Ginger Snap Smoothies	NETA	(S)	(CC)	DVI	#106H
11:30:00	Mexico -- One Plate at a Time with Rick Bayless Love of Live Fire Cooking In Yucatan, cooking over fire is a way of life. Rick meets up with chef Juan Pablo Loza, who ignites the wood-fire grill for octopus with local pineapple. At Zama Beach Club in Isla Mujeres, Cancun chef Federico Lopez fires up his seaside grill to make tikin xic, a Yucatecan grilled fish dish smothered with achiote, the region's hallmark spice paste. And chef Eric Werner shows off his all wood-fire kitchen at Hartwood in Tulum. Forever obsessed with cooking over fire, Rick goes to Lena Brava, his new all wood-fire restaurant in Chicago, to make poc chuc, a traditional citrusy grilled spicy pork dish, then to his backyard for spatchcocked chicken al oreghano worthy of a summertime fiesta.	APTEX	(S)	(CC)	N/A	#1106H
12:00:00	Lidia's Kitchen Cooking with Wine Italians love to drink wine with their meals and cook with it as well. In this episode, Lidia shares a meal where wine plays a part of each delicious dish: sausage crostini: a toasted piece of bread topped with sweet Italian sausage and topped with taleggio cheese; linguine with white clam sauce: a simple white wine clam sauce served with linguine pasta; braised beef rolls: stuffed beef rolls oozing with the flavors of prosciutto, provolone and golden raisins served in a red wine tomato sauce.	APTEX	(S)	(CC)	N/A	#406H
12:30:00	Moveable Feast with Fine Cooking Seattle, Washington Explore the Pacific Northwest as Moveable Feast with Fine Cooking travels to Seattle to get a taste of some of the freshest food on the West Coast. Host Curtis Stone travels by seaplane to Coupeville with chef Tom Douglas, winner of three James Beard Awards, and chef Renee Erickson, a driving force in the food boom of Seattle. First stop: a visit to Penn Cove to see where mussels grow in the best environment in the region. Next, he meets Georgie Smith of Willowood Farms, one of the most photographed, painted, and otherwise admired farmscapes in the Pacific Northwest. The chefs collaborate to create a true regional feast that includes steamed mussels and a spiced mussel and saffron soup followed by grilled whole salmon with Walla Walla onions and fava leaves, plus Washington state rhubarb cake.	APTEX	(S)	(CC)	N/A	#502H
13:00:00	Expeditions with Patrick Mcmillan Colorado's Rocky Mountains - Challenges and Changes When you think of the Rocky Mountains you probably picture a wilderness that is far removed from our influence. It turns out that may not be the case. Life is changing here from the alpine lakes to fragile tundra life to the mighty forests of the mountain slopes. Join Patrick as he explores the challenges and changes that are happening in the Colorado Rockies.	APTEX	(S)	(CC)	N/A	#306H
13:30:00	Weekends with Yankee Winter In New England Winter in New England is a season of sparkling snow, deep-blue skies, sleigh rides, skiing, and vibrant cities where you can escape the cold for indoor delights. This week on Weekends with Yankee, we slide along the snow in a horse-drawn sleigh in beautiful Jackson, New Hampshire. Then we're off to Boston for a food lover's tour with one of the country's top chefs, Barbara Lynch. We round things out by escaping the crowds and taking to the pristine trails of northern New England for an adventure on cross-country skis.	APTEX	(S)	(CC)	N/A	#113H
14:00:00	Rick Steves' Europe Denmark: Beyond Copenhagen Using Copenhagen as a spring board, we'll visit the very best of Denmark. Aarhus welcomes us with its ruddy affluence, charming open air museum and eerily well-preserved ancient bog man. Roskilde impresses visitors with its royal burial church and the best Viking ship museum anywhere. And the delightfully quaint Isle of Aero beckons a bike ride among thatched cottages, "snooping mirrors", and cobbled alleyways that reminds us of the world of Hans Christian Andersen.	APTEX	(S)	(CC)	N/A	#511H
14:30:00	Born to Explore with Richard Wiese Morocco: The Last Nomads Discover Morocco with explorer Richard Wiese on a Saharan adventure. Atop an Arabian stallion, he joins in the Fantasia, an annual tribal celebration of traditional horsemanship. He journeys through the Sahara to meet a family of Berber nomads; encounters classic Moroccan hospitality and finds out how nomadic people survive in the desert.	APTEX	(S)	(CC)	N/A	#109H
15:00:00	Garden Smart Did you know that daffodils have four different periods of bloom? Select the right varieties and you can have daffodils blooming for eight weeks. GardenSMART visits an expert who has the most impressive collection of daffodils we've encountered. And there is a lot to learn. Be sure to tune in as we GardenSMART.	NETA	(S)	(CC)	N/A	#5009H

Sat, May 12, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:30:00	For Your Home Coming Along Swimmngly	APTEX	(S)	(CC)	N/A	#3102H
	When the sun is hot and there's a mountain of dirt in your backyard it might seem as if your dream pool is never going to become a reality. Host Vicki Payne shows you how to not sweat the small details and keep your eye on the prize as FYH completes their first backyard pool construction project.					
16:00:00	Drexel Interview Jeffrey Toobin	NETA		(CC)	N/A	#601H
	Jeffrey Toobin's interest in the law has carried him from the courtroom to current events commentary. As a lawyer-turned-journalist, Toobin rapidly gained notoriety as a legal voice in American media as a staff writer for The New Yorker and senior legal analyst for CNN. He also is the author of the recent American Heiress: The Wild Saga of the Kidnapping, Crimes and Trial of Patty Hearst and The Run of His Life: The People v. O. J. Simpson, which was adapted into a a television series. Host Paula Marantz Cohen discusses Toobin's unique career trajectory, as well as the subjects and events related to his popular books.					
16:30:00	Overheard with Evan Smith Bill De Blasio, New York City Mayor	NETA	(S)	(CC)	N/A	#827H
	Bill de Blasio is the 109th Mayor of New York City. Since assuming office in 2014, Mayor de Blasio has worked on initiatives including Pre-K for All, Paid Sick Leave and Housing New York. Previously, Mayor de Blasio served as regional director at the U.S. Department of Housing and Urban Development and as head of Hillary Clinton's campaign in 2000 for the U.S. Senate.					
17:00:00	Pen TV Program TBA Place Holder for TBA Program		(S)	(N)	N/A	#0H
17:30:00	Craftsman's Legacy The Metal Engraver	APTEX	(S)	(CC)	N/A	#202H
	With intricate flourishes, filigree, and a lot of magnification, host Eric Gorges and metal engraver David Riccardo create a breathtaking metal engraving.					
18:00:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3619H
18:30:00	The Open Mind	NETA		(CC)	N/A	#3841H
19:00:00	Closer to Truth How Could God Intervene in the Universe?	EPS	(S)	(CC)	N/A	#1506H
	For God to be God, God could not do nothing. If God exists, God must do things. Assuming God created the universe, then God should do things with the universe. But what? And how?					
19:30:00	The Whole Truth with David Eisenhower President Obama's Legacy In World Affairs: Change, for Certain, But What About	APTEX	(S)	(CC)	N/A	#201H
	Guests: Zack Beauchamp, World Correspondent, Vox.com; Trudy Rubin, "Worldview" columnist, The Philadelphia Inquirer; Thomas Wright, Fellow and project director, Brookings Institution; Phyllis Bennis, Fellow, Institute for Policy Studies.					
20:00:00	Speakeasy Jimmie Vaughan and Gary Clark Jr.	APTEX	(S)	(CC)	N/A	#301H
	Grammy Award winner Gary Clark Jr. is joined by four-time Grammy Award winner Jimmie Vaughan at New York City's Iridium for a taping of the intimate conversation series "Speakeasy." Clark has been called "The Chosen One" by Rolling Stone and has been hailed as a major talent by icons including the Rolling Stones, Sheryl Crow, and Paul McCartney. He has leant his unique blend of rock, R&B, blues, soul, and pop to multiple soundtracks including the acclaimed movie "12 Years a Slave." Vaughan has been regarded by Guitar Player magazine as "a living legend" and is one of the most respected guitarists in the world of popular music. With the Famous Thunderbirds, he spearheaded the current blues revival and has earned the admiration of B.B. King, Buddy Guy, Eric Clapton, and Z.Z. Top's Billy Gibbons.					
21:00:00	Front and Center Songwriters Hall of Fame: Nile Rodgers	APTEX	(S)	(CC)	N/A	#810H
	The spotlight is on co-founder of Chic, legendary producer, and Songwriters Hall of Fame inductee Nile Rodgers in a very special episode with interview and performance from the Songwriters Hall of Fame.					

Daily Program Listing II

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Sat, May 12, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Globe Trekker Wild West: USA	APTEX	(S)	(CC)	N/A	#1624H
	In this Globe Trekker special, Zay Harding, Sami Sabiti, Holly Morris, Justine Shapiro and Ian Wright explore the extraordinary history of America's spectacular Wild West. Sami starts the journey by following Lewis & Clark's 3700-mile journey of exploration from 1804, Zay visits the location of the most famous siege in the history of the Wild West - the Alamo, Justine visits the site of the first discovery of the California Gold Rush, Holly joins the annual re-ride of the 2, 000-mile Pony Express route, and Ian heads to the Little Bighorn battlefield in Montana, the site of Custer's Last Stand in 1876.					
23:00:00	Arts In Context Oh Snap, My Alien Children Are Trying to Kill Me	NETA	(S)	(CC)	N/A	#806H
	Seeking to make a positive, measurable impact on his community, Zell Miller III - spoken word artist, poet, and educator - empowers others to tell their own stories in their own ways. Extended: Zell Miller III weaves poetry, theater and hip hop culture into every aspect of his groundbreaking work as an interdisciplinary theater artist and educator. As an artist, he pulls from his personal experiences to give context to greater societal strife. As an educator and counselor, Miller empowers his students and his community to tell their own stories in their own ways. For over 20 years, Miller has made a positive, measurable impact on his community.					
23:30:00	Articulate with Jim Cotter	APTEX	(S)	(CC)	N/A	#301H
	Wealth, insecurity, and...partying? Articulate's season 3 premieres with Andrew W.K. and Lauren Greenfield.					

Sun, May 13, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Closer to Truth How Could God Intervene in the Universe? For God to be God, God could not do nothing. If God exists, God must do things. Assuming God created the universe, then God should do things with the universe. But what? And how?	EPS	(S)	(CC)	N/A	#1506H
00:30:00	The Whole Truth with David Eisenhower President Obama's Legacy In World Affairs: Change, for Certain, But What About Guests: Zack Beauchamp, World Correspondent, Vox.com; Trudy Rubin, "Worldview" columnist, The Philadelphia Inquirer; Thomas Wright, Fellow and project director, Brookings Institution; Phyllis Bennis, Fellow, Institute for Policy Studies.	APTEX	(S)	(CC)	N/A	#201H
01:00:00	Speakeasy Jimmie Vaughan and Gary Clark Jr. Grammy Award winner Gary Clark Jr. is joined by four-time Grammy Award winner Jimmie Vaughan at New York City's Iridium for a taping of the intimate conversation series "Speakeasy." Clark has been called "The Chosen One" by Rolling Stone and has been hailed as a major talent by icons including the Rolling Stones, Sheryl Crow, and Paul McCartney. He has leant his unique blend of rock, R&B, blues, soul, and pop to multiple soundtracks including the acclaimed movie "12 Years a Slave." Vaughan has been regarded by Guitar Player magazine as "a living legend" and is one of the most respected guitarists in the world of popular music. With the Famous Thunderbirds, he spearheaded the current blues revival and has earned the admiration of B.B. King, Buddy Guy, Eric Clapton, and Z.Z. Top's Billy Gibbons.	APTEX	(S)	(CC)	N/A	#301H
02:00:00	Front and Center Songwriters Hall of Fame: Nile Rodgers The spotlight is on co-founder of Chic, legendary producer, and Songwriters Hall of Fame inductee Nile Rodgers in a very special episode with interview and performance from the Songwriters Hall of Fame.	APTEX	(S)	(CC)	N/A	#810H
03:00:00	Globe Trekker Wild West: USA In this Globe Trekker special, Zay Harding, Sami Sabiti, Holly Morris, Justine Shapiro and Ian Wright explore the extraordinary history of America's spectacular Wild West. Sami starts the journey by following Lewis & Clark's 3700-mile journey of exploration from 1804, Zay visits the location of the most famous siege in the history of the Wild West - the Alamo, Justine visits the site of the first discovery of the California Gold Rush, Holly joins the annual re-ride of the 2, 000-mile Pony Express route, and Ian heads to the Little Bighorn battlefield in Montana, the site of Custer's Last Stand in 1876.	APTEX	(S)	(CC)	N/A	#1624H
04:00:00	Arts In Context Oh Snap, My Alien Children Are Trying to Kill Me Seeking to make a positive, measurable impact on his community, Zell Miller III - spoken word artist, poet, and educator - empowers others to tell their own stories in their own ways. Extended: Zell Miller III weaves poetry, theater and hip hop culture into every aspect of his groundbreaking work as an interdisciplinary theater artist and educator. As an artist, he pulls from his personal experiences to give context to greater societal strife. As an educator and counselor, Miller empowers his students and his community to tell their own stories in their own ways. For over 20 years, Miller has made a positive, measurable impact on his community.	NETA	(S)	(CC)	N/A	#806H
04:30:00	Articulate with Jim Cotter Wealth, insecurity, and...partying? Articulate's season 3 premieres with Andrew W.K. and Lauren Greenfield.	APTEX	(S)	(CC)	N/A	#301H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#597
08:00:00	Painting and Travel with Roger & Sarah Bansemer Roosevelt and Rufus Visit the downtown of historic St. Augustine, Florida and take a horse drawn carriage ride thru the old city. Roger paints the carriage horse and Sarah talks to the driver who began his career at a very young age.	NETA	(S)	(CC)	N/A	#312H
08:30:00	Painting with Paulson Afternoon Power Part II	NETA	(S)	(CC)	N/A	#1512H
09:00:00	Wyland's Art Studio Orcas Below Art Lesson: Creating Depth. Create the illusion of three-dimensional imagery. Mastering the ability to create depth in art takes practice and patience. Draw distant objects small than close objects. Incorporate the effects of atmosphere that decrease visibility of objects farther from the viewer. Reduce detail as the background diminishes with mountains and other objects appearing only as silhouettes. Other techniques to imply depth may include reducing color in the background to reinforce the concept of distance between images. Warm colors appear closer to the viewer, while cool colors appear farther. It should be noted that a full range of colors might be unneeded. Using three or even only two colors can make a coherent image with an exceptional sense of depth.	APTEX		(CC)	N/A	#613H

Sun, May 13, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique Improve Your Posture & Increase Your Energy	APTEX	(S)	(CC)	DVI	#809Z
10:00:00	Sit and Be Fit Vestibular and Core Mary Ann combines a nice mix of vestibular and core work while Gretchen reinforces the importance of gait training exercises.	NETA	(S)	(CC)	N/A	#1407H
10:30:00	Power Yoga: Mind and Body	APTEX	(S)	(CC)	N/A	#206
11:00:00	Yan Can Cook: Spice Kingdom	APTEX	(S)	(CC)	N/A	#102H
11:30:00	New Orleans Cooking with Kevin Belton Poultry Chicken Clemenceau, slow roasted duck with orange and soy gravy, boudin stuffed quail.	APTEX	(S)	(CC)	N/A	#124H
12:00:00	Ciao Italia Aristocratic Pasta - Pasta Aristocratica Mary Ann visits the New York Academy of Medicine's collection of rare Italian cookbooks. She's inspired to create two traditional molded pasta dishes, featuring the same ingredients used hundreds of years ago, fit for a king's palate - and yours too.	NETA	(S)	(CC)	N/A	#2504H
12:30:00	Mike Colameco's Real Food Batard 239 W Broadway is hallowed ground in the NYC restaurant world. In 1989 impresario Drew Nieporent opened Montrachet there to great acclaim, that was followed by the 3 Star Corton and now Batard which earned accolade after accolade including the James Beards best new restaurant of 2014 and another 3 stars from the NY Times.	NETA	(S)	(CC)	N/A	#1403H
13:00:00	Travels with Darley New Mexico's Continental Divide Trail Explore the Continental Divide Trail, one of our nation's National Scenic Trails, by biking, hiking and rafting, discovering unique places to unplug, refuel and learn about history, culture and ecology. Diverse landscapes and stops throughout the state of New Mexico, including Pie Town, Silver City, the Rio Chama, the Cosmic Campground, the Gila Cliff Dwellings, a mountain sacred to the Navajo people and a monastery in the high desert.	NETA	(S)	(CC)	N/A	#502H
13:30:00	Travel Detective with Peter Greenberg Crossing Border for Cheaper Airfare CBS News Travel Editor Peter Greenberg tells us about a new bridge at the U.S. Mexican border allowing Americans to travel to Tijuana's airport for cheaper airfare. Plus, with new rules in effect, we tell you what you need to know before you travel to Cuba. And, some believe a specific hotel in Hungary was the inspiration for the Oscar-nominated film "The Grand Budapest Hotel." No matter what you think, correspondent Tracy Gallagher tells us why it's a true hotel with a past.	NETA	(S)	(CC)	N/A	#406H
14:00:00	Wild Photo Adventures Rocky Mountain Elk Host and professional wildlife photographer Doug Gardner and nature photographer Michael Mauro hike the breath-taking Rocky Mountains in search of rutting Elk to photograph.	NETA	(S)	(CC)	DVI	#209H
14:30:00	In The Americas with David Yetman Ecuador: Native Peoples Meet The Oilmen Revenues from Amazon oil mean prosperity to many Ecuadorans, but the benefits for native peoples of the Amazon are less clear. Chinese oil interests are scouring the ancestral lands of Huaorani people for petroleum. The results are varied and controversial as the Huaorani lands and pristine rain forest are invaded by oil explorers and their machines.	APTEX	(S)	(CC)	N/A	#602H
15:00:00	Woodsmith Shop Top-Notch Chiseling to High-End Hardware Take your chiseling techniques to the next level as the Woodsmith editors show you how to clean out a through mortise.	NETA	(S)	(CC)	N/A	#902H
15:30:00	American Woodshop Headboards & Bedsteads Making hand crafted bed accents from century old yellow pine.	NETA	(S)	(CC)	N/A	#2211H

Sun, May 13, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:00:00	Happy Yoga with Sarah Starr Sunrise Delight	NETA	(S)	(CC)	N/A	#202H
	Savor the brilliant colors of sunrise as we reconnect you to your abdominal muscles with gentle seated exercises using a chair for support, focusing on igniting the core as well as activating the hip flexors and quadriceps.					
16:30:00	Second Opinion C. Difficile	APTEX	(S)	(CC)	N/A	#1008H
	Patient Story: When the bacteria Clostridium difficile (C.diff) grows out of control in your intestines, you can become very sick with what is commonly known as C. diff. Lois Joseph shares her painful story of living with C. diff and how she ultimately overcame this horrible illness. Myth or Medicine: Is C. diff only acquired in healthcare settings? Second Opinion 5: Five ways to prevent contracting C. diff.					
17:00:00	Healthy Body Healthy Mind The Challenges of Idiopathic Pulmonary Fibrosis	EPS	(S)	(CC)	N/A	#3504H
	Idiopathic Pulmonary Fibrosis, or IPF, is a disease that robs a person's ability to breathe normally. Idiopathic, means "unknown cause", and fibrosis is defined as scar tissue. So, IPF creates a scarring of the lungs, eventually causing an irreversible loss in the capacity to transport oxygen through the bloodstream to all parts of the body including vital organs. IPF affects about 128,000 people in the United States, and there are approximately 48,000 new cases diagnosed each year. And sadly, IPF accounts for about 40,000 deaths each year - a toll roughly equal to breast cancer. Most IPF patients are diagnosed between the ages of 40 and 70 and tend to be male. Although there is no known cause, several risk factors for IPF have been identified which include smoking, exposure to certain types of dust and fumes, and genetics. In this program, we will hear from leading medical experts about the ongoing research into the treatment of this disease, and we will speak with IPF patients, about this often debilitating condition.					
17:30:00	Well Read Ian Rankin: Rather Be The Devil	APTEX	(S)	(CC)	N/A	#618H
	International best selling author Ian Rankin, fresh from his homeland of Scotland, talks about his latest tale for popular detective John Rebus in the new book Rather Be The Devil. A must read about power, corruption, and bitter rivalries in the dark heart of Edinburgh.					
18:00:00	California's Gold Masonic Cave	KCET		(CC)	N/A	#6003
	Huell's off to Amador county and the town of Volcano. It was once a thriving, gold mining town in the 1850s and 1860s, but Huell has set off to discover the mysterious cave in this mountain community which served as a Masonic lodge.					
18:30:00	Joseph Rosendo's Travelscope Taiwan Lantern Festival	APTEX	(S)	(CC)	DVI	#712H
	Joseph, a winner of the 2013 Taiwan Tourism Festival Awards, deepens his understanding of Taiwan and its people by criss-crossing the island during the Taiwan Lantern Festival. A celebration of light, culture and tradition, the festival is a Chinese holiday more than 2,000 years old. Joseph discovers that while the Taiwan Lantern Festival has its electric side, it also values the human touch. While the festival showcases the country's modern, technological side, it also honors its historic customs and traditions. Joseph explores these cultural connections at the national display of lanterns in Hsinshu, in historic temples and at street-side puppet shows, by enjoying traditional foods and, in the mountain district of Pingshi, by joining in the poignant release of thousands of sky lanterns which carry the wishes and dreams of locals and visitors heavenward.					
19:00:00	Blackademics Television Glover / Thompson	KNME	(S)	(CC)	N/A	#402H
	An African American High School student talks about challenges and successes in the advanced placement classroom. A music instructor talks about youth empowerment through song.					
19:30:00	The Kamla Show Special Shireen Santosham	KAMLA	(S)	(CC)	N/A	#139H
20:00:00	Black America Black Women and Politics with Kimberly Peeler-Allen	EPS	(S)	(CC)	N/A	#131H
	Kimberly Peeler-Allen, co-founder of Higher Heights, an organization that works to get more black women elected to public office, sat down with Carol Jenkins to discuss black women in politics. Peeler-Allen talks about the low number of black women elected to congress and the difficulties many face inside and outside the political process such as fundraising and campaigning.					
20:30:00	Asian American Life	EPS	(S)	(CC)	N/A	#206H
	We feature influential Asian Americans with an impact on America. We focus on Assemblyman Ron Kim, the first Korean-American elected to New York State Legislature. Lawyer and Author Helen Wan speaks to Reporter Paul Lin about her new book "The Partner Track" and how Asian American attorneys are breaking through the "Bamboo Ceiling" at corporate law firms.					

Sun, May 13, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
21:00:00	On Life's Terms: Mothers In Recovery	NETA	(S)	(CC)	N/A	#0H
	Driven by the desire for custody of their children, five mothers struggle to overcome addiction in a gender responsive residential treatment program. Their intimate story reveals experiences with domestic violence, prostitution, incarceration and complex intergenerational relations. On Life's Terms: Mothers in Recovery interweaves the women's three year journey to transform their lives through self-sufficiency and new found pride with drug laws that impact mother and child, and will inspire hope for recovery. On Life's Terms: Mothers in Recovery addresses the larger issues of "Treatment Works" and "Family Preservation is Prevention" by breaking the cycle of addiction, abuse and poverty.					
22:00:00	Pacific Heartbeat Making Good Men	APTEX	(S)	(CC)	N/A	#702H
	What would you say if you came face to face with your childhood bully as an adult? Maybe you have it all mapped out in your head, maybe you've practiced your speech a million times. Or were you the bully? Have you ever thought about whether you would acknowledge your past, given the opportunity? In this moving and remarkably told story, two high profile men, a former All Black rugby player and a Hollywood actor, reveal their unforgettable account of bullying with unprecedented honesty. It's also about how the cycle of abuse, which is all too often seen in New Zealand families, can and must be broken. Making Good Men is not a story of blame or humiliation. It is a path to forgiveness, redemption, reconciliation and ultimately to restoration.					
23:00:00	Erma Bombeck: Legacy of Laughter	APT	(S)	(CC)	N/A	#0
	ERMA BOMBECK: LEGACY OF LAUGHTER examines the extraordinary life and career of beloved American humorist Erma Bombeck (1927-1996), whose honest tales of domestic life gave voice to millions of homemakers. Archival photographs, video clips and personal memorabilia trace Bombeck's life, from her childhood during the Great Depression to her work as a women's rights activist. The program is interspersed with uplifting and humorous interviews with Erma's family, friends and colleagues, including a touching on-camera introduction and narration by her neighbor and friend, former talk-show host Phil Donahue. LEGACY OF LAUGHTER also features readings from some of Bombeck's best columns, and documents her continuing impact on readers, parents and writers today.					
23:30:00	Our American Family: The Barreras	NETA	(S)	(CC)	N/A	#0H
	The first half of the 1900's represents the last era of American life that, for most families, began largely unchanged from the generations that came before. OUR AMERICAN FAMILY: THE BARRERAS From the darkness of a coal mine in New Mexico to vibrant beauty under the California sun, Our American Family: The Barreras Family provides a compelling narrative of unwavering commitment to family. Life in the remote company-owned town of Madrid in the 1920s and '30s was a mixture of hard, dangerous work offset by the joy of baseball and celebrations. With the closing of the mine in the early '40s, the extended family re-established itself in southern California by living frugally and powerfully supporting one another through challenges.					

Mon, May 14, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Blackademics Television Glover / Thompson An African American High School student talks about challenges and successes in the advanced placement classroom. A music instructor talks about youth empowerment through song.	KNME	(S)	(CC)	N/A	#402H
00:30:00	The Kamla Show Special Shireen Santosham	KAMLA	(S)	(CC)	N/A	#139H
01:00:00	Black America Black Women and Politics with Kimberly Peeler-Allen Kimberly Peeler-Allen, co-founder of Higher Heights, an organization that works to get more black women elected to public office, sat down with Carol Jenkins to discuss black women in politics. Peeler-Allen talks about the low number of black women elected to congress and the difficulties many face inside and outside the political process such as fundraising and campaigning.	EPS	(S)	(CC)	N/A	#131H
01:30:00	Asian American Life We feature influential Asian Americans with an impact on America. We focus on Assemblyman Ron Kim, the first Korean-American elected to New York State Legislature. Lawyer and Author Helen Wan speaks to Reporter Paul Lin about her new book "The Partner Track" and how Asian American attorneys are breaking through the "Bamboo Ceiling" at corporate law firms.	EPS	(S)	(CC)	N/A	#206H
02:00:00	On Life's Terms: Mothers In Recovery Driven by the desire for custody of their children, five mothers struggle to overcome addiction in a gender responsive residential treatment program. Their intimate story reveals experiences with domestic violence, prostitution, incarceration and complex intergenerational relations. On Life's Terms: Mothers in Recovery interweaves the women's three year journey to transform their lives through self-sufficiency and new found pride with drug laws that impact mother and child, and will inspire hope for recovery. On Life's Terms: Mothers in Recovery addresses the larger issues of "Treatment Works" and "Family Preservation is Prevention" by breaking the cycle of addiction, abuse and poverty.	NETA	(S)	(CC)	N/A	#0H
03:00:00	Pacific Heartbeat Making Good Men What would you say if you came face to face with your childhood bully as an adult? Maybe you have it all mapped out in your head, maybe you've practiced your speech a million times. Or were you the bully? Have you ever thought about whether you would acknowledge your past, given the opportunity? In this moving and remarkably told story, two high profile men, a former All Black rugby player and a Hollywood actor, reveal their unforgettable account of bullying with unprecedented honesty. It's also about how the cycle of abuse, which is all too often seen in New Zealand families, can and must be broken. Making Good Men is not a story of blame or humiliation. It is a path to forgiveness, redemption, reconciliation and ultimately to restoration.	APTEX	(S)	(CC)	N/A	#702H
04:00:00	Erma Bombeck: Legacy of Laughter ERMA BOMBECK: LEGACY OF LAUGHTER examines the extraordinary life and career of beloved American humorist Erma Bombeck (1927-1996), whose honest tales of domestic life gave voice to millions of homemakers. Archival photographs, video clips and personal memorabilia trace Bombeck's life, from her childhood during the Great Depression to her work as a women's rights activist. The program is interspersed with uplifting and humorous interviews with Erma's family, friends and colleagues, including a touching on-camera introduction and narration by her neighbor and friend, former talk-show host Phil Donahue. LEGACY OF LAUGHTER also features readings from some of Bombeck's best columns, and documents her continuing impact on readers, parents and writers today.	APT	(S)	(CC)	N/A	#0
04:30:00	Our American Family: The Barreras The first half of the 1900's represents the last era of American life that, for most families, began largely unchanged from the generations that came before. OUR AMERICAN FAMILY: THE BARRERAS From the darkness of a coal mine in New Mexico to vibrant beauty under the California sun, Our American Family: The Barreras Family provides a compelling narrative of unwavering commitment to family. Life in the remote company-owned town of Madrid in the 1920s and '30s was a mixture of hard, dangerous work offset by the joy of baseball and celebrations. With the closing of the mine in the early '40s, the extended family re-established itself in southern California by living frugally and powerfully supporting one another through challenges.	NETA	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#598
08:00:00	Mixed Nutz School's In Session School is a nightmare - literally! Babak worries that his new school will be a horrible experience because kids always tease him when they find out where he is from. Michael is worried that he is being perceived as boring. Both realize, after they get to know one another through a school assignment, that just being yourself is good enough. Lesson: Be proud of who you are.	NETA	(S)	(CC)	N/A	#501H
08:30:00	1001 Nights The Tale of the Haunted Palace/Habib and the Baby Genie "The Tale of the Haunted Palace" - When their wagon breaks down in the middle of nowhere, Shahryar, Shahrzad, Shahzaman, and Donyazad are forced to spend the night in a haunted place. "Habib and the Baby Genie" - A baby genie and a human are switched at birth.	NETA	(S)	(CC)	DVI	#124H

Mon, May 14, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Functional Fitness with Suzanne Andrews Anti Aging	ACCES		(CC)	N/A	#106H
09:30:00	Classical Stretch: The Esmonde Technique Strengthen Hips & Core	APTEX	(S)	(CC)	DVI	#810Z
10:00:00	Sit and Be Fit Posture	NETA	(S)	(CC)	N/A	#1408H
	Mary Ann breaks down techniques to improve our posture and special guest Jeff Brooks gives us a balance exercise for the day.					
10:30:00	Sewing with Nancy Patchwork Patterns Inspired By Antique Quilts, Part 2	NETA	(S)	(CC)	N/A	#3015H
	Nancy and guest, Julie Hendricksen, continue a look back in time to admire the work of quilt-making pioneers who didn't have the conveniences that we have today. Their skills, patterns, fabric choices, and designs serve as inspiration for quilts that we can reproduce. Be inspired by the Sewing Basket, Pinwheel, Medallion, and Triangles in a Row quilts.					
11:00:00	Knit and Crochet Now! Unique Accessories	APTEX	(S)	(CC)	DVI	#711H
	Deborah Norville is working with Rohn Strong this week on a couple of very unique projects. First up is the Linetta Hat using Tunisian crochet and then Rohn shows how to use a knitting loom to make the Les Bouquets Shawl. Ellen is over in the stitch corner and will show how to crochet the Crocodile Stitch.					
11:30:00	Fons & Porter's Love of Quilting Kitchen Windows	NETA	(S)	(CC)	N/A	#2906H
	Cathedral Windows is a unique, classic pattern, but demanding enough that most people hesitate to try it. With Kitchen Windows, Lindsay Conner and host Sara Gallegos teach machine-piecing techniques that make this so much easier for today's quilter. Designed around handy pre-cut 5-inch squares, this small project can be adapted for a pillow, and is a wonderful way to try out the classic quilt design.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7206H
13:00:00	America's Test Kitchen from Cook's Illustrated	APTEX	(S)	(CC)	N/A	#1811H
13:30:00	Pati's Mexican Table Campeche - Tale of a Pirate City	APTEX	(S)	(CC)	N/A	#505H
	Join Pati as she explores Campeche, a bright beautiful colonial city defined by its history of piracy. The best place to gain an understanding of this vivacious fortified city is the market. Local gastronomic historian, Lolina Echeverria, unearths what makes Campeche so special, including tasting the best turkey panuchos in the Yucatan Peninsula. Pati also makes her way to the best restaurant in town, La Pigua to sample some of the regions treasures like pescado verde and grilled octopus.					
14:00:00	Steven Raichlen's Project Smoke Raichlen On Ribs	APTEX	(S)	(CC)	N/A	#204H
	Ribs epitomize barbecue, combining well-marbled, rich-tasting meat with the primal pleasure of eating with your bare hands. In this show we embark on a rib world tour, from St. Louis ribs with a surprise ingredient to Chinatown spareribs and the Project Smoke version of the boneless rib sandwich. You'll also learn how to build an onion bomb that explodes with flavor in your mouth. St. Louis ribs with vanilla-brown sugar glaze; Chinatown ribs; Onion bombs; Rob's real BBQ baby back rib sandwich.					
14:30:00	George Hirsch Lifestyle Local Inspired Comfort Foods	APTEX	(S)	(CC)	N/A	#101H
	In the premiere episodes, George prepares family-inspired comfort foods, including mac-and-cheese, grilled pork sliders with crisp quick slaw, and double-chocolate brownies for dessert. George stops by a community-operated organic farm in Amagansett Long Island, where families support growing seasonal produce. Later, he visits the chef from Town Line BBQ who shares the secret of low-and-slow cooking. Recipes: - Pork Tenderloin Sliders - Savory Quick Slaw - Cheddar Jack-n-Mac - Double Chocolate Brownies.					
15:00:00	Beads, Baubles and Jewels Customize Your Components	NETA	(S)	(CC)	N/A	#2402H
	Take your style to the next dimension. Designer Erin Prais-Hintz uses glittery clay and beads to make her style statement in 3-D. Katie Hacker adds an unexpected style twist with simple rhinestone settings in her Beading Lesson.					

Mon, May 14, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:30:00	Make It Artsy Celebrations	NETA	(S)	(CC)	N/A	#109H
	Celebrate all that is artsy. Clay artist Laurie Mika celebrates love by embedding all sorts of charms into sculptured hearts. Kathy Cano-Murillo honors Mexican holiday Dia de los Muertos with stained glass ornaments. Janet Takahashi has calligraphy ideas for DIY weddings and mix media artist Jenn Mason makes a mini-banner for any celebration.					
16:00:00	Biz Kid\$ What's Up with the Stock Market?	APTEX	(S)	(CC)	DVI	#404H
	Learn the language of the stock market and how these terms apply to your life. Meet an 11-year-old who created an application for the iPhone that helps teach other kids about the stock market.					
16:30:00	Hands On Crafts for Kids People	NETA	(S)	(CC)	DVI	#1906H
	People keep life exciting. Jenny Barnett-Rohrs shows how to tag you and your best friends with matching lanyard tags. Candie Cooper celebrates diversity with whimsical cone kids. She also crafts one-of-a-kind wooden kokeshi dolls. Jenny uses age-old symbols to monoprint a family crest to frame or use for banners.					
17:00:00	P. Allen Smith's Garden Home The Best of Garden Home: Cooking	APTEX	(S)	(CC)	N/A	#1508H
	Join P. Allen Smith for a trip down memory lane as he revisits his favorite cooking segments from seasons past.					
17:30:00	Growing A Greener World Epic Tomatoes (Raleigh, Nc)	APTEX	(S)	(CC)	N/A	#803H
	This episode shadows expert tomato grower, Craig LeHoullier from planting to harvest to get practical tips from one of the most respected experts while learning unique and innovative growing methods for dealing with a variety of challenging conditions.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15096H
18:30:00	Americas Now Beefing Up	NETA	(S)	(CC)	N/A	#104H
	"Beefing Up" - Joel Richards reports from Argentina on that country's passion for beef. Argentinians eat an average of 100 pounds of meat each year. More than 200,000 pounds of beef was exported in 2016. Now, Argentina has found a new lucrative market. China has overtaken the European market the number one beef buyer. Next: Franc Contreras reports from Mexico on the disappearing cactus. A surprising 30% of desert plants are facing extinction. Mexico is stepping up efforts at conservation. Finally: To the tip of Cape Horn and another example of conservation in action. Chile's Omora Park provides a class room for biodiversity and climate change as scientists study the "miniature forest."					
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#9031
19:30:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3619H
20:00:00	The Kate John Oates	APTEX	(S)	(CC)	N/A	#306H
	Best known as half of the pop phenomenon Hall & Oates ("Rich Girl," "Sara Smile"), John Oates performs hits and music from his new bluesy roots album, Arkansas.					
21:00:00	Backstage Pass Betty Joplin	NETA	(S)	(CC)	N/A	#707H
	Grammy nominated Michigan favorite Betty Joplin lends her vocal styling to some of the greatest standards ever written. Includes "At Last," "Stormy Weather," and more. Joplin is backed by Larry Barrs, guitar; Jim Alfredson, keyboards; Jeff Shoup, drums. Recorded at Lansing JazzFest 2015 in the capital city's historic Old Town district.					
21:30:00	Backstage Pass Grupo Aye	NETA	(S)	(CC)	N/A	#717H
	Grand Rapids-based Grupo Aye brings a high energy salsa influence to the 2015 Lansing JazzFest stage. Their infectious sound features brass, vocals, piano, bongos, drums, and more. Songs include: "Mama Kiyelele," "Guajiro de Corazon," and "Llego` la Banda." Recorded at Lansing JazzFest 2015 in the capital city's historic Old Town district.					

Mon, May 14, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Ecosense for Living What Lies Beneath	NETA	(S)	(CC)	N/A	#207H
	Understanding how we affect the ocean can be a challenge since most of what happens lies beneath the surface. In this episode, we travel to Charleston, South Carolina where locals have united to protect their coast from seismic blasting and oil exploration. We meet the self-professed "coral nerd" and a filmmaker of the "Chasing Coral" documentary, and the intrepid entrepreneurs of 4Ocean, whose passion for fishing, surfing, and diving inspired an ocean cleanup company in south Florida.					
22:30:00	Ecosense for Living Take Back The Farm	NETA	(S)	(CC)	N/A	#107H
	There's a "growing" awareness in the U.S. about our food...where it comes from, how it's grown, and what exactly it takes to feed all of us nutritious, earth-conscious meals. In this episode, we explore farmers of all types in all kinds of situations. From Ron Finley, a renegade gardener in south central Los Angeles to south Georgia farmer, Will Harris, we'll meet people who are changing the way we think about and consume food. Lawn and garden expert Paul Tukey gives us some surprising revelations about how we moved from growing our own food to our fascination with perfect lawns. We'll get the story from a suburban man who became a local outlaw for "growing too many vegetables." We wrap with a quick trip to Chipotle, a national chain that's taking a local approach to their food supply.					
23:00:00	Coming of Age In Aging America	APTEX	(S)	(CC)	N/A	#0H
	It's widely accepted that most Americans are living decades longer than any generation in human history. This longevity has far-reaching implications for society, and experts, policy makers and the general population are only just beginning to grapple with how to reframe our thoughts on aging. What does it mean for communities, programs and policies, and how we live and work? COMING OF AGE IN AGING AMERICA is a penetrating documentary that probes these questions. It suggests that America's social and economic institutions will - and must - change to adapt to a staggering demographic transformation where more than half of the world's population will eventually be over the age of fifty. Over the course of an hour, the program examines the current social security system; looks at the data being collected on the aging brain and body at a Massachusetts Institute of Technology (MIT) lab; explores a town re-designing itself for multi-generational use; and observes a large medical system remodeling its work environment to both retain older workers and welcome younger ones. Through interviews with experts - including John W. Rowe, professor at Columbia University's Aging Center; Lisa F. Berkman, professor of public policy and director of the Harvard Center for Population and Development Studies; Laura L. Carstensen, professor and director of the Stanford University Center on Longevity; Joseph Coughlin, director of the MIT AgeLab; and urban planner Scott Ball - COMING OF AGE IN AGING AMERICA examines the exploding population shift, its impact on society, and the need to see the reach and magnitude of the changes an aging America will bring.					

Tue, May 15, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Americas Now Beefing Up "Beefing Up" - Joel Richards reports from Argentina on that country's passion for beef. Argentinians eat an average of 100 pounds of meat each year. More than 200,000 pounds of beef was exported in 2016. Now, Argentina has found a new lucrative market. China has overtaken the European market the number one beef buyer. Next: Franc Contreras reports from Mexico on the disappearing cactus. A surprising 30% of desert plants are facing extinction. Mexico is stepping up efforts at conservation. Finally: To the tip of Cape Horn and another example of conservation in action. Chile's Omora Park provides a class room for biodiversity and climate change as scientists study the "miniature forest."	NETA	(S)	(CC)	N/A	#104H
00:30:00	The Open Mind	NETA		(CC)	N/A	#3843H
01:00:00	The Kate John Oates Best known as half of the pop phenomenon Hall & Oates ("Rich Girl," "Sara Smile"), John Oates performs hits and music from his new bluesy roots album, Arkansas.	APTEX	(S)	(CC)	N/A	#306H
02:00:00	Backstage Pass Betty Joplin Grammy nominated Michigan favorite Betty Joplin lends her vocal styling to some of the greatest standards ever written. Includes "At Last," "Stormy Weather," and more. Joplin is backed by Larry Barrs, guitar; Jim Alfredson, keyboards; Jeff Shoup, drums. Recorded at Lansing JazzFest 2015 in the capital city's historic Old Town district.	NETA	(S)	(CC)	N/A	#707H
02:30:00	Backstage Pass Grupo Aye Grand Rapids-based Grupo Aye brings a high energy salsa influence to the 2015 Lansing JazzFest stage. Their infectious sound features brass, vocals, piano, bongos, drums, and more. Songs include: "Mama Kiyelele," "Guajiro de Corazon," and "Llego' la Banda." Recorded at Lansing JazzFest 2015 in the capital city's historic Old Town district.	NETA	(S)	(CC)	N/A	#717H
03:00:00	Ecosense for Living What Lies Beneath Understanding how we affect the ocean can be a challenge since most of what happens lies beneath the surface. In this episode, we travel to Charleston, South Carolina where locals have united to protect their coast from seismic blasting and oil exploration. We meet the self-professed "coral nerd" and a filmmaker of the "Chasing Coral" documentary, and the intrepid entrepreneurs of 4Ocean, whose passion for fishing, surfing, and diving inspired an ocean cleanup company in south Florida.	NETA	(S)	(CC)	N/A	#207H
03:30:00	Ecosense for Living Take Back The Farm There's a "growing" awareness in the U.S. about our food...where it comes from, how it's grown, and what exactly it takes to feed all of us nutritious, earth-conscious meals. In this episode, we explore farmers of all types in all kinds of situations. From Ron Finley, a renegade gardener in south central Los Angeles to south Georgia farmer, Will Harris, we'll meet people who are changing the way we think about and consume food. Lawn and garden expert Paul Tukey gives us some surprising revelations about how we moved from growing our own food to our fascination with perfect lawns. We'll get the story from a suburban man who became a local outlaw for "growing too many vegetables." We wrap with a quick trip to Chipotle, a national chain that's taking a local approach to their food supply.	NETA	(S)	(CC)	N/A	#107H
04:00:00	Coming of Age In Aging America It's widely accepted that most Americans are living decades longer than any generation in human history. This longevity has far-reaching implications for society, and experts, policy makers and the general population are only just beginning to grapple with how to reframe our thoughts on aging. What does it mean for communities, programs and policies, and how we live and work? COMING OF AGE IN AGING AMERICA is a penetrating documentary that probes these questions. It suggests that America's social and economic institutions will - and must - change to adapt to a staggering demographic transformation where more than half of the world's population will eventually be over the age of fifty. Over the course of an hour, the program examines the current social security system; looks at the data being collected on the aging brain and body at a Massachusetts Institute of Technology (MIT) lab; explores a town re-designing itself for multi-generational use; and observes a large medical system remodeling its work environment to both retain older workers and welcome younger ones. Through interviews with experts - including John W. Rowe, professor at Columbia University's Aging Center; Lisa F. Berkman, professor of public policy and director of the Harvard Center for Population and Development Studies; Laura L. Carstensen, professor and director of the Stanford University Center on Longevity; Joseph Coughlin, director of the MIT AgeLab; and urban planner Scott Ball - COMING OF AGE IN AGING AMERICA examines the exploding population shift, its impact on society, and the need to see the reach and magnitude of the changes an aging America will bring.	APTEX	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#599

Tue, May 15, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:00:00	Mixed Nutz Lessons The kids are not only faced with school on a Saturday but with a swimming class taught by a very demanding coach. After a series of trials and tribulations (such as getting frogs stuck in their bathing suits and getting dragged behind a speed boat), the kids learn that together they can overcome any obstacle...including off-the-wall swim coaches! Lesson: With teamwork, you can overcome any obstacle.	NETA	(S)	(CC)	N/A	#502H
08:30:00	1001 Nights Three Tales of a Daydreaming Girl/Abu Mohammad Lazybones "Three Tales of a Daydreaming Girl" - A second set of shorts about a cat who befriends a bird, a genie-in-training, and a little pickpocket who finds kindness in others. "Abu Mohammad Lazybones" - A simpleton rises to become the leader of a town without trying to.	NETA	(S)	(CC)	DVI	#125H
09:00:00	Functional Fitness with Suzanne Andrews Copd/Asthma	ACCES		(CC)	N/A	#107H
09:30:00	Classical Stretch: The Esmonde Technique Unlock Your Spine & Improve Your Posture	APTEX	(S)	(CC)	DVI	#811Z
10:00:00	Sit and Be Fit Breathing Mary Ann offers several techniques to develop healthy breathing habits.	NETA	(S)	(CC)	N/A	#1409H
10:30:00	Sewing with Nancy Sew A Knit Wardrobe from Start to Finish, Part 1 Start with a simple pattern and medium-weight knit fabric, plus a few sewing notions and you're ready to learn the basics of sewing with knits. Then, sew a versatile, yet carefree wardrobe in a minimum of sewing time with Nancy's streamline instructions. A swing jacket and top are the two wardrobe pieces featured in this first episode.	NETA	(S)	(CC)	N/A	#3016H
11:00:00	Knit and Crochet Now! Dress Up The Pup We've got plaids for your pooch and hoodies for your hound dog! Today Deborah is joined by Lena Skvagerson who will show how to knit up the Hound Dog Hoodie in a "hounds tooth" pattern. Robyn Chachula is next up with Poppy's Plaid Crochet Dog Sweater featuring a raised stitch plaid. In the stitch corner Lena will show how to knit her very own version of the Crocodile Stitch.	APTEX	(S)	(CC)	DVI	#712H
11:30:00	Fons & Porter's Love of Quilting Red Between The Lines, Part 1 A magnificent quilt in the tradition of red-and-white quilts, Marianne Fons' Red Between the Lines was featured in the debut exhibit at the Iowa Quilt Museum. There is so much to learn from this spectacular medallion quilt that we broke it up into two shows. In this first episode, Marianne Fons and host Angela Huffman explore planning a medallion-style quilt, and techniques for creating the pieced border.	NETA	(S)	(CC)	N/A	#2907H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7207H
13:00:00	Nigella: at My Table	APTEX	(S)	(CC)	N/A	#102H
13:30:00	Taste of Louisiana with Chef John Folse & Company: Hooks, Lies & Alibis Redfish/Snapper - Caminada Pass In this episode, John explains the different varieties of tasty Gulf fish species off of the coast. John introduces local seafood experts from Tommy Vidrine, champion gulf fisherman, who specializes in catching speckle trout... to Leah Chase, famous Creole chef from New Orleans, who describes how Creoles used red snapper to adorn their holiday table. John cooks a tasty red snapper Mardi Gras style with good friend Buckley Kesler. Back on John's White Oaks landing dock, he cooks redfish with Captain Ryan Lambert, who owns a fishing and hunting lodge in Buras, LA. Then John makes a Creole bouillabaisse with LA outdoors writer and host of his own outdoor show. Then John and his guest relax with a little Southern hospitality sipping a Caribbean sunset on the dock at White Oaks.	APTEX	(S)	(CC)	N/A	#1303H
14:00:00	Taste of History When America Spoke French In the late 18th century, the French population of Philadelphia swelled as did its influence. Chef Staib delves into the stories: how they lived, worked and ate on the Champs Elysees of Philly: South Second Street. The Berley Brothers of Shane's Candy join Chef Staib to share the history of ice cream making above this centuries-old candy shop.	NETA	(S)	(CC)	N/A	#709H

Tue, May 15, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Christopher Kimball's Milk Street Television Milk Street Menu	APTEX	(S)	(CC)	N/A	#110H
	The episode begins with a short-cut to savor as Milk Street Cook Matthew Card shows host Christopher Kimball how to make no-sear lamb or beef, and chickpea stew. Spices help give the stew deep flavor and Chris learns more about these essential kitchen ingredients in Milk Street Cooking School. Milk Street Cook Catherine Smart shows how to make the pantry staple harissa at home. The show ends with Milk Street Cook Rayna Jhaveri teaching Chris how to make caramel oranges, a simple but effective dessert with a whiff of sixties glam.					
15:00:00	Beads, Baubles and Jewels Inspired By Books and Movies	NETA	(S)	(CC)	N/A	#2403H
	Personalize your style with custom colors. Author and designer Cathy Jakicic weaves beaded components and makes them multifunctional. Teens and tweens will love to make the charm necklace that Candie Cooper creates as she joins Katie Hacker in Katie's Beading Lesson.					
15:30:00	Make It Artsy Transformation	NETA	(S)	(CC)	N/A	#110H
	In the hands of the maker, the ordinary is transformed into the extraordinary. A simple lamp morphs into a decorator accent with tool expert Joe Rotella. A matchbook becomes a mini-journal in the hands of artist Roxanne Coble. Host Julie Fei Fan Balzer creates cool jewelry from coloring book pages. Clay artist Laurie Mika has a tip on stenciling on clay.					
16:00:00	Biz Kid\$ Crash Course On Starting A Business	APTEX	(S)	(CC)	DVI	#405H
	So you've got an idea - now what? Check out this quick, but comprehensive course on business basics. You'll learn how to refine your ideas, make a business plan, identify funding sources, find a market, and of course, sell your service or product. Find out how two teen girls developed a \$2 million business out of magnetic bottle caps.					
16:30:00	Hands On Crafts for Kids Animals	NETA	(S)	(CC)	DVI	#1907H
	Animals come in endless varieties. Inspired by ocean creatures, Jenny Barnett-Rohrs creates a sea-life totem. Candy Cooper crafts a piggy bank that holds bills and coins. Artist Franz Spohn adds animation to his favorite animals. Jenny crafts loony llamas from pool noodles.					
17:00:00	P. Allen Smith's Garden Home Crystal Bridges, American Dreams	APTEX	(S)	(CC)	N/A	#1509H
	P. Allen Smith explores a place unlike any other, the Crystal Bridges Museum of American Art and visits a unique restoration project involving a rare house designed by Frank Lloyd Wright.					
17:30:00	Growing A Greener World Gardening for Butterflies & Other Beneficial Insects (Atlanta, Ga, Phoenix, Az)	APTEX	(S)	(CC)	N/A	#804H
	Many Butterflies and pollinators are losing vital habitats to urban sprawl and widespread use of herbicides. In this episode, national experts show ways we can all attract and help restore populations of these threatened insects while increasing the beauty of our landscapes.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15097H
18:30:00	America's Heartland	APTEX	(S)	(CC)	N/A	#1207H
	The Wild Horse Sanctuary in northern California is saving wild mustangs. The Padlock Cattle Ranch welcomes visitors who experience a landscape far different from their urban or suburban homes. Customers pick the fruit at Michigan's Westview Orchards. Kansas is home to some unusual agri-tourism attractions: Shearer Hill Farm plays host to visitors who sample country cooking.					
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#9032
19:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1420H
20:00:00	Sun Studio Sessions Graham Winchester & The Ammunition	NETA	(S)	(CC)	N/A	#910H
	Graham Winchester in many ways epitomizes the modern, hard-working Memphis musician. Winchester is a celebrated drummer, who steps from behind the kit to helm his band from the lead singer songwriter spot where he ably displays his gifted lyrical abilities with personal storytelling. In this episode, Winchester and band display their musical prowess on several songs including, "Until the End" and "Alabama Sun."					
20:30:00	Jammin at Hippie Jack's Outlaw Gospel 3	NETA	(S)	(CC)	N/A	#1016H
	Watch the magic unfold as performers and family members take stage to share songs at Hippie Jack's. With an ever changing line up, and a jam band mentality the result is a beautiful cross pollination of sound and energy. This is exactly what Jammin' at Hippie Jack's is all about.					

Tue, May 15, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
21:00:00	Infinity Hall Live Blind Pilot	APTEX	(S)	(CC)	N/A	#605H
	<p>A staple of TV soundtracks, the six-piece indie band Blind Pilot, showcases their hyper individualistic approach and musicianship in an intimate concert with songs including "Half Moon," "Three Rounds and a Sound," and "Oviedo." The Portland, Oregonians' refreshingly modern take, with front man Israel Nebeker, debuted with a bicycle tour in support of their first album. Blind Pilot brings upright bass, banjo, dulcimer, vibraphone, and trumpet together with traditional drums and keyboards for a unique contemporary sound.</p>					
22:00:00	2017 World Dancesport Grand Slam Series	APTEX	(S)	(CC)	N/A	#102H
23:00:00	IQ: Smartparent Career Exploration and Virtual Job-Shadowing	APTEX	(S)	(CC)	N/A	#506H
	<p>According to the National Center for Education Statistics, about 80% of students in the United States end up changing their college major at least once; and college students on average change their majors three times over the course of their college careers. Now, new technology makes it easier than ever for teens to explore occupations online - and even go on "virtual job shadows" - while they're still in high school so they can make better, and more informed, decisions about careers that interest them. On this episode of iQsmartparent, education experts and career counselors reveal strategies and digital resources to help young people explore their interests and aptitudes and make professional connections online. We also explore a 21st century phenomenon and educational challenge as parents consider how to talk to young children about possible careers because, according to a World Economic Forum report, 65% of children entering primary school today will ultimately end up working in completely new job types that don't even exist yet.</p>					
23:30:00	Battleground Everglades Glades Warriors	APTEX	(S)	(CC)	N/A	#106H
	<p>Unique perspective on the Everglades including a "Gladesman;" a Miccosukee Indian preserving ancestral traditions and the ecosystem; the leader of Guardians of the Glades; a longtime government advisor and advocate for restoration.</p>					

Daily Program Listing II

43.1

Date: 04/09/2018

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Wed, May 16, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	America's Heartland The Wild Horse Sanctuary in northern California is saving wild mustangs. The Padlock Cattle Ranch welcomes visitors who experience a landscape far different from their urban or suburban homes. Customers pick the fruit at Michigan's Westview Orchards. Kansas is home to some unusual agri-tourism attractions: Shearer Hill Farm plays host to visitors who sample country cooking.	APTEX	(S)	(CC)	N/A	#1207H
00:30:00	Overheard with Evan Smith Joan Walsh, Journalist/Author Joan Walsh is The Nation's National Affairs Correspondent and a CNN political analyst. She is the author of What's the Matter With White People? Finding Our Way in the Next America, which the Philadelphia Daily News called "one of the best books of 2012 - and even more relevant now." She served as Salon magazine's first editor-in-chief for six years, and is a regular on programs such as All In with Chris Hayes, Real Time with Bill Maher and Now on PBS.	NETA	(S)	(CC)	N/A	#819H
01:00:00	Sun Studio Sessions Graham Winchester & The Ammunition Graham Winchester in many ways epitomizes the modern, hard-working Memphis musician. Winchester is a celebrated drummer, who steps from behind the kit to helm his band from the lead singer songwriter spot where he ably displays his gifted lyrical abilities with personal storytelling. In this episode, Winchester and band display their musical prowess on several songs including, "Until the End" and "Alabama Sun."	NETA	(S)	(CC)	N/A	#910H
01:30:00	Jammin at Hippie Jack's Outlaw Gospel 3 Watch the magic unfold as performers and family members take stage to share songs at Hippie Jack's. With an ever changing line up, and a jam band mentality the result is a beautiful cross pollination of sound and energy. This is exactly what Jammin' at Hippie Jack's is all about.	NETA	(S)	(CC)	N/A	#1016H
02:00:00	Infinity Hall Live Blind Pilot A staple of TV soundtracks, the six-piece indie band Blind Pilot, showcases their hyper individualistic approach and musicianship in an intimate concert with songs including "Half Moon," "Three Rounds and a Sound," and "Oviedo." The Portland, Oregonians' refreshingly modern take, with front man Israel Nebeker, debuted with a bicycle tour in support of their first album. Blind Pilot brings upright bass, banjo, dulcimer, vibraphone, and trumpet together with traditional drums and keyboards for a unique contemporary sound.	APTEX	(S)	(CC)	N/A	#605H
03:00:00	2017 World Dancesport Grand Slam Series	APTEX	(S)	(CC)	N/A	#102H
04:00:00	IQ: Smartparent Career Exploration and Virtual Job-Shadowing According to the National Center for Education Statistics, about 80% of students in the United States end up changing their college major at least once; and college students on average change their majors three times over the course of their college careers. Now, new technology makes it easier than ever for teens to explore occupations online - and even go on "virtual job shadows" - while they're still in high school so they can make better, and more informed, decisions about careers that interest them. On this episode of iQsmartparent, education experts and career counselors reveal strategies and digital resources to help young people explore their interests and aptitudes and make professional connections online. We also explore a 21st century phenomenon and educational challenge as parents consider how to talk to young children about possible careers because, according to a World Economic Forum report, 65% of children entering primary school today will ultimately end up working in completely new job types that don't even exist yet.	APTEX	(S)	(CC)	N/A	#506H
04:30:00	Battleground Everglades Glades Warriors Unique perspective on the Everglades including a "Gladesman;" a Miccosukee Indian preserving ancestral traditions and the ecosystem; the leader of Guardians of the Glades; a longtime government advisor and advocate for restoration.	APTEX	(S)	(CC)	N/A	#106H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#600
08:00:00	Mixed Nutz When I Grow Up While working at a rummage sale, the kids share with each other what they would like to be when they grow up. Cowboy, Mad Scientist, Superhero, Astronaut! Nothing short of their imagination can limit their future plans! Lesson: You can be anything you want to be.	NETA	(S)	(CC)	N/A	#503H
08:30:00	1001 Nights Sinbad Forever/One Thousand and One Nights "Sinbad Forever" - When Sinbad destroys the Queen's fleet, he gets stripped of his rank and becomes homeless. "One Thousand and One Nights" - The story of how the book of 1001 Nights came to be.	NETA	(S)	(CC)	DVI	#126H

Wed, May 16, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Functional Fitness with Suzanne Andrews Better Balance with the Ball	ACCES		(CC)	N/A	#108H
09:30:00	Classical Stretch: The Esmonde Technique Improve Your Balance	APTEX	(S)	(CC)	DVI	#812Z
10:00:00	Sit and Be Fit Back Health Mary Ann introduces new exercises to gently loosen the thoracic spine with subtle shoulder and back movements.	NETA	(S)	(CC)	N/A	#1410H
10:30:00	Sewing with Nancy Sew A Knit Wardrobe from Start to Finish, Part 2 If it has been awhile since you've sewn with knits or if you've never tried sewing with knit fabrics, this series is what will give you knit-sewing confidence. See how easily a knit skirt or pants can be sewn or serged in an evening. Use Nancy's updated sewing techniques to make the process enjoyable without taking hours of time.	NETA	(S)	(CC)	N/A	#3017H
11:00:00	Knit and Crochet Now! Springtime Tees Just because the weather is warm doesn't mean you have to put down your needles and hooks! Deborah is joined by Ellen Gormley who will show how to crochet up the Whole Latte Love Tee with an easy openwork yoke and textured stripes. Lena will then show how to stitch up the Knit Lace Sampler T-shirt. Ellen is in the stitch corner with the Fishbone stitch.	APTEX	(S)	(CC)	DVI	#713H
11:30:00	Fons & Porter's Love of Quilting Red Between The Lines, Part 2 In this second episode showcasing Marianne Fons' Red Between the Lines, Marianne and host Angela Huffman teach you the techniques needed for working with a multiple borders and the blocks in this heirloom-level quilt featured in the debut exhibit of the Iowa Quilt Museum.	NETA	(S)	(CC)	N/A	#2908H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7208H
13:00:00	Lidia's Kitchen More Italian American Favorites Italian American classics have always been favorites at the family table and in this episode, there is reason to celebrate. Today's recipes include the most iconic Italian American dish, spaghetti and meatballs; a broccoli rabe with garlic; and a holiday must - zeppole.	APTEX	(S)	(CC)	N/A	#421H
13:30:00	Annabel Langbein: The Free Range Cook Life's A Picnic Annabel Langbein and her daughter Rose head off to a local Wanaka orchard to pick one of the Central Otago's most eagerly anticipated stone fruits - apricots. The abundant harvest forms the basis of that evening's meal, both as a savory chili dipping sauce for crunchy spring rolls, and as a delicious dessert. For the main course, a brilliant speedy bang bang chicken salad. Recipes from this episode: sausage, tomato and olive pissaladiere, really useful apricot chili glaze, pork and cilantro spring rolls, aromatic poached chicken, bang bang chicken salad, speedy peanut sauce, apricots with macaroon topping, lemon syllabub, ginger mule.	APTEX	(S)	(CC)	N/A	#111H
14:00:00	Simply Ming Amanda Freitag Amanda Freitag from the Food Network's "Chopped" and "Iron Chef America" joins Ming to create two different pork dishes. It's all about the sear as Amanda prepares pork chops with crispy pancetta in a cast-iron skillet, while Ming whips up a pork scaloppini with lap chong and leek salsa and caramelized apples.	APTEX	(S)	(CC)	N/A	#1506H
14:30:00	Cook's Country Plenty of Garlic and Parm Bridget Lancaster shows Julia Collin Davison how to make an authentic version of a Basque favorite, garlic fried chicken. Equipment expert Adam Ried shares his top pick for budget-friendly Dutch ovens. Test cook Ashley Moore shows Bridget how to make the ultimate crispy parmesan potatoes.	APTEX	(S)	(CC)	N/A	#1011H
15:00:00	Beads, Baubles and Jewels Sparkle and Shine Make your style sparkle and shine. Designer and author Ashley Bunting expresses her upbeat style through leather, beading and wirework. In her Beading Lesson, Katie Hacker creates a layered birthstone necklace you can make for yourself or give as a gift.	NETA	(S)	(CC)	N/A	#2404H

Wed, May 16, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:30:00	Make It Artsy Home Decor	NETA	(S)	(CC)	N/A	#111H
	Your home is a gallery for your art. Artist Dina Wakley makes a wall hanging with tissue stamping. Tool expert Joe Rotella uses computer design and cutting technology to create an apron. Using watercolors, calligrapher Janet Takahashi creates simple brush lettering. Author Rebekah Meier has a tip for adding a splash of color to any home.					
16:00:00	Biz Kid\$ How to Make A Million Bucks!	APTEX	(S)	(CC)	DVI	#406H
	It is possible! If you start early and save consistently, you'll take advantage of the power of compound interest. You can make a million by working hard, spending less than you make, and saving, saving, saving. Meet a 16-year-old with a fashion recycling business.					
16:30:00	Hands On Crafts for Kids Stylish	NETA	(S)	(CC)	DVI	#1908H
	Freshen up your style statement. Jenny Barnett-Rohrs fashions a colorful ID bracelet from clay and makes a foxy felt animal pouch. Jenny weaves a trendy beaded bracelet of silver and gold. Then, using fabric and ribbon, Jenny creates a decorator-style memo board to stay organized.					
17:00:00	P. Allen Smith's Garden Home All About The Bugs	APTEX	(S)	(CC)	N/A	#1510H
	P. Allen Smith meets bugs where they live. Find out how to deal with the good, the bad and the ugly around your home and garden.					
17:30:00	Growing A Greener World Redeeming Your Ground (Atlanta, Ga)	APTEX	(S)	(CC)	N/A	#805H
	See how the Scott family's efforts to redeem their own ground in their suburban backyard opened a whole new world of life in the great outdoors, and how many of the simple changes they made will inspire you in your own backyard.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15098H
18:30:00	Great Decisions In Foreign Policy Turkey: A Partner In Crisis	NETA	(S)	(CC)	N/A	#905H
	Once seen as a model of democracy, Turkey may be slipping toward autocracy. Critics charge that President Recip Tayyip Erdogan used a failed coup d'etat in 2016 as a means of consolidating power - power he says is necessary to secure the state. Great Decisions producers traveled to Turkey to examine the relationship with this key U.S. ally.					
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#9033
19:30:00	In Good Shape - The Health Show	WNVC	(S)	(CC)	N/A	#519H
20:00:00	The Lowertown Line. The Lowertown Line: The 4onthefloor	APTEX	(S)	(CC)	N/A	#107H
	The 4onthefloor performs an energetic live show at Icehouse Restaurant in Minneapolis. Front man Gabriel Douglas talks about playing fast, his love of relentless drumming, and making sure everyone has a good time at The 4onthefloor's energetic live shows. Songs performed: Off The Cuff, Undertow, Down the Line, Lake Street Shuffle, Miss Behave, All My Friends.					

Wed, May 16, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:30:00	Songs at the Center	APTEX	(S)	(CC)	N/A	#307H
<p>Artists: "Music and Healing," one of two special episodes exploring the power of music, featuring David Tolley, Celeste Friedman, Megan Palmer, and Eric Gnezda. Artist Bio: Megan Palmer, an Ohio native who explored New York City's music scene before venturing to Nashville, where she's made a stunningly honest and adeptly produced album entitled, What She's Got To Give. Produced by Patrick Damphier at Nashville's Club Roar Studio, and recorded in six days of mostly live tracking, this album features the stellar contributions of Jon Radford, Tony Scherr, Larry Cook, Tim Easton, and Amy Speace. Megan is a cancer survivor, making her first musical performance since emerging from treatment. She performs "Ann's Boots." Artists: David Tolley, of Powell, Ohio, is a two-time Grammy Award nominee. He lost his wife to cancer at a young age. Currently working on his ninth musical, David has composed music for Disneyland theme parks in Paris and Tokyo. In a moment of historic serendipity, he was plucked out of The Tonight Show audience by Johnny Carson and performed "Memory" from the musical Cats, earning an immediate national following, and recently eight million YouTube views. He has also performed for four U.S. Presidents. David plays "Bells of Peace." Artist Bio: Celeste Friedman, of Newark, Ohio, is Grammy Award nominee and author, who claims that the healing power of music is the reason for her own survival with arthritis. As a composer for film, television and stage, she has scored the music for a Pulitzer Prize-nominated play, a cable TV mystery series, The Food Network and Nickelodeon; and her work was featured in a short film, showcased in Festival des Cannes in 2008. Celeste's music has garnered global airplay, reaching #1 on music charts in France, Italy, Austria, Belgium, The Netherlands, Argentina and Australia. She sings "Sobreviva." Artist Bio: Eric Gnezda writes songs that embrace expansive subjects and tones, from inspiring anthems to humor. Eric grew up as a caregiver, as his father was diagnosed with multiple sclerosis when Eric was three days old. Eric is the recipient of the Ohioana Citation for Music composition, and earned an Emmy nomination as a television journalist. He is a regular Writers Night performer at Nashville's iconic venue for songwriters The Bluebird Cafe. He performs "Blossoms of Hope."</p>						
21:00:00	Live from the Artists Den The Lumineers	APTEX	(S)	(CC)	N/A	#1104H
<p>Americana superstars The Lumineers returned to their former neighborhood of Brooklyn for an unforgettable taping of Live from the Artists Den at the majestic Kings Theatre. The band performed an 18-song set for ticket winners and guests, split evenly between songs from their Grammy-nominated 2012 debut and its Number One-charting follow-up, Cleopatra (plus a riveting unreleased song, "Long Way From Home," played solo by lead singer Wesley Schultz). The ornate, magnificent theater-built in 1929 and recently restored to its initial glory-provided a breathtaking setting for a night full of great moments, from an unamplified version of "Darlene" to a rousing rendition of the Lumineers' breakthrough smash "Ho Hey."</p>						
22:00:00	Trezoros: The Lost Jews of Kastoria	APTEX	(S)	(CC)	N/A	#0H
<p>Using never-before-seen pre-war archival footage and first-person testimonies, TREZOROS: THE LOST JEWS OF KASTORIA chronicles the Jewish life and culture of Kastoria, a picturesque lakeside village in the mountains of Northwestern Greece, near the Albania border. Here, Jews and Greek Orthodox Christians lived together in harmony for more than two millennia until World War II, when this long and rich history would be wiped out in the blink of an eye. TREZOROS (the Ladino/Judeo/Spanish term of endearment meaning "treasures") takes us from the joyful innocence of the pre-war years through the heartbreaking struggles of the Holocaust, to a unique place in time and history of a Greek Jewish culture lost forever.</p>						
23:30:00	The Last Ring Home	APTEX	(S)	(CC)	N/A	#0H
<p>The Last Ring Home is the story of Lt Minter Dial and his 1932 Annapolis Naval Academy ring that miraculously made its way home 17 years after he was killed as a POW of the Japanese in WWII. The Last Ring Home is a spellbinding account of one man's obsession with a family mystery and the product of decades of research and inquiries. It also explores author Minter Dial's pursuit of the true story of his namesake, his late grandfather Lt. Minter Dial, USN, a celebrated war hero whose suffering and trauma nearly buried his memory forever.</p>						

Thu, May 17, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Great Decisions In Foreign Policy Turkey: A Partner In Crisis	NETA	(S)	(CC)	N/A	#905H
	Once seen as a model of democracy, Turkey may be slipping toward autocracy. Critics charge that President Recep Tayyip Erdogan used a failed coup d'etat in 2016 as a means of consolidating power - power he says is necessary to secure the state. Great Decisions producers traveled to Turkey to examine the relationship with this key U.S. ally.					
00:30:00	In Good Shape - The Health Show	WNVC	(S)	(CC)	N/A	#519H
01:00:00	The Lowertown Line. The Lowertown Line: The 4onthefloor	APTEX	(S)	(CC)	N/A	#107H
	The 4onthefloor performs an energetic live show at Icehouse Restaurant in Minneapolis. Front man Gabriel Douglas talks about playing fast, his love of relentless drumming, and making sure everyone has a good time at The 4onthefloor's energetic live shows. Songs performed: Off The Cuff, Undertow, Down the Line, Lake Street Shuffle, Miss Behave, All My Friends.					
01:30:00	Songs at the Center	APTEX	(S)	(CC)	N/A	#307H
	Artists: "Music and Healing," one of two special episodes exploring the power of music, featuring David Tolley, Celeste Friedman, Megan Palmer, and Eric Gnezda. Artist Bio: Megan Palmer, an Ohio native who explored New York City's music scene before venturing to Nashville, where she's made a stunningly honest and adeptly produced album entitled, What She's Got To Give. Produced by Patrick Dampier at Nashville's Club Roar Studio, and recorded in six days of mostly live tracking, this album features the stellar contributions of Jon Radford, Tony Scherr, Larry Cook, Tim Easton, and Amy Speace. Megan is a cancer survivor, making her first musical performance since emerging from treatment. She performs "Ann's Boots." Artists: David Tolley, of Powell, Ohio, is a two-time Grammy Award nominee. He lost his wife to cancer at a young age. Currently working on his ninth musical, David has composed music for Disneyland theme parks in Paris and Tokyo. In a moment of historic serendipity, he was plucked out of The Tonight Show audience by Johnny Carson and performed "Memory" from the musical Cats, earning an immediate national following, and recently eight million YouTube views. He has also performed for four U.S. Presidents. David plays "Bells of Peace." Artist Bio: Celeste Friedman, of Newark, Ohio, is Grammy Award nominee and author, who claims that the healing power of music is the reason for her own survival with arthritis. As a composer for film, television and stage, she has scored the music for a Pulitzer Prize-nominated play, a cable TV mystery series, The Food Network and Nickelodeon; and her work was featured in a short film, showcased in Festival des Cannes in 2008. Celeste's music has garnered global airplay, reaching #1 on music charts in France, Italy, Austria, Belgium, The Netherlands, Argentina and Australia. She sings "Sobreviva." Artist Bio: Eric Gnezda writes songs that embrace expansive subjects and tones, from inspiring anthems to humor. Eric grew up as a caregiver, as his father was diagnosed with multiple sclerosis when Eric was three days old. Eric is the recipient of the Ohioana Citation for Music composition, and earned an Emmy nomination as a television journalist. He is a regular Writers Night performer at Nashville's iconic venue for songwriters The Bluebird Cafe. He performs "Blossoms of Hope."					
02:00:00	Live from the Artists Den The Lumineers	APTEX	(S)	(CC)	N/A	#1104H
	Americana superstars The Lumineers returned to their former neighborhood of Brooklyn for an unforgettable taping of Live from the Artists Den at the majestic Kings Theatre. The band performed an 18-song set for ticket winners and guests, split evenly between songs from their Grammy-nominated 2012 debut and its Number One-charting follow-up, Cleopatra (plus a riveting unreleased song, "Long Way From Home," played solo by lead singer Wesley Schultz). The ornate, magnificent theater-built in 1929 and recently restored to its initial glory-provided a breathtaking setting for a night full of great moments, from an unamplified version of "Darlene" to a rousing rendition of the Lumineers' breakthrough smash "Ho Hey."					
03:00:00	Trezoros: The Lost Jews of Kastoria	APTEX	(S)	(CC)	N/A	#0H
	Using never-before-seen pre-war archival footage and first-person testimonies, TREZOROS: THE LOST JEWS OF KASTORIA chronicles the Jewish life and culture of Kastoria, a picturesque lakeside village in the mountains of Northwestern Greece, near the Albania border. Here, Jews and Greek Orthodox Christians lived together in harmony for more than two millennia until World War II, when this long and rich history would be wiped out in the blink of an eye. TREZOROS (the Ladino/Judeo/Spanish term of endearment meaning "treasures") takes us from the joyful innocence of the pre-war years through the heartbreaking struggles of the Holocaust, to a unique place in time and history of a Greek Jewish culture lost forever.					
04:30:00	The Last Ring Home	APTEX	(S)	(CC)	N/A	#0H
	The Last Ring Home is the story of Lt Minter Dial and his 1932 Annapolis Naval Academy ring that miraculously made its way home 17 years after he was killed as a POW of the Japanese in WWII. The Last Ring Home is a spellbinding account of one man's obsession with a family mystery and the product of decades of research and inquiries. It also explores author Minter Dial's pursuit of the true story of his namesake, his late grandfather Lt. Minter Dial, USN, a celebrated war hero whose suffering and trauma nearly buried his memory forever.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#601
08:00:00	Mixed Nutz Bollywood Dreams	NETA	(S)	(CC)	N/A	#504H
	Sanjay learns that love and politic don't mix when he falls in love with his teacher during class elections. He is too busy imagining her in romantic Bollywood movies, instead of paying attention to the voters. In the end, the more responsible party wins and Sanjay realizes where he went wrong. Lesson: When you take on a responsibility, do it for the right reasons.					

Thu, May 17, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	Thomas Edison's Secret Lab Nicky's Compass Goes South/A Gem of a Deal	APTEX	(S)	(CC)	N/A	#101H
	Compass: When the SECRET LAB KIDS head off to rescue some stranded hikers with the aid of Nicky's cell phone compass her battery fizzles out and the team must return to the lab and build a conventional compass. Gem: When a con artist purchases Nicky's granny's house for a fake gemstone necklace, the SECRET LAB KIDS must learn about minerals in order to save granny from ruin.					
09:00:00	Functional Fitness with Suzanne Andrews Better Balance	ACCES		(CC)	N/A	#109H
09:30:00	Classical Stretch: The Esmonde Technique Strengthen Feet & Fingers	APTEX	(S)	(CC)	DVI	#813Z
10:00:00	Sit and Be Fit Functional Fitness	NETA	(S)	(CC)	N/A	#1411H
	This episode includes exercises that promote healthy living and being able to perform daily activities with ease and without injury. Registered dietitian, Janell Buchkoski, challenges viewers with a weight management tip of the day.					
10:30:00	Sewing with Nancy Second Chance T-Shirt Makeovers, Part 1	NETA	(S)	(CC)	N/A	#3018H
	Do you have a drawer filled with once important, but seldom worn T-shirts? Give those notable shirts a second chance. Nancy and sewing makeover specialist, Mary Mulari, share ways of using the fabric from T-shirts to create more usable projects and memory makers. Learn how to make a rag-quilt, ideal for graduates, plus Christmas Stockings, luggage tags, and more.					
11:00:00	Knit and Crochet Now Lacey Look Cardigans	NETA	(S)	(CC)	N/A	#801H
	That lacey look is always in style. Knit along with Melissa Leapman as she makes a button-front cardigan with a lacey bodice that is knit in one piece. In the technique corner, learn to add a lifeline to lace knit projects. Then, crochet a short-sleeved cover-up with an all-over lace design with Jenny King.					
11:30:00	Fons & Porter's Love of Quilting Rainbow Mosaic	NETA	(S)	(CC)	N/A	#2909H
	An unusual take on charm quilts, this design by Nancy Mahoney combines multiple charm shapes in a medallion-style quilt that uses batiks. Using templates to make things easier, Nancy and host Sara Gallegos walk you through different methods for dealing with these unusual shapes. Hexagons, diamonds, triangles-with the right tools and techniques, you can master them all!					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7209H
13:00:00	The Jazzy Vegetarian Neighborly Supper	NETA	(S)	(CC)	DVI	#205H
	Host Laura Theodore prepares a casual meal featuring delectable "Walnut Stuffed Mushrooms." "Roasted Butternut Squash with Garlic" is served on the side, along with mouthwatering "Spinach with Garbanzo Beans and Caramelized Onion." Scrumptious "Light and Lovely Lemon Cake" rounds out this simple supper menu.					
13:30:00	Sara's Weeknight Meals Significant Salad	APTEX	(S)	(CC)	N/A	#519H
	If you've packed on the pounds lately, we have solution - salads that cut the calories without cutting the flavor, Sara's steak, mushroom and tomato salad, or scallop and grapefruit salad. We'll also visit the quintessential farmers market to shop for clean greens. It's like a spa in your own home!					
14:00:00	Joanne Weir Gets Fresh Mushrooms Italian-Style	APTEX	(S)	(CC)	N/A	#210H
	Italian cuisine is one of Joanne's favorite go-to's for cooking. She loves it so much because in Italy they take the freshest ingredients and cook them at the peak of the season. In this episode, they're going to visit an Italian market, and then with her student Katy, they're going to make a super easy mushroom pizza with Montasio and gorgonzola cheeses. Then they're going to get down to earth with a beef tenderloin stuffed with wild mushrooms. Join her as she travels through the heart and soul of Italy.					
14:30:00	New Scandinavian Cooking Oil Adventure	APTEX	(S)	(CC)	N/A	#304H
	Is cold-pressed rapeseed oil the olive oil of the north? To find out, Andreas travels to the old fortress town of Fredrikstad in Eastern Norway. Using fresh vegetables, Andreas makes classic and innovative emulsion sauces, preserved and deep-fried mackerel, crispy potatoes, and Norwegian coleslaw.					

Thu, May 17, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	Beads, Baubles and Jewels Make These Tonight Stacking bracelets are today's hottest style statement. Jewelry designer Meredith Roddy creates three distinct styles of stacking bracelets to combine or to wear alone. Candie Cooper designs trendy earrings for teens and tweens in Katie's Beading Lesson.	NETA	(S)	(CC)	N/A	#2405H
15:30:00	Make It Artsy Collage Combine materials, mediums and techniques to create a collage. Julie Fei Fan Balzer has a collage project using layers of stencils. Urban artist Seth Apter die cuts components for an industrial-looking collage. Mixed media artist Rebekah Meier paints, stamps and sews a colorful cloth banner. Jenn Mason has a tip for capturing images while you travel.	NETA	(S)	(CC)	N/A	#112H
16:00:00	Biz Kid\$ Scam-A-Rama (Protect Yourself from Being Scammed) It's a complicated world and there are many ways you can be taken advantage of or cheated. Learn how to recognize a scam, and how to protect yourself from identify theft, pyramid schemes, and more.	APTEX	(S)	(CC)	DVI	#407H
16:30:00	Hands On Crafts for Kids Imagination Unleash your imagination. Using rolling pins, Jenny Barnett-Rohrs creates all kinds of textures. Candie Cooper creates little superheroes to showcase her creative writing. Franz Spohn draws a picture from a poem and Jenny makes an ever-lasting lunch from felt.	NETA	(S)	(CC)	DVI	#1909H
17:00:00	P. Allen Smith's Garden Home Pura Vida, Costa Rica P. Allen Smith visits one of the five Blue Zones in the world, Costa Rica, to see if there really is a secret to living longer.	APTEX	(S)	(CC)	N/A	#1511H
17:30:00	Growing A Greener World Gardening in the Desert Southwest (Phoenix, Az) To garden successfully in the desert Southwest, it just takes a little local knowledge to master the nuances of growing a productive garden there. In this episode, we explore tips, tricks and unique challenges to mastering the art of gardening in this part of the country.	APTEX	(S)	(CC)	N/A	#806H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15099H
18:30:00	Consuelo Mack Wealthtrack	APTEX	(S)	(CC)	N/A	#1447H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#9034
19:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1314H
20:00:00	Backstage Pass Donald Kinsey with the Dewaynes Donald Kinsey, son of blues great Big Daddy Kinsey, brings a deeply rooted blues vibe to the stage with his infectious guitar playing and undeniable groove. Joining Kinsey are the Dewaynes featuring Craig "Griff" Griffith on harmonica and vocals. Together they jam to hits including "Got my Mojo Workin'" and "Hoochie Coochie Man." Recorded at Michigan BluesFest 2015 in historic Old Town.	NETA	(S)	(CC)	N/A	#711H
20:30:00	Music Voyager Morocco: The Heart of Morocco - The Middle The three friends, Nouamane Lahlou, Hassan Hakmoun and Laurent LeGall, begin their voyage in the western foothills of the southern Middle Atlas (Moyen Atlas) mountains and travel to Fes. The amazing old capital of Morocco lives in two worlds, the new modern Fes and medina (old town). From the ancient city-the medina in Fes-the friends learn that the history and music intertwine to bring out the richness and diversity of the culture. From Fes, the friends head to Khenifra and then on to Merzouga in the Sahara desert. Similar to the changes in topography, so do the people, the culture and the music change. Over the dunes the friends ride ATVs and jam under the amazing night sky by a desert fire. Nouamane, Hassan and Laurent then travel to the city of old-world charm and elegance, Marrakesh. The artist ambassador is the legendary Gnawa artists, Hassan Hakmoun and Fnaire. They show the different sides of this magical city and how it inspires them. The journey ends in the coastal city of Essaouira, where Hassan has asked other famous Moroccan music artists to participate in a traditional Gnawa ceremony.	APTEX	(S)	(CC)	N/A	#707H
21:00:00	Live at the Charleston Music Hall Parker Millsap Twenty-four year old Oklahoma native, Parker Millsap has had a banner year including his network TV debut on CONAN. Sir Elton John said of Parker, "...I saw one of the best concerts I have ever seen...It restored my faith in music." Parker does not disappoint in this episode with his sultry vocal and Elvis moves.	NETA	(S)	(CC)	N/A	#108H

Thu, May 17, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
21:30:00	New Tanglewood Tales: Backstage with Rising Artists New Tanglewood Tales: Backstage with Rising Artists features rehearsal, performance and some backstage fun. Conor McDonald (baritone) is a featured guest on a radio program; Clare Monfredo (cellist) rehearses and performs at String Quartet Marathon; Jeff DeRoche gives a tour of the percussion section and conductor Karina Canellakis is presented for the first time.	APTEX	(S)	(CC)	N/A	#102H
22:00:00	Fly Boys: Western Pennsylvania's Tuskegee Airmen FLY BOYS: WESTERN PENNSYLVANIA'S TUSKEGEE AIRMEN tells the story of struggle and the ultimate triumph of the brave African-American soldiers who served their country during World War II. The film chronicles the "Tuskegee Airmen" program, a controversial military initiative designed to measure African-Americans' competence for flying the engines of war. This fascinating documentary features the stories of the more than 40 aviators from western Pennsylvania, including the pilots, navigators and bombardiers who flew fighter and bomber planes during the war, as well as the maintenance and support staff, instructors and personnel who kept the planes in the air.	APTEX	(S)	(CC)	N/A	#0
23:00:00	Reel South Red Wolf Revival By Rosh Patel and Madison McClintock. Three decades ago, the nearly-extinct red wolf was reintroduced in North Carolina. While this flagship conservation effort paved the way for reintroducing several other species across the country, today fewer than 100 wild red wolves remain - and their fate hinges on significant biological, political, cultural and economic challenges.	NETA	(S)	(CC)	N/A	#210H
23:30:00	Reel South An Enduring Legacy: Louisiana's Croatian-Americans By James Catano. Little-known even in their home state, the Croatians of Lower Plaquemines Parish have used grit and determination to build an oystering industry that has made Louisiana famous. Follow the lives of four figures who embody the 150-year Croatian experience in Louisiana and share in the history of this unique tight-knit community.	NETA	(S)	(CC)	N/A	#211H

Fri, May 18, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Well Read Ian Rankin: Rather Be The Devil International best selling author Ian Rankin, fresh from his homeland of Scotland, talks about his latest tale for popular detective John Rebus in the new book Rather Be The Devil. A must read about power, corruption, and bitter rivalries in the dark heart of Edinburgh.	APTEX	(S)	(CC)	N/A	#618H
00:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1314H
01:00:00	Backstage Pass Donald Kinsey with the Dewaynes Donald Kinsey, son of blues great Big Daddy Kinsey, brings a deeply rooted blues vibe to the stage with his infectious guitar playing and undeniable groove. Joining Kinsey are the Dewaynes featuring Craig "Griff" Griffith on harmonica and vocals. Together they jam to hits including "Got my Mojo Workin'" and "Hoochie Coochie Man." Recorded at Michigan BluesFest 2015 in historic Old Town.	NETA	(S)	(CC)	N/A	#711H
01:30:00	Music Voyager Morocco: The Heart of Morocco - The Middle The three friends, Nouamane Lahlou, Hassan Hakmoun and Laurent LeGall, begin their voyage in the western foothills of the southern Middle Atlas (Moyen Atlas) mountains and travel to Fes. The amazing old capital of Morocco lives in two worlds, the new modern Fes and medina (old town). From the ancient city-the medina in Fes-the friends learn that the history and music intertwine to bring out the richness and diversity of the culture. From Fes, the friends head to Khenifra and then on to Merzouga in the Sahara desert. Similar to the changes in topography, so do the people, the culture and the music change. Over the dunes the friends ride ATVs and jam under the amazing night sky by a desert fire. Nouamane, Hassan and Laurent then travel to the city of old-world charm and elegance, Marrakesh. The artist ambassador is the legendary Gnawa artists, Hassan Hakmoun and Fnaire. They show the different sides of this magical city and how it inspires them. The journey ends in the coastal city of Essaouira, where Hassan has asked other famous Moroccan music artists to participate in a traditional Gnawa ceremony.	APTEX	(S)	(CC)	N/A	#707H
02:00:00	Live at the Charleston Music Hall Parker Millsap Twenty-four year old Oklahoma native, Parker Millsap has had a banner year including his network TV debut on CONAN. Sir Elton John said of Parker, "...I saw one of the best concerts I have ever seen...It restored my faith in music." Parker does not disappoint in this episode with his sultry vocal and Elvis moves.	NETA	(S)	(CC)	N/A	#108H
02:30:00	New Tanglewood Tales: Backstage with Rising Artists New Tanglewood Tales: Backstage with Rising Artists features rehearsal, performance and some backstage fun. Conor McDonald (baritone) is a featured guest on a radio program; Clare Monfredo (cellist) rehearses and performs at String Quartet Marathon; Jeff DeRoche gives a tour of the percussion section and conductor Karina Canellakis is presented for the first time.	APTEX	(S)	(CC)	N/A	#102H
03:00:00	Fly Boys: Western Pennsylvania's Tuskegee Airmen FLY BOYS: WESTERN PENNSYLVANIA'S TUSKEGEE AIRMEN tells the story of struggle and the ultimate triumph of the brave African-American soldiers who served their country during World War II. The film chronicles the "Tuskegee Airmen" program, a controversial military initiative designed to measure African-Americans' competence for flying the engines of war. This fascinating documentary features the stories of the more than 40 aviators from western Pennsylvania, including the pilots, navigators and bombardiers who flew fighter and bomber planes during the war, as well as the maintenance and support staff, instructors and personnel who kept the planes in the air.	APTEX	(S)	(CC)	N/A	#0
04:00:00	Reel South Red Wolf Revival By Rosh Patel and Madison McClintock. Three decades ago, the nearly-extinct red wolf was reintroduced in North Carolina. While this flagship conservation effort paved the way for reintroducing several other species across the country, today fewer than 100 wild red wolves remain - and their fate hinges on significant biological, political, cultural and economic challenges.	NETA	(S)	(CC)	N/A	#210H
04:30:00	Reel South An Enduring Legacy: Louisiana's Croatian-Americans By James Catano. Little-known even in their home state, the Croatians of Lower Plaquemines Parish have used grit and determination to build an oystering industry that has made Louisiana famous. Follow the lives of four figures who embody the 150-year Croatian experience in Louisiana and share in the history of this unique tight-knit community.	NETA	(S)	(CC)	N/A	#211H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#602
08:00:00	Mixed Nutz Obsession Jae becomes obsessed with winning the junior golf championships, as Damaris gets carried away with cleanliness. Both kids learn the value of moderation, and enjoying the tasks at hand with getting too caught up in them. Lesson: Too much of anything can be harmful.	NETA	(S)	(CC)	N/A	#505H

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	Thomas Edison's Secret Lab The Eagle Has Landed/Bee-Gone	APTEX	(S)	(CC)	N/A	#102H
	Eagle: When a power company worker finds an abandoned eagle's nest precariously perched atop a wind turbine the SECRET LAB KIDS build a homemade rocket to fire a rope up to him so he can lower the nest to safety. Bee: When JD and Kent discover there's a shortage of beeswax for their surfboards, it leads to the discovery that all the local honeybees have vanished from the beehives.					
09:00:00	Functional Fitness with Suzanne Andrews Diabetes	ACCES		(CC)	N/A	#110H
09:30:00	Classical Stretch: The Esmonde Technique Unlock Your Hips	APTEX	(S)	(CC)	DVI	#814Z
10:00:00	Sit and Be Fit Good Alignment	NETA	(S)	(CC)	N/A	#1412H
	By doing exercises with eyes closed, Mary Ann builds an awareness of how good spinal alignment feels. Mary Ann gives a tip of the day.					
10:30:00	Sewing with Nancy Second Chance T-Shirt Makeovers, Part 2	NETA	(S)	(CC)	N/A	#3019H
	Be creative with T-shirts that are not being worn by using the fabric from the shirts in a new way. Nancy and guest, Mary Mulari, show how to turn the T-shirts from family vacation sites, school events, and sporting games into easy-to-sew projects such as, pennant banners, headbands, neck gaiters, scarves and more. These second-chance projects are ideal for beginner stitchers.					
11:00:00	Knit and Crochet Now Blooming Afghans	NETA	(S)	(CC)	N/A	#802H
	Let stitch patterns bloom in beautiful afghans. Kristen Mangus knits an autumn-inspired afghan with a lush pattern of leaves and berries. Create cabling without a cable needle in the technique corner with Melissa Leapman. Ellen Gormley crochets 3-round squares to make an heirloom lace afghan with elegant tassel fringe.					
11:30:00	Fons & Porter's Love of Quilting Farmer's Wife Table Runner	NETA	(S)	(CC)	N/A	#2910H
	The Farmer's Wife quilts by Laurie Aaron Hird have become instant classics. The Fons & Porter staff was inspired to pick one quilt block from each iconic quilt, and incorporate them into a smaller project. Host Sara Gallegos and Fons & Porter Sewing Specialist Colleen Tauke showcase how small quilt blocks can be mixed-and-matched. This table runner will let you take a small taste of the rich tradition of sampler quilts.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7210H
13:00:00	Mike Colameco's Real Food Chinatown/ Wilson Tang Nom Wah Tea Parlor	NETA	(S)	(CC)	N/A	#1507H
	Wilson Tang Nom Wah Tea Parlor is the oldest continuously operated Dim Sum restaurant in the country. Located on historic Doyer street the Tang Family has owned it since the 60's and now grandson Wilson has taken into the 21st century. We'll spend a day with him at Nom Wah and take a walk around the hood to see it from his eyes.					
13:30:00	Cooking with Nick Stellino Nick's Favorite Pasta & Strawberry Dessert	APTEX	(S)	(CC)	N/A	#111H
	Nick visits the P-Patch to talk about tomatoes and prepares his favorite pasta dish from his youth, Rigatoni with Bolognese Ragù. Then shares a the simple techniques of making a luxurious dessert, Strawberries with Zabaglione & Orange Liqueur.					
14:00:00	Chef Paul Prudhomme's Always Cooking! Broiling Stuffed Tilapia, Magic Broiled Tomatoes, Broiled Honey Chicken Wings.	APTEX	(S)	(CC)	DVI	#103
14:30:00	Jacques Pepin: Heart & Soul La Cocina Ole	APTEX	(S)	(CC)	N/A	#107H
	Annual trips to Mexico and visits with fellow chef Rick Bayless are the inspiration for Jacques' tasty garlic and pasilla soup. Jacques continues the Mexican-themed menu as he demonstrates his chicken with chili sauce and achiote rice, a recipe that boasts bright, bold aromas and textures. Finally, Jacques puts leftover bananas to good use for his simply scrumptious banana gratin dessert.					

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	Beads, Baubles and Jewels Color Explorations	NETA	(S)	(CC)	N/A	#2406H
	Create custom colors and add a new twist to traditional techniques. Katie Hacker combines metals with stones and beads to make her style statement. Artist syndee holt blends polymer clay to create new colors and contemporary designs using the ancient art of mokume gane. Designer Jill MacKay shares a great die-cutting tip as she embellishes leather to make dangly earrings.					
15:30:00	Make It Artsy Paint Techniques	NETA	(S)	(CC)	N/A	#113H
	Get out those paints and brushes and let's paint! Collage artist Rebekah Meier uses custom-cut stencils, masking tape and paints to create a cool canvas. Dina Wakley uses thick and thin paint methods to make an artistic journal page. Host Julie Fei Fan Balzer works with additive and reductive mono-printing techniques. In the tip, Seth Apter shares innovative embossing ideas.					
16:00:00	Biz Kid\$ The Value of Money	APTEX	(S)	(CC)	DVI	#408H
	With many currencies around the world, what determines the value of money? What are the factors that raise or lower the value of the american dollar? Why is the dollar measured against the chinese yuan, the japanese yen, or the euro? Learn why the value of the dollar is important in your life.					
16:30:00	Hands On Crafts for Kids Sci-Fi	NETA	(S)	(CC)	DVI	#1910H
	Travel to the future for new adventures. Jenny Barnett-Rohrs builds a robot tray to hold coins and treasures. Then, she creates a mysterious sea creature. Franz Spohn launches aliens into outer space and Jenny makes futuristic sculptures from foam.					
17:00:00	P. Allen Smith's Garden Home Mighty Micros	APTEX	(S)	(CC)	N/A	#1512H
	P. Allen Smith explores the little touches that make a big impact around the home and garden.					
17:30:00	Growing A Greener World Hope for Heroes: The Farmer Veteran Coalition (Davis, Ca)	APTEX	(S)	(CC)	N/A	#807H
	The Farmer Veteran Coalition's mission helps connect veterans with good jobs and new careers by cultivating a new generation of farmers. In this episode, we see the FVC's mission in action with moving stories of farmers whose lives have been changed thanks to the coalition connection.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15100H
18:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1420H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#9035
19:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#1020H
20:00:00	Song of the Mountains Molly Rose Band / Junior Sisk & Ramblers Choice	NETA	(S)	(CC)	N/A	#1218H
21:00:00	Woodsongs Peter Rowan and J2b2 (John Jorgenson Bluegrass Band)	NETA	(S)	(CC)	N/A	#2007H
	PETER ROWAN is a true music legend with a career spanning over five decades. From his days with Bill Monroe as a Bluegrass Boy to his work with Tony Rice, from Jerry Garcia and the Grateful Dead to his Grammy-winning albums with David Grisman, Rowan is a Grammy Award- winner and six-time Grammy nominee. His latest project is 'My Aloha' recorded in Honolulu with traditional Hawaiian musicians. J2B2 (John Jorgenson Bluegrass Band) is an all-star bluegrass supergroup featuring four legendary, Grammy Award-winning musicians - John Jorgenson on acoustic guitar, mandolin and vocals; Herb Pedersen on banjo, acoustic guitar and vocals; Patrick Sauber on acoustic guitar and vocals, and Mark Fain on bass - delivering bluegrass like no one has ever heard it before. John is another true music icon. He, along with Herb, are founding members of the Desert Rose Band and is one of America's most adventurous guitar masters. WoodSongs Kids: The Riegle Family Band is a bluegrass string quartet from Muncie, Indiana.					
22:00:00	Film School Shorts Stranger Desires	NETA	(S)	(CC)	N/A	#505H
	Tom and Myrna are looking for love in all the wrong places in two stories of ill-advised affection: Tom by Michael Smigiel and Mr. Lamb by Jean Pesce.					

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Fri, May 18, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:30:00	On Story A Conversation with Marta Kauffman Marta Kauffman takes viewers into that unforgettable New York apartment and talks about how the phenomenon of Friends came to be, the universal appeal of Grace and Frankie, and working with the network versus Netflix.	NETA	(S)	(CC)	N/A	#704H
23:00:00	Science Goes to the Movies Teenagers Guest: Dr. Karen Sorens. Movie: Spiderman. Teens in movies are just as complicated as they are in real life. Columbia University's Director of Adolescent Medicine, Dr. Karen Sorens joins us to discuss Spiderman and teenagers' not-so-secret desire to be a superhero.	EPS	(S)	(CC)	N/A	#407H
23:30:00	Theater Talk	EPS	(S)	(CC)	N/A	#1125H

Sat, May 19, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Second Opinion C. Difficile Patient Story: When the bacteria Clostridium difficile (C.diff) grows out of control in your intestines, you can become very sick with what is commonly known as C. diff. Lois Joseph shares her painful story of living with C. diff and how she ultimately overcame this horrible illness. Myth or Medicine: Is C. diff only acquired in healthcare settings? Second Opinion 5: Five ways to prevent contracting C. diff.	APTEX	(S)	(CC)	N/A	#1008H
00:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#1020H
01:00:00	Song of the Mountains Molly Rose Band / Junior Sisk & Ramblers Choice	NETA	(S)	(CC)	N/A	#1218H
02:00:00	Woodsongs Peter Rowan and J2b2 (John Jorgenson Bluegrass Band) PETER ROWAN is a true music legend with a career spanning over five decades. From his days with Bill Monroe as a Bluegrass Boy to his work with Tony Rice, from Jerry Garcia and the Grateful Dead to his Grammy-winning albums with David Grisman, Rowan is a Grammy Award- winner and six-time Grammy nominee. His latest project is 'My Aloha' recorded in Honolulu with traditional Hawaiian musicians. J2B2 (John Jorgenson Bluegrass Band) is an all-star bluegrass supergroup featuring four legendary, Grammy Award-winning musicians - John Jorgenson on acoustic guitar, mandolin and vocals; Herb Pedersen on banjo, acoustic guitar and vocals; Patrick Sauber on acoustic guitar and vocals, and Mark Fain on bass - delivering bluegrass like no one has ever heard it before. John is another true music icon. He, along with Herb, are founding members of the Desert Rose Band and is one of America's most adventurous guitar masters. WoodSongs Kids: The Riegle Family Band is a bluegrass string quartet from Muncie, Indiana.	NETA	(S)	(CC)	N/A	#2007H
03:00:00	Film School Shorts Stranger Desires Tom and Myrna are looking for love in all the wrong places in two stories of ill-advised affection: Tom by Michael Smigiel and Mr. Lamb by Jean Pesce.	NETA	(S)	(CC)	N/A	#505H
03:30:00	On Story A Conversation with Marta Kauffman Marta Kauffman takes viewers into that unforgettable New York apartment and talks about how the phenomenon of Friends came to be, the universal appeal of Grace and Frankie, and working with the network versus Netflix.	NETA	(S)	(CC)	N/A	#704H
04:00:00	Science Goes to the Movies Teenagers Guest: Dr. Karen Sorens. Movie: Spiderman. Teens in movies are just as complicated as they are in real life. Columbia University's Director of Adolescent Medicine, Dr. Karen Sorens joins us to discuss Spiderman and teenagers' not-so-secret desire to be a superhero.	EPS	(S)	(CC)	N/A	#407H
04:30:00	Theater Talk	EPS	(S)	(CC)	N/A	#1125H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#603
08:00:00	Beauty of Oil Painting with Gary and Kathwren Jenkins Glorious Hibiscus Gary paints a large hibiscus larger than his usual work. A mixture of red, turquoise and yellow gives this flower its characteristic appearance. In the background, a hodgepodge of Impressionist brushstrokes and colors creates balance in this painting's composition.	APTEX	(S)	(CC)	N/A	#507H
08:30:00	Painting with Wilson Bickford Emperor Penguins, Part 1 Emperor penguins spend their entire lives on Antarctic ice and in its waters. Wilson blocks out the penguins and paints the background.	NETA	(S)	(CC)	N/A	#312H
09:00:00	Landscapes Through Time with David Dunlop James Abbott McNeill Whistler's Venetian Etchings David travels to beautiful Venetian locations that inspired provocative, iconoclastic artist James Abbott McNeill Whistler (1834-1903) during his transformative trip in 1879-1880. Whistler's fame from the etchings that he created in the backstreets of Venice helped rehabilitate his artistic reputation after a disastrous libel trial with noted art critic John Ruskin. David demonstrates a dry point on a copper plate alongside a canal, the Rio de San Barnaba, located near Whistler's first studio at the Ca' Rezzonico, demonstrating Whistler's brilliance in graphic design.	NETA	(S)	(CC)	DVI	#204H
09:30:00	Classical Stretch: The Esmonde Technique Increase Your Energy	APTEX	(S)	(CC)	DVI	#815Z

Sat, May 19, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
10:00:00	Sit and Be Fit New Challenges Mary Ann introduces a new abdominal exercise called the "Ski Jump" and Gretchen gives you a new balance challenge.	NETA	(S)	(CC)	N/A	#1413H
10:30:00	Functional Fitness with Suzanne Andrews Lung Power Walking Workout	ACCES	(S)	(CC)	N/A	#309H
11:00:00	Neven Maguire: Home Chef Neven opens the series by paying a visit to Waterford Castle and head chef Michael Quinn, who prepares leg of lamb steaks. Back in his kitchen, Neven makes air-dried beef carpaccio with roasted beetroot and mustard cream, and the MacNean cheesecake with raspberries and white chocolate.	APTEx	(S)	(CC)	N/A	#101H
11:30:00	Mexico -- One Plate at a Time with Rick Bayless The Hunt for Caribbean Lobster Deep in the Sian Ka'an nature reserve, there's a seriously remote village called Punta Allen, where a team from the local sustainable lobster fishing cooperative brings Rick and chef Juan Pablo Loza out for an afternoon at sea. The day's catch? A Caribbean lobster, simply prepared in coconut soup. Back at the ultra-luxe Rosewood Mayakoba resort, Juan Pablo showcases the tranquil resort gardens before preparing a feast of grilled lobster zarandeado with adobo mayo and sweet corn puree in the kitchen of La Ceiba, an outdoor garden party area. Inspired by the tropical abundance, Rick heads to his backyard garden with master gardener Bill Shores before making greens with grilled honey-lime dressing and a sweet-and-spicy, chipotle-honey glazed shrimp dish.	APTEx	(S)	(CC)	N/A	#1101H
12:00:00	Lidia's Kitchen Eggs - All Different Ways It's an episode devoted to the fresh, simple egg, and it highlights some of Lidia's all-time favorites: stracciatella: a simple chicken stock laced with ribbons of egg and tender spinach; frittata with ricotta: a luscious frittata filled with ricotta, tomatoes, onions and basil; baked eggplant and eggs: a baked dish showing off of one of summer's best vegetables.	APTEx	(S)	(CC)	N/A	#407H
12:30:00	Moveable Feast with Fine Cooking Charleston, South Carolina - Sean Brock and Benjamin Dennis Moveable Feast with Fine Cooking is back in Charleston, where chefs Sean Brock and Benjamin "BJ" Dennis create some classic southern dishes with all the Southern charm. Host Pete Evans joins the chefs for visits to a South Carolina plantation, which produces some of the finest vegetables and rye in the area. They also embark on a trip to an innovative farm looking to feed and train the people of tomorrow and teach them to grow sustainable foods. Chef Dennis prepares a fantastic short rib and conch stew with classic southern grits while chef Brock roasts a pig with heritage greens and vegetables. It's a feast steeped in South Carolina tradition on Moveable Feast with Fine Cooking Magazine.	APTEx	(S)	(CC)	N/A	#408H
13:00:00	Expeditions with Patrick Mcmillan South Texas - A Hint of the Tropics This is a place that few of us will ever visit. It's packed with biodiversity. Many of the plants and animals that are found here can be found no place else in the United States and their future is tied to a connection with Mexico, here on the border. Join Patrick as he explores a land of Green Jays and Plain Chachalacas in South Texas.	APTEx	(S)	(CC)	N/A	#307H
13:30:00	Weekends with Yankee The Coast From Connecticut's soft sandy beaches to Maine's rugged granite shores, our Atlantic coastline is a place of beauty and wonder, lapping along five of the six New England states and drawing visitors from around the world. This week, we start in Ogunquit, Maine, named by Yankee magazine as the best beach town in New England. Next, we travel north to a rocky cove near Acadia National Park, where we create an authentic Maine clambake (right down to the Red Snapper hot dogs). And then it's back to New England basics with a lesson in traditional boatbuilding in Newport, Rhode Island.	APTEx	(S)	(CC)	N/A	#101H
14:00:00	Rick Steves' Europe Istanbul Where Europe comes face to face with Asia, we'll explore the fascinating, multilayered city of Istanbul. We'll lose our way in the Grand Bazaar and feast like kings with locals at a fisherman's wharf. We'll follow the fall of the Byzantium and the rise of Islam at the city's ancient wall, Hagia Sophia, Blue Mosque and Topkapi Palace. To escape the city bustle, we'll board a boat on the churning Bosphorus, make friends over backgammon, and try a traditional bath.	APTEx	(S)	(CC)	N/A	#512H
14:30:00	Born to Explore with Richard Wiese Chile: Flowering of the Llamas Richard Wiese travels to the driest place on earth, Chile's Atacama Desert. He explores the Valley of the Moons on horseback and meets the Atacamenos, a people who have survived in this harsh environment for hundreds of years. In a tiny oasis community, Richard joins a family in a sacred thanksgiving ceremony called the "Floramiento" or flowering of the llamas, where these beasts of burden are adorned with flowers.	APTEx	(S)	(CC)	N/A	#110H

Sat, May 19, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	Garden Smart GardenSMART continues work on a landscape installation project that started last season. And there is still a lot to do. In this episode we review what's been accomplished, what needs to be done, and discuss with contractors the masonry and irrigation work they're doing. A great show, a lot of gardening information. Be sure to tune in.	NETA	(S)	(CC)	N/A	#5010H
15:30:00	For Your Home Bungalow Blowout It can be really expensive to fall in love with a neighborhood especially a trendy one filled with small, out of date houses. FYH tackles the renovation of a 1920's arts and crafts bungalow in a five-part mini series. In this first episode, viewers will meet the homeowners, architects, builder and experience the process of designing the new spaces.	APTEX	(S)	(CC)	N/A	#3103H
16:00:00	Drexel Interview African American Museum In Philadelphia This installment of the program's museum series takes Host Paula Marantz Cohen on a tour of the African American Museum in Philadelphia. Museum staff offer exclusive insight into permanent installations and a recent traveling exhibition, Arresting Patterns: Perspectives on Race, Criminal Justice, Artistic Expression, and Community. Conversation and visual imagery throughout the tour reveal the rich cultural and historical importance of this institution for mapping the trajectory of American democracy, freedom, and civil rights.	NETA		(CC)	N/A	#602H
16:30:00	Overheard with Evan Smith Michael Schmidt, Journalist Michael Schmidt is a reporter for The New York Times and contributor for MSNBC. Schmidt is known for his investigative reporting and coverage of Trump. In 2015, Schmidt broke the news of Hillary Clinton's personal email usage for government business. He also was the first to report the James Comey memo on Trump's orders to drop the Michael Flynn investigation. Before working for The Times, Schmidt worked at The Boston Globe.	NETA	(S)	(CC)	N/A	#828H
17:00:00	Pen TV Program TBA Place Holder for TBA Program		(S)	(N)	N/A	#0H
17:30:00	Craftsman's Legacy The Wood Turner Let the chips fly! Host Eric Gorges and master wood turner Alan Hollar turn a wooden bowl in the Appalachian Mountains.	APTEX	(S)	(CC)	N/A	#203H
18:00:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3620H
18:30:00	The Open Mind	NETA		(CC)	N/A	#3843H
19:00:00	Closer to Truth What Could Esp Mean? Extrasensory perception (ESP) probes reality. If ESP does not exist, then today's physical world may be all there is. If ESP does exist, then reality may go beyond the physical world. But can ESP be tested by science?	EPS	(S)	(CC)	N/A	#1507H
19:30:00	The Whole Truth with David Eisenhower President Obama's Legacy In World Affairs: Change, for Certain, But What About Guests: Zack Beauchamp, World Correspondent, Vox.com; Trudy Rubin, "Worldview" columnist, The Philadelphia Inquirer; Thomas Wright, Fellow and project director, Brookings Institution; Phyllis Bennis, Fellow, Institute for Policy Studies.	APTEX	(S)	(CC)	N/A	#201H
20:00:00	Speakeasy Steve Earle and David Simon Three-time Grammy Award-winning singer and songwriter Steve Earle is joined by Emmy Award- winning producer David Simon for an intimate conversation in this episode of Speakeasy. Earle began his career as a songwriter in 1982 before having his breakthrough 1986's Guitar Town. His 16th studio album, So You Wanna Be an Outlaw, was released in June 2017. Simon is the Emmy Award winning producer behind HBO's The Wire. His latest project The Deuce is coming to HBO in the fall. The pair discuss storytelling through song, politics, and working with Townes Van Zandt. Earle treats the audience to a special performance of songs from his new album including "Goodbye Michelangelo," "The Firebreak Line," and "So You Wannabe an Outlaw."	APTEX	(S)	(CC)	N/A	#302H
21:00:00	Front and Center Rob Thomas Rob Thomas burst onto the scene in 1996 as the creative force and lead singer of Matchbox Twenty. In 2005 he branched out and has since become a three-time Grammy Award winner whose songs have consistently topped the charts. Thomas, as part of an acoustic trio, takes the stage at the Iridium in New York City to treat fans to performance of some of his biggest hits including #1s "Lonely No More," "3 AM," and "Smooth." Thomas also performs "We Are One" for the first time.	APTEX	(S)	(CC)	N/A	#701H

Daily Program Listing II

43.1

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Sat, May 19, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Globe Trekker Food Hour: Sicily	APTEX	(S)	(CC)	N/A	#1625H
	Bobby Chinn discovers the cultural and historical influences that define contemporary Sicilian cuisine. Occupations by the Phoenicians, Romans, Arabs, Normans, the French and the Spanish have all played their part by introducing techniques and ingredients that have created one of the most layered and intriguing global cuisines. Very closely related to its religious and spiritual life, Sicilian cuisine is above all a reflection of the island's cultural and historical events.					
23:00:00	Arts In Context Lift The Heart	NETA	(S)	(CC)	N/A	#807H
	Anuradha Naimpally started Austin Dance India in her garage 25 years ago so that she should share her love of traditional Indian dance to her community. Extended: Twenty five years ago, Anuradha Naimpally started Austin Dance India in her garage so that she should share her love of traditional Indian dance to her community. Now Austin Dance India is the preeminent performance company and school in Austin for Bharata Natyam dance. From teaching young students to putting on big showcases, Naimpally and Austin Dance India empower girls and women and give them a strong, tangible connection to their culture.					
23:30:00	Articulate with Jim Cotter	APTEX	(S)	(CC)	N/A	#302H
	Knowing the rules, then breaking them is common to all Articulate's subjects this week: Caroline Shaw, Lizzo, and Robert Janz.					

Sun, May 20, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Closer to Truth What Could Esp Mean? Extrasensory perception (ESP) probes reality. If ESP does not exist, then today's physical world may be all there is. If ESP does exist, then reality may go beyond the physical world. But can ESP be tested by science?	EPS	(S)	(CC)	N/A	#1507H
00:30:00	The Whole Truth with David Eisenhower President Obama's Legacy In World Affairs: Change, for Certain, But What About Guests: Zack Beauchamp, World Correspondent, Vox.com; Trudy Rubin, "Worldview" columnist, The Philadelphia Inquirer; Thomas Wright, Fellow and project director, Brookings Institution; Phyllis Bennis, Fellow, Institute for Policy Studies.	APTEX	(S)	(CC)	N/A	#201H
01:00:00	Speakeasy Steve Earle and David Simon Three-time Grammy Award-winning singer and songwriter Steve Earle is joined by Emmy Award- winning producer David Simon for an intimate conversation in this episode of Speakeasy. Earle began his career as a songwriter in 1982 before having his breakthrough 1986's Guitar Town. His 16th studio album, So You Wanna Be an Outlaw, was released in June 2017. Simon is the Emmy Award winning producer behind HBO's The Wire. His latest project The Deuce is coming to HBO in the fall. The pair discuss storytelling through song, politics, and working with Townes Van Zandt. Earle treats the audience to a special performance of songs from his new album including "Goodbye Michelangelo," "The Firebreak Line," and "So You Wannabe an Outlaw."	APTEX	(S)	(CC)	N/A	#302H
02:00:00	Front and Center Rob Thomas Rob Thomas burst onto the scene in 1996 as the creative force and lead singer of Matchbox Twenty. In 2005 he branched out and has since become a three-time Grammy Award winner whose songs have consistently topped the charts. Thomas, as part of an acoustic trio, takes the stage at the Iridium in New York City to treat fans to performance of some of his biggest hits including #1s "Lonely No More," "3 AM," and "Smooth." Thomas also performs "We Are One" for the first time.	APTEX	(S)	(CC)	N/A	#701H
03:00:00	Globe Trekker Food Hour: Sicily Bobby Chinn discovers the cultural and historical influences that define contemporary Sicilian cuisine. Occupations by the Phoenicians, Romans, Arabs, Normans, the French and the Spanish have all played their part by introducing techniques and ingredients that have created one of the most layered and intriguing global cuisines. Very closely related to its religious and spiritual life, Sicilian cuisine is above all a reflection of the island's cultural and historical events.	APTEX	(S)	(CC)	N/A	#1625H
04:00:00	Arts In Context Lift The Heart Anuradha Naimpally started Austin Dance India in her garage 25 years ago so that she should share her love of traditional Indian dance to her community. Extended: Twenty five years ago, Anuradha Naimpally started Austin Dance India in her garage so that she should share her love of traditional Indian dance to her community. Now Austin Dance India is the preeminent performance company and school in Austin for Bharata Natyam dance. From teaching young students to putting on big showcases, Naimpally and Austin Dance India empower girls and women and give them a strong, tangible connection to their culture.	NETA	(S)	(CC)	N/A	#807H
04:30:00	Articulate with Jim Cotter Knowing the rules, then breaking them is common to all Articulate's subjects this week: Caroline Shaw, Lizzo, and Robert Janz.	APTEX	(S)	(CC)	N/A	#302H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#604
08:00:00	Painting and Travel with Roger & Sarah Bansemer Portland Head Lighthouse Spend the day at one of the most photographed lighthouses in the world, Maine's Portland Head Lighthouse. Sarah speaks with the museum director and looks at some artifacts. Roger finds a good view to paint the famous lighthouse structure.	NETA	(S)	(CC)	N/A	#313H
08:30:00	Painting with Paulson Afternoon Power Part III	NETA	(S)	(CC)	N/A	#1513H
09:00:00	Wyland's Art Studio Bengal Tiger The dramatic markings of wild animals offer a perfect study of contrast. Arranging different colors, shades and textures against each other appeals to our natural love of contrast and adds a heightened element of drama. Artists may use contrast of hue, which is simply a color that has not been diluted. Contrast of value is the range of lightness versus darkness of certain colors. Occasionally, in oil painting, artists will paint entirely in shades of grey. This is the oil equivalent of a tonal drawing. A strong tonal drawing almost always leads to a strong painting. Artists such as Degas understood the effectiveness of color contrast. Wyland explores contrasting shades in this painting of a Bengal Tiger.	APTEX		(CC)	N/A	#501H

Sun, May 20, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique Tone Your Entire Body	APTEX	(S)	(CC)	DVI	#816Z
10:00:00	Sit and Be Fit Coordination and Reaction Time This episode focuses on being aware of your body's movements and how it contributes to coordination and reaction time.	NETA	(S)	(CC)	N/A	#1414H
10:30:00	Power Yoga: Mind and Body	APTEX	(S)	(CC)	N/A	#207
11:00:00	Yan Can Cook: Spice Kingdom	APTEX	(S)	(CC)	N/A	#103H
11:30:00	New Orleans Cooking with Kevin Belton Irish New Orleans Irish stew, Creole cottage pie, Irish channel soda bread.	APTEX	(S)	(CC)	N/A	#125H
12:00:00	Ciao Italia Mushrooms for Ravioli - Funghi Freschi Per Ravioli Mary Ann spends the day in a California forest with professional mushroom gatherer, Connie Green, in search of the elusive porcino mushroom, beloved by Italian cooks. After finding just what she needs, Mary Ann goes nella cucina to make an elegant first course ravioli dish perfumed with fresh mushrooms.	NETA	(S)	(CC)	N/A	#2505H
12:30:00	Mike Colameco's Real Food Ny Wine Bars Great food paired with a huge selection of wines by the glass, well what's not to like? Today's episode we visit Ardesia in Hell's Kitchen, Corkbuzz with Master Sommelier and owner Laura Maniac at both locations and Ten Bells a funky LES all bio / organic wine bar down on Broome St.	NETA	(S)	(CC)	N/A	#1404H
13:00:00	Travels with Darley Santa Fe Arts & Culture From scenery so enchanting that it's drawn in filmmakers throughout history to farm fresh New Mexican cuisine and culture, explore Santa Fe with Emmy-nominated host Darley Newman and a cast of local friends. Discover history in Santa Fe's Plaza, contemporary art at Meow Wolf, tailgating at the Santa Fe Opera and a Japanese style spa complete with artisanal sake, combining the classic and quirky in Santa Fe.	NETA	(S)	(CC)	N/A	#503H
13:30:00	Travel Detective with Peter Greenberg Overtourism CBS News Travel Editor Peter Greenberg tells us about some places around the world in which there are too many tourists visiting each year. Plus, it's Australia's third largest city with 283 days of sunshine annually, featuring a thriving music, art, and culinary scene: Greenberg shows you his hidden gems of Brisbane. And, in Northern Italy, correspondent Arnie Weissmann introduces us to a cruise ship excursion that will tempt your taste buds!	NETA	(S)	(CC)	N/A	#407H
14:00:00	Wild Photo Adventures Rocky Mountain Elk Host and professional wildlife photographer Doug Gardner and nature photographer Michael Mauro hike the breath-taking Rocky Mountains in search of rutting Elk to photograph.	NETA	(S)	(CC)	DVI	#209H
14:30:00	In The Americas with David Yetman Mexico City: 600 Years of Urban Glory Six centuries ago the Aztec capital city of Tenochtitl	APTEX	(S)	(CC)	N/A	#603H
15:00:00	Woodsmith Shop Perfect Tenons & Lumber Thicknesses Watch as the Woodsmith editors discuss the key tips and tricks for creating a rabbeted miter joint in an episode flashback. Plus, buy better lumber.	NETA	(S)	(CC)	N/A	#903H
15:30:00	American Woodshop Home Trims Scrolling brackets for doorways, carving weather vanes and totem accents.	NETA	(S)	(CC)	N/A	#2212H

Sun, May 20, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:00:00	Happy Yoga with Sarah Starr Flowing River	NETA	(S)	(CC)	N/A	#203H
	Allow the powerful flowing river energy to renew your body as we explore a rejuvenating yoga practice using a chair for support, focusing on coordinating movement and breath, improving circulation in the upper body while dissolving tension in the neck and shoulders.					
16:30:00	Second Opinion Managing Diabetes	APTEX	(S)	(CC)	N/A	#1009H
	Patient Story: Some experts call Type II Diabetes an epidemic in America. But why is it so difficult to keep under control. Bob Hatch seeks a second opinion as he struggles to manage his diabetes. Myth or Medicine: Can you cure Type II Diabetes? Second Opinion 5: Five lifestyle choices that help manage diabetes.					
17:00:00	Healthy Body Healthy Mind Controlling Gout	EPS	(S)	(CC)	N/A	#3505H
	Gout has been an ongoing medical issue for thousands of years. From the 1960s to the 1990s, gout rates doubled in the United States. Today, an estimated 8 million Americans endure periodic bouts of excruciating pain as a result of gout. This pain stems from a build-up of a substance called uric acid in various joints of the body. Excess uric acid may cause lasting damage in joints and contribute to other maladies such as heart disease, kidney disease and even diabetes. Foot pain, especially in the big toe, is a common symptom for patients in the early stages of gout, but can occur in other areas of the body, especially the hands, wrists, elbows and knees. Whether symptoms consist of occasional flares, or are part of an ongoing presence, the intense pain of gout is the most common result. Through leading medical experts and their patients, we will explore the causes, treatment options, and lifestyle effects of gout.					
17:30:00	Well Read Viet Thanh Nguyen / The Refugees	APTEX	(S)	(CC)	N/A	#619H
	Pulitzer prize winning author Viet Thanh Nguyen shares with Well Read audiences his second work of fiction, The Refugees. A book about the aspirations of those who leave one country for another, and the relationships and desires for self-fulfillment that define our lives.					
18:00:00	California's Gold Catalina Cubs	KCET		(CC)	N/A	#6004
	Chicago millionaire William Wrigley brought excitement to the Catalina Island every year, when his Chicago Cubs baseball team came for spring training each season through the late 1940s. A ball field was built and visitors came from Los Angeles and other California cities to watch the "Catalina" Cubs.					
18:30:00	Joseph Rosendo's Travelscope La Joie De Vivre In Quebec City, Canada	APTEX	(S)	(CC)	DVI	#713H
	Joseph heads to Quebec City, the only walled city north of Mexico, for a lively cultural adventure among the French-speaking Quebecois. The city offers so many attractions that it's hard for Joseph to squeeze them all in. Yet, half the pleasure is in the trying as Joseph strolls the village's atmospheric streets, joins into the colorful night life, samples world-famous cuisine, savors the area's natural beauty and generally celebrates La joie de vivre - the joy of living -- with the largest Francophone population outside of France. Vive les Quebecois! Vive la Ville de Quebec!					
19:00:00	Blackademics Television Tyson / Gilbarg	KNME	(S)	(CC)	N/A	#403H
	A passionate Austin middle school student orator discusses "Opportunity Avenue." An advocate for youth empowerment teaches music and video production to inspire and educate.					
19:30:00	The Kamla Show Special Brett Morgen Jane Goodall	KAMLA	(S)	(CC)	N/A	#145H
20:00:00	Black America Presidential Politics and Black America with Errol Louis	EPS	(S)	(CC)	N/A	#132H
	Carol Jenkins sits down with Errol Louis, CNN contributor, political anchor and host of NY1's Inside City Hall and the Director of Urban Reporting at the CUNY School of Journalism. Together they discuss the many facets of the current presidential race between Hillary Clinton and Donald Trump and the effects of the campaigns on the black community.					
20:30:00	Asian American Life	EPS	(S)	(CC)	N/A	#207H
	Jeremy Lin won't be the only Asian American basketball player in the NBA if Jason Brickman can help it. We get the story from Reporter Paul Lin who visits the record-breaking NCAA point guard. Reporter Barry Mitchell introduces to us a cool and refreshing Bubble Tea hot spot in Brooklyn. Tinabeth Pina reports that Broadway musicals are a hit in Asia. Reporter Kyung Yoon invites us to explore how some Asian American adoptees redefine our perception of identity.					

Daily Program Listing II

43.1

Date: 04/09/2018

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Sun, May 20, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
21:00:00	Tibet Diary: Beauty and Mystery	NETA	(S)	(CC)	N/A	#0H
	Join two American athletes, Chris and Lache, as they experience the culture, the spirituality and the stunning scenery of Tibet for the very first time. They begin their journey with a twenty three hour train ride through the Qinghai Tibetan Plateau: the highest plateau on earth. Tibet, the roof of the world, with an average elevation of 16,000 feet, provided serious physical challenges for the two athletes, but their struggles were worthwhile. They witnessed monks debating Buddhist scriptures at the Sera Monastery, had a chat about Buddhism with a revered monk at the Jokhang Temple, tasted traditional Tibetan food and danced with local Tibetans. The breathtaking scenery at the Yamzho Yumco Lake left them both at a loss for words. Finally, they visited the magnificent Potala Palace and ascended up to the rooftop, a site forbidden to film crews for the past 7 years.					
22:00:00	Pacific Heartbeat Being Bruno Banani	APTEX	(S)	(CC)	N/A	#703H
	Being Bruno Banani tells the unique story of the first and only Tongan Luger who managed to qualify in an amazingly short amount of time for the 2014 Winter Olympic Games in Sochi. Through his name he also acted as the first "living brand" using a completely new and disputed way to get around the strict IOC's Olympic advertising regulations.					
23:30:00	The Last Ring Home	APTEX	(S)	(CC)	N/A	#0H
	The Last Ring Home is the story of Lt Minter Dial and his 1932 Annapolis Naval Academy ring that miraculously made its way home 17 years after he was killed as a POW of the Japanese in WWII. The Last Ring Home is a spellbinding account of one man's obsession with a family mystery and the product of decades of research and inquiries. It also explores author Minter Dial's pursuit of the true story of his namesake, his late grandfather Lt. Minter Dial, USN, a celebrated war hero whose suffering and trauma nearly buried his memory forever.					

Mon, May 21, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Blackademics Television Tyson / Gilbarg A passionate Austin middle school student orator discusses "Opportunity Avenue." An advocate for youth empowerment teaches music and video production to inspire and educate.	KNME	(S)	(CC)	N/A	#403H
00:30:00	The Kamla Show Special Brett Morgen Jane Goodall	KAMLA	(S)	(CC)	N/A	#145H
01:00:00	Black America Presidential Politics and Black America with Errol Louis Carol Jenkins sits down with Errol Louis, CNN contributor, political anchor and host of NY1's Inside City Hall and the Director of Urban Reporting at the CUNY School of Journalism. Together they discuss the many facets of the current presidential race between Hillary Clinton and Donald Trump and the effects of the campaigns on the black community.	EPS	(S)	(CC)	N/A	#132H
01:30:00	Asian American Life Jeremy Lin won't be the only Asian American basketball player in the NBA if Jason Brickman can help it. We get the story from Reporter Paul Lin who visits the record-breaking NCAA point guard. Reporter Barry Mitchell introduces to us a cool and refreshing Bubble Tea hot spot in Brooklyn. Tinabeth Pina reports that Broadway musicals are a hit in Asia. Reporter Kyung Yoon invites us to explore how some Asian American adoptees redefine our perception of identity.	EPS	(S)	(CC)	N/A	#207H
02:00:00	Tibet Diary: Beauty and Mystery Join two American athletes, Chris and Lache, as they experience the culture, the spirituality and the stunning scenery of Tibet for the very first time. They begin their journey with a twenty three hour train ride through the Qinghai Tibetan Plateau: the highest plateau on earth. Tibet, the roof of the world, with an average elevation of 16,000 feet, provided serious physical challenges for the two athletes, but their struggles were worthwhile. They witnessed monks debating Buddhist scriptures at the Sera Monastery, had a chat about Buddhism with a revered monk at the Jokhang Temple, tasted traditional Tibetan food and danced with local Tibetans. The breathtaking scenery at the Yamzho Yumco Lake left them both at a loss for words. Finally, they visited the magnificent Potala Palace and ascended up to the rooftop, a site forbidden to film crews for the past 7 years.	NETA	(S)	(CC)	N/A	#0H
03:00:00	Pacific Heartbeat Being Bruno Banani Being Bruno Banani tells the unique story of the first and only Tongan Luger who managed to qualify in an amazingly short amount of time for the 2014 Winter Olympic Games in Sochi. Through his name he also acted as the first "living brand" using a completely new and disputed way to get around the strict IOC's Olympic advertising regulations.	APTEX	(S)	(CC)	N/A	#703H
04:30:00	The Last Ring Home The Last Ring Home is the story of Lt Minter Dial and his 1932 Annapolis Naval Academy ring that miraculously made its way home 17 years after he was killed as a POW of the Japanese in WWII. The Last Ring Home is a spellbinding account of one man's obsession with a family mystery and the product of decades of research and inquiries. It also explores author Minter Dial's pursuit of the true story of his namesake, his late grandfather Lt. Minter Dial, USN, a celebrated war hero whose suffering and trauma nearly buried his memory forever.	APTEX	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#605
08:00:00	Mixed Nutz Food for Thought After viewing the interesting foods from around the world that his friends bring for lunch, Michael's peanut butter and jelly sandwich looks more boring than ever. To top it off, his Dad only promotes eating the same things. Lucky for Michael, his Mom decides to have a pot luck dinner party, and Michael and his Dad both get to experience international flavors. Lesson: Appreciate what you have but also keep an open mind and try new things.	NETA	(S)	(CC)	N/A	#506H
08:30:00	Thomas Edison's Secret Lab A Golden Opportunity/If The Fossil Fits Golden: When Angie loses her mother's favorite - and valuable - gold bracelet at the beach, our heroes build a homemade metal detector to find it. Fossil: When Kent discovers a dinosaur fossil, the SECRET LAB KIDS learn about fossils, DNA and even go back to prehistoric times to determine if Kent has discovered a completely new dinosaur!	APTEX	(S)	(CC)	N/A	#103H
09:00:00	Functional Fitness with Suzanne Andrews Healthy Back	ACCES		(CC)	N/A	#111H

Mon, May 21, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique Strengthen & Shape Your Legs	APTEX	(S)	(CC)	DVI	#817Z
10:00:00	Sit and Be Fit Lymphatic System Mary Ann uses soothing music and slow gentle movements to stimulate the lymphatic system.	NETA	(S)	(CC)	N/A	#1415H
10:30:00	Sewing with Nancy Magic Inch Quilts, Part 1 Learn the secret of piecing small strips of fabric into larger section to create clever, improvisational quilts that will delight both beginner and veteran quilters. Nancy and her guests, Bill Kerr and Weeks Ringle of Modern Quilt Studio, will teach clever use of color and simple piecing techniques. Prepare to be inspired!	NETA	(S)	(CC)	N/A	#3020H
11:00:00	Knit and Crochet Now Contrasting Cows Cows are cozy, warm and on trend. Meredith Crawford combines brioche stitches with cables to knit a colorful cowl. Ellen Gormley shares three ways to crochet edgings in the technique corner. Jenny King gives a crocheted cowl extra style with a cross stitch pattern.	NETA	(S)	(CC)	N/A	#803H
11:30:00	Fons & Porter's Love of Quilting Cross Road to Grandma's House Inspired by memories of traveling to her grandmother's house on Waddington Road, Barb Eikmeier designed this quilt combining two blocks- album cross and snowball-using an on-point layout. Barb and host Sara Gallegos will teach how to construct the quilt, and even share a few tips for working with plaid fabrics. The nostalgic, but bright colors make this a wonderful quilt for remembering the good times.	NETA	(S)	(CC)	N/A	#2911H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7211H
13:00:00	America's Test Kitchen from Cook's Illustrated	APTEX	(S)	(CC)	N/A	#1812H
13:30:00	Pati's Mexican Table Ancient Yucatan with My Boys Pati's three sons are in Mexico and Pati wants them to experience the essence of the Yucatan. First stop, they climb the ancient ruins of Uxmal and discover how advanced the ancient Maya civilizations were. After an exhaustive exploration, the boys cool off in one of the thousands of hidden cenotes (swimming holes). To fill their bellies, the boys eat the best tamales they have ever tasted and he'll feast on glorious seafood the rest of his days. Smoked shrimp and corn chowder; Whisky-cured cold-smoked salmon; NOLA barbecued shrimp; Salmon candy.	APTEX	(S)	(CC)	N/A	#506H
14:00:00	Steven Raichlen's Project Smoke Seafood Gets Smoked It's a simple formula-seafood plus salt plus wood smoke-but the results are richly flavorful and complex. In this show, you'll learn essential seafood smoking techniques, from brining and curing to cold- and hot-smoking. Smoked shrimp and corn chowder, New Orleans barbecued shrimp, whisky-cured salmon, and salmon candy-all get the smoke treatment. Teach a man to smoke and he'll feast on glorious seafood the rest of his days. Smoked shrimp and corn chowder; Whisky-cured cold-smoked salmon; NOLA barbecued shrimp; Salmon candy.	APTEX	(S)	(CC)	N/A	#205H
14:30:00	George Hirsch Lifestyle For The Love of Cheese George makes garlic scape pesto and puts a new spin on cooking fondue. He shares a few quick favorites, including Welsh rarebit with creamy mousseline potatoes, and creates cheese boards with savory and sweet garnishes to serve as an appetizer and dessert. George visits with his local artisanal cheese shop for tips on selecting and storing gourmet cheese. Recipes: - Fondue with Sweet English Spring Peas & Garlic Scape Pesto - Two Well Rounded Cheese Boards for Starter & Dessert - George's Mousseline Potatoes - Welsh Rarebit.	APTEX	(S)	(CC)	N/A	#102H
15:00:00	Beads, Baubles and Jewels Switch It Up Change up your techniques and create new styles. Jewelry artist and inventor Jill MacKay changes up her style with interchangeable components embellished with crystals. Katie Hacker uses leather cord in a new way to create innovative designs in Katie's Beading Lesson.	NETA	(S)	(CC)	N/A	#2407H
15:30:00	Make It Artsy Text/Typography/Handwriting Let's talk typography. Host Julie Fei Fan Balzer doodles an art journal page. Metalsmith Mary Hettmansperger uses old letter stamps to create journals, covers and other art. Artist Rae Missigman uses words and mixed media to create a layered canvas panel. Jane Dunnewold shares an artsy idea.	NETA	(S)	(CC)	N/A	#201H

Mon, May 21, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:00:00	Biz Kid\$ What's Your Money Personality? How do you act with money? Are you a "Money Star," "Oblivious," or "Penny Wise Pound Foolish"? This episode looks at the range of emotional reactions and connections people have with money. So what personality are you? Find out in this episode.	APTEX	(S)	(CC)	DVI	#501H
16:30:00	Hands On Crafts for Kids Living Places Each plant and creature has a habitat. To capture the freshness of the ocean, Jenny Barnett-Rohrs makes jars inspired by sea glass. For her art project, Candie Cooper looks to the rainforest for ideas. Then, she sponge-paints an animal foot-print rug. Jenny makes a 3-D diorama of animal habitats from foam and printable images.	NETA	(S)	(CC)	DVI	#1911H
17:00:00	P. Allen Smith's Garden Home Road Trip P. Allen Smith packs his bags hits the open road for a more local approach to travel in North Carolina, Rhode Island, Tennessee and Arkansas.	APTEX	(S)	(CC)	N/A	#1513H
17:30:00	Growing A Greener World The Green Bronx Machine: The Power of a Classroom Farm (Bronx, Ny) Volunteer teacher, Stephen Ritz has committed his life's work to teaching kids to grow real food to build healthy minds and bodies in a one-of-a-kind learning environment he created in a Bronx, NY public school. His system is now being replicated worldwide with huge success.	APTEX	(S)	(CC)	N/A	#808H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15101H
18:30:00	Americas Now Earthquake Orphans This week's show opens with a gripping report from Stephen Gibbs on the aftermath - years later - of the massive 2010 earthquake in Haiti. Perhaps not unsurprisingly in a place so poor, millions of homeless people who survived the quake still struggle to build new lives. Next Harris Whitbeck takes viewers to Argentina to sample some of the fruity, red, Malbec wines of Mendoza. We learn of the beauty and business opportunities in this region. And through Whitbeck sample its food and drink. Finally - while on a theme of good food and drink, Americas Now ends with a video essay from Peru on its unique cuisine.	NETA	(S)	(CC)	N/A	#105H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#9036
19:30:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3620H
20:00:00	The Kate Nancy and Beth Megan Mullally (Will & Grace) is as musical as she is funny. Mullally fronts this band with singer/actor Stephanie Hunt, and they perform songs including Joni Mitchell's "Blue," "Please Mr. Jailer," and "Fine Brown Frame." Nancy And Beth's sassy banter and exacting choreography deliver a clever and hip performance that demonstrates their dry humor and pure love of music.	APTEX	(S)	(CC)	N/A	#301H
21:00:00	Backstage Pass Good Cookies Bandleader and drummer Mike Daniels brings together some of Michigan's most talented veteran players for a set of swinging, rocking, soulful blues. Includes "Messin' with the Kid" and "Bacon Fat." With Steve Pinckney, guitar; Doc Yankee, keyboards; Dave Dudt, keyboards, trombone; Mike Smalley, bass; Gary Clavette, sax. Recorded at Michigan BluesFest 2015 in Lansing's historic Old Town district.	NETA	(S)	(CC)	N/A	#708H
21:30:00	Backstage Pass Grupo Aye - Encore Back for an encore, Grand Rapids-based Grupo Aye brings even more high energy salsa influence to the 2015 Lansing JazzFest stage. Their infectious sound features brass, vocals, piano, bongos, drums, and more. Songs include: "Mama Guela," "Cuarto de Tula," and more. Recorded at Lansing JazzFest 2015 in the capital city's historic Old Town district.	NETA	(S)	(CC)	N/A	#718H
22:00:00	Ecosense for Living The Shape of Our Water We all have the right to clean drinking water. Yet while some of us take this for granted, others struggle. Representatives from the NRDC (National Resources Defense Council) and the NAACP show us why this is such a challenge. We meet with residents of Uniontown, Alabama, a low-income community that received a massive amount of coal ash after a spill in Tennessee. Residents share their experiences with health issues, loss of property values, and striving to find clean water since the construction of a toxic waste landfill. And in Baltimore, Maryland, Mr. Trashwheel is not only cleaning up the inner harbor, but it is using googly eyes and social media to raise awareness about water pollution all over the world.	NETA	(S)	(CC)	N/A	#208H

Mon, May 21, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:30:00	Ecosense for Living Food Fight	NETA	(S)	(CC)	N/A	#108H

The quality and accessibility of food has been a hot button issue throughout the ages. Lack of secure food has been the source of revolutions and toppled governments. In "Food Fight," we look at the tug of war over America's diet. From questions plaguing genetically-modified ingredients to wheat-free/gluten-free concerns to the rapid decline of bees, we explore pressures on the safety and security of our food supply. Rich Food, Poor Food authors, Jayson and Mira Calton, guide us through a grocery store and reveal how to make smart choices and avoid unwanted ingredients. Cardiologist Dr. William Davis, author of Wheat Belly, tells us his surprising results after removing wheat from his patients' diets. Filmmaker and concerned father Jeremy Siefert tells his journey trying to understand the impact of genetically-modified food on his children's health. Bee experts sound the alarm about the decline of our most valuable pollinators and what we can do to make sure they continue supplying us with fresh fruits and vegetables.

23:00:00	Counting from Infinity: Yitang Zhang and the Twin Prime Conjecture	APTEX	(S)	(CC)	N/A	#0H
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COUNTING FROM INFINITY: YITANG ZHANG AND THE TWIN PRIME CONJECTURE centers on an exciting string of mathematical discoveries. It began in April 2013 when Yitang "Tom" Zhang, a virtually unknown mathematician working as an adjunct professor at the University of New Hampshire, submitted a paper to the Annals of Mathematics. Zhang had made an important breakthrough in Number Theory by solving the Twin Prime Conjecture (pairs of prime numbers that differ by two). His work, Small Gaps Between Primes, was immediately recognized as an important mathematical breakthrough, and Zhang became an instant celebrity - a role for which he was unprepared. The film documents Zhang's quiet perseverance amidst adversity, and his preference for thinking and working in solitude. Zhang's story is interwoven with a history of the Twin Prime Conjecture as told by several mathematicians, many of whom have wrestled with this challenging problem: Daniel Goldston, Kannan Soundararajan, Andrew Granville, Peter Sarnak, Enrico Bombieri and James Maynard. By chronicling the series of rapid developments around the twin prime problem in 2013, and the many individuals who contributed to it, the film offers a glimpse at how mathematics progresses. A snapshot of a great moment in mathematical history, COUNTING FROM INFINITY is at once a biographical portrait of a unique individual and the exciting story of his discovery.

Tue, May 22, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Americas Now Earthquake Orphans	NETA	(S)	(CC)	N/A	#105H
	This week's show opens with a gripping report from Stephen Gibbs on the aftermath - years later - of the massive 2010 earthquake in Haiti. Perhaps not unsurprisingly in a place so poor, millions of homeless people who survived the quake still struggle to build new lives. Next Harris Whitbeck takes viewers to Argentina to sample some of the fruity, red, Malbec wines of Mendoza. We learn of the beauty and business opportunities in this region. And through Whitbeck sample its food and drink. Finally - while on a theme of good food and drink, Americas Now ends with a video essay from Peru on its unique cuisine.					
00:30:00	The Open Mind	NETA		(CC)	N/A	#3844H
01:00:00	The Kate Nancy and Beth	APTEX	(S)	(CC)	N/A	#301H
	Megan Mullally (Will & Grace) is as musical as she is funny. Mullally fronts this band with singer/actor Stephanie Hunt, and they perform songs including Joni Mitchell's "Blue," "Please Mr. Jailer," and "Fine Brown Frame." Nancy And Beth's sassy banter and exacting choreography deliver a clever and hip performance that demonstrates their dry humor and pure love of music.					
02:00:00	Backstage Pass Good Cookies	NETA	(S)	(CC)	N/A	#708H
	Bandleader and drummer Mike Daniels brings together some of Michigan's most talented veteran players for a set of swinging, rocking, soulful blues. Includes "Messin' with the Kid" and "Bacon Fat." With Steve Pinckney, guitar; Doc Yankee, keyboards; Dave Dudt, keyboards, trombone; Mike Smalley, bass; Gary Clavette, sax. Recorded at Michigan BluesFest 2015 in Lansing's historic Old Town district.					
02:30:00	Backstage Pass Grupo Aye - Encore	NETA	(S)	(CC)	N/A	#718H
	Back for an encore, Grand Rapids-based Grupo Aye brings even more high energy salsa influence to the 2015 Lansing JazzFest stage. Their infectious sound features brass, vocals, piano, bongos, drums, and more. Songs include: "Mama Guela," "Cuarto de Tula," and more. Recorded at Lansing JazzFest 2015 in the capital city's historic Old Town district.					
03:00:00	Ecosense for Living The Shape of Our Water	NETA	(S)	(CC)	N/A	#208H
	We all have the right to clean drinking water. Yet while some of us take this for granted, others struggle. Representatives from the NRDC (National Resources Defense Council) and the NAACP show us why this is such a challenge. We meet with residents of Uniontown, Alabama, a low-income community that received a massive amount of coal ash after a spill in Tennessee. Residents share their experiences with health issues, loss of property values, and striving to find clean water since the construction of a toxic waste landfill. And in Baltimore, Maryland, Mr. Trashwheel is not only cleaning up the inner harbor, but it is using googly eyes and social media to raise awareness about water pollution all over the world.					
03:30:00	Ecosense for Living Food Fight	NETA	(S)	(CC)	N/A	#108H
	The quality and accessibility of food has been a hot button issue throughout the ages. Lack of secure food has been the source of revolutions and toppled governments. In "Food Fight," we look at the tug of war over America's diet. From questions plaguing genetically-modified ingredients to wheat-free/gluten-free concerns to the rapid decline of bees, we explore pressures on the safety and security of our food supply. Rich Food, Poor Food authors, Jayson and Mira Calton, guide us through a grocery store and reveal how to make smart choices and avoid unwanted ingredients. Cardiologist Dr. William Davis, author of Wheat Belly, tells us his surprising results after removing wheat from his patients' diets. Filmmaker and concerned father Jeremy Siefert tells his journey trying to understand the impact of genetically-modified food on his children's health. Bee experts sound the alarm about the decline of our most valuable pollinators and what we can do to make sure they continue supplying us with fresh fruits and vegetables.					
04:00:00	Counting from Infinity: Yitang Zhang and the Twin Prime Conjecture	APTEX	(S)	(CC)	N/A	#0H
	COUNTING FROM INFINITY: YITANG ZHANG AND THE TWIN PRIME CONJECTURE centers on an exciting string of mathematical discoveries. It began in April 2013 when Yitang "Tom" Zhang, a virtually unknown mathematician working as an adjunct professor at the University of New Hampshire, submitted a paper to the Annals of Mathematics. Zhang had made an important breakthrough in Number Theory by solving the Twin Prime Conjecture (pairs of prime numbers that differ by two). His work, Small Gaps Between Primes, was immediately recognized as an important mathematical break-through, and Zhang became an instant celebrity - a role for which he was unprepared. The film documents Zhang's quiet perseverance amidst adversity, and his preference for thinking and working in solitude. Zhang's story is interwoven with a history of the Twin Prime Conjecture as told by several mathematicians, many of whom have wrestled with this challenging problem: Daniel Goldston, Kannan Soundararajan, Andrew Granville, Peter Sarnak, Enrico Bombieri and James Maynard. By chronicling the series of rapid developments around the twin prime problem in 2013, and the many individuals who contributed to it, the film offers a glimpse at how mathematics progresses. A snapshot of a great moment in mathematical history, COUNTING FROM INFINITY is at once a biographical portrait of a unique individual and the exciting story of his discovery.					

Tue, May 22, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#606
08:00:00	Mixed Nutz Persian Adventures	NETA	(S)	(CC)	N/A	#507H
	With the help of a mysterious artist and some magical paintings, Babak, Saman and Sousanne travel through Iran to learn that with a little faith and imagination one can make the mundane really fun. Lesson: Having the ability to use one's imagination and maintaining an open mind can make everyday an adventure.					
08:30:00	Thomas Edison's Secret Lab No Volts for Von Bolt/Dunkin Zombies	APTEX	(S)	(CC)	N/A	#104H
	Volts: During a sailing trip, Von Bolt begins to malfunction, endangering ALVA and Edison, so the Secret Lab Kids investigate elements, compounds and alloys to diagnose the problem. Zombies: When a virus turns JD into a donut-craving zombie, Angie has to come up with not only a cure, but an inoculation against the virus. Fortunately, Jonas Salk can help.					
09:00:00	Functional Fitness with Suzanne Andrews Healthy Neck	ACCES		(CC)	N/A	#112H
09:30:00	Classical Stretch: The Esmonde Technique Burn Calories & Lose Weight	APTEX	(S)	(CC)	DVI	#818Z
10:00:00	Sit and Be Fit Mobility and Balance	NETA	(S)	(CC)	N/A	#1416H
	This episode highlights a variety of exercises to improve balance and concludes with stroking.					
10:30:00	Sewing with Nancy Magic Inch Quilts, Part 2	NETA	(S)	(CC)	N/A	#3021H
	Guests Bill Kerr and Weeks Ringle of Modern Quilt Studio join Nancy to demonstrate how to create custom quilt designs of your own with a modern flair. See how to adapt the Magic Inch technique to any size block. Grab your rotary cutter and sew along while we master a fresh approach to quilting.					
11:00:00	Knit and Crochet Now Snuggly Slipper Boots	NETA	(S)	(CC)	N/A	#804H
	Show off warm, snuggly socks. Melissa Leapman knits cozy boots with a folksy Fair Isle pattern and an interesting heel construction. Learn lots of ways to make pom poms and tassels with Lena Skvagerson in the technique corner. Vanessa Wilson crochets cute rustic boots with fringe that are easy enough for a beginner.					
11:30:00	Fons & Porter's Love of Quilting A Formal Affair	NETA	(S)	(CC)	N/A	#2912H
	Who knew the home-y log cabin block could have such a dramatic side? Toby Lischko's variation on the log cabin design plays with color, value and placement, resulting in an elegant, riveting quilt. The simple construction gives Toby and host Sara Gallegos ample opportunity to teach the basic, good quilting practices that quilters are all too likely to rush past. Let this sophisticated-looking quilt bring you back to your roots.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7212H
13:00:00	Nigella: at My Table	APTEX	(S)	(CC)	N/A	#103H
13:30:00	Taste of Louisiana with Chef John Folse & Company: Hooks, Lies & Alibis Catfish - Lake Des Allemand	APTEX	(S)	(CC)	N/A	#1304H
	In this episode, John travels to Lake Des Allemand, east of New Orleans where he learns the methods of catching catfish from German descendants. John's nephew Jay and his daughter Allie, teach John the hoop net method of catching fish and then have a good old fashion catfish fry. Back on the White Oaks Dock, John's guest is Don Dubuc, famous local outdoorsman and host of a TV and radio show for the last 20 years. Don and John create a tasty catfish black pot court-bouillon then make a local fishing camp favorite with catfish and shrimp over grits. And they finish the evening with a nice barracuda with a smaller bite that the notorious fish of the same name.					
14:00:00	Taste of History Orchids, Herbs and Rum In Jamaica	NETA	(S)	(CC)	N/A	#710H
	The history of Jamaica is examined in this fascinating episode of A Taste of History. Chef Staib examines the 1800s orchid craze, reveals a present-day Maroon tribal leader, and uncovers the art of making rum. Rum is a staple in the preparation of ceviche and a complement to one of the featured recipes: Brown Stew Pork.					

Tue, May 22, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Christopher Kimball's Milk Street Television Milk Street Holidays	APTEX	(S)	(CC)	N/A	#111H
	Festive doesn't have to mean expensive. Milk Street Cook Catherine Smart shows host Christopher Kimball how to turn economical beef eye-round into a succulent holiday roast as she makes prune, peppercorn and fresh herb-rubbed roast beef. Then, a British favorite gets a transatlantic twist as Milk Street Cook Erika Bruce gives the rundown on rye-on-rye sticky toffee pudding. Milk Street Cook Lynn Clark shows Chris how to make skillet-charred Brussels sprouts. The show ends with Chris discussing Sara Moulton's kitchen cabinet essentials.					
15:00:00	Beads, Baubles and Jewels Boho Chic Made Easy	NETA	(S)	(CC)	N/A	#2408H
	Tassels add movement, color and style. Blogger and designer Molly Schaller adds Boho style to her designs with tassels she makes from fibers and leather. In Katie's Beading Lesson, Candie Cooper creates chunky designs using marbled wood beads that teens and tweens love.					
15:30:00	Make It Artsy Party People	NETA	(S)	(CC)	N/A	#202H
	It's time to party. Artist Cat Kerr mixes things up with a pendant made in layers. Tool expert Joe Rotella melts glass in a microwave oven to create contemporary jewelry and accessories. Candie Cooper cranks out a one-of-a-kind artsy gift box with a treasure inside. Artist Jane Dunnewold has an art tip.					
16:00:00	Biz Kid\$ Business Structures	APTEX	(S)	(CC)	DVI	#502H
	What structure is right for your future business? It's not just "incorporated" anymore. Join us and learn about LLCs, sole proprietorships, partnerships, and more. Examine the pros and cons of each business structure and discover which one could be right for you. Meet two girls who were able to start both a non-profit organization and a for-profit company, all from selling honey.					
16:30:00	Hands On Crafts for Kids Fly Away	NETA	(S)	(CC)	DVI	#1912H
	Let's make wings and fly. With paper, scissors and a little spaghetti, Jenny Barnett-Rohrs makes paper feathers. Then, she crafts fuzzy bug wings from felt. Artist Franz Spohn gives the appearance of flight in his drawings. Jenny crafts a bird house for our feathered friends.					
17:00:00	P. Allen Smith's Garden Home Unique Eureka	APTEX	(S)	(CC)	N/A	#1514H
	P. Allen Smith visits the one-of-a kind mountain town of Eureka Springs, Arkansas. Art, food and natural scenery abound as we unwrap this hidden treasure.					
17:30:00	Growing A Greener World In Susan's Garden: A Backyard Habitat In Harmony with Nature (Spokane, Wa)	APTEX	(S)	(CC)	N/A	#809H
	In this episode, we follow Master Gardener Susan Mulvihill, an avid gardener, birder, and nature lover who has created a bountiful and beautiful habitat for all creatures. We'll learn some of Susan's best tips for creating a productive garden in harmony with nature.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15102H
18:30:00	America's Heartland	APTEX	(S)	(CC)	N/A	#1208H
	Examine the smart phone's potential for better farming as Illinois folks explain how technology could benefit crops in third-world nations. Discover how soybeans became a prevalent part of our diet. Visit an unusual "farm" in California where the harvest is a glowing white crop of salt.					
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#9037
19:30:00	Euromaxx	WNVN	(S)	(CC)	N/A	#1421H
20:00:00	Sun Studio Sessions Chris Kearney & Reid Anderson	NETA	(S)	(CC)	N/A	#911H
	Chris Kearney & Reid Anderson are two songwriters hailing from Liverpool in the UK who came to Memphis as part of a cultural exchange program called "From Memphis to Mersey." Sun Studio's intimate setting proves a terrific backdrop to Kearney's & Anderson's storytelling style as they showcase several of each other's original songs.					
20:30:00	Jammin at Hippie Jack's New Country Rehab	NETA	(S)	(CC)	N/A	#1001H
	Even with the deep pool of technical talent, New Country Rehab's artistic vision and original writing has earned the respect of many critics. Combining sharp innovation and a deep respect and knowledge of timeless musical themes and motifs, the Toronto based collective creates music that is full of love, loss, longing and joy.					

Daily Program Listing II

43.1

Date: 04/09/2018

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Tue, May 22, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
21:00:00	Infinity Hall Live Dave Mason	APTEX	(S)	(CC)	N/A	#606H
	Dave Mason, a Rock and Roll Hall of Famer as a founding member of Traffic, and a hit solo artist in the 1970s, performs a rousing concert of his hits "Dear Mr. Fantasy," "Rock and Roll Stew," "Feelin' Alright," "Only You Know and I Know" and "We Just Disagree." The English singer songwriter and guitarist is joined by his own band on the Infinity Hall stage.					
22:00:00	2017 World Dancesport Grand slam Series	APTEX	(S)	(CC)	N/A	#103H
23:00:00	Standing On Sacred Ground Pilgrims & Tourists	NETA	(S)	(CC)	DVI	#101H
	Around the world, indigenous communities stand in the way of government megaprojects. In the Russian Republic of Altai, traditional native people create their own mountain parks to rein in tourism and resist a gas pipeline that would cut through a World Heritage Site. In northern California, Winnemem Wintu girls grind herbs on a sacred medicine rock, as elders protest U.S. government plans to enlarge one of the West's biggest dams and forever submerge this touchstone of a tribe.					

Wed, May 23, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	America's Heartland Examine the smart phone's potential for better farming as Illinois folks explain how technology could benefit crops in third-world nations. Discover how soybeans became a prevalent part of our diet. Visit an unusual "farm" in California where the harvest is a glowing white crop of salt.	APTEX	(S)	(CC)	N/A	#1208H
00:30:00	Overheard with Evan Smith Amy Bloom, Author Amy Bloom is the author of two New York Times best-sellers, three collections of short stories, a children's book and a collection of essays. She has been a nominee for the National Book Award and the National Book Critics Circle Award. Bloom has written for The New Yorker, The New York Times Magazine, O Magazine and Vogue. Her latest novel is titled White Houses.	NETA	(S)	(CC)	N/A	#820H
01:00:00	Sun Studio Sessions Chris Kearney & Reid Anderson Chris Kearney & Reid Anderson are two songwriters hailing from Liverpool in the UK who came to Memphis as part of a cultural exchange program called "From Memphis to Mersey." Sun Studio's intimate setting proves a terrific backdrop to Kearney's & Anderson's storytelling style as they showcase several of each other's original songs.	NETA	(S)	(CC)	N/A	#911H
01:30:00	Jammin at Hippie Jack's New Country Rehab Even with the deep pool of technical talent, New Country Rehab's artistic vision and original writing has earned the respect of many critics. Combining sharp innovation and a deep respect and knowledge of timeless musical themes and motifs, the Toronto based collective creates music that is full of love, loss, longing and joy.	NETA	(S)	(CC)	N/A	#1001H
02:00:00	Infinity Hall Live Dave Mason Dave Mason, a Rock and Roll Hall of Famer as a founding member of Traffic, and a hit solo artist in the 1970s, performs a rousing concert of his hits "Dear Mr. Fantasy," "Rock and Roll Stew," "Feelin' Alright," "Only You Know and I Know" and "We Just Disagree." The English singer songwriter and guitarist is joined by his own band on the Infinity Hall stage.	APTEX	(S)	(CC)	N/A	#606H
03:00:00	2017 World Dancesport Grandslam Series	APTEX	(S)	(CC)	N/A	#103H
04:00:00	Standing On Sacred Ground Pilgrims & Tourists Around the world, indigenous communities stand in the way of government megaprojects. In the Russian Republic of Altai, traditional native people create their own mountain parks to rein in tourism and resist a gas pipeline that would cut through a World Heritage Site. In northern California, Winnemem Wintu girls grind herbs on a sacred medicine rock, as elders protest U.S. government plans to enlarge one of the West's biggest dams and forever submerge this touchstone of a tribe.	NETA	(S)	(CC)	DVI	#101H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#607
08:00:00	Mixed Nutz Camping When two troopers get separated from the scout troop, Adele takes charge and leads everybody to set up camp. The kids are able to put their differences aside long enough to get rescued. Lesson: Learning to appreciate each other can make the world a better place.	NETA	(S)	(CC)	N/A	#508H
08:30:00	Thomas Edison's Secret Lab Murphy's Law of Gravity/The Mystery of Pirate Woods Gravity: The SECRET LAB KIDS are ready to demo their new science song for web entrepreneur Mook Zookerboom when he learns that a satellite is coming down out of orbit, panics and heads for the airport. So the team must gather some data on gravity to convince him to return. Pirate: Angie's great-uncle Thaddeus and JD are sure a local nautical antique shop has the missing treasure chest of Greybeard the Pirate - but Angie, Nicky and Kent suspect the shop owner is the true pirate here.	APTEX	(S)	(CC)	N/A	#105H
09:00:00	Functional Fitness with Suzanne Andrews Brain Aerobics	ACCES		(CC)	N/A	#113H
09:30:00	Classical Stretch: The Esmonde Technique Tone Your Abs & Strengthen Your Legs	APTEX	(S)	(CC)	DVI	#819Z

Wed, May 23, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
10:00:00	Sit and Be Fit Your Feet, Your Foundation It's important to let your feet feel the floor. Exercising barefoot, Mary Ann emphasizes somatosensory awareness in the feet throughout the workout.	NETA	(S)	(CC)	N/A	#1417H
10:30:00	Sewing with Nancy Every Last Piece Nancy and guest, Lynn Harris, will inspire you with numerous ways to maximize how you use fabric in quilts. See how to refresh traditional designs by giving them a scrappy look while updating other quilts with a minimalist charm when all scraps are used on broad backgrounds. You'll never again be tempted to throw away fabric scraps.	NETA	(S)	(CC)	N/A	#3022H
11:00:00	Knit and Crochet Now Sweet Baby Cardigans Every baby needs a soft, warm cardigan. Lena Skvagerson shows how to make a charming baby sweater by knitting sideways. In the technique corner, Melissa Leapman makes three types of crochet ribbing. Jenny King crochets a darling child's sweater with twisted cables and little bobbles.	NETA	(S)	(CC)	N/A	#805H
11:30:00	Fons & Porter's Love of Quilting Twilight in the Garden Melanie Greseth and Joanie Holton join us again with a striking quilt that will have you eagerly branching out into new design territory. Playing with pieced borders, new ways to use old tools, and even metallic prints, this quilt is a garden of inspiration.	NETA	(S)	(CC)	N/A	#2913H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7213H
13:00:00	Lidia's Kitchen Olive Oil Olive oil reigns in Lidia's kitchen, and in this episode she teaches how to use it from appetizer to soup to dessert. She begins with a delicious tomato and bread salad - a delicious tossed salad of country bread and juicy ripe tomatoes known as panzanella; a nourishing rice and lentil soup and a cannoli napoleon, a new twist on the old cannoli: ricotta cream with crunchy almonds and chocolate layered between fried pastry.	APTEX	(S)	(CC)	N/A	#422H
13:30:00	Annabel Langbein: The Free Range Cook Effortless Entertaining Annabel Langbein milks goats at her neighbors' organic farm and then shows how easy it is to make haloumi cheese. She turns this into a starter, grilled on skewers with shrimp and zucchini. Also on the menu are flash-roasted salmon fillets with home-made pesto, and decadent molten chocolate pots. Recipes from this episode: home-made haloumi, shrimp, haloumi and zucchini skewers, summer basil pesto, flash-roasted pesto salmon, potato rosti, braised fennel with lemon, molten chocolate pots, limoncello.	APTEX	(S)	(CC)	N/A	#112H
14:00:00	Simply Ming Rick Bayless PBS's own Chef Rick Bayless visits Ming in his loft this week to share his Mexican flavors. Rick, who has several restaurants in Chicago including the Frontera Grill and Topolobampo, which received the James Beard Award for Outstanding Restaurant in 2017, cooks up Mexican street corn tacos with homemade corn tortillas, while Ming makes his new egg omelet wrap with a corn, tomato, watercress and fermented black bean salsa.	APTEX	(S)	(CC)	N/A	#1507H
14:30:00	Cook's Country When Only Chocolate Will Do Julia Collin Davison shows Bridget Lancaster how to make the ultimate Mississippi mud pie. Equipment expert Adam Ried reviews small food processors. Bridget uncovers the secrets to making the best whoopie pies right at home.	APTEX	(S)	(CC)	N/A	#1012H
15:00:00	Beads, Baubles and Jewels One of a Kind Express your unique designs by starting at the very beginning. Writer and artist Andrew Thornton begins styling colorful resin jewelry by creating his own silicone molds. Katie Hacker makes stylish bracelets for men in Katie's Beading Lesson.	NETA	(S)	(CC)	N/A	#2409H
15:30:00	Make It Artsy Embrace Imperfection Embrace imperfection as you make art. Metalwork artist Mary Hettmansperger playfully collages with fabric and mediums to create wall art. Author and artist Jane Dunnewold takes the basic square into new directions. Julie Fei-Fan Balzer uses a masking technique to create layers of watercolor effects. Jane Dunnewold shares her artistic perspective.	NETA	(S)	(CC)	N/A	#203H

Wed, May 23, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:00:00	Biz Kid\$ Movin' On Out	APTEX	(S)	(CC)	DVI	#503H
	Check out this kid's guide to the true cost of cutting the cord and being independent. This episode takes you through it all - budgeting, roommates, finding a place, and learning about all the hidden costs that Mom and Dad used to pay for you. Meet seven girls who figured out how to share finances and the hairdryer. So how much does it cost to live on your own? More than you think!					
16:30:00	Hands On Crafts for Kids Camp	NETA	(S)	(CC)	DVI	#1913H
	Head to the great outdoors with camping crafts. Jenny Barnett-Rohrs fashions a talking stick like those used by ancient tribes. Then, she paints images of nature with sand. Franz Spohn makes his own fishing game and Jenny weaves a beaded dream catcher. Candie Cooper lights up the forest with a cool camp lantern.					
17:00:00	P. Allen Smith's Garden Home The Best of Garden Home: Gardening	APTEX	(S)	(CC)	N/A	#1515H
	P. Allen Smith highlights some of his favorite gardening segments in this blast from the past.					
17:30:00	Growing A Greener World The Private Garden of a Public Gardener (Wayne, Pa and Wilmington, De)	APTEX	(S)	(CC)	N/A	#810H
	Professional horticulturalists Dan Benarcik and Peggy Anne Montgomery never mind bringing their work home. While always experimenting with varied and native plants to provide wildlife habitats, now Dan and Peggy share their wisdom and beautiful personal garden with us.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15103H
18:30:00	Great Decisions In Foreign Policy Crossroads: America's Defense Strategy	NETA	(S)	(CC)	N/A	#906H
	The global power balance is rapidly evolving, leaving the United States at a turning point with respect to its level of engagement and the role of its military. How does the military function in today's international order, and what role should Diplomacy play in U.S. defense strategy?					
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#9038
19:30:00	In Good Shape - The Health Show	WNVC	(S)	(CC)	N/A	#520H
20:00:00	The Lowertown Line. The Lowertown Line: Black Diet	APTEX	(S)	(CC)	N/A	#108H
	The members of garage/indie/soul band Black Diet met on Craigslist and come from diverse musical backgrounds including gospel, cabaret, blues, funk, afrobeat and punk rock. The band performs a live set at Bedlam Lowertown in St. Paul, and talks about thrift store finds, making a living and being close friends. Songs performed: Don't Tell Me, Do a Little Wrong, Find a New Love, State Line, Fever, Slow it Down.					
20:30:00	Songs at the Center	APTEX	(S)	(CC)	N/A	#308H
	Artists: Liz Longley, Robby Hecht, Sally Fingerett, and hosted by songwriter Eric Gnezda. Artist Bio: Liz Longley, signed with Sugar Hill Records, is a native of Philadelphia and graduate of Berklee College of Music, in Boston. The award-winning songwriter has taken home top prizes at some of the most prestigious competitions in the country, including the BMI John Lennon Songwriting Scholarship Competition, the International Acoustic Music Awards and the Rocky Mountain Folk Fest Songwriting Competition. She invites comparisons to Shawn Colvin, Paula Cole and Nanci Griffith. Liz sings, "Weightless," and "Camaro." lizlongley.com. Artist Bio: Robby Hecht, of Nashville, has distinguished himself as the second coming of James Taylor, a gentler Damien Jurado. But whatever the comparisons, it's hard to miss that his songwriting is distinct and individual. Across his four indie releases, he doesn't shy from the obvious rhyme, but manages it with a delicate audacity, placing it only where it best serves the story or the mood. Robby has won many prestigious national performing songwriter awards, including the Kerrville New Folk, Telluride Troubadour and the Rocky Mountain Folks Festival Songwriting Competitions. He performs "Pot of Gold." Artist Bio: Sally Fingerett is a founding member of the musical comedy group, The Four Bitchin' Babes. Also a solo artist, she has released five CDs, which include duets with Janis Ian, Jonathan Edwards, and a song co-written with Tom Paxton. As a Kerrville New Folk Award Winner for songwriting, Sally's composition, "Home Is Where the Heart Is," was recorded by Peter, Paul, and Mary. She has appeared in Putamayo's Songwriter Festival at NY's Carnegie Hall, and was a featured musical guest on Michael Feldman's Whad'Ya Know, NPR's Mountain Stage, and CBS Sunday Morning. She is also author of The Mental Yentl, Stories from a Lifelong Student of Crazy. Sally sings, "Boy on Wheels."					
21:00:00	Live from the Artists Den John Legend	APTEX	(S)	(CC)	N/A	#1201H
	John Legend celebrates the release of his new album, Darkness and Light, with an unforgettable performance at Manhattan's historic Riverside Church. From the same pulpit where, 50 years earlier, Martin Luther King, Jr., delivered an electrifying "Beyond Vietnam: A Time to Break Silence" speech, Legend presents a magnificent set of brand new songs (many being played for the first time ever onstage), alongside such classics as "All Of Me" and "Glory," offering messages of love and hope in a spectacular setting that has been associated with progressive activism for almost a century.					

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Wed, May 23, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Reaching West: Dreams of China's New Generation The documentary REACHING WEST: DREAMS OF CHINA'S NEW GENERATION follows several of these determined and engaging students through their senior year at one of the private high schools in Beijing that prepares students for study abroad. The program chronicles the rigors of the application process from interviews to writing their personal essays. It also provides a window into the students' daily lives and the challenges they face, from dating to the impact of American pop culture.	APTEX	(S)	(CC)	DVI	#0H
23:00:00	Hunting In Wartime "Hunting in Wartime" profiles Tlingit veterans from Hoonah, Alaska who saw combat during the Vietnam War. The veterans talk about surviving trauma, relating to Vietnamese communities, readjusting to civilian life, and serving a government that systematically oppresses native people. Their stories give an important human face to the combat soldier and show the lasting effects of war on individuals, families and communities.	NETA	(S)	(CC)	N/A	#0H

Thu, May 24, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Great Decisions In Foreign Policy Crossroads: America's Defense Strategy	NETA	(S)	(CC)	N/A	#906H
	The global power balance is rapidly evolving, leaving the United States at a turning point with respect to its level of engagement and the role of its military. How does the military function in today's international order, and what role should Diplomacy play in U.S. defense strategy?					
00:30:00	In Good Shape - The Health Show	WNVC	(S)	(CC)	N/A	#520H
01:00:00	The Lowertown Line. The Lowertown Line: Black Diet	APTEX	(S)	(CC)	N/A	#108H
	The members of garage/indie/soul band Black Diet met on Craigslist and come from diverse musical backgrounds including gospel, cabaret, blues, funk, afrobeat and punk rock. The band performs a live set at Bedlam Lowertown in St. Paul, and talks about thrift store finds, making a living and being close friends. Songs performed: Don't Tell Me, Do a Little Wrong, Find a New Love, State Line, Fever, Slow it Down.					
01:30:00	Songs at the Center	APTEX	(S)	(CC)	N/A	#308H
	Artists: Liz Longley, Robby Hecht, Sally Fingerett, and hosted by songwriter Eric Gnezda. Artist Bio: Liz Longley, signed with Sugar Hill Records, is a native of Philadelphia and graduate of Berklee College of Music, in Boston. The award-winning songwriter has taken home top prizes at some of the most prestigious competitions in the country, including the BMI John Lennon Songwriting Scholarship Competition, the International Acoustic Music Awards and the Rocky Mountain Folk Fest Songwriting Competition. She invites comparisons to Shawn Colvin, Paula Cole and Nanci Griffith. Liz sings, "Weightless," and "Camaro." lizlongley.com. Artist Bio: Robbie Hecht, of Nashville, has distinguished himself as the second coming of James Taylor, a gentler Damien Jurado. But whatever the comparisons, it's hard to miss that his songwriting is distinct and individual. Across his four indie releases, he doesn't shy from the obvious rhyme, but manages it with a delicate audacity, placing it only where it best serves the story or the mood. Robby has won many prestigious national performing songwriter awards, including the Kerrville New Folk, Telluride Troubadour and the Rocky Mountain Folks Festival Songwriting Competitions. He performs "Pot of Gold." Artist Bio: Sally Fingerett is a founding member of the musical comedy group, The Four Bitchin' Babes. Also a solo artist, she has released five CDs, which include duets with Janis Ian, Jonathan Edwards, and a song co-written with Tom Paxton. As a Kerrville New Folk Award Winner for songwriting, Sally's composition, "Home Is Where the Heart Is," was recorded by Peter, Paul, and Mary. She has appeared in Putamayo's Songwriter Festival at NY's Carnegie Hall, and was a featured musical guest on Michael Feldman's Whad'Ya Know, NPR's Mountain Stage, and CBS Sunday Morning. She is also author of The Mental Yentl, Stories from a Lifelong Student of Crazy. Sally sings, "Boy on Wheels."					
02:00:00	Live from the Artists Den John Legend	APTEX	(S)	(CC)	N/A	#1201H
	John Legend celebrates the release of his new album, Darkness and Light, with an unforgettable performance at Manhattan's historic Riverside Church. From the same pulpit where, 50 years earlier, Martin Luther King, Jr., delivered an electrifying "Beyond Vietnam: A Time to Break Silence" speech, Legend presents a magnificent set of brand new songs (many being played for the first time ever onstage), alongside such classics as "All Of Me" and "Glory," offering messages of love and hope in a spectacular setting that has been associated with progressive activism for almost a century.					
03:00:00	Reaching West: Dreams of China's New Generation	APTEX	(S)	(CC)	DVI	#0H
	The documentary REACHING WEST: DREAMS OF CHINA'S NEW GENERATION follows several of these determined and engaging students through their senior year at one of the private high schools in Beijing that prepares students for study abroad. The program chronicles the rigors of the application process from interviews to writing their personal essays. It also provides a window into the students' daily lives and the challenges they face, from dating to the impact of American pop culture.					
04:00:00	Hunting In Wartime	NETA	(S)	(CC)	N/A	#0H
	"Hunting in Wartime" profiles Tlingit veterans from Hoonah, Alaska who saw combat during the Vietnam War. The veterans talk about surviving trauma, relating to Vietnamese communities, readjusting to civilian life, and serving a government that systematically oppresses native people. Their stories give an important human face to the combat soldier and show the lasting effects of war on individuals, families and communities.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#608
08:00:00	Mixed Nutz Mind The Gap	NETA	(S)	(CC)	N/A	#509H
	Jae and Hanna's embarrassing Grandfather visits and goes out of his way to get involved in their routines. Michael takes an "anything goes" attitude when his "hard of hearing" grandmother babysits. The kids realize there is more than meets the eye to their grandparents and gain a new sense of respect for them. Lesson: Grandparents should be loved and respected.					
08:30:00	Thomas Edison's Secret Lab Electric Kent!/Fashion Genes	APTEX	(S)	(CC)	N/A	#106H
	Electric: Kent discovers one of Edison's secret inventions - an exo-bodysuit: a steampunk Ironman device that turns him into a klutzy superhero. Fashion: Ever-confident Nicky finds herself competing with Sheila in a "Project Runway"-type show, and, needing the perfect model to show off her designs on the runway, she decides to clone herself.					

Thu, May 24, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Functional Fitness with Suzanne Andrews Walk Your Way to a Healthy Heart 1	ACCES		(CC)	N/A	#114H
09:30:00	Classical Stretch: The Esmonde Technique Full Body Posture Workout	APTEX	(S)	(CC)	DVI	#820Z
10:00:00	Sit and Be Fit Flabby Arms This workout focuses on exercises to tone the arm muscles. Mary Ann introduces a new way to strengthen arms using your own body as resistance.	NETA	(S)	(CC)	N/A	#1418H
10:30:00	Sewing with Nancy Fashion Sewing: Plain to Fabulous, Part 1 Make a sewing statement, starting with a basic pattern, then "fill up" spaces-a yoke, a front panel, or cuffs, with embellishments or unique fabrics. Learn how these fabric accents can create flattering illusions of a slimmer shape while learning creative sewing techniques such as discharge fabric dyeing and carefree threadwork. Guest Lorraine Torrence joins Nancy.	NETA	(S)	(CC)	N/A	#3023H
11:00:00	Knit and Crochet Now One of a Kind Totes Take your yarn along in a stylish tote. Kristen Mangus makes an adorable raspberry stitch bag that is knit on a loom. Learn to make center-pull yarn balls in the technique corner with Ellen Gormley. Vanessa Wilson crochets a Boho tapestry bag with a long strap and drawstring closure that goes everywhere.	NETA	(S)	(CC)	N/A	#806H
11:30:00	Quilting Arts Celebrate The Artist Within Celebrate the 10th anniversary of Quilting Arts. Host Susan Brubaker Knapp presents a retrospective featuring the artists, past and present, who express and advance the quilting arts. Collage artist Leni Wiener creates quilted portraits with applique. Sarah Ann Smith and Susan Brubaker Knapp share their paths to becoming professional quilt artists.	NETA	(S)	(CC)	N/A	#2001H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7214H
13:00:00	The Jazzy Vegetarian Rockin' Moroccan Stew Host Laura Theodore prepares oven baked "Rockin' Moroccan Stew," which features a rainbow of veggies delicately infused with flavorful sweet and spice. Paired with "Quick Quinoa," it makes a hearty meal for any night of the week. Then "Fig, Kale, and Tomato Salad," brings a welcome change to everyday greens. To top off the meal, easy "Luscious Apple Tart with Blueberry Glaze" is sure to please.	NETA	(S)	(CC)	DVI	#206H
13:30:00	Sara's Weeknight Meals Five Ingredient Cookout Five ingredients all cooked outside -- what's not to love about Sara's scallop, basil and prosciutto kebabs? Since we're barbecuing, we decided to go to the master, Hill Country Barbecue's Elizabeth Karmel for her definitive Texas barbeque brisket. Sara cools it off with watermelon lemonade. We'll also visit with YouTube stars, the Barbeque Pit Boys, an international cooking club for men who love meat and heat.	APTEX	(S)	(CC)	N/A	#520H
14:00:00	Joanne Weir Gets Fresh Copita Inspired The vibrant soul of Mexican cooking has truly captured Joanne's heart and transformed the way she cooks. So today they're going to explore bright Mexican flavors. She goes to her restaurant Copita to meet Gonzalo, an amazing chef, and hang out in her organic garden. With her student Reggie, they're going to make Sausalito watercress and avocado salad, chicken with vinegar and tomatoes, mashed sweet potatoes, and Micheladas, a popular and spicy Mexican drink. Join her as they explore the soulful and vibrant flavors of Mexico.	APTEX	(S)	(CC)	N/A	#211H
14:30:00	New Scandinavian Cooking Costal Express Starting in the Sami territories of the Arctic, Andreas makes reindeer burgers with wild mushrooms, king crab cocktail and Arctic char with lamb-flavored potato gratin, all using produce he finds along the coast.	APTEX	(S)	(CC)	N/A	#305H
15:00:00	Beads, Baubles and Jewels Open and Shut Add style, movement and interest to your designs. Multi-media artist Mary Hettmansperger adds personality, function and style to her designs with hinges. Candie Cooper returns to Katie's Beading Lesson with cute stretchy beaded rings that are fast and easy to make for teens and tweens.	NETA	(S)	(CC)	N/A	#2410H

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:30:00	Make It Artsy Shine	NETA	(S)	(CC)	N/A	#204H
	Make your art sparkle. Artist Jen Cushman wraps wire and stamps words to create a metallic flower. Host Julie Fei-Fan Balzer crafts a variety of projects with decorative foils. Artist and teacher Cat Kerr molds shining eyes to use in lots of different projects. Learn a new tip from Jane Dunnewold.					
16:00:00	Biz Kid\$ You Are The Target!	APTEX	(S)	(CC)	DVI	#504H
	Every day, kids and teens are subjected to thousands of commercial messages from advertisers. This episode helps you recognize when you are being targeted, how to resist manipulation, and when to apply good consumer skills to cut through the commercial fog.					
16:30:00	Hands On Crafts for Kids Fins, Feathers and Fur	NETA	(S)	(CC)	DVI	#1801H
	Let's get creative with inspiration from the forest, sea and sky. Jenny Barnett-Rohrs and Katie Hacker make a friendly hedgehog then Katie creates a wiggly fish. Franz Spohn scratches off paint to make colorful animal images and Jenny makes a gelatin print Valentine's Day card.					
17:00:00	P. Allen Smith's Garden Home Embrace Your Space	APTEX	(S)	(CC)	DVI	#1601H
	Making the most out of your space doesn't just apply to what's in your house. P. Allen Smith shows you how to take advantage of your great outdoors without breaking the bank.					
17:30:00	Growing A Greener World The Compost Pedallers (Austin, Tx)	APTEX	(S)	(CC)	N/A	#811H
	Using the clean energy of pedal power, this small, eco-minded company, The Compost Pedallers, will bike to your door, pick up your weekly collection of compost ingredients, and haul it off to a nearby farm to do the dirty work for you. It's a winning recipe and a growing business model that's as green as it.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15104H
18:30:00	Consuelo Mack Wealthtrack	APTEX	(S)	(CC)	N/A	#1448H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#9039
19:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1315H
20:00:00	Backstage Pass Donald Kinsey with the Dewaynes - Encore	NETA	(S)	(CC)	N/A	#712H
	Back for an encore presentation, Donald Kinsey, son of blues great Big Daddy Kinsey, brings a deeply rooted blues vibe to the stage with his infectious guitar playing and undeniable groove. Joining Kinsey are the Dewaynes featuring Craig "Griff" Griffith on harmonica and vocals. Together they jam to "The Sky is Crying" and "Jamming." Recorded at Michigan BluesFest 2015 historic Old Town.					
20:30:00	Music Voyager Morocco: The Spirit - The South	APTEX	(S)	(CC)	N/A	#708H
	Friends Nouamane Lahlou, Hassan Hakmoun and Laurent LeGall travel across the Atlas Mountains to Marrakesh, one of the most exotic cities in the world. This is where artists and poets, painters and creatives sought their inspiration. Hassan was born and raised here, and this is the city where at the age of five years old he learned how to play Gnawa music. Hassan takes his friends to the house where he grew up, the bakery that he worked in, and the instrument maker that makes his sintir from scratch. The market is bustling with exotic foods, clothes, colors and entertainment. From Marrakesh the friends head to Essaouira, the old city of Mogador by the sea, where the blend of Arabic, Hebrew, and French languages can be heard floating through the seaside resort, home of the International Gnawa Festival. Hassan invites the original Gnawa group to perform on the old fort overlooking the ocean. From Essaouira, the three of them head to the southern desert of the Moroccan Sahara, the home of the Sahrawi people. There, they invite one of the foremost popular artists Fnaire to join them. Their journey brings them to Agadir, a major city in central coastal Morocco, and the home of the Timitar Music Festival. Venturing further into the Western Sahara as guests of Hassan Hakmoun, Fnaire and Nass El Ghiwane, the team travels by road to Dakhla. Through the artist ambassadors, they seek to understand Gadra music, its origins, how it is being preserved, and the modern interpretations of this style of music.					
21:00:00	Live at the Charleston Music Hall Sarah Jarosz	NETA	(S)	(CC)	N/A	#109H
	Grammy award winning twenty-six year old Texan, Sarah Jarosz, has been praised by the press for her vocal carriage and musicianship alike. In this episode you'll experience those entrancing songs and vocals, and get a glimpse of who she is.					

Thu, May 24, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
21:30:00	New Tanglewood Tales: Backstage with Rising Artists Cellist Yo-Yo Ma and pianist Emanuel Ax coach a Brahms Trio with fellow Clare Monfredo. Boston Symphony music director Andris Nelsons conducts the students and they discuss their excitement about working with him as a thirty-six year old mentor.	APTEX	(S)	(CC)	N/A	#103H
22:00:00	City at War: Chicago Narrated by television journalist, producer and news anchor Bill Kurtis, A CITY AT WAR: CHICAGO chronicles what happened in America's major cities during World War II. When President Franklin Delano Roosevelt (FDR) called on the country to become "an arsenal of Democracy" to defeat Axis powers Germany, Japan, and Italy, cities like Chicago, Detroit, New York, Los Angeles, and others transformed themselves into major producers of war material. Almost overnight, America's industrial might was unleashed on its enemies, with each city making unique contributions. The documentary also tells the story of the most significant events that occurred in Chicago during the war, and explores the mutually beneficial relationship between FDR and Chicago mayor Ed Kelly. With Roosevelt's help the original "Big City Boss" strengthened his political machine by moving thousands of African Americans from the party of Abraham Lincoln to the Democratic voter rolls. African Americans and the city's many other communities, worked together like never before to insure the Allied victory. Kelly also attracted huge government investment in more than 1,400 companies that re-tooled to support the war effort. For the first time, with men away fighting the war, tens of thousands of women found employment in factories making everything from bullets and bombs, to ships, tanks and planes. Perhaps the most important event of the entire war took place when the University of Chicago made its contribution to the top secret Manhattan Project. Nobel Prize-winning physicist Enrico Fermi and his team achieved the first self-sustaining nuclear chain reaction. This critical step enabled the creation of atomic bombs dropped on Japan to end the war. Using interviews, rare film footage (including Cubs owner P.K. Wrigley's tryouts for the All American Girls Baseball League), vintage propaganda movies, period posters and stills, A CITY AT WAR: CHICAGO brings to life a vital chapter in American history.	APTEX	(S)	(CC)	N/A	#0H
23:00:00	Reel South Shake 'em On Down: The Blues According to Fred McDowell By Joe York and Scott Barretta. Through interviews and never-before-seen footage, delight in the story of Mississippi sharecropper of Fred McDowell, the godfather of the North Mississippi style of blues, who was first recorded by Alan Lomax in 1959, traveled to Europe with the Rolling Stones in the mid-1960s, mentored Bonnie Raitt, and influenced the music of many others including RL Burnside, Taj Mahal and the North Mississippi All Stars.	NETA	(S)	(CC)	N/A	#212H

Fri, May 25, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Well Read Viet Thanh Nguyen / The Refugees	APTEX	(S)	(CC)	N/A	#619H
	Pulitzer prize winning author Viet Thanh Nguyen shares with Well Read audiences his second work of fiction, The Refugees. A book about the aspirations of those who leave one country for another, and the relationships and desires for self-fulfillment that define our lives.					
00:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1315H
01:00:00	Backstage Pass Donald Kinsey with the Dewaynes - Encore	NETA	(S)	(CC)	N/A	#712H
	Back for an encore presentation, Donald Kinsey, son of blues great Big Daddy Kinsey, brings a deeply rooted blues vibe to the stage with his infectious guitar playing and undeniable groove. Joining Kinsey are the Dewaynes featuring Craig "Griff" Griffith on harmonica and vocals. Together they jam to "The Sky is Crying" and "Jamming." Recorded at Michigan BluesFest 2015 historic Old Town.					
01:30:00	Music Voyager Morocco: The Spirit - The South	APTEX	(S)	(CC)	N/A	#708H
	Friends Nouamane Lahlou, Hassan Hakmoun and Laurent LeGall travel across the Atlas Mountains to Marrakesh, one of the most exotic cities in the world. This is where artists and poets, painters and creatives sought their inspiration. Hassan was born and raised here, and this is the city where at the age of five years old he learned how to play Gnawa music. Hassan takes his friends to the house where he grew up, the bakery that he worked in, and the instrument maker that makes his sintir from scratch. The market is bustling with exotic foods, clothes, colors and entertainment. From Marrakesh the friends head to Essaouira, the old city of Mogador by the sea, where the blend of Arabic, Hebrew, and French languages can be heard floating through the seaside resort, home of the International Gnawa Festival. Hassan invites the original Gnawa group to perform on the old fort overlooking the ocean. From Essaouira, the three of them head to the southern desert of the Moroccan Sahara, the home of the Sahrawi people. There, they invite one of the foremost popular artists Fnaire to join them. Their journey brings them to Agadir, a major city in central coastal Morocco, and the home of the Timitar Music Festival. Venturing further into the Western Sahara as guests of Hassan Hakmoun, Fnaire and Nass El Ghiwane, the team travels by road to Dakhla. Through the artist ambassadors, they seek to understand Gadra music, its origins, how it is being preserved, and the modern interpretations of this style of music.					
02:00:00	Live at the Charleston Music Hall Sarah Jarosz	NETA	(S)	(CC)	N/A	#109H
	Grammy award winning twenty-six year old Texan, Sarah Jarosz, has been praised by the press for her vocal carriage and musicianship alike. In this episode you'll experience those entrancing songs and vocals, and get a glimpse of who she is.					
02:30:00	New Tanglewood Tales: Backstage with Rising Artists	APTEX	(S)	(CC)	N/A	#103H
	Cellist Yo-Yo Ma and pianist Emanuel Ax coach a Brahms Trio with fellow Clare Monfredo. Boston Symphony music director Andris Nelsons conducts the students and they discuss their excitement about working with him as a thirty-six year old mentor.					
03:00:00	City at War: Chicago	APTEX	(S)	(CC)	N/A	#0H
	Narrated by television journalist, producer and news anchor Bill Kurtis, A CITY AT WAR: CHICAGO chronicles what happened in America's major cities during World War II. When President Franklin Delano Roosevelt (FDR) called on the country to become "an arsenal of Democracy" to defeat Axis powers Germany, Japan, and Italy, cities like Chicago, Detroit, New York, Los Angeles, and others transformed themselves into major producers of war material. Almost overnight, America's industrial might was unleashed on its enemies, with each city making unique contributions. The documentary also tells the story of the most significant events that occurred in Chicago during the war, and explores the mutually beneficial relationship between FDR and Chicago mayor Ed Kelly. With Roosevelt's help the original "Big City Boss" strengthened his political machine by moving thousands of African Americans from the party of Abraham Lincoln to the Democratic voter rolls. African Americans and the city's many other communities, worked together like never before to insure the Allied victory. Kelly also attracted huge government investment in more than 1,400 companies that re-tooled to support the war effort. For the first time, with men away fighting the war, tens of thousands of women found employment in factories making everything from bullets and bombs, to ships, tanks and planes. Perhaps the most important event of the entire war took place when the University of Chicago made its contribution to the top secret Manhattan Project. Nobel Prize-winning physicist Enrico Fermi and his team achieved the first self-sustaining nuclear chain reaction. This critical step enabled the creation of atomic bombs dropped on Japan to end the war. Using interviews, rare film footage (including Cubs owner P.K. Wrigley's tryouts for the All American Girls Baseball League), vintage propaganda movies, period posters and stills, A CITY AT WAR: CHICAGO brings to life a vital chapter in American history.					
04:00:00	Reel South Shake 'em On Down: The Blues According to Fred McDowell	NETA	(S)	(CC)	N/A	#212H
	By Joe York and Scott Barretta. Through interviews and never-before-seen footage, delight in the story of Mississippi sharecropper of Fred McDowell, the godfather of the North Mississippi style of blues, who was first recorded by Alan Lomax in 1959, traveled to Europe with the Rolling Stones in the mid-1960s, mentored Bonnie Raitt, and influenced the music of many others including RL Burnside, Taj Mahal and the North Mississippi All Stars.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#609

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:00:00	Mixed Nutz Halloween Haunts When their trick or treating plans are ruined by an unexpected electrical storm, the kids are left telling spooky ghost stories. It all ends with Damaris's "Lady in White" story, that even scares the most skeptic of the lot. Lesson: A good time can be had even when your original plans go out the door (and more importantly - without a TV!).	NETA	(S)	(CC)	N/A	#510H
08:30:00	Thomas Edison's Secret Lab It Takes One to Know One/Smells Like Teen Stink Takes One: JD's ultimate fertilizer is slowly turning him into a plant and it's up to the team to get him back to the lab in time to cure him! Stink: When Kent's super B.O. makes him reluctant to appear on a prized comic con panel, the Secret Lab kids have to find a way to Stop the Stink.	APTEX	(S)	(CC)	N/A	#107H
09:00:00	Functional Fitness with Suzanne Andrews Walk Your Way to a Healthy Heart 2	ACCES		(CC)	N/A	#115H
09:30:00	Classical Stretch: The Esmonde Technique Strength and Flexibility to Your Core	APTEX	(S)	(CC)	DVI	#821Z
10:00:00	Sit and Be Fit The Power of Small Movements This episode demonstrates what can be achieved with small gentle movements.	NETA	(S)	(CC)	N/A	#1419H
10:30:00	Sewing with Nancy Fashion Sewing: Plain to Fabulous, Part 2 Join Nancy and wearable art specialist Lorraine Torrance as they share how to combine fabrics that are not usually used together to change a plain fashion to fabulous. Silk organza, charmeuse, denim and velveteen can all play well together in a jacket you create, once you learn the sewing savvy tips and techniques. Be inspired to personalize your fashion sewing.	NETA	(S)	(CC)	N/A	#3024H
11:00:00	Knit and Crochet Now Top Down Sweaters Let's take it from the top down. Lena Skvagerson knits a comfy tunic sweater with a saucy split at the neckline. Melissa Leapman knits mitered squares in the technique corner. Then, Ellen Gormley crochets a lacy, casual, pullover with a Bruges lace neckline and no seams.	NETA	(S)	(CC)	N/A	#807H
11:30:00	Quilting Arts Feline Fever Find inspiration close to home in cat companions. Fiber artist Laurie Russman celebrates her furry friends through intricate pet portraits. Quilt designer Cathie Hoover uses double-reverse applique to create a small quilt inspired by an ancient cave drawing.	NETA	(S)	(CC)	N/A	#2002H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7215H
13:00:00	Mike Colameco's Real Food Bordeaux Part 1 In one of the most revered wine growing regions of the world the big name, ultra luxe first growths may dominate the high end market, but we thought we'd visit the other 97% of Bordeaux, the small family farmer growers during the historic near perfect 2015 harvest in September of that year. Of course we'll hit a bunch of restaurants, a cooperage to see oak barrels assembled, a bakery and a few markets while we're there in both these episodes.	NETA	(S)	(CC)	N/A	#1508H
13:30:00	Cooking with Nick Stellino Halibut with a Kick & Aristocratic Risotto Chef Stellino is all about the details of simple techniques and his teaching style shines with brilliance in this episode, inspiring people to enjoy life with fabulous recipes and simple techniques. Nick visits the fish monger and the green grocer and prepares Halibut with Tequila & Jalapeno Pepper Sauce and Risotto with Zucchini, Goat Cheese & Prosciutto.	APTEX	(S)	(CC)	N/A	#112H
14:00:00	Chef Paul Prudhomme's Always Cooking! Stovetop Madness Lentil Bean Soup, Skillet Bread & Garlic Seasoned Butter Orange Magnolia Sauce.	APTEX	(S)	(CC)	DVI	#104

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Jacques Pepin: Heart & Soul Cooking for the President	APTEX	(S)	(CC)	N/A	#108H
	Jacques' illustrious cooking career includes time in the Elysee Palace cooking for the French President. At the young age of 22 and alongside his best friend, pastry chef Jean-Claude Szurdak, Jacques cooked classic dishes for the de Gaulle family. Now he replicates them for us beginning with a first course of morel and shrimp eggs en cocotte. The two chefs continue their Presidential menu with a meaty main course of veal chops dijonnaise served on a bed of simple and delicious peas with basil. Together they prepare a decadent chocolate souffle for a perfectly sweet and splendid ending.					
15:00:00	Beads, Baubles and Jewels Metalworking In Style	NETA	(S)	(CC)	N/A	#2411H
	Express your style in metalwork and with lettering, too. Mary Hettmansperger adds a window in metal work to make a versatile bezel. She adds style by layering metals and putting a variety of motifs behind the window. Creative collaborator Brenda Schweder shares her favorite tips on soldering metalwork. Katie Hacker puts her style into words with lettering in Katie's Beading Lesson.					
15:30:00	Make It Artsy New to Me	NETA	(S)	(CC)	N/A	#205H
	Add something new to your creative routine. Tool expert Joe Rotella uses today's latest cutting technology to create glitter applique. Host Julie Fei-Fan Balzer makes collages with acrylic skins and films. Studio artist Cynthia Thornton paints fashions and faces to create a charming fabric doll. Jane Dunnewold shares another art tip.					
16:00:00	Biz Kid\$ The Economics of Economics	APTEX	(S)	(CC)	DVI	#505H
	Here's a lighter look at a complex science. Learn about everything from micro to macro economics, supply and demand, and economic indicators. See how business owners and even individuals use economic principles to make financial decisions. Meet a young entrepreneur who started up her serving business when the economy turned down. It's all economics!					
16:30:00	Hands On Crafts for Kids Dress Up	NETA	(S)	(CC)	DVI	#1802H
	It's fun to dress up and decorate. Jenny Barnett-Rohrs and Katie Hacker team up to make a really cool cape. Candie Cooper recreates a design from a famous modern artwork. Then, we'll dance away in a new tutu skirt and make a patriotic decoration from blogger Angie Holden.					
17:00:00	P. Allen Smith's Garden Home Thank You for Sharing	APTEX	(S)	(CC)	DVI	#1602H
	Sharing is caring, so join P. Allen Smith as he visits with some of the movers and shakers making a real difference in their communities.					
17:30:00	Growing A Greener World Urban Farm, Country Town - The Spark In Sparta (Sparta and Atlanta, Ga)	APTEX	(S)	(CC)	N/A	#812H
	The Currey's are changing many lives in Sparta, GA. Early success with a backyard vegetable garden took off. With every new season, they continue to expand their farm to create new opportunities for a town that's now growing in far more ways than just a garden.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15105H
18:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1421H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#9040
19:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#1021H
20:00:00	Song of the Mountains Jesse Kramer / Presley & Taylor	NETA	(S)	(CC)	N/A	#1219H

Fri, May 25, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
21:00:00	Woodsongs Six String Soldier and Pentagon Winds	NETA	(S)	(CC)	N/A	#2008H
	<p>SIX-STRING SOLDIERS are part of the United States Army Field Band. They are acoustic trio performing Americana, folk, bluegrass, and Irish music in an informal setting. The group brings its signature style to the smallest, most intimate venues, the busiest public places, street festivals, and music festivals across the United States. With its focus on audience interaction and sharing its members' stories and experiences as American Soldiers, Six-String Soldiers offers one of the most personal musical experiences found in the United States Army. PENTAGON WINDS is woodwind quintet was originally formed in 1989 as part of the Army Field Band's College Clinic Team. The quintet has presented numerous recitals at colleges and universities in forty-nine states featuring repertoire from Renaissance to jazz and beyond. It has been featured at the Kennedy Center, the International Double Reed Society Conference, and other professional music conferences around the country. In addition to its regular recital appearances, the Pentagon Winds frequently presents educational clinics to students ranging from kindergarten to 12th grade. WoodSongs Kids: The Graham Family hail from Winchester, Kentucky and decided to start playing music to bond closer as a family.</p>					
22:00:00	Film School Shorts Uncharted Waters	NETA	(S)	(CC)	N/A	#506H
	<p>Whether in rural Japan or Oregon - fitting in isn't easy for two young men struggling to define their manhood without fathers: Stage Two by Laura Gallagher and Born with It by Emmanuel Osei-Kuffour.</p>					
22:30:00	On Story John Patrick Shanley: Writing for the Stage and Screen	NETA	(S)	(CC)	N/A	#705H
	<p>John Patrick Shanley holds a unique position as both playwright and screenwriter. The writer behind Moonstruck, Doubt, and others shares how he pulls from real life and makes every action count toward story.</p>					
23:00:00	Science Goes to the Movies Evil	EPS	(S)	(CC)	N/A	#408H
	<p>Guest: Professor Ahmed Rageb. Movie: Split. Evil - it's a great plot twist but where does it fit in real life? Prof. Ahmed Rageb of Harvard School of Divinity joins us to talk about the psychology and science in the movie, Split.</p>					
23:30:00	Theater Talk	EPS	(S)	(CC)	N/A	#1126H

Sat, May 26, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Second Opinion Managing Diabetes Patient Story: Some experts call Type II Diabetes an epidemic in America. But why is it so difficult to keep under control. Bob Hatch seeks a second opinion as he struggles to manage his diabetes. Myth or Medicine: Can you cure Type II Diabetes? Second Opinion 5: Five lifestyle choices that help manage diabetes.	APTEX	(S)	(CC)	N/A	#1009H
00:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#1021H
01:00:00	Song of the Mountains Jesse Kramer / Presley & Taylor	NETA	(S)	(CC)	N/A	#1219H
02:00:00	Woodsongs Six String Soldier and Pentagon Winds SIX-STRING SOLDIERS are part of the United States Army Field Band. They are acoustic trio performing Americana, folk, bluegrass, and Irish music in an informal setting. The group brings its signature style to the smallest, most intimate venues, the busiest public places, street festivals, and music festivals across the United States. With its focus on audience interaction and sharing its members' stories and experiences as American Soldiers, Six-String Soldiers offers one of the most personal musical experiences found in the United States Army. PENTAGON WINDS is woodwind quintet was originally formed in 1989 as part of the Army Field Band's College Clinic Team. The quintet has presented numerous recitals at colleges and universities in forty-nine states featuring repertoire from Renaissance to jazz and beyond. It has been featured at the Kennedy Center, the International Double Reed Society Conference, and other professional music conferences around the country. In addition to its regular recital appearances, the Pentagon Winds frequently presents educational clinics to students ranging from kindergarten to 12th grade. WoodSongs Kids: The Graham Family hail from Winchester, Kentucky and decided to start playing music to bond closer as a family.	NETA	(S)	(CC)	N/A	#2008H
03:00:00	Film School Shorts Uncharted Waters Whether in rural Japan or Oregon - fitting in isn't easy for two young men struggling to define their manhood without fathers: Stage Two by Laura Gallagher and Born with It by Emmanuel Osei-Kuffour.	NETA	(S)	(CC)	N/A	#506H
03:30:00	On Story John Patrick Shanley: Writing for the Stage and Screen John Patrick Shanley holds a unique position as both playwright and screenwriter. The writer behind Moonstruck, Doubt, and others shares how he pulls from real life and makes every action count toward story.	NETA	(S)	(CC)	N/A	#705H
04:00:00	Science Goes to the Movies Evil Guest: Professor Ahmed Rageb. Movie: Split. Evil - it's a great plot twist but where does it fit in real life? Prof. Ahmed Rageb of Harvard School of Divinity joins us to talk about the psychology and science in the movie, Split.	EPS	(S)	(CC)	N/A	#408H
04:30:00	Theater Talk	EPS	(S)	(CC)	N/A	#1126H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#610
08:00:00	Beauty of Oil Painting with Gary and Kathwren Jenkins Bouquet of English Roses Gary depicts roses in the old English style. This time he focuses on technique, explaining the strokes that result in quick and natural looking roses, with some attention paid to the soft strokes that make up the background. This is a beautiful painting which would look best in a gold or light brown frame.	APTEX	(S)	(CC)	N/A	#508H
08:30:00	Painting with Wilson Bickford Emperor Penguins, Part 2 On Part 2, Wilson adds the finishing details to the background, and brings the two Emperor penguins to life, using color and shading to give the illusion of feathers.	NETA	(S)	(CC)	N/A	#313H
09:00:00	Landscapes Through Time with David Dunlop James Abbott McNeill Whistler's Venice David travels to two iconic Venetian locations that inspired provocative artist James Abbott McNeill Whistler (1834-1903) during his transformative trip in 1879-1880. Whistler's pastels, along with his etchings, brought him increased fame when he returned to London. David demonstrates a pastel drawing using Whistler's techniques and color palette while standing on the Giudecca overlooking the broad panorama of Venice. He then visits the famous Piazza San Marco and completes a quick oil sketch in the twilight, fading rapidly into night.	NETA	(S)	(CC)	DVI	#205H

Sat, May 26, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique Full Bar Workout to Loosen Your Hips	APTEX	(S)	(CC)	DVI	#822Z
10:00:00	Sit and Be Fit Flexibility and Range of Motion All the exercises in this program highlight range of motion throughout the shoulders and back.	NETA	(S)	(CC)	N/A	#1420H
10:30:00	Functional Fitness with Suzanne Andrews Arm Conditioning	ACCES	(S)	(CC)	N/A	#310H
11:00:00	Neven Maguire: Home Chef Eugene Callaghan, head chef of Kelly's Resort Hotel, Co. Wexford, makes a delicious trio of chicken. Also on the menu: Vera's seafood chowder with MacNean wheaten bread and pork and wild mushroom wontons with Chinese black bean sauce.	APTEX	(S)	(CC)	N/A	#102H
11:30:00	Mexico -- One Plate at a Time with Rick Bayless A Tour of Traditions Ask anyone about traditional cooking in the Yucatan and you're bound to hear the name Miriam Peraza, a grandmotherly dynamo who knows every nook and cranny. She brings Rick to the bustling Mercado de Lucas de Galvez in Merida for a quick tour that includes a rare look at the making of recado spice pastes. Flanked by villagers in the remote town of Yaxunah, Miriam and Rick drop in to watch the making of pit-cooked cochinita pibil, the Yucatan's iconic dish of achiote-smothered, pit-cooked suckling pig. At Manjarblanco restaurant in Merida, Miriam shows her take on classic panuchos, sopa de lima and queso relleno. Then, Rick brings some of the Yucatan back to Chicago, where he cooks papadzules and shows how to make cochinita pibil at home - banana leaves and quick-pickled onions included.	APTEX	(S)	(CC)	N/A	#1102H
12:00:00	Lidia's Kitchen Italian Taste for Bitter Vegetables Italy is one big garden with a year round growing season. Vegetables are often the stars of the meal, and today Lidia will highlight the versatility of delicious bitter vegetables like broccoli rabe, radicchio and escarole. She makes baked radicchio. Sweetened by the cook time this dish caramelizes into a tender hearty bite. broccoli rabe and sausage: a classic combination with sweet Italian sausage and bitter broccoli rabe; escarole and white bean Soup: a heart warming escarole and white bean soup.	APTEX	(S)	(CC)	N/A	#408H
12:30:00	Moveable Feast with Fine Cooking Topping, Virginia - Ryan and Travis Vroxtton and Chef Dylan Fultineer Pete goes to Virginia on this episode of Moveable Feast with Fine Cooking, where he meets skilled oystermen Ryan and Travis Croxton as well as chef Dylan Fultineer. Dylan brings Pete to Sub Rosa, a bakery specializing in traditional bread making. Later, Ryan and Travis have the chance to show Pete the secrets to their trade as they head onto the water and harvest one of the tastiest oysters in the world. Together, they design a meal that combines southern barbeque with the sea in the Croxtons' BBQ Oyster Fest, and Dylan cooks up a special lamb and oyster stew. This week's Moveable Feast will fulfill your seafood dreams.	APTEX	(S)	(CC)	N/A	#409H
13:00:00	Expeditions with Patrick Mcmillan South Texas - The Border How important is the border region to the ebb and flow of life in your backyard? How important is it to our natural heritage? Do the birds you enjoy or the waterfowl you pursue need this place to survive? Join Patrick as he explores the connections to your backyard on the volatile border region of South Texas.	APTEX	(S)	(CC)	N/A	#308H
13:30:00	Weekends with Yankee Adventure in the Wild Offering wild weather, stormy seas, and remote locations, New England is a land of adventure. This week on Weekends with Yankee, we travel to the Northeast's highest peak for some of the most extreme weather found anywhere in the world. Then we head out to sea, braving stiff winds and bracing cold, to capture the coveted Atlantic bay scallop. Finally, we take to the skies high above Maine's iconic Moosehead Lake in search of the majestic creatures that inspired its name.	APTEX	(S)	(CC)	N/A	#102H
14:00:00	Rick Steves' Europe Iran: Tehran and Side Trips As he's done with previous programs on Israel, Egypt, and Eastern Turkey, Rick takes us beyond Europe to a place that's rich with history...and mystery. In this first of two half-hour shows on Iran, Rick dodges traffic in Tehran, enjoys the tranquility of a nearby village, and encounters both anti-American propaganda and a warm welcome from everyday Iranians.	APTEX	(S)	(CC)	N/A	#513H

Sat, May 26, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Born to Explore with Richard Wiese South Africa: Saving The Mighty Rhino Join explorer Richard Wiese as he journeys to South Africa, for incredible encounters with white rhinos and elephants. Richard joins a conservation team on foot and by helicopter as they implant tracking devices to help monitor rhinos and protect them against poachers. He's welcomed into a Zulu tribe and meets some enterprising women who started a community garden that feeds the tribe and supplies local safari lodges.	APTEX	(S)	(CC)	N/A	#111H
15:00:00	Garden Smart GardenSMART visits with several plant and tree experts who share their knowledge about interesting plant selections. Great plant choices, beautiful selections; the plan is starting to come together visually. Be sure to join us as we GardenSMART.	NETA	(S)	(CC)	N/A	#5011H
15:30:00	For Your Home Getting Dirty With building plans in place Vicki and her FYH team of professionals begin the demolish process of the existing bungalow. The foundation for the new addition is completed and the builder discovers extensive termite damage. Homeowners work through budgets and product selections for their bungalow.	APTEX	(S)	(CC)	N/A	#3104H
16:00:00	Drexel Interview Valerie Graves Valerie Graves is a creative force in the field of advertising. As she recounts in her memoir Pressure Makes Diamonds: Becoming the Woman I Pretended to Be, Graves transferred childhood smarts and vision from her working class Michigan community to high-rise aspirations as a creative leader with UniWorld, Motown Records, and even President Bill Clinton. Host Paula Marantz Cohen revisits Graves's formative years and the avenue that led her to becoming one of the first African-American copywriters, and then later directing ad campaigns for major corporate accounts like Ford, General Motors, AT&T, Burger King, General Foods, and Pepsi.	NETA		(CC)	N/A	#603H
16:30:00	Overheard with Evan Smith Junot Diaz, Author Junot Diaz is the author of the critically acclaimed Drown; The Brief Wondrous Life of Oscar Wao, which won the 2008 Pulitzer Prize and the National Book Critics Circle Award; and This Is How You Lose Her, a New York Times bestseller and National Book Award finalist. A graduate of Rutgers University, Diaz is currently the fiction editor at Boston Review and the Rudge and Nancy Allen Professor of Writing at the Massachusetts Institute of Technology.	NETA	(S)	(CC)	N/A	#829H
17:00:00	Pen TV Program TBA Place Holder for TBA Program		(S)	(N)	N/A	#0H
17:30:00	Craftsman's Legacy The Stained Glassmaker Ekaterina Reier and host Eric Gorges play with light and glass in this episode where viewers learn that following your dream can really pay off.	APTEX	(S)	(CC)	N/A	#204H
18:00:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3621H
18:30:00	The Open Mind	NETA		(CC)	N/A	#3844H
19:00:00	Closer to Truth How Could Esp Work? If ESP were real, would it transcend space and time? How could our minds know stuff, and do stuff, not only beyond our senses, but also beyond the laws of physics? What are possible mechanisms?	EPS	(S)	(CC)	N/A	#1508H
19:30:00	The Whole Truth with David Eisenhower The Changing Face of America: The Challenges and Opportunities of Guests: Roy Beck, Founder, President & CEO of NumbersUSA Education and Research Foundation; Clarissa Martinez-De-Castro, Deputy Vice President, National Council of La Raza.	APTEX	(S)	(CC)	N/A	#202H
20:00:00	Speakeasy Nick Mason and David Fricke Nick Mason is best known as the drummer of legendary rock band Pink Floyd. He is the only member of Pink Floyd to be featured on every one of their albums and is the only constant member of the band since its formation in 1965. Mason takes the stage opposite David Fricke, senior editor of Rolling Stonemagazine. The pair discuss the early days of Pink Floyd, groupies, space, and the legacy of Pink Floyd.	APTEX	(S)	(CC)	N/A	#303H

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21:00:00	Front and Center Shawn Mendes	APTEX	(S)	(CC)	N/A	#702H
	Singer/songwriter Shawn Mendes treats fans to a performance at the Melrose Ballroom in New York City. Mendes first came into the public eye as a popular user of the social media platform Vine and at only 18 years old, he is one of only six artists to have two No. 1 albums on the Billboard Top 200 all genre chart at such a young age. He was included in Time's "The 25 Most Influential Teens" in 2014 and 2015 and was included in Forbes' "30 Under 30" for 2016. In this episode, Mendes performs some of his biggest hits including "Treat You Better," "Stitches," and "Mercy."					
22:00:00	Globe Trekker North East England	APTEX	(S)	(CC)	N/A	#1626H
	Incomprehensible dialects, terrible weather, a grim industrial backwater - these are phrases traditionally used to describe the Northern stretches of England. This Globe Trekker puts an end to the myth as we follow traveler Judith Jones through Yorkshire and Northumberland. Her journey begins in rural Suffolk, continues on to the university city of Cambridge, Sheffield, Bradford and York. Her journey concludes on a boat to the Farne Island, the ancient sanctuary of the monk Saint Cuthbert and a present sanctuary to the puffin.					
23:00:00	Arts In Context The Grit of Soul	NETA	(S)	(CC)	N/A	#808H
	Shen "Sunny" Jun's first dance piece - The Grit of Soul - is an attempt to translate the emotions and conflicts he felt as he adjusted from his old life in China to his new life in the United States. Extended: Shen "Sunny" Jun found his way to Austin, Texas, after spending his life training for dance in China. He created Shen Jun Movement Effect and debuted his first piece, The Grit of Soul, which is an attempt to translate the emotions and conflicts he felt as he adjusted from his old life in China to his new life in the United States. Combining the traditional movements of his homeland with modern and American motifs, the old with the new, and the familiar with the strange, Jun is forming his own, wholly unique artistic and cultural path.					
23:30:00	Articulate with Jim Cotter	APTEX	(S)	(CC)	N/A	#303H
	Do what you love and don't care who likes it. Joyce DiDonato, Ilmind, and Kenneth Goldsmith articulate how.					

Sun, May 27, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Closer to Truth How Could Esp Work? If ESP were real, would it transcend space and time? How could our minds know stuff, and do stuff, not only beyond our senses, but also beyond the laws of physics? What are possible mechanisms?	EPS	(S)	(CC)	N/A	#1508H
00:30:00	The Whole Truth with David Eisenhower The Changing Face of America: The Challenges and Opportunities of Guests: Roy Beck, Founder, President & CEO of NumbersUSA Education and Research Foundation; Clarissa Martinez-De-Castro, Deputy Vice President, National Council of La Raza.	APTEX	(S)	(CC)	N/A	#202H
01:00:00	Speakeasy Nick Mason and David Fricke Nick Mason is best known as the drummer of legendary rock band Pink Floyd. He is the only member of Pink Floyd to be featured on every one of their albums and is the only constant member of the band since its formation in 1965. Mason takes the stage opposite David Fricke, senior editor of Rolling Stonemagazine. The pair discuss the early days of Pink Floyd, groupies, space, and the legacy of Pink Floyd.	APTEX	(S)	(CC)	N/A	#303H
02:00:00	Front and Center Shawn Mendes Singer/songwriter Shawn Mendes treats fans to a performance at the Melrose Ballroom in New York City. Mendes first came into the public eye as a popular user of the social media platform Vine and at only 18 years old, he is one of only six artists to have two No. 1 albums on the Billboard Top 200 all genre chart at such a young age. He was included in Time's "The 25 Most Influential Teens" in 2014 and 2015 and was included in Forbes' "30 Under 30" for 2016. In this episode, Mendes performs some of his biggest his including "Treat You Better," "Stitches," and "Mercy."	APTEX	(S)	(CC)	N/A	#702H
03:00:00	Globe Trekker North East England Incomprehensible dialects, terrible weather, a grim industrial backwater - these are phrases traditionally used to describe the Northern stretches of England. This Globe Trekker puts an end to the myth as we follow traveler Judith Jones through Yorkshire and Northumberland. Her journey begins in rural Suffolk, continues on to the university city of Cambridge, Sheffield, Bradford and York. Her journey concludes on a boat to the Farne Island, the ancient sanctuary of the monk Saint Cuthbert and a present sanctuary to the puffin.	APTEX	(S)	(CC)	N/A	#1626H
04:00:00	Arts In Context The Grit of Soul Shen "Sunny" Jun's first dance piece - The Grit of Soul - is an attempt to translate the emotions and conflicts he felt as he adjusted from his old life in China to his new life in the United States. Extended: Shen "Sunny" Jun found his way to Austin, Texas, after spending his life training for dance in China. He created Shen Jun Movement Effect and debuted his first piece, The Grit of Soul, which is an attempt to translate the emotions and conflicts he felt as he adjusted from his old life in China to his new life in the United States. Combining the traditional movements of his homeland with modern and American motifs, the old with the new, and the familiar with the strange, Jun is forming his own, wholly unique artistic and cultural path.	NETA	(S)	(CC)	N/A	#808H
04:30:00	Articulate with Jim Cotter Do what you love and don't care who likes it. Joyce DiDonato, !llmind, and Kenneth Goldsmith articulate how.	APTEX	(S)	(CC)	N/A	#303H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#611
08:00:00	Painting and Travel with Roger & Sarah Bansemer Independence Mine Roger and Sarah Bansemer travel back in time and high into the Rockies to explore the historic gold mining town of Victor, Colorado and one of its most famous landmarks, the Independence Mine.	NETA	(S)	(CC)	N/A	#101H
08:30:00	Painting with Paulson Farewell to Today Part I	NETA	(S)	(CC)	N/A	#1601H

Sun, May 27, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Wyland's Art Studio Mt. Hood	APTEX		(CC)	N/A	#502H
	Oregon's Mount Hood rises sharply in the distance, as a sprawling lake fills the foreground in this iconic painting of the Pacific Northwest. The artist uses the scene as a study of vanishing points, horizon lines, and linear perspective. Artists use linear perspective -- the illusion of space and distance on a flat surface -- first by picturing the canvas surface as an "open window" through which to see the painted world. Straight lines are then drawn on the canvas to represent the horizon and "visual rays" connecting the viewer's eye to a point in the distance. The horizon line runs across the canvas at the eye level of the viewer. The horizon line is where the sky appears to meet the ground. The vanishing point should be located near the center of the horizon line. The vanishing point is where all parallel lines (orthogonals) that run towards the horizon line appear to come together like train tracks in the distance. Orthogonal lines are "visual rays" helping the viewer's eye to connect points around the edges of the canvas to the vanishing point.					
09:30:00	Classical Stretch: The Esmonde Technique Stretch & Strengthen Your Lower Body	APTEX	(S)	(CC)	DVI	#823Z
10:00:00	Sit and Be Fit Brain Booster	NETA	(S)	(CC)	N/A	#1501H
	This program focuses on exercises that activate the brain and includes excellent movement patterns for balance and gait.					
10:30:00	Power Yoga: Mind and Body	APTEX	(S)	(CC)	N/A	#208
11:00:00	Yan Can Cook: Spice Kingdom	APTEX	(S)	(CC)	N/A	#104H
11:30:00	New Orleans Cooking with Kevin Belton Reveillon Dinne	APTEX	(S)	(CC)	N/A	#126H
	Redfish sauce piquante, smothered Creole pork roast, buche de Noel.					
12:00:00	Ciao Italia Beans and Lentils - Fagioli E Lenticchie	NETA	(S)	(CC)	N/A	#2506H
	Mary Ann travels to Lizori, a remote town in the Umbrian hills, to cook with Chef Danielle Bottoni who learned the art of cooking from her mother and it shows! Her grain-inspired pasta and lentil dishes inspire Mary Ann to go nella cucina and continue the tradition with Chickpea and Farro Salad, plus a hearty Farro Soup.					
12:30:00	Mike Colameco's Real Food The Clam/Louro	NETA	(S)	(CC)	N/A	#1405H
	We'll meet up with veteran NYC Chefs Joey Campanero and Mike Price at their homage to their favorite ingredient, the clam located on a lovely corner spot on Hudson St in the far West Village. Then we meet David Santos at his spot Louro on W 10th another W Village gem.					
13:00:00	Travels with Darley Finger Lakes & Monongahela Forests	NETA	(S)	(CC)	N/A	#504H
	Enjoy an East Coast nature escape in the Finger Lakes National Forest and Monongahela National Forest in New York and West Virginia. From a visit to the "Queen's Castle" to learn about the women's suffrage movement to a walk through an old growth forest teeming with life, viewers explore travel destinations for outdoor adventures by horseback riding, fly fishing, sailing and hiking.					
13:30:00	Travel Detective with Peter Greenberg Hidden Gems of Memphis	NETA	(S)	(CC)	N/A	#408H
	CBS News Travel Editor Peter Greenberg reveals his hidden gems of Memphis. Plus, large hotel chains seem to be running the hospitality game these days. But, family-run hotels still do exist, and are thriving in Hawaii. And, Greenberg goes behind the scenes and speaks with major players in the cruise industry, to hear about the challenges in constructing their ships.					
14:00:00	Wild Photo Adventures Large Mammals of Alaska	NETA	(S)	(CC)	DVI	#210H
	Host and professional wildlife photographer Doug Gardner and bush pilot Glenn Alsworth Jr. explore the tundra and photograph bears, caribou and moose.					
14:30:00	In The Americas with David Yetman Our Warming Oceans: Biosphere to Bahamas	APTEX	(S)	(CC)	N/A	#604H
	In the Arizona desert, scientists study a small ocean at Biosphere II facility, where researchers measure sea changes under controlled conditions. But the real ocean is uncontrolled and vast. David journeys to the Bahamas to join researchers in caves and in reefs who are making startling findings about changes in climate and their effects on our oceans.					

Sun, May 27, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	Woodsmith Shop Smooth Curves, Slot-Cutters & Painting Hardware In Router Workshop, the editors of Woodsmith magazine discuss how to choose and get the most out of a hand-held router and a slot-cutting bit.	NETA	(S)	(CC)	N/A	#904H
15:30:00	American Woodshop Recycled Trestle Table Through pegged mortise and tenon joints. Miller Sawmill tour.	NETA	(S)	(CC)	N/A	#2213H
16:00:00	Happy Yoga with Sarah Starr Peaceful Woods Bask in the deep silence of a lush wooded paradise as we create more grace and fluidity in your body using a chair for support, beginning with stretches to open the shoulders and chest, a rejuvenating modified flow practice, ending with a spacious hips and hamstrings sequence.	NETA	(S)	(CC)	N/A	#204H
16:30:00	Second Opinion Reversing Heart Disease Patient Story: Heart disease is an increasing problem in the U.S. What is the solution? For Dick DuBois, he changed his diet and it made a significant difference in his overall health. But were the changes enough? Has he cured his heart disease or simply stalled its progression? Myth or Medicine: Can diet alone reverse heart disease? Second Opinion 5: Five risk factors for heart disease.	APTEX	(S)	(CC)	N/A	#1010H
17:00:00	Healthy Body Healthy Mind Dealing with Chronic Back and Leg Pain There are many causes of chronic pain. Accidents, injuries, degenerative diseases, prior surgeries, even the normal aging process. Many people with chronic back and leg pain have arthritis, or they may have extra wear and tear of the spine due to strenuous activities. Other possible causes can include a curvature of the spine, or medical issues such as fibromyalgia. Those over 30 years of age can be at greater risk for chronic back and leg pain, as well as those who are overweight. Sometimes, the exact cause cannot be determined. Physicians may recommend physical therapy and rehabilitation measures. If pain persists, medication may be needed. Spinal surgery may be recommended if there is mechanical instability. And in some patients, a spinal cord stimulator (SCS) can help reduce back pain. In this program, we will explore the lifestyle and social challenges that can result from chronic back and leg pain. We will also hear from patients who have had a great deal of success in treating their pain symptoms.	EPS	(S)	(CC)	N/A	#3506H
17:30:00	Well Read George Saunders / Lincoln in the Bardo Lincoln in the Bardo is an astonishing feat of imagination and a bold step forward from one of the most important and influential writers of his generation. The long-awaited first novel from George Saunders: a moving and original father-son story featuring none other than Abraham Lincoln, as well as an unforgettable cast of supporting characters, living and dead, historical and invented.	APTEX	(S)	(CC)	N/A	#620H
18:00:00	California's Gold L.A. Air Raid Huell visits the Fort MacArthur Museum in San Pedro to relive the Great Los Angeles Air Raid of February 1942.	KCET		(CC)	N/A	#6005
18:30:00	Joseph Rosendo's Travelscope Mekong River Adventure - Part 1 During part one of Joseph's Mekong River voyage through Cambodia and Vietnam, he travels from the Temple Mountains of Angkor and its UNESCO World Heritage sites, to the river towns and villages of the Mekong river valley. Along the way he explores the country's history and spiritual roots in its ancient Buddhist pagodas and monasteries. On visits to weaving, stonemason and silversmith villages, he celebrates the Cambodian people's creativity and resilience. In Cambodia's sprawling countryside against a backdrop of farmland and rice fields he comes face to face with Cambodia's tragic past in the killing fields of the Khmer Rouge genocide. As the episode ends Joseph is poised to enter the Cambodian capital of Phnom Penh as he continues to go with the Mekong's flow on to Vietnam and the Mekong River Delta.	APTEX	(S)	(CC)	N/A	#1001H
19:00:00	Blackademics Television Blakes / Robinson One experienced educator and youth advocate discusses the role of spirituality in the lives of a group of African American girls in the Los Angeles area. Another revives Black Leadership camps and activities to inspire youth.	KNME	(S)	(CC)	N/A	#404H
19:30:00	The Kamla Show Special Nichole Lazzaro	KAMLA	(S)	(CC)	N/A	#147H

Sun, May 27, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:00:00	Black America Appreciating and Saving Our Historic Places with Brent Leggs	EPS	(S)	(CC)	N/A	#133H
	Carol Jenkins sits down with Brent Leggs, Senior Field Officer of the National Trust for Historic Preservation and discusses the importance of preserving historical sites and landmarks. They also discuss the 53rd Anniversary of the March in Washington DC and the celebrations that occurred in Birmingham on the anniversary, leading up to the preservation of the historic AG Gaston motel.					
20:30:00	Asian American Life	EPS	(S)	(CC)	N/A	#208H
	Ernabel Demillo hosts from the Jacques Marchais Museum of Tibetan Art in Staten Island. Topics include: Immigrant housing in Chinatown; Asian-American Mental Health and Depression, CUNY Asian American Film Festival; Geena Rocero, founder of Gender Proud. Reporters: Minnie Roh, Kyung Yoon, and Andrew Falzon.					
21:00:00	Roadtrip Nation: One Step Closer	APTEX	(S)	(CC)	N/A	#0H
	Not every success story starts with a four-year degree. Community colleges are the breeding ground for big dreams and new adventures. In ROADTRIP NATION: ONE STEP CLOSER, three community college students - Becca, Armand and Melanie - travel across the country to meet influencers and professionals, who also hold associate degrees, and learn how they each define success for themselves. Journalist and former PBS NewsHour anchor Jim Lehrer is one of the individuals they encounter in their travels.					
22:00:00	Pacific Heartbeat A Place to Call Home	APTEX	(S)	(CC)	DVI	#501H
	In New Zealand, the government is about to sell off a third of its publicly owned state houses. With a growing housing crisis and a lack of affordable homes, what will the future of housing look like and where will the thousands of state house tenants end up living? The documentary attempts to shed light on this timely issue.					
23:00:00	Canine Soldiers: The Militarization of Love	NETA	(S)	(CC)	N/A	#0H
	Canine Soldiers explores the intimate bond between Military Working Dogs and their handlers-combat soldiers who make life-and-death decisions based on the instincts and behavior of the dogs who lead their patrols. In wars where the rules of engagement have shifted from traditional combat to the unforeseen and the invisible, these highly trained dogs are saving soldiers' lives and giving them comfort, hope and protection.					

Mon, May 28, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Blackademics Television Blakes / Robinson One experienced educator and youth advocate discusses the role of spirituality in the lives of a group of African American girls in the Los Angeles area. Another revives Black Leadership camps and activities to inspire youth.	KNME	(S)	(CC)	N/A	#404H
00:30:00	The Kamla Show Special Nichole Lazzaro	KAMLA	(S)	(CC)	N/A	#147H
01:00:00	Black America Appreciating and Saving Our Historic Places with Brent Leggs Carol Jenkins sits down with Brent Leggs, Senior Field Officer of the National Trust for Historic Preservation and discusses the importance of preserving historical sites and landmarks. They also discuss the 53rd Anniversary of the March in Washington DC and the celebrations that occurred in Birmingham on the anniversary, leading up to the preservation of the historic AG Gaston motel.	EPS	(S)	(CC)	N/A	#133H
01:30:00	Asian American Life Ernabel Demillo hosts from the Jacques Marchais Museum of Tibetan Art in Staten Island. Topics include: Immigrant housing in Chinatown; Asian-American Mental Health and Depression, CUNY Asian American Film Festival; Geena Rocero, founder of Gender Proud. Reporters: Minnie Roh, Kyung Yoon, and Andrew Falzon.	EPS	(S)	(CC)	N/A	#208H
02:00:00	Roadtrip Nation: Future West When people think of "startups," they tend to think of Silicon Valley. But as access to tech education and capital spreads, the barrier to entry for startups across the country has lowered, and as a result, there's been explosive growth in areas beyond San Francisco. One such area? Arizona, a state whose commitment to entrepreneurship and innovation has attracted tons of new startups, inspiring locals to start calling the state the "Silicon Desert." In ROADTRIP NATION: FUTURE WEST, three Arizona-based college students travel around the state to explore the creative and original ways residents are pushing innovation to its limits. As a child, 19-year-old Anna Mackey traveled with her dad to Arizona's forgotten towns. She'd step into a whole different world shaped by the stories of the people who lived there. Those adventures helped foster her love of history. But it's not just observing that Anna is interested in, it's listening. She believes that people want to be heard, and wants to create space for that human connection to history, whether as a documentarian, or something else. But taking a different path also means taking a risk. That's why she's seeking advice from trailblazers who pushed their fear of failure aside, so she can gain the confidence to do the same. Nashville, Tennessee native Jonathan Reiss didn't grow up in the state, but when it came time to choose a college, Arizona just felt right. The freedom of a new, wide-open place helped him focus on what makes him happy. Jonathan, who is studying chemical engineering, plans to take his problem-solving skills into web development and music. He's inspired by the way people in Arizona make things happen, and he wants to be like that-not over-thinking details or becoming paralyzed by possibilities-just boldly putting his ideas out there. Shandin Gormin, 18, is looking to the future. She wants to find what it holds for journalism, and for the Navajo Nation where she grew up. Her future, ideally, will combine both. As a Native American youth advocate, coming together with other young people to take on issues faced by her community, she's found support and inspiration. It's opened her eyes to those who have overcome challenges like the ones she faces, and those stories push her to keep going. Shandin is on this trip to find what you don't get in school-the things you only realize by experiencing them.	APTEX	(S)	(CC)	N/A	#0H
03:00:00	Pacific Heartbeat A Place to Call Home In New Zealand, the government is about to sell off a third of its publicly owned state houses. With a growing housing crisis and a lack of affordable homes, what will the future of housing look like and where will the thousands of state house tenants end up living? The documentary attempts to shed light on this timely issue.	APTEX	(S)	(CC)	DVI	#501H
04:00:00	Canine Soldiers: The Militarization of Love Canine Soldiers explores the intimate bond between Military Working Dogs and their handlers-combat soldiers who make life-and-death decisions based on the instincts and behavior of the dogs who lead their patrols. In wars where the rules of engagement have shifted from traditional combat to the unforeseen and the invisible, these highly trained dogs are saving soldiers' lives and giving them comfort, hope and protection.	NETA	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#612
08:00:00	Mixed Nutz The New Girl Damaris becomes unusually competitive in a social networking video game and ignores her father. Adele is looked down upon as the "new girl" in school. Both kids learn how important it is to have good family and friends around. Lesson: Your loved ones are the most important in life!	NETA	(S)	(CC)	N/A	#511H
08:30:00	Thomas Edison's Secret Lab Monster Smash/A Monster of a Mystery Smash: When JD and Kent's battle bot, Monster Smash, escapes from the lab, the Secret Lab Kids must navigate a maze to find it. Mystery: When JD and Kent believe that the dreaded Whomper is lurking outside the lab, Kent is terrified. JD hopes to become famous for discovering an unknown creature. The team must use science to determine if it's really a monster or if they can correctly classify it as some other animal.	APTEX	(S)	(CC)	N/A	#108H

Mon, May 28, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Functional Fitness with Suzanne Andrews Younger Muscles In 30 Days	ACCES		(CC)	N/A	#116H
09:30:00	Classical Stretch: The Esmonde Technique Spine & Abs	APTEX	(S)	(CC)	DVI	#824Z
10:00:00	Sit and Be Fit Practice Perfect Posture	NETA	(S)	(CC)	N/A	#1502H
	This episode puts an emphasis on postural alignment and using proper form to get the most out of each exercise.					
10:30:00	Sewing with Nancy Quilt with An Embroidery Machine In 8 Easy Lessons, Part 1	NETA	(S)	(CC)	N/A	#3025H
	See how to turn your embroidery machine into a quilting machine with Nancy and guest, Eileen Roche, embroidery specialist. Nancy and Eileen show how the traditional way of quilting can be revolutionized, letting the computerized machine do the tricky stitching. Learn four of the eight embroidery lessons.					
11:00:00	Knit and Crochet Now Fanciful Shawls	NETA	(S)	(CC)	N/A	#808H
	Make a simple shawl fancy. Starting with a garter stitch, Kristen Mangus knits a cable lace edging to create an elegant shawl. In the technique corner, Lena Skvagerson shows how to work in the ends as you go. Jenny King crochets a peacock-colored shawl starting from the center out and adds a picot border.					
11:30:00	Quilting Arts Celebrating Sheers	NETA	(S)	(CC)	N/A	#2003H
	Sheer fabrics open up new design opportunities. Textile artist Lisa Walton paints, cuts and folds sheer organza to make origami designs. Printmaker Martha Wolfe celebrates the time-honored Korean art of pojagi with printed and painted organza she sews with flat-felled seams.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7216H
13:00:00	America's Test Kitchen from Cook's Illustrated	APTEX	(S)	(CC)	N/A	#1813H
13:30:00	Pati's Mexican Table Izamal - Gold & God	APTEX	(S)	(CC)	N/A	#507H
	Izamal is a stunning city whose buildings are all painted the same golden hue. At its center is an enormous and impressive Franciscan monastery built right on top of ancient ruins of a Mayan temple. Pati explores this beautiful city, tasting the local flavors like venison tacos and poc chuc. The city is also filled with artisans creating hammocks, woven sisal baskets, and papier mache decorations. Pati meets Esteban, a jeweler, who shows her how he makes the most elegant jewelry from plants growing right in his backyard, a perfect souvenir to bring home.					
14:00:00	Steven Raichlen's Project Smoke Smoked In Four Courses	APTEX	(S)	(CC)	N/A	#206H
	Once you get the hang of smoking, you can smoke nearly anything-from bar snacks to dessert. In this show, you'll learn to smoke nuts (spice-crusted pecans), fresh oysters on the half-shell, a spectacular prime rib cooked using the reverse-sear method, and even a mango macadamia nut crisp for dessert. Cook a four course feast from soup to nuts using electric smokers, pellet grills, ceramic cookers, and stovetop kettle smokers. Smoked pecans; Chappaquiddick smoked oysters; Reverse-seared prime rib; Mango-macadamia crisp.					
14:30:00	George Hirsch Lifestyle Country Made	APTEX	(S)	(CC)	N/A	#103H
	George prepares a selection of simple comfort recipes, including fried chicken and waffles and his favorite creamy rice pudding. George visits Shady Lady Root Beer, a small-batch brewer of handcrafted soda, and then stops in at an artisanal producer of pastries in Sag Harbor. Recipes - Dill & Cheddar Waffles - Oven-Fried Garlic Chicken - Rice Pudding.					
15:00:00	Beads, Baubles and Jewels Connecting The Elements	NETA	(S)	(CC)	N/A	#2412H
	Bend and shape your style with wire. Author and designer Brenda Schweder uses a jig to wrangle wire into repeating shapes to create a cool necklace. In Katie's Beading Lesson, Candie Cooper uses sea glass and cool findings to create a hip bolo necklace. Teens and tweens will love mixing leather cord with chains for extra style.					

Mon, May 28, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:30:00	Make It Artsy Making A House A Home Add artistic flair to your home. Jewelry-maker Candie Cooper makes beaded vases and luminaries. Mixed media artist Cat Kerr shows a new technique for using resin to create textured sheets. Artist Rae Missigman makes a small canvas to add an artful touch to any room. Back with another art tip is Jane Dunnewold.	NETA	(S)	(CC)	N/A	#206H
16:00:00	Biz Kid\$ Businesses That Give Back Get to know some businesses that are giving back in big ways, including up-and-coming entertainer Cymphonique, who helps encourage positive self-esteem for girls. Learn from socially conscious companies that are doing good. It's the new triple bottom line: people, planet, and profit.	APTEX	(S)	(CC)	DVI	#506H
16:30:00	Hands On Crafts for Kids Superheroes Who's your favorite superhero? Katie Hacker creates a utility belt to boost your super powers. Jenny Barnett-Rohrs makes a hero emblem for your room. Franz Spohn shows how to draw yourself into a comic book hero and Katie makes Kryptonite soap.	NETA	(S)	(CC)	DVI	#1803H
17:00:00	P. Allen Smith's Garden Home Healthy for Generations Getting your family to eat and live healthy may seem like an enormous challenge, but as P. Allen Smith demonstrates, it can be easy and fun when everyone is on board.	APTEX	(S)	(CC)	DVI	#1603H
17:30:00	Growing A Greener World New Ways of Growing America's Favorite Vegetable - Where Inspiration and Expert grower, Brie Arthur turns conventional tomato-growing wisdom upside down. In this episode, Brie charts new ground to find the latest methods and new opportunities to grow tomatoes in the most unconventional ways.	APTEX	(S)	(CC)	N/A	#813H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15106H
18:30:00	Americas Now The Uncontacted "The Uncontacted" - In this week's lead story, Correspondent Dan Collyns takes viewers to a remote area of Peru's Amazon rain forest. There he explores a people cut off from the world for centuries. They are now making contact with the outside world for the first time. The contact is not without problems as this "lost tribe" struggles to adapt. Next "Game Changer" - A profile of Dora Maria Ruiz Galindo, a woman dedicated to rural education among the indigenous people of Mexico. She founded an organization to coach children, parents and teachers on issues that traditionally go unexplained: self-esteem, sexual abuse, and domestic violence. Finally - a video essay from Xochimilco Mexico. The name comes from the Aztec word for "garden of flowers." The area is actually a lush habitat of canals which some call the "Venice of Mexico."	NETA	(S)	(CC)	N/A	#106H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#9041
19:30:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3621H
20:00:00	The Kate Marc Broussard The blue-eyed soul Louisiana native wows with his R&B-inflected voice and guitar, and ace New Orleans-style band. He plays his hits including "Home" and, from his new album, "Baton Rouge" and the title track, "Easy to Love." Broussard gives an honest interview full of Bayou charm and family history.	APTEX	(S)	(CC)	N/A	#302H
21:00:00	Backstage Pass Tony Monaco & The Fareed Haque Trio Featuring Randy Gelispie The Fareed Haque & Tony Monaco Trio featuring Randy Gelispie includes some of the most innovative musicians in jazz today. Haque showcases a unique twist on jazz guitar, while Monaco's organ playing takes each song for a ride. The trio is rounded out with drummer Gelispie. Songs featured include "Furry Slippers," and "My One and Only Love." Recorded at Lansing JazzFest 2015.	NETA	(S)	(CC)	N/A	#709H
21:30:00	Backstage Pass Best of Jazz Best of Jazz will feature a few of the most swinging jazz performances of 2015. Recorded live at Lansing JazzFest 2015 and in studio, Best of Jazz gives you a one-of-a-kind jam featuring The Paul Keller Orchestra, Tony Monaco & The Fareed Haque Trio featuring Randy Gelispie, and Grupo Aye.	NETA	(S)	(CC)	N/A	#719H

Mon, May 28, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Ecosense for Living Power Pioneers - Reducing Our Carbon Footprint	NETA	(S)	(CC)	N/A	#109H
	97% of scientists agree that global climate change is happening. So... what do we do? This episode looks at creative grassroots solutions. From a small Kentucky town wiped out by tornadoes to revamping Chicago's energy mix to innovative transportation options, we explore how we can fight climate change on multiple fronts.					
22:30:00	Ecosense for Living Young Eco Heroes	NETA	(S)	(CC)	N/A	#110H
	This episode focuses on the next generation of environmentalists making a difference in wildlife preservation, climate change reversal, and healthy ocean policies. From meeting with world leaders to local campaigns, these kids are taking their environmental future into their own hands in surprising ways.					
23:00:00	Polytrauma Rehab in the Va: Compassionate Care	APTEX	(S)	(CC)	N/A	#0H
	POLYTRAUMA REHAB IN THE VA: COMPASSIONATE CARE is an hour-long documentary that gives unprecedented access to the medical staff and their patients - veteran and active service members with both combat and civilian-related traumatic brain injury and polytrauma - at the Hunter Holmes McGuire Veterans Administration Medical Center in Richmond, Virginia. Named in honor of Hunter Holmes McGuire, M.D., the personal physician to Confederate Major General Stonewall Jackson during the Civil War, the facility was created in the late 19th century and became the first Veteran Administration hospital to offer heart transplant surgery in the 1970s. The hospital's polytrauma center is one of only five in the country that provides physical recovery and rehabilitation, plus services for physical, mental, emotional and spiritual well-being. Each treatment is tailored around the individual patient, to make it as purposeful and beneficial as possible. In POLYTRAUMA REHAB IN THE VA, viewers are introduced to several employees of the medical center, including Dr. Ajit Pai, who was named to lead the polytrauma unit at the age of 29. He is dedicated to his patients and is known for advocating new medical techniques, while also weighing heavily the patient's requests. His philosophy is that patients know their bodies better than anyone, so why not listen to them and involve them in the healing and rehabilitation process? In addition, the film also provides an in-depth view of what goes on within the walls of the hospital, and offers the perspective of doctors, medical staff, and family members, along with personal stories of the patients themselves. POLYTRAUMA REHAB IN THE VA: COMPASSIONATE CARE captures the bond that staff and patients form, which fosters not only physical healing, but emotional recovery.					

Tue, May 29, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Americas Now The Uncontacted	NETA	(S)	(CC)	N/A	#106H
	<p>"The Uncontacted" - In this week's lead story, Correspondent Dan Collyns takes viewers to a remote area of Peru's Amazon rain forest. There he explores a people cut off from the world for centuries. They are now making contact with the outside world for the first time. The contact is not without problems as this "lost tribe" struggles to adapt. Next "Game Changer" - A profile of Dora Maria Ruiz Galindo, a woman dedicated to rural education among the indigenous people of Mexico. She founded an organization to coach children, parents and teachers on issues that traditionally go unexplained: self-esteem, sexual abuse, and domestic violence. Finally - a video essay from Xochimilco Mexico. The name comes from the Aztec word for "garden of flowers." The area is actually a lush habitat of canals which some call the "Venice of Mexico."</p>					
00:30:00	The Open Mind	NETA		(CC)	N/A	#3845H
01:00:00	The Kate Marc Broussard	APTEX	(S)	(CC)	N/A	#302H
	<p>The blue-eyed soul Louisiana native wows with his R&B-inflected voice and guitar, and ace New Orleans-style band. He plays his hits including "Home" and, from his new album, "Baton Rouge" and the title track, "Easy to Love." Broussard gives an honest interview full of Bayou charm and family history.</p>					
02:00:00	Backstage Pass Tony Monaco & The Fareed Haque Trio Featuring Randy Gelispie	NETA	(S)	(CC)	N/A	#709H
	<p>The Fareed Haque & Tony Monaco Trio featuring Randy Gelispie includes some of the most innovative musicians in jazz today. Haque showcases a unique twist on jazz guitar, while Monaco's organ playing takes each song for a ride. The trio is rounded out with drummer Gelispie. Songs featured include "Furry Slippers," and "My One and Only Love." Recorded at Lansing JazzFest 2015.</p>					
02:30:00	Backstage Pass Best of Jazz	NETA	(S)	(CC)	N/A	#719H
	<p>Best of Jazz will feature a few of the most swinging jazz performances of 2015. Recorded live at Lansing JazzFest 2015 and in studio, Best of Jazz gives you a one-of-a-kind jam featuring The Paul Keller Orchestra, Tony Monaco & The Fareed Haque Trio featuring Randy Gelispie, and Grupo Aye.</p>					
03:00:00	Ecosense for Living Power Pioneers - Reducing Our Carbon Footprint	NETA	(S)	(CC)	N/A	#109H
	<p>97% of scientists agree that global climate change is happening. So... what do we do? This episode looks at creative grassroots solutions. From a small Kentucky town wiped out by tornadoes to revamping Chicago's energy mix to innovative transportation options, we explore how we can fight climate change on multiple fronts.</p>					
03:30:00	Ecosense for Living Young Eco Heroes	NETA	(S)	(CC)	N/A	#110H
	<p>This episode focuses on the next generation of environmentalists making a difference in wildlife preservation, climate change reversal, and healthy ocean policies. From meeting with world leaders to local campaigns, these kids are taking their environmental future into their own hands in surprising ways.</p>					
04:00:00	Polytrauma Rehab in the Va: Compassionate Care	APTEX	(S)	(CC)	N/A	#0H
	<p>POLYTRAUMA REHAB IN THE VA: COMPASSIONATE CARE is an hour-long documentary that gives unprecedented access to the medical staff and their patients - veteran and active service members with both combat and civilian-related traumatic brain injury and polytrauma - at the Hunter Holmes McGuire Veterans Administration Medical Center in Richmond, Virginia. Named in honor of Hunter Holmes McGuire, M.D., the personal physician to Confederate Major General Stonewall Jackson during the Civil War, the facility was created in the late 19th century and became the first Veteran Administration hospital to offer heart transplant surgery in the 1970s. The hospital's polytrauma center is one of only five in the country that provides physical recovery and rehabilitation, plus services for physical, mental, emotional and spiritual well-being. Each treatment is tailored around the individual patient, to make it as purposeful and beneficial as possible. In POLYTRAUMA REHAB IN THE VA, viewers are introduced to several employees of the medical center, including Dr. Ajit Pai, who was named to lead the polytrauma unit at the age of 29. He is dedicated to his patients and is known for advocating new medical techniques, while also weighing heavily the patient's requests. His philosophy is that patients know their bodies better than anyone, so why not listen to them and involve them in the healing and rehabilitation process? In addition, the film also provides an in-depth view of what goes on within the walls of the hospital, and offers the perspective of doctors, medical staff, and family members, along with personal stories of the patients themselves. POLYTRAUMA REHAB IN THE VA: COMPASSIONATE CARE captures the bond that staff and patients form, which fosters not only physical healing, but emotional recovery.</p>					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#613
08:00:00	Mixed Nutz Indian Wedding	NETA	(S)	(CC)	N/A	#512H
	<p>When Sanjay's dear Auntie Sonya announces she is getting married, Sanjay is very jealous and recruits the gang to sabotage the wedding! After a few failed attempts Sanjay comes around to accepting the situation and sends off the bride and groom with a big dance number. Lesson: If you love someone, you have to set them free.</p>					

Tue, May 29, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	Thomas Edison's Secret Lab Slime Time/It's Always Sharkest	APTEX	(S)	(CC)	N/A	#109H
	Slime: When JD uses Angie's 'oil slick dissolver' formula for a slime fight, a wrong ingredient creates a gelatinous Blob monster that threatens to devour the city. Sharkest: While visiting one of Kent's relatives, the kids come up with a great idea for attracting more tourists to his restaurant - the only catch is that it also attracts a very big shark with very big teeth!					
09:00:00	Functional Fitness with Suzanne Andrews Younger Joints In 30 Days	ACCES		(CC)	N/A	#117H
09:30:00	Classical Stretch: The Esmonde Technique Feet & Ankles	APTEX	(S)	(CC)	DVI	#825Z
10:00:00	Sit and Be Fit Variety: The Spice of Life	NETA	(S)	(CC)	N/A	#1503H
	Mary Ann uses a variety of exercises and exercise accessories to help you feel and function better.					
10:30:00	Sewing with Nancy Quilt with An Embroidery Machine In 8 Easy Lessons, Part 2	NETA	(S)	(CC)	N/A	#3026H
	Turn old school quilting into new school technology when using an embroidery machine for quilting. Eileen Roche, embroidery pro, joins Nancy to show how to hoop a quilt and handle the bulk with ease while stitching the designs automatically. Learn tips and techniques from quilting a table runner to a queen-sized quilt.					
11:00:00	Knit and Crochet Now Outfits in the Round	NETA	(S)	(CC)	N/A	#809H
	Let's work in the round. Melissa Leapman knits the moss stitch to add a flounce border to a cardigan. It has a wide collar and soft, flowing folds. Ellen Gormley has tips on double-ended crochet in the technique corner. Vanessa Wilson crochets a colorful vest with shades of color radiating out from the center back.					
11:30:00	Quilting Arts Culture In Cloth	NETA	(S)	(CC)	N/A	#2004H
	Transferring art images from one medium to another expresses old cultures in new ways. Art quilter Enid Gjellen Weichselbaum translates ancient Norse sagas into story quilts. Quiltmaker Pepper Cory celebrates Far East culture with patchwork and sashiko to create wrapping cloths called furoshiki.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7217H
13:00:00	Nigella: at My Table	APTEX	(S)	(CC)	N/A	#104H
13:30:00	Taste of Louisiana with Chef John Folse & Company: Hooks, Lies & Alibis Bass/Crappie - Toledo Bend Reservoir	APTEX	(S)	(CC)	N/A	#1305H
	In this episode, John goes to the world-famous Toledo Bend Reservoir to tangle with hard-fighting large mouth bass and the delicious white perch, locally called crappie. Local chef and restaurant owner, Randy Ziegler whips up a mouth-watering herb-baked bass on the pier. John meets local bass legend Harold Allen who talks about his time as a fishing rodeo champion. John cooks pancake battered bass on the dock with Jerry "JT" Thompson, who with his wife own Living The Dream charters at Toledo Bend. Later John shows JT how to turn the white perch (crappie) into a tasty fish burger. Then JT, his wife and friends join John to celebrate the day with a dock rocker; better hold on with two hands if you're an amateur.					
14:00:00	Taste of History Eliza Powel's Sinful Feast	NETA	(S)	(CC)	N/A	#711H
	Eliza Powel was the premiere hostess of the 18th century. She prepared decadent feasts that inspired John Adams to write a letter to Abigail, describing dinner as "sinful." Now, for the first time since Mrs. Powel's presentation, Chef Walter Staib recreates her "Sinful Feast," preparing it in her historic Philadelphia home.					
14:30:00	Christopher Kimball's Milk Street Television Crazy Noodles	APTEX	(S)	(CC)	N/A	#112H
	Milk Street visits Peru to learn a new way to make pesto, with-surprise!-spinach. Milk Street Cook Rayna Jhaveri shows how it's done as she creates Peruvian Pesto (tallarines verde). The pasta theme continues as Milk Street Cook Catherine Smart teaches host Christopher Kimball about a different noodle dish, soba with miso butter and asparagus. Chris reveals his foolproof recipe for pisco sours. Finally, Milk Street Cook Lynn Clark shows us a pesto that's red, not green, as she creates the Sicilian pasta dish, trapanese pesto. Rounding out the show, Chris discusses Andy Ricker's kitchen cabinet essentials.					

Tue, May 29, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	Beads, Baubles and Jewels The Shape's The Thing Shape makes the style statement. Designer syndee holt builds style from the bottom up as she creates no-show bezels for polymer clay jewelry. Then, she uses clay to make a seamless custom bail. In her Beading Lesson, Katie Hacker combines suede, chain and beads for a trendy new look.	NETA	(S)	(CC)	N/A	#2413H
15:30:00	Make It Artsy Books Nourish your mind with a good book. Artist and writer Andrew Thornton sculpts a beautiful book cover. Julie Fei-Fan Balzer creates a whole book out of a single piece of paper. Tool expert Joe Rotella binds books inspired by ancient techniques from the Far East. Jane Dunnewold shares another artsy idea.	NETA	(S)	(CC)	N/A	#207H
16:00:00	Biz Kid\$ What's in the Books? Poor recordkeeping adds up to lost money. This episode examines bookkeeping and accounting, income and expenses, profit and loss, and gives tips on how to get over math anxiety (in case you have it). Meet the youngest Harlem Globetrotter who does a slam dunk with his books.	APTEX	(S)	(CC)	DVI	#507H
16:30:00	Hands On Crafts for Kids Too Nice to Stay Inside Let's head outside for some fun. Jenny Barnett-Rohrs makes colorful hand grips for your bike. Katie Hacker has some fun with friendly bugs. Franz Spohn has sidewalk art tips and Katie makes special discovery eggs.	NETA	(S)	(CC)	DVI	#1804H
17:00:00	P. Allen Smith's Garden Home The Local Life The concept of living local has become very popular in recent years, hearkening back to pre-industrial times. Let P. Allen Smith show you the power this movement has and where it may lead us.	APTEX	(S)	(CC)	DVI	#1604H
17:30:00	Growing A Greener World The Giving Garden: Ample Harvest Helps Share The Bounty (Milford, Nj) If you've ever grown a vegetable garden, you've probably had more of something than you could use at the end of the season. That was the basis for how AmpleHarvest.org was formed. Gary Oppenheimer saw that his community garden was producing far more than the gardeners could consume, or even give away to family and friends. So he decided to find a way to get that fresh produce in the hands of neighbors in need, and that simple idea grew into a national non-profit network. The premise was to make it possible for anyone to have access to- or donate- fresh produce, wherever they lived-all from garden surplus. Today, AmpleHarvest.org has been recognized by the White House as well as major companies and organizations for their important work. In this episode, founder Gary Oppenheimer will be introduced and learn how we can all share some of our "ample harvest" with our own neighbors in need.	APTEX	(S)	(CC)	N/A	#701H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15107H
18:30:00	America's Heartland Find out where California rice farmers have found a market for Japanese-style sake. Then, discover how horses are helping kids with special needs, and how an Indiana man breathes life into historic windmills.	APTEX	(S)	(CC)	N/A	#1209H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#9042
19:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1422H
20:00:00	Sun Studio Sessions Dale Watson Dale Watson is an Austin, Texas troubadour whose style harkens back to country music's golden days of the 1950s delivered with a modern flair to put his own timely stamp on the genre. On this episode, Dale performs many of his signature tunes, including fan favorite "My Baby Makes Me Gravy."	NETA	(S)	(CC)	N/A	#912H
20:30:00	Jammin at Hippie Jack's Mountain Heart The band's name has been synonymous with cutting-edge excellence in acoustic music circles since the group's creation in 1999. Mountain Heart's musical virtuosity, unmatched energy, and keen sense of entertainment dynamics have helped them to forge a highly unique sound, and stage show, which appeals to an incredibly wide variety of musical tastes. They have appeared on the revered Grand Ole Opry in excess of 130 times and have shared the stage with acts ranging from Lynyrd Skynyrd to the Avett Brothers.	NETA	(S)	(CC)	N/A	#1002H

Tue, May 29, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
21:00:00	Infinity Hall Live The Revivalists	APTEX	(S)	(CC)	N/A	#601H
	<p>This alt-rock jam band surged out of Bayou Country in 2007, led by the intoxicating David Shaw and were named by Rolling Stonemagazine as one of 2016's "10 Bands You Need to Know." Shaw's searing vocals together with Zack Feinberg on guitar, Andrew Campanelli on drums, Ed Williams on pedal steel guitar, George Gekas on bass, Rob Ingraham on saxophone, and Michael Girardot on keyboards and trumpet energize fans with their eclectic Southern mix of jazz-funk grooves, blues-rock grit, and warm melodies on "Soulfight" (featured on the TV series NCIS: New Orleans), their No. 1 radio hit "Wish I Knew You" and more. This alt-rock jam band surged out of Bayou Country in 2007, led by the intoxicating David Shaw and were named by Rolling Stonemagazine as one of 2016's "10 Bands You Need to Know." Shaw's searing vocals together with Zack Feinberg on guitar, Andrew Campanelli on drums, Ed Williams on pedal steel guitar, George Gekas on bass, Rob Ingraham on saxophone, and Michael Girardot on keyboards and trumpet energize fans with their eclectic Southern mix of jazz-funk grooves, blues-rock grit, and warm melodies on "Soulfight" (featured on the TV series NCIS: New Orleans), their No. 1 radio hit "Wish I Knew You" and more.</p>					
22:00:00	2017 World Dancesport Grandslam Series	APTEX	(S)	(CC)	N/A	#104H
23:00:00	Standing On Sacred Ground Profit & Loss	NETA	(S)	(CC)	DVI	#102H
	<p>From Papua New Guinea rainforests to Canada's tar sands, Profit and Loss exposes industrial threats to native peoples' health, livelihood and cultural survival. In Papua New Guinea, a Chinese government owned nickel mine has violently relocated villagers to a taboo sacred mountain, built a new pipeline and refinery on contested clan land, and is dumping mining waste into the sea. In Alberta, First Nations people suffer from rare cancers as their traditional hunting grounds are stripmined to unearth the world's third-largest oil reserve. Indigenous people tell their own stories-and confront us with the ethical consequences of our culture of consumption.</p>					

Wed, May 30, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	America's Heartland Find out where California rice farmers have found a market for Japanese-style sake. Then, discover how horses are helping kids with special needs, and how an Indiana man breathes life into historic windmills.	APTEX	(S)	(CC)	N/A	#1209H
00:30:00	Overheard with Evan Smith Sally Kohn, Writer/Activist Sally Kohn is a writer, activist and political commentator. She hosts the State of Resistance podcast and frequently appears on CNN as a political commentator. Kohn has written for the Washington Post, New York Time, New York Magazine and many more. She has given multiple TED talks, garnering over 3 million views. Kohn's latest book is titled The Opposite of Hate.	NETA	(S)	(CC)	N/A	#821H
01:00:00	Sun Studio Sessions Dale Watson Dale Watson is an Austin, Texas troubadour whose style harkens back to country music's golden days of the 1950s delivered with a modern flair to put his own timely stamp on the genre. On this episode, Dale performs many of his signature tunes, including fan favorite "My Baby Makes Me Gravy."	NETA	(S)	(CC)	N/A	#912H
01:30:00	Jammin at Hippie Jack's Mountain Heart The band's name has been synonymous with cutting-edge excellence in acoustic music circles since the group's creation in 1999. Mountain Heart's musical virtuosity, unmatched energy, and keen sense of entertainment dynamics have helped them to forge a highly unique sound, and stage show, which appeals to an incredibly wide variety of musical tastes. They have appeared on the revered Grand Ole Opry in excess of 130 times and have shared the stage with acts ranging from Lynyrd Skynyrd to the Avett Brothers.	NETA	(S)	(CC)	N/A	#1002H
02:00:00	Infinity Hall Live The Revivalists This alt-rock jam band surged out of Bayou Country in 2007, led by the intoxicating David Shaw and were named by Rolling Stonemagazine as one of 2016's "10 Bands You Need to Know." Shaw's searing vocals together with Zack Feinberg on guitar, Andrew Campanelli on drums, Ed Williams on pedal steel guitar, George Gekas on bass, Rob Ingraham on saxophone, and Michael Girardot on keyboards and trumpet energize fans with their eclectic Southern mix of jazz-funk grooves, blues-rock grit, and warm melodies on "Soulfight" (featured on the TV series NCIS: New Orleans), their No. 1 radio hit "Wish I Knew You" and more. This alt-rock jam band surged out of Bayou Country in 2007, led by the intoxicating David Shaw and were named by Rolling Stonemagazine as one of 2016's "10 Bands You Need to Know." Shaw's searing vocals together with Zack Feinberg on guitar, Andrew Campanelli on drums, Ed Williams on pedal steel guitar, George Gekas on bass, Rob Ingraham on saxophone, and Michael Girardot on keyboards and trumpet energize fans with their eclectic Southern mix of jazz-funk grooves, blues-rock grit, and warm melodies on "Soulfight" (featured on the TV series NCIS: New Orleans), their No. 1 radio hit "Wish I Knew You" and more.	APTEX	(S)	(CC)	N/A	#601H
03:00:00	2017 World Dancesport Grandslam Series	APTEX	(S)	(CC)	N/A	#104H
04:00:00	Standing On Sacred Ground Profit & Loss From Papua New Guinea rainforests to Canada's tar sands, Profit and Loss exposes industrial threats to native peoples' health, livelihood and cultural survival. In Papua New Guinea, a Chinese government owned nickel mine has violently relocated villagers to a taboo sacred mountain, built a new pipeline and refinery on contested clan land, and is dumping mining waste into the sea. In Alberta, First Nations people suffer from rare cancers as their traditional hunting grounds are stripmined to unearth the world's third-largest oil reserve. Indigenous people tell their own stories-and confront us with the ethical consequences of our culture of consumption.	NETA	(S)	(CC)	DVI	#102H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#614
08:00:00	Mixed Nutz Phantom of the Auditorium The kids put on a school musical and Adele finds out that the school bully Tubby is actually a really nice boy named Tobias. Lesson: Don't judge a book by its cover.	NETA	(S)	(CC)	N/A	#513H
08:30:00	Thomas Edison's Secret Lab Dunkin' Zombie When a virus turns JD into a donut-craving zombie, Angie has to come up with not only a cure, but an inoculation against the virus. Fortunately, Jonas Salk can help.	APTEX	(S)	(CC)	N/A	#110H
09:00:00	Functional Fitness with Suzanne Andrews Younger Heart In 30 Days	ACCES		(CC)	N/A	#118H

Wed, May 30, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss & Toning	APTEX	(S)	(CC)	DVI	#826Z
10:00:00	Sit and Be Fit Functional and Fun Exercises for the Feet This workout begins with a fun segment dedicated to keeping your feet happy and healthy.	NETA	(S)	(CC)	N/A	#1504H
10:30:00	It's Sew Easy Day and Evening Create garments and accessories that transform everyday wear into eveningwear. Designer Angela Wolf sews a versatile knit skirt to mix, match and accessorize. Pattern expert Deepika Prakash makes a simple swing dress in lush velvet for a special evening look.	NETA	(S)	(CC)	N/A	#1301H
11:00:00	Knit and Crochet Now Hunky Dory Hats Top things off with a hunky dory hat. Knit a colorful beret with Meredith Crawford using a feather and fan stitch pattern. Melissa Leapman shows a double knitting technique and interesting color work in the technique corner. Jenny King crochets a stylish beret with a charming flower.	NETA	(S)	(CC)	N/A	#810H
11:30:00	Quilting Arts A Sense of Place Celebrate perspective and places. Art historian and quilter Timna Tarr takes a bird's eye view and uses today's technology to illustrate the world in quilts. Textile artist Ann Loveless celebrates the seashore by combining fabrics, fibers and free motion techniques into a small art quilt.	NETA	(S)	(CC)	N/A	#2005H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7218H
13:00:00	Lidia's Kitchen Best of Zucchini Zucchini is a versatile vegetable, and in this episode, viewers watch as Lidia shares several of her favorite simple and quick zucchini dishes including: zucchini with anchovies and capers, a delicious side dish of zucchini sauteed with garlic, anchovies and capers; fried zucchini: a family favorite savory egg battered zucchini roll up; orecchiette with clams and zucchini: a great pasta dish made with clams, scallions and zucchini; sweet and sour zucchini: a quick zucchini dish that is perfect for a quick snack, side dish or appetizer.	APTEX	(S)	(CC)	N/A	#423H
13:30:00	Annabel Langbein: The Free Range Cook The Ultimate Cookout Annabel Langbein jetboats across Lake Wanaka to pick luscious raspberries, then returns to her cabin to cook a glorious dinner of grilled chicken and vegetables from her garden. Her silky lemon tart is a show-stopping finish to the ultimate summer meal. Recipes from this episode: love-me-tender sponge, ten-minute raspberry jam, raspberry vinegar, brined and grilled butterfly chicken, new potatoes with hazelnut pesto, grilled broccoli salad, char-grilled corn on the cob, silky lemon tart, tropical sundowners.	APTEX	(S)	(CC)	N/A	#113H
14:00:00	Simply Ming Tiffani Faison Ming is joined this week by Top Chef alum Tiffani Faison, owner of Boston's Tiger Mama and Sweet Cheeks, for two different approaches to a classic - chicken. From high atop Boston at Ming's loft, our chefs head outside to grill their poultry. Tiffani shares her recipe for Grilled Tandoori Chicken with a fresh Tomato and Herb Salad. Meanwhile, Ming cooks up a Tea-Smoked Whole Chicken with Sweet Potatoes and a Fermented Black Bean Pesto.	APTEX	(S)	(CC)	N/A	#1508H
14:30:00	Cook's Country The Italian-American Kitchen Test cook Ashley Moore shows Bridget Lancaster how to make the ultimate sausage ragu. Tasting expert Jack Bishop challenges Bridget to a tasting of fettuccine. Test cook Bryan Roof shows Julia Collin Davison the secrets to making a regional specialty for fluffy baked polenta with red sauce at home.	APTEX	(S)	(CC)	N/A	#1013H
15:00:00	Beads, Baubles and Jewels Vary Your Routine Mix up your jewelry-making routine. Designer Kate Richbourg warms up by mixing colors and shapes in her bead palettes. She works out her designs with beads of all sorts. Then, she cools things down with techniques for crimping and creatively finishing necklaces.	NETA	(S)	(CC)	N/A	#2501H
15:30:00	Make It Artsy Time Keep track of time in an artistic way. Metal artist Mary Hettmansperger crafts clock parts into a necklace. For his favorite time piece, his phone, tool expert Joe Rotella makes a decorative stand. Mixed media artist Rae Missigman captures moments in time in an artful clipboard journal. Artist Jane Dunnwold has more artful ideas to share.	NETA	(S)	(CC)	N/A	#208H

Wed, May 30, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:00:00	Biz Kid\$ Take It to the Bank Get a kid's view of the services that banks, credit unions and other financial institutions offer - and why you should make use of them early in life. Learn the different products and services that banks offer and how to shop for the right bank for you. Meet a young entrepreneur with a haunted house who has no fear of banking.	APTEX	(S)	(CC)	DVI	#508H
16:30:00	Hands On Crafts for Kids Wings Our creativity takes to the air. Jenny Barnett-Rohrs and Katie Hacker make sparkly wings and Katie creates a funny spoon bird. Franz Spohn creates see-through bug wings and we'll make a very special chalkboard gift for Mom or Dad.	NETA	(S)	(CC)	DVI	#1805H
17:00:00	P. Allen Smith's Garden Home Melting Potluck Join P. Allen Smith as he joins a diverse group of families to share cultures, kitchen tips and of course, food. Take a culinary journey around the world without having to leave your couch.	APTEX	(S)	(CC)	DVI	#1605H
17:30:00	Growing A Greener World Regenerating Detroit Through Urban Gardening (Detroit, Mi) Once America's most productive manufacturing city, Detroit's landscape took a turn for the worse in the mid-1960s. But in recent years, green-minded citizens began to reclaim their city with community gardens and urban farms providing two of the fastest roads to recovery. Today, over 1,300 such plots have sprouted throughout Detroit. They're providing an emotional boost to citizens, food for the hungry and instant beauty to areas while lifting spirits, enthusiasm and economic recovery for a better tomorrow.	APTEX	(S)	(CC)	N/A	#702H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15108H
18:30:00	Great Decisions In Foreign Policy South Africa: in the Shadow of Mandela South Africa's transition from apartheid to a democracy captivated the world in the early 1990's. While it remains the most advanced country in Africa, allegations of state corruption and huge disparities in wealth threaten its revolutionary dream.	NETA	(S)	(CC)	N/A	#907H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#9043
19:30:00	In Good Shape - The Health Show	WNVC	(S)	(CC)	N/A	#521H
20:00:00	The Lowertown Line. The Lowertown Line: The Blind Shake Three-piece garage rock band The Blind Shake performs live at The Amsterdam Bar and Hall in Saint Paul. Their music combines '60's psychedelic influences with a contemporary punk rock sound. The band talks about their aesthetic, their penchant for old school recording techniques, and Minnesota's connection to surf music. Songs performed: I'm Not an Animal, Old Lake, Fly Right, Young Carnival Waste, Calligraphy, Tar Paper.	APTEX	(S)	(CC)	N/A	#109H
20:30:00	Songs at the Center Artist: Master Series with three-time Grammy Award Winner Delbert McClinton and hosted by songwriter Eric Gnezda. Delbert McClinton joins host Eric Gnezda for an exclusive interview. Delbert's songs and soul-stirring performances have connected with audiences across the country as well as earned the respect of his peers. Throughout the decades, Delbert has ridden the wave of major label success, penned songs that have been cut by successful country and blues artists, collaborated with artists ranging from Bonnie Raitt to Tanya Tucker, and continued to create relevant and distinctive music. The late John Lennon credited Delbert with teaching him how to play the harmonica. In January, 2017, Delbert released his latest recording, Prick of the Litter, which includes 12 new songs that feature the soulful blend of blues, jazz, country and rock that has become synonymous with his distinctive style. On this episode, he performs four cuts from his new album "Don't Do IT," "San Miguel," "Skip Chaser," and "Like Lovin' Used To Be."	APTEX	(S)	(CC)	N/A	#309H
21:00:00	Live from the Artists Den Onerepublic OneRepublic creates an avalanche of fans in Park City, Utah as they descend onstage for an epic show of their greatest hits, as well as new music from their latest release, Oh My My. Their set includes fan favorites "Apologize," "Good Life," "Counting Stars," and an electric closing with "If I Love Myself." A taste of their new music included a powerful rendition of "Kids" and "Let's Hurt Tonight." OneRepublic's lead singer Ryan Tedder talks to the audience throughout the set, reflecting on his love of film and the special significance of performing during Sundance.	APTEX	(S)	(CC)	N/A	#1202H

Wed, May 30, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Treblinka's Last Witness	APTEX	(S)	(CC)	N/A	#0H
	<p>Samuel Willenberg, now 92 years old, is the last living survivor of the Treblinka death camp in Nazi-occupied Poland, where an estimated 900,000 Jews were murdered in a 13-month period at the height of World War II. Still haunted 70 years later by the horrors he witnessed as a young forced laborer, Samuel has immortalized his harrowing experiences in a series of bronze sculptures of the tragic victims who dwell indelibly in his memory like ghosts. In TREBLINKA'S LAST WITNESS, the sculptures, together with archival footage and photographs from the period, illustrate Samuel's riveting narrative, telling a singularly powerful and personal story of the annihilation of Polish Jewry in the death camps built by the Germans to carry out Hitler's infamous "Final Solution." As a prisoner at Treblinka, he witnessed the death of his two beloved sisters, Itta and Tamara in the gas chambers, among countless others. In his sculptures, the most poignant of these individual tragedies are brought back to life. TREBLINKA'S LAST WITNESS focuses on one man's personal odyssey to reflect the enormity of the genocide inflicted upon Poland's 3.5 million Jews, at the time the world's largest Jewish community, and seven times greater than the Jewish population of pre-war Germany. Samuel Willenberg's story is one of survival against staggering odds and though heart-rending and horrifying, it is ultimately one of triumph.</p>					
23:30:00	Beyond The Wall: A Texas Tribune Investigation	NETA	(S)	(CC)	N/A	#0H
	<p>Go past the rhetoric to investigate the reality of the Texas border with The Texas Tribune. Step into the shoes of undocumented immigrants, border patrol agents and a borderland rancher, and explore Texas' thirst for illegal drugs and cheap labor.</p>					

Thu, May 31, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Great Decisions In Foreign Policy South Africa: in the Shadow of Mandela South Africa's transition from apartheid to a democracy captivated the world in the early 1990's. While it remains the most advanced country in Africa, allegations of state corruption and huge disparities in wealth threaten its revolutionary dream.	NETA	(S)	(CC)	N/A	#907H
00:30:00	In Good Shape - The Health Show	WNVC	(S)	(CC)	N/A	#521H
01:00:00	The Lowertown Line. The Lowertown Line: The Blind Shake Three-piece garage rock band The Blind Shake performs live at The Amsterdam Bar and Hall in Saint Paul. Their music combines '60's psychedelic influences with a contemporary punk rock sound. The band talks about their aesthetic, their penchant for old school recording techniques, and Minnesota's connection to surf music. Songs performed: I'm Not an Animal, Old Lake, Fly Right, Young Carnival Waste, Calligraphy, Tar Paper.	APTEX	(S)	(CC)	N/A	#109H
01:30:00	Songs at the Center Artist: Master Series with three-time Grammy Award Winner Delbert McClinton and hosted by songwriter Eric Gnezda. Delbert McClinton joins host Eric Gnezda for an exclusive interview. Delbert's songs and soul-stirring performances have connected with audiences across the country as well as earned the respect of his peers. Throughout the decades, Delbert has ridden the wave of major label success, penned songs that have been cut by successful country and blues artists, collaborated with artists ranging from Bonnie Raitt to Tanya Tucker, and continued to create relevant and distinctive music. The late John Lennon credited Delbert with teaching him how to play the harmonica. In January, 2017, Delbert released his latest recording, Prick of the Litter, which includes 12 new songs that feature the soulful blend of blues, jazz, country and rock that has become synonymous with his distinctive style. On this episode, he performs four cuts from his new album "Don't Do IT," "San Miguel," "Skip Chaser," and "Like Lovin' Used To Be."	APTEX	(S)	(CC)	N/A	#309H
02:00:00	Live from the Artists Den Onerepublic OneRepublic creates an avalanche of fans in Park City, Utah as they descend onstage for an epic show of their greatest hits, as well as new music from their latest release, Oh My My. Their set includes fan favorites "Apologize," "Good Life," "Counting Stars," and an electric closing with "If I Love Myself." A taste of their new music included a powerful rendition of "Kids" and "Let's Hurt Tonight." OneRepublic's lead singer Ryan Tedder talks to the audience throughout the set, reflecting on his love of film and the special significance of performing during Sundance.	APTEX	(S)	(CC)	N/A	#1202H
03:00:00	Treblinka's Last Witness Samuel Willenberg, now 92 years old, is the last living survivor of the Treblinka death camp in Nazi-occupied Poland, where an estimated 900,000 Jews were murdered in a 13-month period at the height of World War II. Still haunted 70 years later by the horrors he witnessed as a young forced laborer, Samuel has immortalized his harrowing experiences in a series of bronze sculptures of the tragic victims who dwell indelibly in his memory like ghosts. In TREBLINKA'S LAST WITNESS, the sculptures, together with archival footage and photographs from the period, illustrate Samuel's riveting narrative, telling a singularly powerful and personal story of the annihilation of Polish Jewry in the death camps built by the Germans to carry out Hitler's infamous "Final Solution." As a prisoner at Treblinka, he witnessed the death of his two beloved sisters, Itta and Tamara in the gas chambers, among countless others. In his sculptures, the most poignant of these individual tragedies are brought back to life. TREBLINKA'S LAST WITNESS focuses on one man's personal odyssey to reflect the enormity of the genocide inflicted upon Poland's 3.5 million Jews, at the time the world's largest Jewish community, and seven times greater than the Jewish population of pre-war Germany. Samuel Willenberg's story is one of survival against staggering odds and though heart-rending and horrifying, it is ultimately one of triumph.	APTEX	(S)	(CC)	N/A	#0H
04:30:00	Beyond The Wall: A Texas Tribune Investigation Go past the rhetoric to investigate the reality of the Texas border with The Texas Tribune. Step into the shoes of undocumented immigrants, border patrol agents and a borderland rancher, and explore Texas' thirst for illegal drugs and cheap labor.	NETA	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#615
08:00:00	Wunderkind Little Amadeus Solo for Amadeus On the Bishop of Salzburg's name day, Amadeus will sing a brilliant solo for the festivities, but his malicious and envious rival, the lower court marshal Devilius, wants to stop him. Amadeus must help Mr. Hagenauer, the Bishop's court purveyor and the Mozart family's landlord, locate the missing coach carrying the delicious chocolates from Linz urgently needed for the festival. The chocolates finally reach Salzburg and the Hagenauers, but will Amadeus arrive in time to perform his solo? The Music: "Piano Sonata in C Major" K. 545; et al. Additional Content: In this episode, Mario fails to strike the top C. Monti explains the term "top C" to the children, the sounds it makes when played by different instruments (flute, violin, piano and human voice) and where it falls in the stave (staff).	APTEX	(S)	(CC)	DVI	#101
08:30:00	Thomas Edison's Secret Lab A Monster of a Mystery When JD and Kent believe that the dreaded Whomper is lurking outside the lab, Kent is terrified. JD hopes to become famous for discovering an unknown creature. The team must use science to determine if it's really a monster or if they can correctly classify it as some other animal.	APTEX	(S)	(CC)	N/A	#111H

Thu, May 31, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Functional Fitness with Suzanne Andrews Cancer Prevention	ACCES		(CC)	N/A	#119H
09:30:00	Classical Stretch: The Esmonde Technique Stretch & Strengthen Your Hips	APTEX	(S)	(CC)	DVI	#827Z
10:00:00	Sit and Be Fit Yardsticks and Bands	NETA	(S)	(CC)	N/A	#1505H
	Opening this program is a unique warm-up routine using a yardstick. Later in the show, Mary Ann focuses on upper and lower body strengthening using bands.					
10:30:00	It's Sew Easy Vacation Indulgences	NETA	(S)	(CC)	N/A	#1302H
	Take time off and plan a vacation. Designer Kay Whitt makes an easy, comfortable and adjustable waistband for skirts or pants. Sewing educator Joanne Banko makes any day a spa day with a luxurious waffle-weave spa robe with colorful custom trim.					
11:00:00	Knit and Crochet Now Snug-Bug Baby Blankets	NETA	(S)	(CC)	N/A	#811H
	Join the arm knitting craze. Vanessa Wilson uses only her hands to knit a quick baby blanket with chunky yarn and adds a border. Ellen Gormley shows how to get and maintain gauge. Then, Meredith Crawford crochets sideways to make a sunset-striped baby blanket.					
11:30:00	Quilting Arts Tech Tricks	NETA	(S)	(CC)	N/A	#2006H
	Combine traditional art forms, creative energy and today's technology for more creative opportunities. Art quilter Sherry Kleinman uses photos and apps on her electronic tablet to create new quilting fabric. Quilter Laurie Russman uses a variety of apps to transform her favorite photos into colorful fiber art with pens, ink and free-motion stitching.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7219H
13:00:00	The Jazzy Vegetarian Pasta with Pizzazz!	NETA	(S)	(CC)	DVI	#207H
	Host Laura Theodore prepares pasta favorites starting with easy "Peanut Noodles." Next, "Penne with Garbanzo Beans and Broccoli Rabe" prepares quickly, but is packed with zingy flavor. A surprise choice for noodles is showcased in "Pea and White Bean Puttanesca," followed by "Arugula, Artichoke, and Tomato Pasta" which features a no-cook sauce, making it a breeze to prepare for a summertime meal.					
13:30:00	Sara's Weeknight Meals On The Table In 20	APTEX	(S)	(CC)	N/A	#601H
	No time to cook? No problem. Sara's got great recipes to help you get food on the table fast. First up: Indian scrambled eggs with the crunch of the Indian flatbread papadum. On Ask Sara, Sara answers a viewer's question about eggs; especially how to hard boil them without that ugly green ring around the yolk. She also visits a dairy where every cow is a lady and is treated like one, down to a daily shampoo of her tail. Finally, Sara's brother Peter joins her to make steak and butter. And they really are making butter. It's easy! Recipes: Indian scrambled eggs with paapadum Steak and butter.					
14:00:00	Joanne Weir Gets Fresh Moroccan Detour	APTEX	(S)	(CC)	N/A	#212H
	You know how it is when you travel - you come home inspired by new ideas. Today she's going on a Moroccan detour. With her student Gina, they'll make chicken tagine with tomatoes and preserved lemon, walnut charmoula, and heirloom black rice, and they'll end with a sparkling cocktail. Come join them on a spicy Moroccan culinary journey.					
14:30:00	New Scandinavian Cooking Fire in the Belly	APTEX	(S)	(CC)	N/A	#306H
	Andreas examines how fire changed the way people cook. With an open fire and local salmon, he makes gravlax from an ancient recipe and a local fish soup, before traveling to Japan to discover the secrets of uncooked fish.					
15:00:00	Beads, Baubles and Jewels Clay Workout	NETA	(S)	(CC)	N/A	#2502H
	Stretch it out with clay. Polymer clay artist Syndee Holt creates a pendant with sparkle clay and adds an artistic touch with transfers and illustrations. To make a necklace, she recreates the Asian art of raku with clay and mica powders. Jewelry artist Anie Piliguian buffs clay elements to a sparkling finish.					

Thu, May 31, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:30:00	Make It Artsy Folk Art	NETA	(S)	(CC)	N/A	#209H
	Folk art is the essence of a culture. Painter and maker Mystele Kirkeeng paints abstract folk art faces and figures. Tool expert Joe Rotella uses baker's twin to weave new art on a tin tile. Host Julie Fei-Fan Balzer draws repeating shapes to create a meditative mandala. Jane Dunnewold shares another artistic perspective.					
16:00:00	Biz Kid\$ It's A Job to Get A Job!	APTEX	(S)	(CC)	DVI	#509H
	It's a job getting a job and Biz Kid\$ is here to help. Learn tips and tricks for writing a great resume, dressing for success, and nailing the interview. Get the inside scoop on what employers look for from a young entrepreneur who manages 200 employees.					
16:30:00	Hands On Crafts for Kids Trees	NETA	(S)	(CC)	DVI	#1806H
	Bring the outside inside with a little creativity. Jenny Barnett-Rohrs makes a colorful leafy tree banner. Candie Cooper creates a fish kite and Katie Hacker builds a whimsical woods scene. Then, Jenny decorates a glittery tree to celebrate the holidays.					
17:00:00	P. Allen Smith's Garden Home No Passport Necessary	APTEX	(S)	(CC)	DVI	#1606H
	You don't have to leave home to relax and take a break from life. P. Allen Smith will show you how to incorporate the vacation style and mindset into your everyday.					
17:30:00	Growing A Greener World Masters of the Edible Landscape (San Francisco, Ca and Mt. Vernon, Wa)	APTEX	(S)	(CC)	N/A	#703H
	A common misconception of food gardens is that they're ugly and unsuitable in front yards or as ornamental displays. Accordingly, they're typically relegated to out of sight corners in backyards. But landscape design pro Rosalind Creasy has been working to debunk that myth for over 35 years. Even her home garden - starting right at the curb - is so beautiful that passersby usually don't even realize that it's almost exclusively an edible landscape. In this episode, Joe visits another master of gardening and food, international celebrity chef and television host Graham Kerr, a.k.a. "The Galloping Gourmet." His newfound passion for gardening is infectious, and his desire to share a love of growing food is a true inspiration.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15109H
18:30:00	Consuelo Mack Wealthtrack	APTEX	(S)	(CC)	N/A	#1449H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#9044
19:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1301H
20:00:00	Backstage Pass George Delancey Quartet	NETA	(S)	(CC)	N/A	#713H
	Former Michigan State University Jazz students George DeLancey, bass, and Jon Beshay, sax, bring jazz to life alongside Rick Roe, piano, and Sean Dobbins, drums. The George DeLancey Quartet featured "The Piano by the Window" and "Melancholy Evening" during this performance recorded at Lansing JazzFest 2015 in Lansing's historic Old Town district.					
20:30:00	Music Voyager Atlanta - A Music Voyager Special	APTEX	(S)	(CC)	N/A	#701H
	Through the intersecting worlds of five amazing artists, one experiences a city's creative soul. From music superstar Janelle Monae and alternative hip-hop group Arrested Development, to the creative culinary genius of the Gun Show restaurant and the colorful lantern parade, watch as they all come together in a creative collage to tell the story of Atlanta.					
21:00:00	Live at the Charleston Music Hall Patrick Davis & His Midnight Choir	NETA	(S)	(CC)	N/A	#110H
	South Carolina native, Patrick Davis is a singer, songwriter, storyteller & showman who has made a rather impressive musical mark in Nashville with songs recorded by Jimmy Buffet, Lady Antebellum, Darius Rucker, Jewel, Guy Clark and many more. Since 2016, he has been joined by his "Midnight Choir", an 11-piece band featuring horns & background singers. In this episode you'll see him sing with sis, play with pops, and command his audience.					

Thu, May 31, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
21:30:00	New Tanglewood Tales: Backstage with Rising Artists New Tanglewood Tales: Backstage with Rising Artists features members of the Boston Symphony Orchestra, including flutist Elizabeth Rowe; concertmaster Malcolm Lowe; percussionist Dan Bauch, and members of the bass section and trumpet section working with the fellows. Tension is involved in preparing for The Festival of Contemporary Music. The fellows blow off steam at a big dance party.	APTEx	(S)	(CC)	N/A	#104H
22:00:00	Fighting On Both Fronts: The Story of the 370th FIGHTING ON BOTH FRONTS: THE STORY OF THE 370TH tells the little-known story of a unit of African American soldiers from Illinois, largely from Chicago's Bronzeville neighborhood, who fought in combat for the United States under the French during World War I. They fought on two fronts: the war against the Germans and the war against racism and inequality. During a period when African Americans struggled tirelessly for basic human and civil rights, these soldiers marched off to war to show their patriotism and loyalty to the United States. But when they returned from war they realized that, despite their sacrifices, the country still denied them civil rights. The 370th had the distinction of being the only Black regiment completely staffed with black officers. For its actions during the war, members received 21 Distinguished Service Crosses, one Distinguished Service Medal and 68 Croix de Guerre.	APTEx	(S)	(CC)	N/A	#0H
22:30:00	No Going Back: Women and the War North of the Mason-Dixon line, the Industrial Revolution of the mid-19th century drew increasing numbers of women out of the home and into the factories. In the agrarian, antebellum South, no such exodus occurred. Many Southerners perceived the forces of modernization - including the early rumblings of the women's suffrage movement - as a threat to their traditional way of life. However, as Fort Sumter fell in April of 1861, so too would many firmly held cultural and societal beliefs about "a woman's place." Hardships and hunger forced ill-prepared, isolated and often uneducated Southern women into the public sphere to demand relief from the government and advocate for policy changes. NO GOING BACK: WOMEN AND THE WAR explores how the lives of women, and their roles in society, changed during and after the Civil War. Grammy-winning singer-songwriter Mary Chapin Carpenter narrates. Interviews with well-known historians and academics, reenactments at Civil War-era landmarks, and dramatic readings from the letters and journals of women, both free and enslaved, illuminate this fascinating chapter in American history.	APTEx	(S)	(CC)	N/A	#0H
23:00:00	Reel South Gip Filmed and Directed by: Patrick Sheehan. In 1952, gravedigger by day and bluesman by night Henry 'Gip' Gipson opened a ramshackle backyard juke joint in Alabama. Once scattered across the rural South, juke joints have become relics of the past. In the Spring of 2013, Gip's Place, the last juke joint in Alabama, was raided and ordered to shut down. Gip follows the battle to keep the blues alive. Logline: Fans of the blues in Birmingham protest after an iconic juke joint is ordered to close. In 1952, gravedigger by day and bluesman by night Henry 'Gip' Gipson opened a ramshackle backyard juke joint in Alabama. Once scattered across the rural South, juke joints have become relics of the past. In the Spring of 2013, Gip's Place, the last juke joint in Alabama, was raided and ordered to shut down. Gip follows the battle to keep the blues alive.	NETA	(S)	(CC)	N/A	#301H